



Lake Monroe Sailing Association

Ladies on the Lake Regatta

NOTICE OF RACE



Organizing Authority: The organizing authority is Lake Monroe Sailing Association (LMSA), and will be held on Lake Monroe in Sanford, Florida. Regatta headquarters is located at the LMSA clubhouse, 531 N. Palmetto Ave, Sanford, FL 32771.

Rules: This regatta is governed by the **Rules** as defined in the *Racing Rules of Sailing for 2013-2016*.

Divisions:

Competitive Fleet Division for Monohulls (Planing, Sunfish & Displacement boats) and a **Fun Fleet Division**.

In the **Competitive Division**, a class with six or more boats may be scored separately based on elapsed time. Scoring shall be the Low Point System as defined in Appendix A of the *RRS*. Rule A2 is changed so that no races will be discarded.

Entry and Eligibility:

The **Competitive Divisions** are open to monohull sailboats only with a US Sailing Portsmouth issued rating. These Divisions will race under a normal start sequence. A female skipper is required. Except for Sunfish, you must also have at least one female crew member and may add one male as active crew. Team colors/costumes are encouraged.

The **Fun Fleet Division** is open to monohull and cruising multihull sailboats only with a US Sailing Portsmouth issued rating. This division will not have a standard start sequence. A female skipper is required. You must have a minimum of one additional female crew member (no limit to other females on board). One token male is permitted to serve drinks and snacks but he cannot participate in running the boat, hoisting sails, etc., though verbal instruction is allowed. If deemed necessary said token male may aide in leaving and returning to the dock/slip. Winning is not based on speed or finishing first, but on creative costumes/team attire and strongly encouraged bribes to the judges.

Registration and Fees: Eligible competitors may register online at <http://www.regattanetwork.com/event/12495> or by returning a hard copy registration form **and** registration fee to:

Lake Monroe Sailing Association,
PO Box 297
Sanford, FL 32772.

Hardcopy registration forms are available on the LMSA website (<http://www.flalmsa.org>)

The \$35.00 registration fee includes one meal voucher. Additional meal vouchers may be purchased for \$10.00 each (limited amount available). Current paid members of US Sailing are entitled to an additional \$5.00 discount with proof of membership.

Online registration will be closed on May 12, 2016.

Walk-up late registration will be available 9:00-9:45am Saturday May 14, 2016 at Check-in.

SCHEDULE OF EVENTS:

Friday, May 13th, 2016

17:00-21:00 Pub Crawl (locations TBD)

Saturday, May 14, 2016

09:00 Registration & Continental Breakfast

10:00 Competitors meeting (all fleets)

11:00-11:15 Fun Fleet start

11:25 First warning, racing fleets (other races to follow) no race to start after 3:00

16:00 Dinner is served with Awards Presentation and Raffle to follow

Races: A total of 5 races are planned for the **Competitive Fleet**, completion of 1 race constitutes a regatta. W/L and Triangle courses may be offered. The **"Fun Fleet"** course, consisting of one distance race, will be announced at the competitors' meeting.

Sailing Instructions: Sailing Instructions will be available at registration and a copy will be posted on the Notice Board.

Courses: The courses will be included in the sailing instructions and posted on the notice board.

Awards: Trophies for all classes will be awarded Saturday evening. The youngest female sailor shall receive the "Littlest Lady on the Lake" trophy. The overall PHRF winner will receive a special award and have her name engraved on the "Ladies On The Lake" Overall Perpetual Trophy.

DISCLAIMER OF LIABILITY: Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during or after the regatta. All competitors will be required to sign a waiver of liability as a condition of entry. Parents must sign for competitors under 18.

For information, boat, crew or skipper inquiries and general help please contact:

Ladies On The Lake Regatta Chairpersons:

Patti Miller: peppermintpate777@yahoo.com and Pauli Kaiser: paulikaiser3@gmail.com

PRO Tim Grady: merlegrady@gmail.com

Fleet Captain Tom McNally: thomas.a.mcnally@siemens.com

Bring a boat

Find a boat

Get on a boat

Form your crew

Bring your snacks and drinks

Plan your outfits

LET'S GO SAILING LADIES!