



**Lloyd Harbor Yacht Club
Masthead Cove Yacht Club**



Fall Series at Target Rock

Saturday, October 8, 2016

SAILING INSTRUCTIONS

1. RULES

- 1.1.** The regatta will be governed by the rules as defined in:
 - 1.1.1.** The *Racing Rules of Sailing* (RRS).
 - 1.1.2.** The current PHRF regulations, as administered by YRA of Long Island Sound (YRALIS) including non-spinnaker regulations and crew weight limitations for PHRF classes.
 - 1.1.3.** Current Minimum Equipment and Safety Recommendations of YRALIS, Category C.
 - 1.1.4.** Current class rules for one-design fleets.
 - 1.1.5.** The RRS will be changed as noted in these instructions.

2. ELIGIBILITY AND ENTRY

- 2.1.** The regatta is open to boats of PHRF spinnaker and JAM, and One-Design classes.
 - 2.1.1.** Eligible boats can enter and electronically pay the entry fee using the Lloyd Harbor Yacht Club's online registration at www.lhyc.org, following the link to the Race Information page.
- 2.2.** Entrants must possess a valid YRALIS PHRF certificate, a valid one-design certificate, or receive a waiver and LHYC handicap rating from the LHYC Measurer.
- 2.3.** No boat shall make any change during the regatta which would affect its rating.

3. NOTICES TO COMPETITORS

- 3.1.** Notices to competitors will be posted on the LHYC web site (<http://www.lhyc.org/>) and shall be broadcast on VHF channel 72 prior to the first warning signal.

4. CHANGES TO SAILING INSTRUCTIONS

- 4.1.** Any change to the sailing instructions will be posted before 0900 hrs. on the day it will take effect and announced prior to the first warning signal on VHF channel 72, except that any change to the schedule of races will be posted by 2000 hrs. on the day before it will take effect.

5. SIGNALS MADE ASHORE

- 5.1.** No signals will be made ashore.

6. SCHEDULE OF RACES

- 6.1.** Racing is scheduled for Saturday, October 8, 2016
- 6.2.** The scheduled time for the first warning signal is 1100 hrs.
- 6.3.** Up to three races may be held at the sole discretion of the race committee. Signal flag "R" will be flown to indicate another race is planned, but listen for announcements following your division's finish. The next race for any class may begin even though other classes may still be racing.

- 6.4. If the race committee will not be starting the classes for subsequent races in numerical order, then no less than five minutes before its warning signal, the identity of the next class to start will be announced on VHF channel 72.
- 6.5. No warning signal will be made after 1530 hrs.

7. CLASS FLAGS

- 7.1. The number of classes and the class assignment for each boat will be made at the discretion of the race committee (RC) and indicated on the Scratch Sheet.
- 7.2. Scratch Sheets will be available on the LHYC website (www.LHYC.org) no later than 2100 hrs. on the day before the event.
- 7.3. Classes will be designated by numbers. Class flags will be numeral pennants.
- 7.4. Competitors are encouraged to display the numeral pennant for their class on its backstay or, in the absence of a backstay, from a point near its stern.
- 7.5. Boats wishing to change class, e.g., spinnaker to non-spinnaker, shall notify the RC prior to the first warning signal of the first race of their class. The RC will announce any such changes on VHF channel 72.
- 7.6. All boats shall identify themselves to the RC by sailing past the stern of the signal boat on starboard tack with mainsail hoisted prior to the first warning signal.

8. RACING AREAS

- 8.1. Rendezvous will be made in the vicinity north of Bell "8", but no further than one mile north of Nun "6" off Lloyd Neck. The RC shall announce the approximate position of the starting area on VHF channel 72 approximately one half hour prior to the first scheduled warning signal.

9. COURSES

- 9.1. Course numbers I, II, III (if needed), will be displayed. Refer to the scratch sheet for your course assignment!
- 9.2. Courses will be signalled by the RC using letter placards indicating the turning marks set forth in sailing instruction 10. Marks indicated by green letters shall be left to starboard. Marks indicated by red letters shall be left to port.
- 9.3. Turning marks will be displayed for each class under its course number and should be read from top to bottom. If a numeral is posted, the course cited above it shall be sailed that many times around before continuing with the remaining marks.

10. MARKS

- 10.1. Marks are as indicated below and as displayed on **Illustration A**

ID	Mark Location	ID	Mark Location
A	Bell "8" Target Rock off Lloyd Neck	O	Nun "34" off Greenwich
B	Nun "6" off Lloyd Neck	P	Bell "32" The Cows
D	Nun "4" off Lloyd Neck	Q	Nun "2" off entrance to Lloyd Harbor
E	Nun "2" off Lloyd Neck	R	Flasher "1" off Sand City at entrance to Northport Bay
F	Gong "15" off Lloyd Point	T	Flasher "1" off entrance to Huntington Harbor
H	Bell "17" off Oyster Bay	U	Flasher "30" off Smith Reef
I	Mid Sound buoy "32A"	V	Inflatable mark. Bearing and distance from RC Signal boat will be displayed on the course board
J	Mid Sound buoy "28C" Cable and Anchor Reef	W	Windward inflatable mark. Bearing and distance from RC Signal boat will be displayed on the course board
K	"11B" Mid-Sound, off Eaton's Neck	Y	Inflatable mark south of line connecting marks "R" and "T"
L	Green/Red Can "E" NNW of Eaton's Neck Point	Z	Inflatable mark no more than 1 mile to leeward of the starting mark.
M	Can "13" off Eaton's Neck Point		

- 10.2. The starting mark will be an orange flag with an “X” marked on it.
- 10.3. The finish mark will be an inflatable mark on the opposite side of the signal boat than the start unless the course is shortened in accordance with RRS 32.2.

11. AREAS THAT ARE OBSTRUCTIONS

- 11.1. Government marks Bell “8”, Nuns “2”, “4” and “6” used as aids to navigation along the north shore of Lloyd Neck must be observed when not designated as marks that do not begin, bound or end the leg of the course the competitor is on. This changes RRS 28.2. All other government and private aids, when not designated as marks of the course, may be disregarded at the discretion of the skipper.

12. THE START

- 12.1. Races will be started according to RRS 26.

Sample start sequence assuming an 11:00 first signal.

Note: A break in sequence could occur between any or all classes:

<u>CLASS</u>	<u>TIME</u>	<u>ACTION</u>	<u>SOUND</u>	<u>VISUAL SIGNAL</u>
1	11:00	Class 1 warning	Horn/Gun	Class 1 flag displayed
	11:01	Class 1 prep	Horn/Gun	“P” flag displayed
	11:04		Long Horn	“P” flag removed
2	11:05	Class 1 start & Class 2 warning	Horn/Gun	Class 1 flag removed Class 2 flag displayed
	11:06	Class 2 prep	Horn/Gun	“P” flag displayed
	11:09		Long Horn	“P” flag removed
3	11:10	Class 2 start & Class 3 warning	Horn/Gun	Class 2 flag removed Class 3 flag displayed

Sequence repeated until all classes have started.

- 12.2. The starting line will be between an orange flag on the signal boat and the flag on the starting mark as described in 0 or a nearby mark of the course.
- 12.3. The RC will attempt to identify OCS boats and broadcast their sail numbers via VHF channel 72. Failure of a boat to see or hear her recall notification and the timing and order of such hail shall not be cause for redress. This changes RRS 62.1a.
- 12.4. Boats whose warning signal has not been made shall stay clear of the starting area and boats in their starting sequence.
- 12.5. Any boat starting later than 10 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4.
- 12.6. If the automated starting system is used, i.e., the Ollie System, racers should be aware of the short, repetitive sounds emitted prior to the initial warning signal and not consider them part of the starting sequence.

13. CHANGE OF COURSE

- 13.1. A change of course after posting or the start will be signalled near the mark beginning the leg being changed by a race committee boat displaying flag C and making 3 sound signals. The change will be announced on VHF channel 72 and will be signalled before the leading boat has begun the leg. This changes RRS rule 33.

14. THE FINISH

- 14.1. The finishing line will be between a staff displaying an orange flag on the signal boat and the course side of the finishing mark as described in 10.3.
- 14.2. If the race committee is absent when a boat finishes, she should report her finishing time when within 100 feet of the finishing mark, as her bow crosses a line extending from the finishing mark perpendicular to the

rhumb line from the last mark, and her position in relation to nearby boats to the race committee at the first reasonable opportunity.

15. TIME LIMIT

- 15.1. If no boat in a class sails the course and finishes within three hours of the start of that class, the race for that class will be abandoned.
- 15.2. Any boat failing to finish within 30 minutes plus her PHRF time allowance from the finish of the first finisher in her class, or by 1700 hrs will be scored Time Limit Expired without a hearing. TLE will receive two points more than the last finisher in the class but not worse than DNF. This changes RRS rules 35, 63.1, and Appendix A.

16. PENALTY SYSTEM

- 16.1. The first two sentences of Rule 44.1 are changed to: "A boat may take a One-Turn Penalty when it may have broken a rule of Part 2 or rule 31 while racing. However, when she may have broken a rule of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty."

17. PROTESTS AND REQUESTS FOR REDRESS

- 17.1. A boat initiating a protest shall display a red flag from its backstay, or similar location, and at any time after the incident, up to and including immediately after finishing, shall notify the race committee over VHF channel 72 of its intent to lodge a protest and the identity of the boat(s) being protested until acknowledged by the race committee. This changes RRS 61.1(a).
- 17.2. Notice of Protest(s) by the RC will be made via VHF channel 72 to inform boats under RRS 61.1(b).
- 17.3. Protests shall be written on US Sailing protest forms or equivalent and shall be delivered to the Protest Committee Chairman as described in "Contacts", Section 23.2. Protests shall be delivered in person or via email to protest@lhyc.org by 2100 on the day that racing occurs. The same time limit applies to protests by the RC about incidents they observe in their racing area and for requests for redress. This changes RRS 61.3 and 62.2.
- 17.4. Protest hearings will be scheduled accordingly and posted on the LHYC website to inform competitors of hearings in which they are parties or named as witnesses.

18. SCORING

- 18.1. Time allowances will be as per YRALIS PHRF procedures using time on distance and will be based on the course distance as calculated by the RC, regardless of the distance sailed.
- 18.2. Each class will be scored separately in each race.
- 18.3. Multiple races are scheduled; however, one race will constitute a series.
- 18.4. No scores will be discarded. This changes RRS A2.

19. SAFETY REGULATIONS

- 19.1. All boats are cautioned to observe the Navigation Rules of the Road and to extend the right-of-way to commercial vessels, especially those restricted in their ability to manoeuvre, making passage through the racing area. Any boat observed to impede such traffic may be protested by the RC.
- 19.2. A boat withdrawing before the start or retiring from a race for any reason is requested to notify the RC by VHF channel 72 at the earliest possible opportunity.

20. RADIO COMMUNICATION

- 20.1. Each boat shall carry a VHF radio capable of transmitting and receiving on channel 72.
- 20.2. Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

- 20.3.** The RC shall use VHF channel 72 for any radio communications with competitors. As an additional courtesy, radio prompts may be given to preface any actions by the RC. Boats shall not be entitled to redress for the following: misstatements by the RC, or failure of a boat to hear or receive a broadcast.

21. PRIZES

- 21.1.** Prizes will be awarded as follows for each class: First if three or more competitors, Second if five or more and Third if seven or more.
- 21.2.** The Go Fast Bucket Perpetual Trophy will be awarded to the best performing boat belonging to a Lloyd Harbor Yacht Club member competing in the spinnaker fleet, as determined by the Regatta Committee.
- 21.3.** The Double Ender Trophy will be awarded to the Lloyd Harbor Yacht Club boat participating in the Spring and Fall Series with the best overall performance as determined by the Regatta Committee.
- 21.4.** This is a qualifying race for the North Sails Huntington Bay Boat of the Year Trophy. Participation earns two points.
- 21.5.** The Huntington Sail Makers' Cup, a perpetual trophy, will be awarded to the best performing Masthead Cove Yacht Club spinnaker boat in the Spring and Fall Series.
- 21.6.** The Cones' Cup, a perpetual trophy, will be awarded to the best performing Masthead Cove Yacht Club non-spinnaker boat in the Spring and Fall Series.

22. DISCLAIMER OF LIABILITY

- 22.1.** Competitors participate in the regatta entirely at their own risk. See RRS rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.
- 22.2.** Each participating boat shall be insured with valid third-party liability insurance.














23. Contacts:

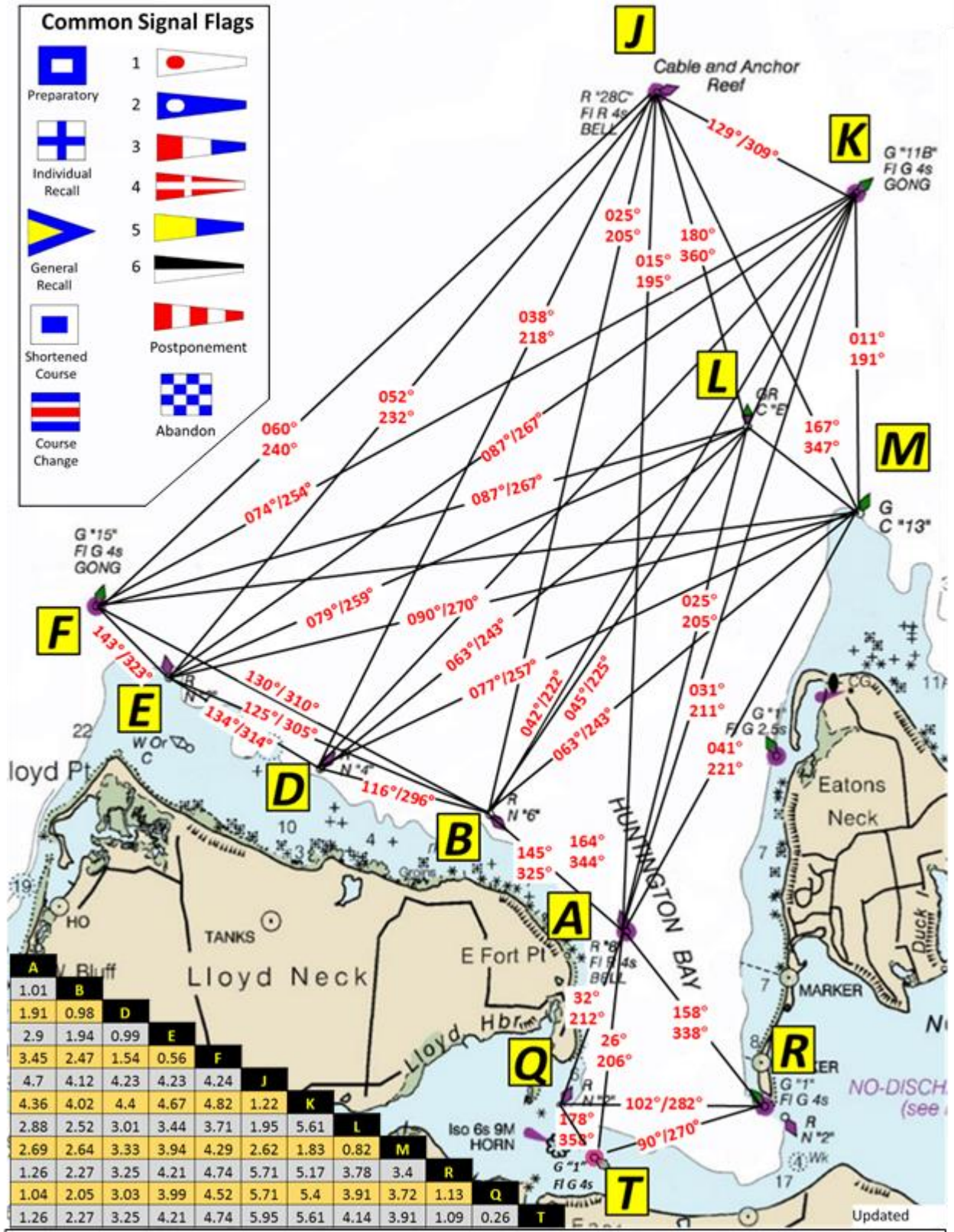
- 23.1.** LHYC Fleet Captain: Art Kelley, 56 Morahapa Rd, Centerport, NY 11721, fleetcapt@lhyc.org
- 23.2.** Protest Committee Chair: Mike Sterflinger, 220 Taylor St, Centerport NY 11721, protest@lhyc.org
- 23.3.** LHYC Measurer: Bob Kendrick, measurer@lhyc.org

Illustration A

Marks, Bearings & Distances

Common Signal Flags

	1	
Preparatory	2	
	3	
Individual Recall	4	
	5	
General Recall	6	
		
Shortened Course		Abandon
		
Course Change		



NOT TO BE USED FOR NAVIGATION! Courses and distances are for assistance in identifying marks, not to determine your course to the mark nor the distance used in calculating the course length. Bearings indicated may cross non-navigable water.