

PRESENTED BY:



## NOTICE OF RACE

# 2015 Nova Scotia Provincial Optimist Championships

September 26-27, 2015

Organizing Authority: Hubbards Sailing Club

215 Hwy 329

Hubbards NS, B0J 1T0

Ph: 902-857-9771

[www.hubbardssailingclub.ca](http://www.hubbardssailingclub.ca)

### 1 RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2 Sail Canada prescriptions to the RRS are available at <http://www.sailing.ca/rules-s15703>
- 1.3 Racing Rules will be changed as follows:
  - 1.3.1 Rule 40 is changed to apply at all times while afloat. This changes the preamble to Part 4.
  - 1.3.2 The Sailing Instructions will amend Rules 41 and 90.2(c) for the Green Fleet.
- 1.4 Appendix P will apply and may be amended by the Sailing Instructions
- 1.5 If there is a conflict between languages the English text will take precedence.

### 2 ELIGIBILITY AND ENTRY

- 2.1 The regatta is open to all boats of the Optimist class.
  - Optimist White – born 2005 or later (10 and under)
  - Optimist Blue – born 2003 – 2004 (11 and 12 years of age)
  - Optimist Red – born 2000 – 2002 (13 – 15 years of age)
  - Optimist Green – born 2000 or later; first year of competition not having placed in the top 3, in more than 3 regattas.
- 2.2 Eligible participants may register on line at: <http://bit.ly/1Pd7xTR>  
Early registration ends on September 7, 2015 and on-line registration ends on September 24, 2015. Competitors may register on-site during Check-in, Friday September 25, 2015 from 1600 to 2000hrs, and Saturday, September 26, 2015 from 0730 to 0900 hrs.
- 2.3 Required Documents at Check-in (or online at registration)
  - 2.3.1 All participants must check-in on site and present a proof of age to complete registration.
  - 2.3.2 All participants must submit a parent/guardian declaration, including a waiver of liability and a medical authorization form signed by a parent/guardian.



### 3 FEES

3.1 Required fees are as follows, and are subject to HST:

Competitor - Early Registration (Ends Sept. 7, 2015)	\$60.00
Competitor - All other entries (Sept. 8 - Sept. 26, 2015)	\$70.00
Coach - Thanks for doing what you do!	No Fee

### 4 SCHEDULE

- 4.1 Hot breakfast will be provided to competitors and coaches each day before leaving shore.
- 4.2 Lunches will be provided each day on-water. Sailors or coaches with special dietary needs should provide their own food.
- 4.3 Hot dinner will be provided to competitors and coaches on Saturday evening.
- 4.4 Competitors and coaches should bring their own re-usable water bottles, but if needed, water bottles will be available for individuals to take with them each morning.

Friday, September 25	1600 – 2000	Early arrival registration and check-in
Saturday, September 26	0730 – 0900	Registration and check-in
	0830 – 0930	Hot Breakfast – Sausage/Pancakes/etc.
	0930	Skippers' Meeting and Event Coach Brief
	1100	First Warning Signal – Lunch on water
	1530	Last Warning Signal
	ASAP after racing	Dinner (Pizza) and Event Coach De-Brief
Sunday, September 27	0830 – 0915	Hot Breakfast – Oatmeal/Fruit/Muffins.
	0915	Skippers' Meeting and Event Coach Brief
	1030	First Warning Signal – Lunch on water
	1500	Last Warning Signal
	ASAP after racing	Event Coach De-Brief and Awards

### 5 SAILING INSTRUCTIONS

5.1 Sailing Instructions will be available at registration check-in.

### 6 COURSES

- 6.1 Courses to be sailed by the Championship Fleet will be windward-leeward.
- 6.2 Courses to be sailed by the Green Fleet will be announced and described at the skippers' meeting.

### 7 SCORING

- 7.1 One race is required to constitute a series.
- 7.2 When fewer than five (5) races have been completed, a boat's series score will be the total of her race scores.

- 7.3 When 5 or more races have been completed, a boat's series score will be the total of her race scores, excluding her worst score.

## **8 SAFETY**

- 8.1 A whistle shall be attached by a lanyard to the PFD of each competitor. The lanyard shall be long enough to permit the sailor to use the whistle while wearing the PFD.
- 8.2 Each competitor must have a buoyant tow line, of minimum 10 metres length and 5mm diameter fixed to their mast. Competitors may not use other lines from running rigging for this purpose.
- 8.3 Competitors not complying with these safety instructions may be given a scoring penalty of five (5) points for each race in which they have failed to observe the instructions, at the discretion of the protest committee.
- 8.4 Each coach should have a whistle, wear a PFD, and have a suitable tow line readily available in their boat at all times while on the water.

## **9 DISCLAIMER OF LIABILITY**

- 9.1 Competitors participate in the regatta entirely at their own risk. See Rule 4, Decision to Race.
- 9.2 The Hubbards Sailing Club, The Hubbards Yacht Club, Sail Nova Scotia, and all other individuals and entities involved in the organization of this regatta shall accept no liability whatsoever for any injury, damage or loss or claim, whether personal or material, incurred or inflicted to participants before, during or after this regatta.

## **10 INSURANCE**

- 10.1 The competitor is responsible for ensuring that a minimum of \$1,000,000.00 third party coverage is in place for the event. The organizing authority does not accept any responsibility for verifying that a competitor is insured.

## **11 PRIZES**

- 11.1 Awards will be given for competitors placing 1st through 3<sup>rd</sup>, as well as 1<sup>st</sup> in RED, 1<sup>st</sup> in Blue, and 1<sup>st</sup> in White.
- 11.2 Sportsmanship awards will be given at the discretion of the Race Committee in consultation with the coaches.
- 11.3 Junior Woman on the Water (Jr. WOW) will be given at the discretion of the Race Committee in consultation with the coaches.
- 11.4 Green fleet participation medallions will be awarded to all sailors participating in the fleet.

## **12 RIGHTS TO USE NAME AND LIKENESS**

In participating in an event, a competitor or coach automatically grants to the Organizing Authority and the sponsors of the event, the right in perpetuity, to make, use and show, from time to time and at their discretion, any motion pictures, still pictures and live, taped or filmed television and other reproductions of him/her during the period of the competition in the events in which the competitor or coach participates and in all material related to the events without compensation.