

2016 JUNIOR SERIES “RACE DAY” SAILING INSTRUCTIONS

1. RULES

The 2016 LNYC Junior Series will be governed by the rules as defined in the Racing Rules of Sailing (RRS).

2. FORMAT

The format for the Junior Series is described in the 2016 Junior Series Notice of Race and can be found in the 2016 LNYC yearbook. These Sailing Instructions pertain only to the Junior Series “Race Day” events, as defined in the notice of race. There will be separate Sailing Instructions issued for LNYC invitational “Regatta” events, which includes the Hospice, Independence Day, Labor Day and Board Bash regattas. Race results from both “Race Day” and “Regatta” events will be included in the scoring for this series.

3. ENTRIES

Eligibility is in accordance with the 2016 Junior Series Notice of Race.

4. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board in the LNYC Pavilion.

5. CHANGES IN SAILING INSTRUCTIONS

Any change in the sailing instructions will be posted on the official notice board two hours before the scheduled start on the day it will take effect except that any change in the schedule of races will be posted on the official notice board by 1700 and also on the Club Calendar on the LNYC Website at least one day before it will take effect. No changes will be made without the concurrence of the LNYC Club Fleet Captain and Junior Director.

6. SIGNALS MADE ASHORE

1. Signals made ashore will be displayed from the flag mast on the Junior Signal boat.
2. In the event postponement is signaled on shore, the Race Committee will postpone the scheduled starts in accordance with Sailing Instruction 6.3 and 6.4, thirty minutes prior to the scheduled Warning Signal for all classes.
3. Flag “AP” (Answering Pennant - red/white stripes), raised with two sound signals means the race is postponed.
4. Flag “AP” (Answering Pennant – red/white stripes), lowered with one sound signal means the warning signal of the next scheduled race will be made not less than 30 minutes after AP is lowered.

7. SCHEDULE OF RACES

The scheduled time for the warning signal is 1030 hours for the first race each day with additional races to follow at the discretion of the PRO. The schedule of races for Invitational events will be governed by the regatta NOR.

8. DIVISION FLAGS

Division flags will be:

<u>Division</u>	<u>Flag</u>
Optimist – Green Fleet	Opti Class Flag
Optimist – White, Blue & Red Fleets	International Code Flag 1
Laser, Laser Radial, Laser 4.7	International Code Flag 2
420	International Code Flag 3
Sunfish	International Code Flag 4

9. CLASS/COURSE SIGNALS

1. A class of two or more boats will constitute a fleet and start in its Division
2. The signal for each Division’s start will be the appropriate International Code Flag displayed on the Signal Boat.

3. Course designations will be displayed near the stern of the Signal boat.
4. The numeral signal “2” or “3” when posted with the Course Signal designates that the course shall be sailed two or three times around.

10. THE COURSE(S)

1. The diagrams on the last page illustrate the course(s), including the approximate angles between legs, the order which marks are to be rounded or passed, and the side each mark is to be left.
2. The course for a Division not yet started shall be posted near the stern of the Race Committee boat before or with its Warning Signal.

11. MARKS

1. Marks 1”, “2”, and “3” will be red spheres with the following exception:
 - 1.1. Mark 1 will be a WHITE sphere for Laser, Sunfish and 420 fleets.
2. The starting and finishing mark will be a staff with an orange flag.

12. THE START

1. Races will be started in accordance with RRS 26
2. The starting line will be between a staff displaying an orange flag on the Junior Signal Boat and the port end starting/finishing mark.
3. Boats whose warning signal has not been made **shall keep clear** of the starting area and of all boats whose warning signal has been made.

13. RECALLS

1. Individual Recalls will be signaled in accordance with RRS 29.1 using Flag “X” (white with blue cross) with one sound signal. Flag “X” will stay up for a maximum of four minutes after the starting signal.
2. General Recalls will be signaled in accordance with RRS 29.2 using the “First Substitute” Flag (yellow pennant with blue border) and two sound signals.
3. Race committee may attempt to verbally notify OCS boats. However, failure to do so will not be grounds for redress.

14. ABANDONMENT

1. Flag “N” (blue and white check) displayed with three sound signals means all races that have been started are abandoned. Sailors are to return to the starting area.
2. Flag “N” (blue and white check) lowered with one sound signal means the warning signal will be made one minute after “N” is removed, unless race is abandoned again or postponed.
3. Flag “N” over “H” (blue and white checked flag over square flag with one red and one white vertical stripe) displayed with three sound signals means all races are abandoned. Further signals will be made on shore.
4. Flag “N” over “A” (blue and white checked flag over blue and white pennant) displayed with three sound signals means all races are abandoned, no more racing today.

15. THE FINISH

The finishing line will be between a staff displaying an orange flag on the Signal boat and the port end starting/finishing mark.

16. TIME LIMIT

1. The time limit will be 15 minutes to the first mark for the lead boat of each class and 45 minutes for the lead boat of each class to complete the course.
2. Any boat that does not finish within 5 minutes of the lead boat in its class may be assigned a finishing position by the Race Committee and may be towed to the starting area.

17. PROTESTS

1. Protest forms are available in the Race Management Center, Clubhouse, and on the Signal Boat.

2. Protests shall be written on the protest Forms and submitted within the protest time, which will begin when the Signal Boat returns to dock and ends 30 minutes later. The Race Committee may sound a signal at the beginning of the 30-minute period.
3. The protest committee will hear and decide protests as soon as possible.

18. SCORING

The Junior Series races will be scored as defined in the 2016 Junior Series Notice of Race.

19. PENALTY SYSTEM

A boat that may have broken a rule of Part 2 while **racing** may take a penalty at the time of the incident. Her penalty shall be a One Turn or a Two Turn Penalty performed in accordance with RRS 44.1 and 44.2.

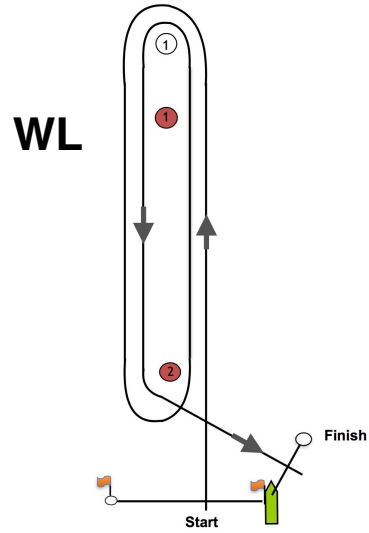
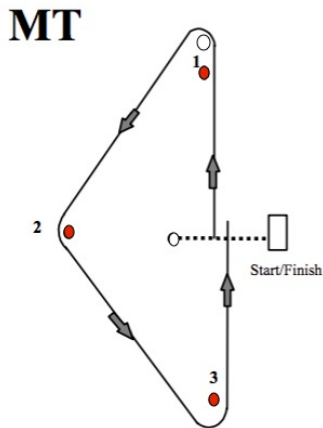
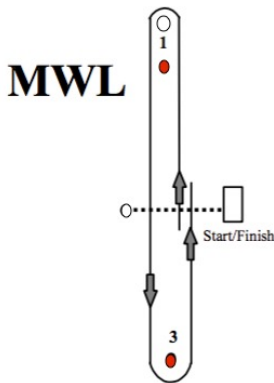
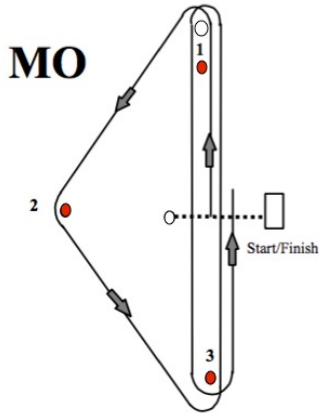
20. PRIZES

Prizes shall be awarded in accordance with the 2016 Junior Series Notice of Race.

21. FUNDAMENTAL RULES AND SAFETY

1. Each boat is reminded of RRS Part 1 - Fundamental Rules
2. All competitors **shall check in** with the Signal Boat for the Junior Race Committee before the first race of each day. Failure to check in may result in disqualification.
3. In the event a boat retires, **she shall notify** the Committee either before leaving the racecourse or immediately after arriving ashore. Failure to notify the Race Committee **may** result in disqualification.
4. Each boat shall be equipped with safety gear as required by Federal, State, local, Class, and fleet regulations.
5. RRS 40 is changed. **USCG approved life jackets are required from dock to dock at all times.** Flag "Y" will not be displayed.
6. Support boats shall stay outside the racing area from the time the preparatory signal for the first division is displayed until all boats have finished or the race committee signals a postponement, general recall or abandonment with the following exception:
 - 6.1. Coaching of Green, White, Blue and /or Red Optimist Fleet skippers is only permitted if directed or approved by the PRO.
 - 6.2. Coach boats shall neither create wakes or otherwise interfere with other competitors.

Course Diagrams



WL	S-1-2-F
WL2	S-1-2-1-2-F (shown)
WL3	S-1-2-1-2-1-2-F

*White buoy for Laser, Sunfish and 420 Fleets

MO	S-1-2-3-1-3-F (shown)
MWL	S-1-3-F (shown)
MWL2	S-1-3-1-3-F
MWL3	S-1-3-1-3-1-3-F
MT	S-1-2-3-F (shown)
MT2	S-1-2-3-1-2-3-F
MT3	S-1-2-3-1-2-3-1-2-3-F

*White buoy for Laser, Sunfish and 420 Fleets