



Junior & Women's National Championship

August 27-28, 2016
Anacortes Yacht Club

Sailing Instructions

1. Rules

- 1.1. The regatta will be governed by the Racing Rules of Sailing (RRS) 2013-2016, the sailing instructions, and this notice of race.
- 1.2. The only US Sailing prescriptions that apply are Appendix T, Section C: Expedited Hearings, and prescriptions to RRS 61.4, 67, and 76.1.
- 1.3. A boat may take a One-Turn Penalty when she may have broken one or more rules of RRS Part 2 in an incident while racing. This changes RRS 44.1.

2. Notices to Competitors

- 2.1. The race committee will post notices to competitors on the official notice board on the second floor of the Anacortes Yacht Club.
- 2.2. The race committee may make verbal changes to the sailing instructions while flying the "L" flag from the committee boat.

3. Signals made ashore

- 3.1. The race committee will display signals made ashore from the committee boat at the end of the dingy dock. For postponements ashore, the race committee will start races at least 45 minutes after lowering the AP flag.

4. Schedule

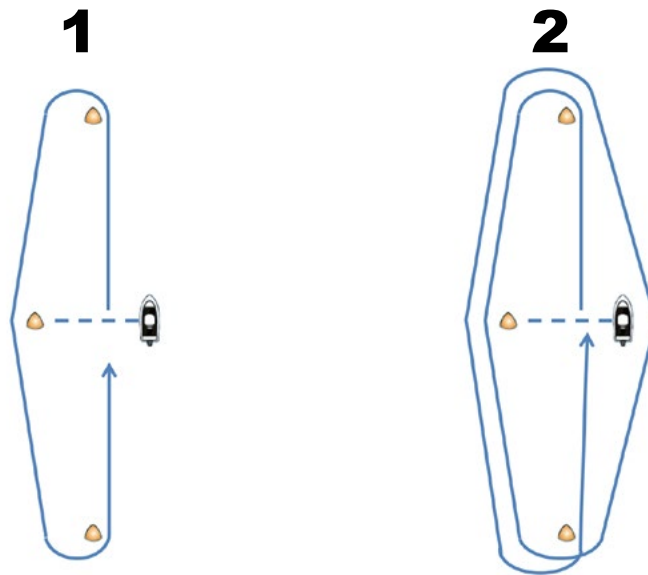
Saturday, August 27		
0830-0930	Check-in and crew weigh-in	AYC Clubhouse
0830-0930	Boat launching and weighing	PQ Hoist
0900	Late registration ends	
1000	Competitors meeting	AYC Clubhouse
1115	First warning	Fidalgo Bay
1730	Dinner	AYC Clubhouse

Sunday, August 28		
1030	First warning	Fidalgo Bay
1500	Last start	Fidalgo Bay
1615	Trophy presentation	AYC Clubhouse



5. Racing Area, Courses, and Flags

- 5.1. The races will be windward-leeward courses on Fidalgo Bay.
- 5.2. The race committee will display a “1” or “2” placard to announce the course.



6. Start / Finish Line

- 6.1. The start / finish line will be between an orange flag on the committee boat and an orange ball at the leeward end.
- 6.2. Boats shall not pass through the start / finish line except when starting or finishing.
- 6.3. Races will start with the three-minute whistle sequence described in RRS Appendix S.

7. Scoring

- 7.1. The race committee will score the series in accordance with RRS Appendix A. One race will constitute a series. If the regatta ends with fewer than six races sailed, each boat's series score will be the total of all her race scores. This changes RRS A2.
- 7.2. All boats will race simultaneously with common scoring. At the end of the regatta, the best scoring Junior and Women's teams will receive awards.
- 7.3. To expedite the start of subsequent races, the race committee may assign finish positions to laggard boats and direct them to proceed to the starting area. This changes RRS 35.

8. Support, Coach, and Spectator Boats

- 8.1. Support, coach, or spectator boats are welcome. Those boats must remain well clear of competitors while racing and register with the race committee.
- 8.2. The race committee may offer assistance to boats during or between racing. During racing, that help will be limited to facilitating safety and consistent with RRS 41.

9. Safety

- 9.1. All competitors must wear personal flotation devices (PFDs) while afloat in the racing area.

10. Protests

- 10.1. Competitors must notify the race committee of their intent to protest as soon as practical after finishing.
- 10.2. The protest committee will hear protests in the three-minute justice format from US Sailing Appendix T, Section C.
- 10.3. The race committee and the protest committee may be the same people.
- 10.4. The race committee may consider their observations of racing incidents as evidence in protests.