

## SAILING INSTRUCTIONS FOR C SCOW

**Nationals: Organizing Authority – NCSSA AND THE LAKE MONONA SAILING CLUB**

**June 10-12, 2016 – Lake Monona, Olin Park**

**Invitational: Organizing Authority – Inland Lake Yachting Association**

**July 7-10, 2016 – Lake Nagawicka**

**C Scow Championship: Organizing Authority – Inland Lake Yachting Association**

**August 17-21, 2016 – Lake Geneva Yacht Club**

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race. The race organizers (the organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor, or in the case of minors, each competitor's parent or guardian agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

### 1. RULES

The regatta will be governed by the rules as defined in the current Racing Rules of Sailing, the prescriptions of US Sailing and the C Class Scantling Rules as published in the ILYA Rule Book.

### 2. ENTRIES

**NATIONALS:** The regatta is open to Class C Scows. Helmspersons MUST be Regular Members of the NCSSA. You can become an NCSSA member by completing and submitting the NCSSA registration form and fee via the Organizing Authority's website ([www.cscow.org](http://www.cscow.org)).

**INVITE AND CHAMPIONSHIP:** The regatta is open to Class C Scows. Helmspersons shall be Regular, Family, Youth or Life Members of the ILYA. Eligible boats may be entered by completing registration with the Association.

### 3. NOTICE TO COMPETITORS

Notices to competitors will be posted on the Official Notice Board located at Regatta Headquarters.

### 4. COMPETITORS' BRIEFING MEETING

**NATIONALS:** The competitors' briefing will be at approximately 0830, Friday, June 10, 2014, at Regatta Headquarters

**INVITE:** The competitors' briefing will be at approximately 0830, Friday, July 8, 2015 at Regatta Headquarters.

**CHAMPIONSHIP:** The competitors' briefing will be at approximately 8:00 a.m., Thursday, August 18, at Regatta Headquarters and by VHF Radio. **Channel 72** is the competitor channel.

### 5. CHANGES TO SAILING INSTRUCTIONS

Any changes to the sailing instructions (SI) will be posted no later than 90 minutes before the first warning signal on the day it will take effect. Except that any change in the schedule of races will be posted by 1800 on the day before it will take effect.

### 6. SIGNALS MADE ASHORE

6.1 Signals made ashore will be displayed by the Fleet Signal Boat located at Regatta Headquarters.

6.2 When the Answering Pennant ("AP") is displayed ashore, '1 minute' is replaced with 'not less than (Nationals and Invite – 30, Championship – 45) minutes in the Race Signals AP'.

6.3 Approximately one hour prior to the scheduled warning signal of the first race of the day, the signal boat will fire a gun, or make another sound signal. When multiple fleets are scheduled to start at the same time, only one signal boat may make this signal.

### 7. NOT USED

### 8. NUMBER AND SCHEDULE OF RACES

8.1 Six races are scheduled, of which three must be completed to constitute a regatta.

8.2 The Warning Signal for the first race: Nationals: 1000, Friday, June 10, 2016

Invite: 1000, Friday, July 8, 2016

Championship: 0815, August 18, 2016

Except when races are sailed back to back, the approximate time of the warning signal for subsequent races will be posted and or announced on the competitors radio channel.

8.3 No warning signal will be made after 1300 on the last day of the regatta. **CHAMPIONSHIP:** If six races are completed by Saturday, August 20, there will be no racing on Sunday, August 21.

8.4 **NATIONALS:** The following is the tentative schedule of race designations:

Okoboji Yacht Club Trophy – 1<sup>st</sup> Race  
President David G. Bohl Trophy – 2<sup>nd</sup> Race  
Melges Trophy – 3<sup>rd</sup> Race  
Long Lake Yacht Club Trophy – 4<sup>th</sup> Race  
Emma Rosenheimer Memorial Trophy – 5<sup>th</sup> Race  
Cedar Lake Yacht Club Doc Dudley Trophy – 6<sup>th</sup> Race

Race numbers and their associated trophies will be assigned by mutual consent of the PRO and the Fleet representative.

9. **CLASS FLAG**

The class flag will be a 'C' on a contrasting field.

10. **RACING AREA**

The racing area will be on the navigable waters of the host venue and will be described at the Competitor Briefings or by notice on the Official Notice Boards.

11. **THE COURSE**

11.1 The courses and their designations are shown as COURSE ILLUSTRATIONS.

11.2 No later than the warning signal, the race committee signal boat will display the course designation and approximate compass bearing to the first mark.

11.3 When there is a gate, boats shall sail between the gate marks from the direction of the previous mark and round either gate mark. If only one mark of the gate is present, it should be rounded, leaving it to port.

12. **MARKS**

All marks will be orange balls and the offset mark will be an orange ball.

13. **THE START**

13.1 Races will be started by using RRS 26.

13.2 The starting line will be:

13.2.1 between a staff displaying an orange flag on the RC boat at the starboard end of the line and either a staff displaying an orange flag on a RC boat at the port end or the course side of a nearby mark,

13.2.2 or from a staff displaying an orange flag on the RC boat at the starboard end of the line to a staff displaying an orange flag or flags on a RC boat in the approximate center of the starting line, and thence to a staff displaying an orange flag on a RC boat at the port end of the line.

13.3 A boat starting later than five minutes after her starting signal will be scored DNS. This changes RRS A4.1.

13.4 If a midline boat is in place in accordance with SI 13.2.2, yachts subject to the I FLAG RULE (RRS 30.1) shall sail to the pre-start side of the line around either end, or around the mid-line boat, leaving it to port as if it were the port end of the starting line, before starting. This modifies RRS 30.1. (See Course Illustrations.)

13.5 If a midline boat is to be used on the starting line in accordance with SI 13.2.2, a notice to that effect will be posted on the Official Notice Boards.

13.6 If the race is abandoned after the starting signal under the Z or Black Flag, all competitors who received a 20% scoring penalty under the RRS 30.2 or were disqualified under the RRS 30.3 in the abandoned race are again eligible to race without penalty. This changes RRS 30.2 and 30.3.

14. **RECALLS**

14.1 Boats that are OCS under an individual recall will be notified first by VHF radio and possibly by hail.

14.2 Following the display of Code Flag "X", every effort will be made, as quickly and clearly as possible, to hail by VHF radio a complete list of boats identified on the course side at the start or needing to comply with RRS 30.1. Please note that due to this hail being a courtesy, it is extremely unlikely that redress will be granted because of the order of numbers called, failure to hear a hail, failure to understand a hail, or the time it takes for the race committee to hail after the start. This changes RRS 41.

15. **CHANGE OF THE NEXT LEG OF THE COURSE**

- 15.1 To change the next leg of the course, the race committee will either move the original mark (or the finishing line) to a new position, or the RC will lay a new mark and remove the original mark as soon as practicable.
- 15.2 The RC may adjust gate marks without further signaling to maintain the appropriate course configuration.

**16. THE FINISH**

- 16.1 The finishing line will be displayed between a staff displaying an orange flag on a Race Committee boat and the course side of a nearby mark, or between staffs displaying orange flags on two Race Committee boats.
- 16.2 Code Flag "S" will not be used to shorten a course. This changes RRS 32.
- 16.3 Flag "A" displayed with no sound while boats are finishing means 'no more racing today.'
- 16.4 Flag "H" displayed with no sound while boats are finishing means 'racing will continue after a break either on shore or on the water.'
- 16.5 When neither Flag "A" nor Flag "H" is flying while boats are finishing, another race may follow immediately.
- 16.6 A boat that retires from a race shall notify a RC boat before leaving the racing area, or, if that is not possible, notify a regatta official at Regatta Headquarters immediately upon arrival on shore.

**17. PENALTIES**

RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

**18. TIME LIMIT**

- 18.1 The time limit will be 90 minutes.
- 18.2 Boats still racing 30 minutes after the first boat sails the course and finishes will be scored the position of the last boat to finish plus 2. This changes RRS 35 and A4.1.

**19. PROTEST AND REQUESTS FOR REDRESS**

- 19.1 A boat intending to protest about an incident that occurs in the racing area shall notify the RC finish boat of her intention, including the sail number of the boat (s) being protested. This changes RRS 61.1 (a).
- 19.2 Protests shall be written on forms available at Regatta Headquarters and delivered there within the protest time, which will end one hour after the signal boat docks. The docking time will be posted.
- 19.3 Notices of protests and requests for redress will be posted within 20 minutes of the expiration of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held at a location at Regatta Headquarters.
- 19.4 Notice of a request for redress including the nature of the request and the grounds on which it is filed shall be considered to fulfill the requirements of the prescription to RRS 63.2
- 19.5 On the last day of the regatta a request for reopening a hearing shall be delivered:
  - (a) within the protest time limit if the party requesting reopening was informed of the decision on the previous day.
  - (b) No later than 30 minutes after the party requesting reopening was informed of the decision on that day.
  - (c) This changes RRS 66.
- 19.6 A boat that does not comply with 44.1 or 44.2, but prior to a hearing, acknowledges breaking a rule, shall be penalized 50% of the number of boats entered, but not less than six places, except that she shall not be scored worse than DNF, as approved by the Protest Committee.

**20. SCORING**

The Low Point System, RRS A4, will apply, except that RRS A2 is changed so that each boat's total score will be the sum of her scores for all races unless six races are completed. If six races are completed, each boat shall discard her worst score, except when prohibited under RRS 90.3(b).

**21. NOT USED**

**22. NOT USED**

**23. RADIO COMMUNICATION**

The only communication devices that may be used by competitors when racing are: (a) a weather monitor, (b) a VHF radio tuned to receive only RC transmissions that are intended for all boats (Competitor channel) and (c) a cell phone that may be used for emergency purposes only. The penalty for breaking this rule will be total disqualification from the regatta or such lesser penalty as may be determined by the Protest Committee.

**24. NOT USED**

**25. OUTSIDE HELP**

The crew of a capsized boat or a crew member overboard shall be considered “in danger,” and thus eligible to continue racing without penalty after receiving assistance. This changes RRS 41.

**26. MEDIA RIGHTS**

Competitors give absolute right and permission for video footage or photographs of themselves or their boat generated during an ILYA or NATIONALS event to be published in any media for press, editorial or advertising purposes.

4/11/16

# COURSE ILLUSTRATIONS

## COURSE DISPLAY SHORTHAND

WINDWARD/LEEWARD COURSES ARE DESIGNATED WITH A "W" FOR COURSES THAT FINISH UPWIND, AND AN "L" FOR COURSES THAT FINISH DOWNWIND. THE NUMERAL ACCOMPANYING THE COURSE DESIGNATION INDICATES THE NUMBER OF LEGS OF THE COURSE.

ALL OTHER COURSES ARE DESIGNATED BY A COMBINATION OF LAPS DISPLAYED USING THE TYPE OF LAP (T = TRIANGLE LAP), A NUMBER INDICATING THE NUMBER OF SUCCESSIVE REPETITIONS OF THAT PARTICULAR TYPE OF LAP, AND A MODIFIER (+) IF THE FINISH IS TO BE TO WINDWARD.

### WINDWARD/LEEWARD EXAMPLES

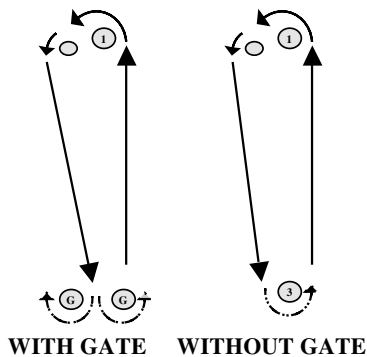
W3 = 3 LEGS (FINISHING UPWIND)  
 W5 = 5 LEGS (FINISHING UPWIND)  
 L4 = 4 LEGS (FINISHING DOWNWIND)  
 L6 = 6 LEGS (FINISHING DOWNWIND)

### OTHER COURSE EXAMPLES

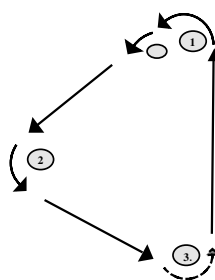
WT+ = WINDWARD LEEWARD FOLLOWED BY TRIANGLE PLUS UPWIND LEG TO FINISH  
 W2T = TWO WINDWARD LEEWARD LAPS PLUS A TRIANGLE, FINISHING DOWNWIND  
 O+ = TRIANGLE LAP FOLLOWED BY A WINDWARD LEEWARD LAP PLUS UPWIND LEG TO FINISH

NOTE: AN RC BOAT MAY BE SUBSTITUTED FOR MARK(S) (S) OR (F) ON STARTING OR FINISHING LINES

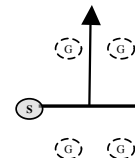
### W = WINDWARD/LEEWARD LAP



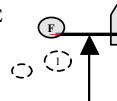
### T = TRIANGLE LAP



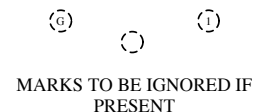
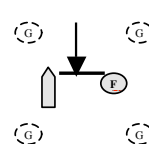
### STARTING LINE



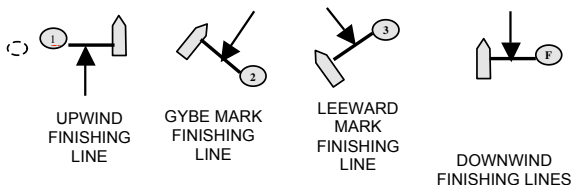
### + = UPWIND FINISHING LINE



### DOWNWIND FINISHING LINE



### FINISHING LINES – RULE 32 (REDUCED NUMBER OF LEGS)



### ALLOWABLE ROUND-AN-END COURSES WITH MID-STARTING LINE BOAT (ALSO SEE SIs)

