

Announcing
THE NORTH U YOUTH MATCH RACING CLINIC
APRIL 8-10, 2016

**Hosted by the Southern Yacht Club
in New Orleans, Louisiana**



NOTICE OF CLINIC

This Clinic will be coached by Dave Perry. Dave Perry is the Chairman of the US Sailing Match Racing Committee, a coach for the 2009-2012 US Women's Olympic Match Racing effort, a five-time U.S. National Match Racing champion, and a two-time Congressional Cup champion.

Dave will coach the tactics and strategies needed to be competitive and successful in Match Racing on the National level, including the Pre-Start, Upwind and Downwind Tactics, and Killing Penalties. On the water, Dave will run the sailors through all the scenarios, with on-the-spot feedback, and video replay after sailing. In addition, he will give much instruction and feedback on how to handle the spinnaker and sail a boat fast.

HOST: The Southern Yacht Club in New Orleans, Louisiana (fly into the Louis Armstrong New Orleans International Airport (MSY)). The Club's website with address and directions is: <http://www.southernyachtclub.org>

TARGET SAILORS: The clinic is targeted for youth sailors ages 15 – 24 who are interested in learning more about match racing, and in raising their sailing skill level. No match racing or keelboat sailing experience is needed or expected.

TO REGISTER: register online at: www.southernyachtclub.org > Yachting > Education Questions???: email or call Holly Murray, Southern Yacht Club's Waterfront Director (see info below). To pay the entry fee, see below.

Sailors can register as individuals or in teams of 3 or 4. Registration will be on a first come-first served basis until the clinic is filled. Register as soon as possible.

BOATS: The boats used will be supplied Flying Scot's.

WEIGHT LIMIT: There will be no weight limit for this event.

ENTRY FEE: The clinic fee is \$75 per person, which includes the use of the boats, coaching with video replay, lunch Saturday and Sunday, and dinner Friday and Saturday evening. Information on how to pay is below.

SCHEDULE:

Friday, April 8

3:00 - meet at SYC – on-water training in boathandling and boatspeed for match racing

6:15 - dinner

7:00 - 9:00 - Intro to Match Racing and the Prestart

Saturday, April 9

8:30 - meet at SYC - morning training doing Prestarts

12:30 - lunch and video replay

afternoon on-water training doing Prestarts and upwind and downwind tactics

6:00 - dinner

6:30 – 8:30 - video replay and How the Penalty system works

Sunday, April 10

8:30 - meet at SYC

Downwind and Penalty Killing tactics

On-water Training and Racing

3:30 - debrief and wrap-up

5:00 - end clinic

ACCOMMODATION: Participants are responsible for arranging their own accommodations. For those in need of housing, contact Holly Murray (info below) as soon as possible.

TO PAY THE ENTRY FEE: Make checks out to Southern Yacht Club, and send to:
Southern Yacht Club, 105 N. Roadway Dr., New Orleans, LA 70124-1633
Attention Holly Murray

FOR MORE INFORMATION, contact:

Holly Murray

SYC Waterfront Director

holly@southernyachtclub.org

phone: 228.363.0073

Dave Perry

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