

LONG BEACH TO DANA POINT
32nd ANNUAL LABOR DAY RACE
Saturday, September 5, 2015

Shoreline Yacht Club, Dana Point Yacht Club and Dana West Yacht Club (the Organizing Authorities) invite you to participate in the annual Long Beach to Dana Point Race.

SAILING INSTRUCTIONS

1. RULES

- 1.1 The regatta will be governed by the *Racing Rules of Sailing*, by the Notice of Race, and by any class rules that may apply.
- 1.2 Yachts with canting keels, water ballast, or powered winches may use them provided that these mechanisms are specifically listed on the PHRF rating certificates used for this race, and any appropriate rating penalties have been applied. (This modifies RRS Rules 51 and 52, and the NOR.)
- 1.3 Racing yachts shall not interfere with deep draft vessels or their tows within Long Beach/Los Angeles harbors or their approaches. Violations can result in protests and disqualification.

2. NOTICES AND CHANGES TO THE SAILING INSTRUCTIONS

- 2.1 Changes will be posted in the following locations by 09:00 on Saturday, September 5, 2015:
 - A. In the Race Display Case adjacent to the south door at SYC
 - B. In the window adjacent to the front door of DWYC
 - C. On the Notice Board located in the glass-enclosed case directly across from the front entrance to DPYC
- 2.2 Oral changes may be made on the water (RRS 90.2 (c)). Code flag LIMA (L) will be displayed and signaled by air horn. Participants will sail by the Race Committee Boat to receive oral instructions when code flag LIMA (L) is displayed with several short blasts of an air horn. Participant's failure to do so will not be subject to redress.

3. SAFETY REQUIREMENTS

- 3.1 All boats shall comply with all the Equipment Requirements of US Safety equipment Regulations (USSER), US Nearshore Race Level except as modified by these sailing instructions.
 - A. USSER 2.4.4 Lifelines is changed to allow boats the option to be equipped with the original equipment lifelines supplies be the boat manufacturer or as class rules specify.
 - B. USSER 3.1.1 Personal is changed to remove requirement for crotch or leg straps to be attached to the PFD for the 2015 race only.
 - C. USSER 3.6.1, 3.6.2, & 3.6.3 Visual distress signals are removed and replace with "Boats must carry approved USCG required flares.
 - D. USSER 3.11.5 Safety Training is changed to: "Required after 1/01/16"
 - E. USSER 3.8.1 Emergency Communications "After 1/1/22015" is replaced with "After 1/1/2016"
 - F. USSER 3.8.2 Emergency Communications is changed to Hand Held VHF radios with DCS/GPS built in capability is waived for the 2015 race only
- 3.2 All boats shall comply with all applicable US Coast Guard safety rules.
- 3.3 Yachts racing in the Double-Handed Fleet have additional safety requirements as described in the Double-Handed Fleet supplement to these sailing instructions.

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- 3.4 It is the sole responsibility of each owner or charterer to insure that his yacht is fit for sea, properly equipped for any emergency, and properly manned by an experienced crew.

4. ELIGIBILITY

- 4.1 The race is open to sailing yachts designed and built to go offshore and having a minimum overall length of 20 feet.
- 4.2 Owners or Charterers must be members of yacht clubs recognized by USSA.
- 4.3 All yachts except for those in non-Spinnaker classes must show sail numbers as stated in RRS Appendix G. Yachts racing in non-Spinnaker classes must display a number on the mainsail.
- 4.4 All PHRF yachts are expected to have a valid PHRF certificate.

5. CLASSES, SAIL NUMBERS, CLASS INDICATORS, AND SCHEDULE

- 5.1 Entrants will be divided into 3 fleets: PHRF, Non-Spinnaker, and ORCA. Each fleet may be divided into classes, inclusive of a Double-Handed class and an All-Woman Crew class within the PHRF fleet, depending upon the number of entries and the ranges of the ratings.
- 5.2 Class breaks will be posted at SYC, DPYC and DWYC as noted in 2.1 above and also on the internet at <http://www.regattanetwork.com/event/10872>, <http://racing.shorelineyachtclub.com>, www.dpyc.org and at www.dwyc.org by 21:00 on Friday, September 4, 2015.
- 5.3 Non-Spinnaker boats shall be restricted in the use of headsails. Gennakers, or any sail forward of the mast but not affixed to the ship's headstay, will not be allowed. Double headsails, where both of their luff's are attached to the ship's headstay, are allowed.
- 5.4 RRS 55 is altered to permit yachts to fly only the check-in code flag prior to starting and their class numeral pennant and/or code flag as follows:

SCHEDULE


Class	Pennant or Flag	Scheduled Start Time
Non-Spin	1	11:00:00
PHRF E	2	11:05:00
PHRF D	3	11:10:00
PHRF C	4	11:15:00
PHRF B	5	11:20:00
PHRF A	6	11:25:00
ORCA	7	11:30:00

These class indicators will be International Code numeral pennants or letter flags flown from the yacht's permanent backstay.

- 5.5 Changes to this list of classes and any additional class pennants will be posted according to SI #2.1.

- 5.6 Double-Handed entries will sail with the class assigned to them. Double-Handed entries will be scored twice: once as a PHRF-rated boat and also as a Double-Handed boat. The recommended class flag for Double-Handed class is Delta (D) regardless of the PHRF-rated class they are assigned to.
- 5.7 All-Woman Crewed entries will sail with the class assigned to them. All-Woman Crew class entries will be scored twice: once as a PHRF class boat and also as an All-Woman Crewed boat. The recommended class flag for All-Woman Crewed boats is Echo (E) regardless of the PHRF-rated class they are assigned to.

6. STARTING

- 6.1 At least 10 minutes before the warning signal of the start of the class entered; each yacht that will start in that class shall pass the stern of the **Check-in Boat** displaying the International Code Flag Charlie (C), , and hail her sail number. A yacht should confirm via a check-in hail acknowledgement from the **Check-in Boat**. The **Check-in Boat** shall be anchored (N 33° 45' 31.7"; W 118° 10' 13.4"), approximately 0.1 nautical mile east of yellow spar buoy No. 39, in Long Beach Harbor which lies east of the entrance to Shoreline Marina. Failure to hail check-in and be acknowledged shall result in a penalty of 30 minutes.
- 6.2 After checking in, yachts shall proceed south to the starting area where the Race Committee Boat displaying the traditional R/C flag shall be anchored. The starting line will be between two orange flags on a staff attached to an anchored buoy or a RC boat. The Race Committee Boat will be nearest the starboard end of the line. An assistant RC Boat may be nearest the port end. Yachts whose Preparatory Signal has not been made shall remain clear of the immediate starting area.
- 6.3 The races will be started according to RRS 26 using a 5-minute rolling sequence.

7. PREMATURE STARTERS

- 7.1 Individual recalls will be signaled in accordance with RRS 29.1. The R/C will attempt to hail boats that are OCS on VHF Channel 69. However, failure to hail a boat, or the order in which they are hailed, shall not be grounds for appeal or redress.

8. GENERAL RECALL

- 8.1 In the event of a general recall for any class, the recalled class will start 5 minutes after the last scheduled start. In the event that more than one class is general-recalled, each will restart in its originally scheduled order. This alters RRS 29.2

9. COURSES

9.1 For the PHRF & ORCA Fleets and Double-Handed & All-Woman Crewed Classes.

- A. The Race Committee Boat will be between oil islands Grissom and White in Long Beach Harbor.
- B. Start as directed in paragraph 6.
- C. *Leave to starboard* an orange inflatable cylinder or tetrahedron shaped mark, approximately 1/4 mile to windward of the start line.
- D. Sail out the Los Angeles entrance (FLG 15 at the starboard end).
- E. *Leave to port* oil platforms Ellen and Elly.
- F. *Leave to port* the Dana Point red whistle buoy R2SJR (FLR 2.5 see).
- G. Finish as directed in paragraph 10.
- H. The handicap distance for this race is 39 NM for all Classes.

9.2 For the Non-Spinnaker Fleet

- A. The Race Committee Boat will be between oil islands Grissom and White in Long Beach Harbor.
- B. Start as directed in paragraph 6.
- C. *Leave to starboard* an orange inflatable cylindrical or tetrahedron mark, approximately 1/4 mile to windward of the start line.
- D. Sail out the Long Beach entrance (FL 5 sec at the starboard end).
- E. *Leave to port* the Dana Point red whistle buoy R2SJR (FLR 2.5 sec).
- F. Finish as directed in paragraph 10.
- G. The handicap distance for this race is 32 NM for the Non-Spinnaker fleet.

10. THE FINISH

- 10.1 The finish line will be between a Race Committee Boat flying an Orange flag and the green lighted buoy G-1 (FLG 2.5 sec.) that is adjacent to the middle of the west jetty at Dana Point (Approx. 33°27.10' N 117°41.90' W). DO NOT CONFUSE this buoy with the entrance light to Dana Point harbor.
- 10.2 The finish deadline is 22:00 Saturday, September 5, 2015; yachts finishing after 22:00 will be scored "DNF". Yachts finishing after 20:00 (approximate Nautical Twilight) shall shine a light on their sail numbers.
- 10.3 Finishing yachts have the responsibility to verify their finishes with the Race Committee Boat before leaving the area.
- 10.4 If the Race Committee Finish Boat is not on station, the competitor is required to take their own time upon passing the G-1 buoy and report their time to the Race Committee (or their voice mail) by calling 949-633-3449 before 23:00:00, Saturday September 5, 2015.

11. YACHTS NOT FINISHING

- 11.1 A yacht that retires from the race must notify the Race Committee by hail to the Race Committee Boat, or by radio on VHF 69, or by calling the PRO, Bill McNamara, at 949-633-3449.

12. RADIO COMMUNICATION

- 12.1 Except in an emergency or to contact the Race Committee, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones, the internet and other modes.
- 12.2 All participants shall monitor VHF channel 69 during the start sequence. The race committee may transmit radio information to participants on these channels. Notification of retirement shall be made on these channels.

13. SCORING

- 13.1 Scoring will be in accordance with RRS 90.3 and Appendix A (Scoring). The low point system will be used.
- 13.2 PHRF Base RLC ratings will be used for PHRF fleet, including the Double-Handed & All-Woman Crewed classes.
- 13.2 Time-on Time will be used for ORCA classes.
- 13.4 PHRF OWC ratings will be used for Non-Spinnaker yachts with non-Spinnaker offsets added to their ratings.
- 13.5 Non-Spinnaker yachts without a valid PHRF rating will be assigned a rating by the Race Committee based upon a headsail of not more than 155% LP and a whisker pole of not more than 1.4 times J. Entrants may not use larger headsails or poles.

- 13.6 A yacht on the course side of the starting line early that fails to return and restart shall have 60 minutes added to her time plus the difference between her actual crossing of the line and her scheduled start. This alters RRS 29.1.

14. PROTESTS

- 14.1 All protests and requests for redress must conform to RRS Part 5, Section A and shall be written on forms available at DPYC.
- 14.2 Yachts intending to protest shall notify the Race Committee finish boat of their intent to protest and obtain their acknowledgement after finishing and before leaving the finish area. If the Race Committee Finish Boat is not on station, the competitor is required to notify their intent to Protest to the Race Committee (or their voice mail) by calling 949-633-3449 before 23:00:00, Saturday September 5, 2015.
- 14.3 A written Protest Form must be filed at DPYC within one hour after finishing.
- 14.4 Parties to a protest will be posted on the Official Regatta Notice Board located in the upstairs area at DPYC. Protests will be heard beginning at DPYC at 09:00 Sunday September 6, 2015 unless otherwise posted. Parties to a protest shall be present at that time.
- 14.5 Arbitration will be used for protest involving breaking a Rule of RRS Part 2 under the US Sailing guidelines for arbitration. Protests not resolved in arbitration, involving damage or involving rules other than found in RRS Part 2 will go to a full hearing of the Protest Committee.
- 14.6 After a written protest is delivered to the Race Committee or Jury Representative, one representative from each yacht will meet with the arbitrator unless the protestor requests that the protest be withdrawn. No witnesses will be allowed. Protests not resolved by arbitration will be forwarded to the Protest Committee. This changes RRS Part 5, Section B.
- 14.7 Acceptance of a rule violation decided by arbitration will result in a 30 minute time penalty added to the violating yacht's finish time. A yacht may not be penalized further involving the same incident. The acceptance of an arbitrator's opinion cannot be grounds for redress or be appealed. This changes RRS Part 5, Section B.
- 14.8 Protests involving violations of class association rules will not be heard by the protest committee and must be addressed to the participating class association.

15. DISCLAIMER OF LIABILITY

Competitors participate in the Race entirely at their own risk. See *RRS 4, Decision to Race*. Neither the Organizing Authorities nor the host Clubs will accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the Race.

16. INSURANCE

Each competing boat shall be insured with valid third-party liability insurance having a minimum cover of \$300,000 to enter this Race.

17. TROPHIES

- 15.1 The awarding of trophies is scheduled for 10:00 AM on Sunday, September 6 at DPYC.
- 15.2 There will be up to 3 take-home trophies for each class based on the number of entries in that class.
- 15.3 There are perpetual trophies for: PHRF Fleet, Non-Spinnaker Fleet, Double-Handed Class and All-Woman Crewed Class.

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SUPPLEMENTAL SAILING INSTRUCTIONS
FOR
DOUBLE-HANDED CLASS

1. Autopilots, wind vanes, sheet to tiller systems, and or modified rudders will be allowed.
2. Only two people will be allowed on board. This modifies the PHRF requirement for minimum crew of 3.
3. Double-Handed entries will be assigned to the PHRF class that they would be in if fully crewed.
4. Double-Handed entries will be scored twice, as both a PHRF-rated class boat and a Double-Handed class boat.
5. The recommended class flag for Double-handed entries is Delta (D) irrespective of the PHRF-rated class assigned to.
6. Yachts entered in the Double-Handed fleet shall be bound by the regular Sailing Instructions except as noted in items 1, through 5 above.