



Lloyd Harbor Yacht Club

Commodore's Cup

June 24, 2016

SAILING INSTRUCTIONS

1. RULES

- 1.1. The regatta will be governed by the rules as defined in:
 - 1.1.1. The *Racing Rules of Sailing* (RRS).
 - 1.1.2. The current PHRF regulations, as administered by YRA of Long Island Sound (YRALIS) including non-spinnaker regulations for PHRF classes.
 - 1.1.3. Current Minimum Equipment and Safety Recommendations of YRALIS, Category C.
 - 1.1.4. The RRS will be changed as noted in these instructions.

2. ELIGIBILITY AND ENTRY

- 2.1. The regatta is open to boats of PHRF classes whose owner is a member in good standing of the LHYC.
 - 2.1.1. Eligible boats can enter and electronically using the Lloyd Harbor Yacht Club's online registration at www.lhyc.org, following the link to the Race Information page.
- 2.2. YRA of LIS PHRF weight limitations will not apply for this series, nor will credits or penalties for crew weight be applied to the boat's base ratings. If your PHRF rating includes a weight adjustment, please remove it when registering.
- 2.3. Non-Spinnaker Fleet
 - 2.3.1. This is a Non-Spinnaker event. No spinnakers of any variety may be used.

3. NOTICES TO COMPETITORS

- 3.1. Notices to competitors will be posted on the LHYC web site (<http://www.lhyc.org/>) and shall be broadcast on VHF channel 72 prior to the first warning signal.

4. CHANGES TO SAILING INSTRUCTIONS

- 4.1. Any change to the sailing instructions will be posted before 0900 hrs. on the day it will take effect and announced prior to the first warning signal on VHF channel 72, except that any change to the schedule of races will be posted by 2000 hrs. on the day before it will take effect.

5. SIGNALS MADE ASHORE

- 5.1. No signals will be made ashore.

6. SCHEDULE OF RACES

- 6.1. Racing is scheduled for June 24, 2016
- 6.2. The scheduled time for the first warning signal is 1900 hrs.

7. CLASS FLAGS

- 7.1. There will be two divisions, Racing (Class 1) and Cruising (Class 2). Boats which generally do not race and use “cruising canvas” not to include high-tech materials (Mylar, Kevlar, carbon fiber, etc.) will race in the cruising division. All other boats will race in the Racing Class.
- 7.2. All boats shall identify themselves to the RC by sailing past the stern of the signal boat on starboard tack with mainsail hoisted prior to the first warning signal.

8. RACING AREAS

- 8.1. Rendezvous will be made in the vicinity of Nun “2” at the entrance to Lloyd Harbor.

9. COURSES

- 9.1. Courses will be signalled by the RC using a letter placard indicating the course.
 - 9.1.1. **Course A:** Flasher “1” (Sand City) to port, Bell “8” Target Rock to port, then finish.
 - 9.1.2. **Course B:** Bell “8” Target Rock to starboard, Flasher “1” (Sand City) to starboard, then finish.

10. MARKS

- 10.1. The starting and finishing mark will be Nun “2” off Lloyd Harbor.

11. THE START

- 11.1. Races will be started according to RRS 26.

Sample start sequence assuming a 19:00 first signal.

Note: A break in sequence could occur between any or all classes:

| CLASS | TIME | ACTION | SOUND | VISUAL SIGNAL |
|---------------------|-------------|------------------------------------|--------------|--|
| Racing | 19:00 | Class 1 warning | Horn/Gun | Class 1 flag displayed |
| Class 1 | 19:01 | Class 1 prep | Horn/Gun | “P” flag displayed |
| | 19:04 | | Long Horn | “P” flag removed |
| Cruising Class 2 | 19:05 | Class 1 start & Class 2 warning | Horn/Gun | Class 1 flag removed Class 2 flag displayed |
| | 19:06 | Class 2 prep | Horn/Gun | “P” flag displayed |
| | 19:09 | | Long Horn | “P” flag removed |
| | 19:10 | Class 2 | Horn/Gun | Class 2 flag removed |

- 11.2. The starting line will be between an orange flag on the signal boat and Nun “2”
- 11.3. The RC will attempt to identify OCS boats and broadcast their sail numbers via VHF channel 72. Failure of a boat to see or hear her recall notification and the timing and order of such hail shall not be cause for redress. This changes RRS 62.1a.
- 11.4. Boats whose warning signal has not been made shall stay clear of the starting area and boats in their starting sequence.
- 11.5. Any boat starting later than 10 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4.
- 11.6. If the automated starting system is used, i.e., the Ollie System, racers should be aware of the short, repetitive sounds emitted prior to the initial warning signal and not consider them part of the starting sequence.

12. CHANGE OF COURSE

- 12.1. Courses will not be changed after the first start signal, but may be shortened.

13. THE FINISH

- 13.1. The finishing line will be between a staff displaying an orange flag on the signal boat and Nun "2".
- 13.2. If the race committee is absent when a boat finishes, she should report her finishing time when within 100 feet of the finishing mark, as her bow crosses a line extending from the finishing mark perpendicular to the rhumb line from the last mark, and her position in relation to nearby boats to the race committee at the first reasonable opportunity.

14. TIME LIMIT

- 14.1. The time limit will be 2110 hrs. for all boats. Any boat not finishing by the time limit will be scored Time Limit Expired without a hearing. TLE will receive two points more than the last finisher in the class but not worse than DNF. This changes RRS rules 35, 63.1, and Appendix A.

15. PENALTY SYSTEM

- 15.1. The first two sentences of Rule 44.1 are changed to: "A boat may take a One-Turn Penalty when it may have broken a rule of Part 2 or rule 31 while racing. However, when she may have broken a rule of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty".

16. PROTESTS AND REQUESTS FOR REDRESS

- 16.1. A boat initiating a protest shall display a red flag from its backstay, or similar location, and at any time after the incident, up to and including immediately after finishing, shall notify the race committee over VHF channel 72 of its intent to lodge a protest and the identity of the boat(s) being protested until acknowledged by the race committee. This changes RRS 61.1(a).
- 16.2. Notice of Protest(s) by the RC will be made via VHF channel 72 to inform boats under RRS 61.1(b).
- 16.3. Protests shall be written on US Sailing protest forms or equivalent and shall be delivered to the Protest Committee Chairman as described as described in "Contacts", Section 23.2. Protests shall be delivered in person or via email to protest@lhyc.org by 2200 hrs. on the day following the event. The RC boat's docking time will be announced via VHF channel 72. The same time limit applies to protests by the RC about incidents they observe in their racing area and for requests for redress. This changes RRS 61.3 and 62.2.
- 16.4. Protest hearings will be scheduled accordingly and posted on the LHYC website to inform competitors of hearings in which they are parties or named as witnesses.

17. SCORING

- 17.1. Time allowances will be as per YRALIS PHRF procedures using time on distance and will be based on the course distance of 3.4 nm.

18. SAFETY REGULATIONS

- 18.1. All boats are cautioned to observe the Navigation Rules of the Road and to extend the right-of-way to commercial vessels, especially those restricted in their ability to manoeuvre, making passage through the racing area. Any boat observed to impede such traffic may be protested by the RC.
- 18.2. A boat withdrawing before the start or retiring from a race for any reason is requested to notify the RC by VHF channel 72 at the earliest possible opportunity.

19. RADIO COMMUNICATION

- 19.1. Each boat shall carry a VHF radio capable of transmitting and receiving on channel 72.
- 19.2. Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

- 19.3.** The RC shall use VHF channel 72 for any radio communications with competitors. As an additional courtesy, radio prompts may be given to preface any actions by the RC. Boats shall not be entitled to redress for the following: misstatements by the RC, or failure of a boat to hear or receive a broadcast.

20. PRIZES

- 20.1.** Prizes will be given as follows: Overall winner will receive the Commodore's Cup
20.2. Prizes will be awarded for first, second, and third place finishers in both divisions.

21. DISCLAIMER OF LIABILITY

- 21.1.** Competitors participate in the regatta entirely at their own risk. See RRS rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.
21.2. Each participating boat shall be insured with valid third-party liability insurance.

22. Contacts:

- 22.1.** LHYC Fleet Captain: Art Kelley, 56 Morahapa Rd, Centerport, NY 11721, fleetcapt@lhyc.org
22.2. Protest Committee Chair: Mike Sterflinger, 220 Taylor St, Centerport NY 11721, protest@lhyc.org
22.3. LHYC Measurer: Bob Kendrick, measurer@lhyc.org