



2015 Appleton Regatta
NorCal High School One-Day #3 and #4
November 21 and 22
The San Francisco Yacht Club

NOTICE OF RACE

The NorCal High School #3 and #4 Regattas will be organized by The San Francisco Yacht Club, in association with BAYS and PCISA.

1. RULES

The regattas will be governed by the rules as defined in *The Racing Rules of Sailing*, as modified by the current ISSA and PCISA Procedural Rules, the *NEW* "Notice of Regattas" for the 2015-2016 NorCal One-Day Regattas, and the Sailing Instructions. All competitors shall wear USCG approved lifejackets while on the water, with the exception of brief periods while changing or adjusting clothing.

2. ELIGIBILITY & FORMAT

The newly revised **2015-2016 NorCal League Provisions** apply. Highlights include:

- Each team must consist of two sailors who attend the same school, except for the following exception: One "borrowed sailor" is allowed for teams with 3 or fewer sailors on their official PCISA roster. Any borrowed sailor must be a registered member of a NorCal high school team.
- 8th grade students attending a feeder school to the high school may sail, however a maximum of one 8th grader is allowed to sail in any boat.
- Sailors who have skippered a boat in the Gold Fleet at more than one PCISA district-wide regatta within the year prior to each NorCal One-Day Regatta are NOT ELIGIBLE to participate as a skipper in that regatta.
- There is no limit on substitutions within a team, although after competing as a skipper an individual shall not sail for another team in either division.
- Each team must provide their own class legal CFJ, including with sails with distinct NorCal-assigned sail number and all rigging. Boats will not be rotated.
- Coaching on the water is permitted between races.

3. ENTRY & REGISTRATION

- Prior to registering for individual high school regattas, all sailors must be registered with their school for the 2015-16 season through the

ISSA/PCISA (<http://registration.hssailing.org/>), **AND** all teams must have a TechScore account to track sailors at regattas (<https://ts.hssailing.org/>).

- Schools may enter up to the following maximum number of boats at NorCal #1 & #2:
 - Up to 12 sailors on PCISA roster = 2 boats
 - 13-20 sailors on PCISA roster = 4 boats
 - 21-29 sailors on PCISA roster = 6 boats
 - 30 or more sailors on PCISA roster = 8 boats
- On-line registration opens at 5:00pm on Friday, October 30, and **registration closes at 5:00pm on Friday, November 13**. Please enter by completing separate entry forms for Norcal #3 and #4. Links to online entry can be found at www.sfyc.org under On the Water > Racing > Schedule, or at <http://pcisa.hssailing.org/>. Please note:
 - Each boat must enter in either Gold or Silver fleet.
 - Each boat must enter with one of their pre-assigned NorCal sail numbers.
 - Teams must load participating sailor names into TechScore by 5:00 PM, Saturday, November 14. Please note that earlier entry of names is encouraged.
- NorCal One-Day Regatta capacity is 60 boats total (30/30 Gold and Silver Fleets). In the event that a regatta is oversubscribed at the registration deadline, entries will be declined in the following order until 60 or fewer teams are entered. Entries being declined will be notified by email as soon as possible by the BAYS NorCal Allocation Subcommittee.
 - a. Boats using a borrowed sailor.
 - b. One boat from teams with large rosters (13 or more sailors), in descending order of size.
 - c. Boats using 8th graders.
 - d. One boat from teams with large rosters. This step will be repeated until the required number of boats is reached.

4. FEES

The **Entry Fee** is \$35.00 per boat, per regatta. The fee must be paid by credit card during online registration. The fee includes continental breakfast, lunch, snacks after racing, and awards.

5. SCHEDULE

NORCAL #3: Saturday, November 21		NORCAL #4: Saturday, November 22	
9:30am – 10am	Continental Breakfast	9:30am – 10am	Continental Breakfast
9:30am – 10:30am	Registration/Rigging	9:30am – 10:30am	Registration/Rigging
10:30 am	Competitors Meeting	10:30 am	Competitors Meeting
11: 30 am	First Warning	11: 30 am	First Warning
4 pm	No Starts After	4 pm	No Starts After
After racing	Snacks and Awards	After racing	Snacks and Awards

6. LOCATION & RACING AREA

SFYC is located at 98 Beach Rd, Belvedere, CA 94920. Racing will take place in Richardson Bay, with Belvedere Cove as an alternate area based on weather. Coachboats may be launched and docked at SFYC.

7. SCORING

One race is required to be completed to constitute a series each day. All races will count towards the final score each day.

8. AWARDS

Awards will be given to the top 3 teams in both the Gold and Silver Fleets, each day.

9. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

10. FOR MORE INFORMATION CONTACT:

Justine O'Connor, SFYC Youth Sailing Director

- Email: youth@sfyc.org
- Office phone: 415-435-9525