

**2015 Leukemia Cup
Dinghy Classes
SAILING INSTRUCTIONS**

1. RULES

- a. All races will be governed by the rules as defined in the 2013–2016 edition of the ISAF *Racing Rules of Sailing* and as modified by these Sailing Instructions.
- b. All boats must comply with their respective class rules.

2. ENTRIES

- a. This event is open to all competitors who meet the minimum fundraising requirements of the Leukemia & Lymphoma Society.

3. NOTICES TO COMPETITORS

- a. Notices to competitors will be posted at the registration table.

4. SIGNALS

- a. No signals will be made ashore. If a postponement is required prior to boats departing the docks a verbal notice will be given. The warning signal made by the committee boat for postponement will be the "AP" flag.
- b. Instructions will be broadcast by radio from the committee boat on Channel 68 and competitors may monitor these instructions. Starting signals will be the Class flag and the governing signal for course designation will be the letters/numerals on the wooden tiles displayed by the committee boat.

5. TOWING

- a. Towing to and from the race area is permitted, however racing will not start if one or more boats receive a tow and any boat is delayed solely by lack of a tow, until all such boats are in the race area.

6. SCHEDULE

- a. A competitors' meeting will be held at 9:30 pm at the registration table in the marina area. The warning signal for the first race will be 12:00 pm and will be made by the Committee boat. Subsequent races each day will be held as soon as possible after the end of the previous race.

7. CLASS FLAG

- a. The class flag for Flying Scots is the official blue and white FSSA Flying Scot Class Flag.
- b. The Class Flag for Portsmouth Yardstick classes will be the US Stars & Stripes flag

8. RACING AREA

- a. The racing area will be either in the lagoon or in the area west of GR "HP" and R7 (see attached map). The decision will be made by the Race Committee on the race day and will be dependent on the wind speed and direction.

9. COURSE and MARKS

- a. . The course will be designated by a sign on the Committee boat, consisting of 2 wooden tiles or by flags. All marks will be SCOW buoys. The attached diagram shows the courses, course designations, the marks in order and the rounding direction of each mark. In all cases marks will be rounded to port.

10. STARTING AND FINISHING LINE

- a. The starting and finishing line will be between an orange flag on the Race Committee boat at the starboard end of the start line, and the nearby yellow SCOW buoy. The Starting System appended to these Sailing Instructions will be used. Prior to the first Warning Signal of each day, all boats shall check in by sailing past the stern of the Signal Boat on starboard tack and hailing their boat name.
- b. Boats over the starting line (OCS) at the start signal must return and re-cross the start line, during which time they must keep clear of all other boats.

11. SAFETY EQUIPMENT

- a. From October 1 through April 30, regardless of wind or weather conditions, the skipper and all crew regardless of age must wear an approved Type III, Type V or auto-inflating PFD. PFD's must also be worn when the Committee boat displays flag "Y"
- b. All boats must comply with DC boating regulations and their respective class safety requirements.

12. TIME LIMIT

- a. The time limit for each race will be 40 minutes for the first boat to finish and 15 minutes after the first boat for remaining boats. If no boat completes the course within the 40 minute time limit the race may be extended or abandoned by the Race Committee displaying flag "AP" at the discretion of the Race committee. Any boats finishing after the 15 minutes time limit will be scored DNF so that the next race may start.

13. PROTESTS

- a. Protests shall be delivered to the Race Committee within 30 minutes after the race committee boat docks, or 30 minutes after the Protestor docks, whichever is the later. Hearings will be held as soon as the 30 minute period ends and all boats involved will be present. If a boat cannot be present for reasons outside her control the Race Committee may extend the time period. Protests will be decided by the Race Committee, and their decision will be final. Protest will not be accepted after the 30 minute period.

14. PENALTY SYSTEM

- a. Rules 44.1 and 44.2 are amended to replace "720" with "360." A boat may take a penalty at the time of the incident. Her penalty shall be a 360 turn which includes 1 tack and 1 gybe in the same direction.
- b. All 360s completed shall be reported to the race committee upon finishing.

15. SCORING

- a. Flying Scots will be scored using the Low Point System.
- b. Other classes will race together and will be scored using the Portsmouth Yard Stick system

16. RADIO COMMUNICATION



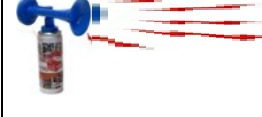
- a. Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile and cellular phones.

17. COMMERCIAL TRAFFIC

- a. A boat may not exercise right-of-way, cross in proximity to, or interfere with the reasonable transit of the race area by commercial ships. Boats must take evasive action well in advance of a potentially dangerous situation.
- b. The Race Committee may, at their sole discretion, disqualify any boat that becomes involved in a potentially dangerous situation with a commercial vessel.

Appendix – Start Sequence

Timing is indicated by the raising and lowering of the flags. Sound signals are for convenience only.

Start procedures	
Time	
3 Minutes	
2 Minutes	
1 Minute	
Start	