



**Annapolis Yacht Club**  
**Special Events**  
**2015 - 2016 Frostbite Series**  
First Series: November 8<sup>th</sup> – December 13<sup>th</sup>, 2015  
Hangover Bowl: January 1<sup>st</sup>, 2016  
Second Series: January 31<sup>st</sup> – March 20<sup>th</sup>, 2016

**SAILING INSTRUCTIONS**

The Annapolis Yacht Club is the Organizing Authority (OA)

**1. RULES**

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS).
- 1.2. If there is a conflict between a rule in the Notice of Race and these Sailing Instructions, these Sailing Instructions will take precedence. This changes RRS 63.7.
- 1.3. For all boats the minimum crew shall be three, including the skipper. Each individual's body weight must exceed 100 lbs. A boat's crew may not change sails, leave the cockpit, extend body limbs over the life lines or emerge from a hatch beyond the waist after the preparatory signal for its start.
- 1.4. RRS 50.2 (Spinnaker Poles; Whisker Poles) and RRS 50.3(b)(2) (Use of Outriggers) are changed such that no Spinnaker Pole or Whisker Pole shall be used while racing. Any other outrigger type shall comply with RRS 50.3(a).

**2. NOTICES TO COMPETITORS**

- 2.1 Notices to competitors will be posted on the official notice board on the event website [annapolisyc.com/racing](http://annapolisyc.com/racing). All notices will also be posted outside the lower deck lobby of the AYC Clubhouse.

**3. CHANGES TO SAILING INSTRUCTIONS** - Changes to the Sailing Instructions will be posted before 1200 hours on the day they will take effect.

**4. SIGNALS MADE ASHORE**

- 4.1 Signals made ashore will be displayed from the yardarm at AYC Clubhouse.
- 4.2 RRS (Race Signals) is changed so that flag "AP" (red and white vertical stripes) may be displayed with 2 sound signals on the day of the race. If the "AP" is lowered with one sound, the first warning signal will occur not less than 20 minutes after that signal. Boats are requested not to leave the harbour until this signal is made.
- 4.3 Flag "L" (black and yellow check) means a notice has been posted.
- 4.4 Flag "N" over "A" and 3 sounds, all racing is cancelled for that day.

**5. SCHEDULE OF RACES** - The regatta will consist of two Series plus the Hangover Bowl.

Skippers' Meeting	November 8, 2015 @ 1100
First Series Racing Begins	Following Skippers' Meeting. First gun @1300
First Series Racing	November 8 through December 13, 2015
Hangover Bowl	January 1, 2016 following Skippers' Meeting @ 1200
Second Series	January 31 through March 20, 2016
Awards Ceremony	April 3, 2016 at 1500

6. **FLEET FLAGS** - See Attachment B. A fleet may consist of several classes that start together. Fleet flags shall be displayed prominently at the bow and stern except fleet flags at the bow are not required on class boats with no bow pulpit.
7. **THE COURSES**
  - 7.1 See Attachment "A" for all classes.
  - 7.2 No later than the **Preparatory Signal**, the Race Committee will display the course designation for the **Fleet** in sequence. This changes RRS 27.1.
  - 7.3 If the Race Committee changes the course designation from what is being sailed by the previous **Fleet**, it may indicate a course change by displaying a lime green flag. The lime green flag will be lowered one minute before the start. These are not timed signals. This changes RRS 27.1.
8. **THE START**
  - 8.1 Races will be started by using RRS 26 (Starting Signals) with the following addition: "An attention signal (flag F) will be displayed by the Race Committee signal when the committee is on station. Flag F will be removed with multiple sounds one minute before the first warning signal. This changes RRS 27.1.
  - 8.2 There are two possible starting locations, each with one end on the U.S. Naval Academy. The starting line will be between a staff with an orange flag on either:
    - a) Hartford Light to a floating orange mark. If numeral 1 precedes the course board(s), the starting line is Hartford Light to green "Can 1SC".
    - b) Triton Light to a floating orange mark. If numeral 1 precedes the course board(s), the starting line is Triton Light to yellow "Can B".
  - 8.3 Before a **Fleet's** warning signal, all boats not in that **Fleet** shall avoid the starting area.
9. **INDIVIDUAL RECALL** - Will be in accordance with RRS 29.1 (Recalls). The Race Committee may call sail numbers of the boats recorded OCS on VHF channel 72. This changes RRS 41 (Outside Help). Failure to receive the transmission will not relieve a boat of the responsibility of starting properly, and is not grounds for redress. This changes RRS 62.1(a) (Redress).
10. **GENERAL RECALL** - A General Recall will be in accordance with RRS 29.2 (General Recall) except the last sentence is deleted and replaced by: "The Starting Order and timing of subsequent starts will proceed as if there had been no General Recall. The recalled Fleet will be restarted after the last Fleet in the scheduled starting order. If more than one Fleet has been recalled, they will restart in the order they were recalled."
11. **THE FINISH** - The finish line is between a staff with the RC flag on the AYC Second Deck and the flagpole with yard arm at the Annapolis City Marina.
12. **PENALTY SYSTEM**
  - 12.1 Penalties at the time of the Incident
    - a) RRS 44.3, Scoring Penalty, will apply. The boat's penalty score shall be the score for the place worse than her actual finishing place by the whole number (rounding 0.5 upward) as defined below:
      - (1) for breaking a rule of Part 2 or RRS 30.2 the penalty will be 20% of boats finishing in her class, but not less than 2 places nor worse than Did Not Finish.
      - (2) for breaking RRS 31 (but not SI 7.4) the penalty will be 10% of boats finishing in her class, but not less than 1 place nor worse than Did Not Finish..

- b) RRS 44.3(b) is changed by adding: “A boat taking a Scoring Penalty shall complete a Penalty Acknowledgment Form before 1700 on the day of the incident. This form may be submitted in writing at the AYC front desk or electronically in accordance with Attachment E.
- c) A boat that complies with some, but not all of the requirements of 44.3(a) and 44.3(b) will receive a penalty of 30% of boats finishing in her class, but not less than 3 places nor worse than Did Not Finish without a hearing. This changes RRS 63.1.
- d) If the boat caused injury or serious damage or, despite taking a penalty, gained a significant advantage in the race or series by her breach her penalty shall be to retire.

#### 12.2 Penalties after racing

A boat that may have broken a rule of Part 2 or RRS 31 (but not SI 7.4) while racing may take a penalty after she has finished or retired and prior to the start of a protest hearing involving the incident. Her penalty shall be a 30% of boats finishing in her class, but not less than 3 places nor worse than Did Not Finish.

### 13 TIME LIMITS

12.1 RRS 35 (Time Limit and Scores) is deleted and replaced by:

- a) Two fixed time limits are established:
  - i. For sequences of races started at or before 1445, the time limit is 2.5 hours from the respective starting time.
  - ii. For sequences of races started after 1445, the time limit is 1.5 hours from the respective starting time.
- b) Times will be determined by GPS.
- c) No boats will be finished after the time limits computed above.
- d) If no boat in a class finishes within the time limit, the race will be abandoned for that class.
- e) If at least one boat has finished in a class, those boats in that class still racing after the time limit shall be scored TLE (Time Limit Expired). This changes A11. No sound signals will be made.

### 13. PROTESTS AND REQUESTS FOR REDRESS

- 13.1 Protests and requests for redress shall be filed by 1800 hours on the day of the incident. They may be filed either in writing at the AYC front desk, or electronically in accordance with Attachment E.
- 13.2 The protest hearing schedule will be posted by 2000 on the day of a race. For protests/requests filed by the protest committee or race committee, posting of the hearing schedule constitutes notification required by RRS 61.1(b).
- 13.3 Hearings will normally be held on the following Sunday beginning IMMEDIATELY after the last race or abandonment, unless scheduled otherwise.

### 14. SCORING

14.1 Twelve races are scheduled for Series One and sixteen for Series Two. One race must be completed to constitute a Series. When eight (8) or fewer races have been completed, a boat's series score will be the total of her race scores. When nine (9) to eleven (11) races have been completed, a boat's series score will be the total of her race scores excluding her worst score. When twelve (12) or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.

**14.2** The first sentence of RRS Appendix A (Scoring), rule 4.2 is replaced by: “A boat that did not start, did not finish, retired after finishing, was TLE, did not come to the starting area or was disqualified shall be scored points for the finishing place one more than the number of boats that **finished**.”

**14.3** RRS Appendix A, rule 9 (Race Scores Longer than a Regatta) is deleted.

## **15. SAFETY REGULATIONS**

**15.1** All boats shall carry a VHF radio capable of communicating on channels 9, 13, 16 and 72.

**15.2** A boat that retires from a race, or leaves the racing area between races, shall notify the race committee at the first reasonable opportunity.

**15.3** A boat may not exercise right of way, cross in proximity to, or interfere with reasonable transit of the race area by commercial ships, tugs, or barges. Boats must take evasive action well in advance of a potentially dangerous situation. The US Coast Guard, ship captains, and bay pilots have been encouraged to report any incident they observe.

**15.4** Boats shall not enter US Coast Guard “Exclusion Zones”. These zones rank as "obstructions".

**15.5** The race committee or protest committee may protest a boat for breaking SI 16 based on information received from any source. The protest time limit does not apply. This changes RRS 60.2, 60.3, and 61.3 (Protests).

**15.6** Boats may not protest other boats for breaking SI 16.3. This changes RRS 60.1.

## **16. CONTACT WITH MOORED BOATS OR DOCKS**

**16.1** Boats shall not make contact with anchored, moored or docked vessels.

**16.2** Boats shall not tie up to or touch the docks belonging to the Yacht Basin immediately next to the Yacht Club. Boats that violate this rule will be responsible for all charges to the Yacht Basin and be subject to Protest by the Race Committee.

**16.3** Boats may tie up to and raft off of docks owned by AYC, but may not extend over the AYC property line.

**17. INLAND RULE** - Any boat which may have infringed part of the Inland Rules may be subject to a report to the USCG or DNR, may be referred to the AYC Disciplinary Committee or may be subject to a RRS 69 (Gross Misconduct) hearing by the Protest Committee.

## **18. RADIO COMMUNICATIONS**

**18.1** The race committee may attempt to provide information on VHF Channel 72 as a courtesy. In all cases Race Signals shall govern.

**18.2** A boat shall not make any radio transmissions while racing except on VHF Channel 16 or with the race committee on VHF Channel 72. While racing, a boat shall not receive ANY communication not available to all boats. This restriction also applies to mobile telephones.

**19. PRIZES** - The number of prizes awarded will depend on the average number of boats competing in each class for each series. There will be Three (3) prizes for five boats, Four (4) prizes for six or more boats.

**20. DISCLAIMER OF LIABILITY** - Competitors participate in the regatta entirely at their own risk. See RRS 4, (Decision to Race). The Organising Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

**21. INSURANCE** - Each participating boat shall be insured with valid third-party liability

insurance with a minimum cover of \$300,000 per event or the equivalent.