



NEW ENGLAND 100

Sailing Instructions

Fort Adams State Park, Newport, RI

August 20-21, 2016

Organizing Authority:

US F18 Class Association

1 Rules

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing (RRS)*.
- 1.2 Each competing boat shall conform to her Class Rules.
- 1.3 The US Sailing Portsmouth Yardstick shall be used as the handicap system. Neither crew weight nor wind modifications will be used.
- 1.4 RRS 44.1 will be changed as follows: delete "Two-Turns" and replace it with "One-Turn."
- 1.5 The paper copy of the NOR and SIs, posted on the Official Notice Board, shall prevail in the event of a conflict between the paper and any electronic copy.

2 Safety Regulations

- 2.1 Boats are required to check in by hailing their sail number to the Race Committee Signal Boat before the start of the first race each day.
- 2.2 Boats must inform the Race Committee (on VHF Channel 71 or via cell phone to be supplied at Skipper's meeting) immediately upon retiring or making any change of plans other than completing the race course.
- 2.3 All class required safety equipment is mandatory.
- 2.4 Each boat is required to pass a safety equipment inspection, to verify that the following equipment is present, prior to completion of registration. A boat may be inspected at any time during the regatta for compliance with these requirements.
 - 2.4.1 On Each Sailor: 1 whistle & 1 knife
 - 2.4.2 On Each Boat:
 - Waterproof chart of entire racing area
 - 1 waterproof flashlight
 - Compass (and or GPS)
 - VHF and/or Cell Phone in waterproof case

3 Notices to Competitors

- 3.1 Notices to competitors will be posted on the official notice board located on the deck of the Sail Newport main office.
- 3.2 Sailors are strongly encouraged to monitor VHF 71 prior to the start, and for 5 minutes after starting, for information including OCS calls. Failure of RC VHF communications shall not be grounds for redress by a boat. This changes RRS 62.1(a).
- 3.3 Class rules restricting the use of radios shall not be grounds for protests during this regatta. This changes RRS 60.1(a).

4 Changes to Sailing Instructions

- 4.1 Any change to the sailing instructions will be posted on the Regatta Notice Board before 0930 on the day it will take effect.
- 4.2 Oral changes may be provided on the water. Code flag L over code flag C will be hoisted to indicate an oral change to the sailing instructions is being communicated.

5 Signals Made Ashore

- 5.1 Signals made ashore will be on the flagpole at the Sail Newport main office.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

6 Schedule of Races

- 6.1 One distance race each day for (two) consecutive days, event schedule is as follows.

Saturday, August 20

Sunday, August 21

0800-0900	Safety Inspection & Registration	0900	Competitors' Meeting
0900	Competitors' Meeting	0945	Harbor Start
0945	Harbor Start	1030	Warning Signal
1030	Warning Signal	After Racing	Awards and Refreshments

7 Class Flags

- 7.1 All boats will race in a single fleet. Numeral Pennant 1 shall serve as the class flag for the regatta.

8 Racing Areas

- 8.1 The racing area will include the Sakonnet River, the east and west passages of Narragansett Bay, and Rhode Island Sound; as far north as Providence, RI as far east as Fall River, MA and as far south as Block Island, RI.

9 The Courses

- 9.1 The planned course of the race for each day shall be discussed at the Competitors' Meeting, with the final course to be posted by 0930 on the morning of the race. Failure to sail the course posted at 0930 shall not be grounds for redress by a boat. This changes RRS 62.1(a).
- 9.2 Possible courses / 'Appendix A' may be found online and on the official notice board.
- 9.3 All posted speed limits shall be observed, including (but not limited to) Newport Harbor, Brenton Cove and the Tiverton Basin (at the Sakonnet River Bridge). Neither the RC nor the OA assume any responsibility for breaches of any navigational laws by competitors in this regatta.

10 Marks

- 10.1 Marks to be used may include land masses (islands), structures (bridges, lighthouses, etc.), government marks, and/or marks set by the Race Committee.
- 10.2 The starting and finishing marks are described in sections 12 and 15.

11 Areas that are Obstructions

- 11.1 The naval facilities at Coddington Cove and Coasters Harbor are surrounded by an Exclusionary Zone. Vessels navigating inside the Exclusionary Zone may face action by Coast Guard and Naval Authorities. In the event that the Exclusionary Zone is marked by white navigational aids, the line between any two of these white buoys and the area that they mark shall be considered an obstruction.

12 The Start

- 12.1 The starting line will be between the staff displaying an orange flag on the RC boat and a pin mark in the approximate area between Goat Island and Rose Island.
- 12.2 A boat shall not start later than twenty (20) minutes after her starting signal. Such boats shall be scored Did Not Start (DNS) without a hearing. This changes RRS 63.1, A4, and A5.

13 Recalls

- 13.1 A boat that is scored OCS shall be assessed a 20 minute penalty to her corrected finish time. This changes RRS A4.2.

14 Changes After the Start

- 14.1 Due to the nature of the race, there is no practical way to change the course once the race is started.
- 14.2 The RC may shorten the race at any mark of the course, per RRS 32.2.

15 The Finish

- 15.1 The finish line shall be between the staff displaying an orange flag on the RC boat and the Red Nun "4" which is located to the northeast of the fort, at the entrance to Brenton Cove.
- 15.2 Pursuant to the US Sailing prescription to RRS 34: If a finishing mark is missing but another one remains in place, the finishing line is a line through the remaining mark at a 90° angle to the last leg and of the shortest practicable length. If the race committee is absent when a boat finishes, she should report to the race committee her finishing time and her position in relation to nearby boats at the first reasonable opportunity.
- 15.3 FINISHING ON THE WATER: Boats may be finished on the course at the discretion of the RC. The Race Committee determines the method and order of finishing. This changes RRS 35 and A4 and A5.

16 Penalty System

- 16.1 For all boats, RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.
- 16.2 The penalty, if any, for an infringement of a rule other than a rule of Part 2 will be at the discretion of the Protest Committee and may be other than disqualification. This changes RRS 64.1(a).

17 Time Limits

- 17.1 Time limits to reach key marks of the course will be announced at the competitors meeting.
- 17.2 If a boat fails to reach a mark by its designated time limit, the boat shall be considered finished on the water, and shall immediately return to Sail Newport and report to the Race Committee. SI 15.3 shall apply to these boats.

18 Protests

- 18.1 Protests shall be written on forms available at the registration table. Protests must be filed with the protest committee within one (1) hour after the last boat in your class finishes.
- 18.2 A notice will be posted on the regatta bulletin board within 30 minutes of the protest time limit, listing the vessels involved in a protest, the approximate order for hearings and the starting time and place for the first hearing.

19 Scoring and Prizes

- 19.1 Scoring will consist of the combined times of both days adjusted with the Portsmouth Handicap System (DPN numbers). Neither crew weight nor wind modifications will be used. The lowest overall corrected time wins.
- 19.2 Prizes will be awarded per the NOR.

20 Assistance

- 20.1 Any boat receiving "hands on" outside assistance will be scored DNF. The race committee, US Coast Guard and state or local maritime authorities may decide when a boat needs assistance.
- 20.2 All competitors acknowledge at entry that by entering this race they are competent enough to self rescue themselves from any situation.
- 20.3 In order to request Assistance from RC, hail on VHF Channel 71 or via cell phone number to be supplied at Skipper's Meeting.

21 DISCLAIMER OF LIABILITY

- 21.1 Sailing is an activity that carries with it an inherent risk of damage and injury. Competitors participate in this regatta entirely at their own risk and are reminded to pay special attention to rule 4, Decision to Race. The race organizers, including the OA, Race Committee, Protest Committee, Sail Newport, the State of Rhode Island, sponsors, volunteers, or any other affiliated organization or official, will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of practice for or participation in this event on the water or ashore. By participating in this event, each competitor agrees to release the race organizers, sponsors and affiliates from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

A reminder to competitors: Narragansett Bay is a restricted channel and sailing vessels do not have the right of way over a vessel under power which may be restricted in her ability to maneuver.