

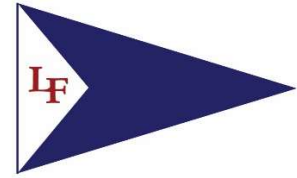


USA JUNIOR OLYMPIC SAILING FESTIVAL

Lake Forest Sailing

June 24, 25, 26 2016

Lake Forest IL, 60045



National JO Sponsors: Gill, Sperry & New England Ropes



NOTICE OF RACE

GENERAL INFORMATION The Organizing Authority (OA) is Lake Forest Sailing (LFS), and the City of Lake Forest located at 400 Hastings Road, Lake Forest, IL 60048 Phone: 847.810.3664 | Web: www.cityoflakeforest.com/parks-and-recreation.com

The sailing venue is at Forest Park Beach, in the City of Lake Forest, see attached direction page.

1. RULES

- 1.1. The Junior Olympic Sailing Festival will be governed by the rules as defined in the Racing Rules of Sailing (RRS).
- 1.2. For the purposes of the definition of rule, the class rules shall be the rules of the appropriate classes (see NOR 5.1).
- 1.3. The preamble to Part 4 and rule 40 are changed so that competitors shall wear a US Coast Guard (USCG) approved personal flotation device (PFD) while on the water other than for brief periods while adding or removing clothing. The PFD shall depend 100% on foam for flotation. No modifications of the PFD are permitted and it shall be the appropriate size for the sailor. Violation of this provision will result in a penalty up to and including disqualification at the discretion of the Protest Committee (PC), which changes rule 64.1.
- 1.4. Rule 82 will not apply. Entrants must complete the Race Entry Agreement through online registration at the City of Lake Forest website.
- 1.5. For the Laser Radial and Club 420 classes, additional rules can be found in Amendment #1 to the NOR.

2. ADVERTISING

- 2.1. Advertising shall be in accordance with World Sailing Regulation 20. Entrants may be required to display graphics on the side of their hulls; these graphics will be supplied by the OA.

3. ELIGIBILITY & ENTRY

3.1. AGE

3.1.1. Competitors in the Optimist class must conform to USODA age breaks for GREEN, RED, WHITE AND BLUE fleets.

3.1.2. Competitors in the Laser, Laser Radial and Club 420 classes must have reached their 13th birthday but not their 19th birthday during the 2016 calendar year.

3.2. Membership in US SAILING is required for each competitor (helmsman and crew for doublehanded classes). Competitors may join at registration or online at US SAILING. If you are already a member, bring your membership card to registration - it will be checked.

3.3. US Sailing recommends that competitors be members of their respective class associations (i.e., Optimist, Laser, Club 420, etc.).

3.4. To register, each helmsman shall complete the online registration at the Lake Forest Recreation website (<http://www.cityoflakeforest.com/parks-and-recreation/>) and pay all fees prior to 1700 hours on Monday, June 20. Entrants under the age of eighteen (18) must have registration completed by their parent or guardian. Registration after June 20 is late registration and an additional fee applies.

4. BOATS/MEASUREMENT

4.1. The following classes are invited: ☐

4.1.1. Laser Standard with a crew of one including helmsman

4.1.2. Laser Radial with a crew of one including helmsman

4.1.3. Optimist (Championship and Green Fleets) with a crew of one including helmsman

4.1.4. Club 420 with a crew of two including helmsman

4.2. The minimum size to establish a class is five (5) boats.

4.3. Entrants will bring their own boats and are responsible for their boats being in compliance with the class rules.

4.4. All boats must have a floating bow line of appropriate length.

4.5. "Bow" numbers may be distributed by the OA at check-in. They shall be affixed to the hull or mainsail according to the instructions provided.

5. FEES

5.1. The entry fee for single-handed boats is \$150 for entries received and paid in full by 1700 on Monday, June 20, and \$180 per entry thereafter.

5.2. The entry fee for double-handed boats is \$300 for entries received and paid in full by 1700 on Monday, June 20, and \$360 per entry thereafter.

5.3. The entry fee includes a clinic on Friday, June 24, Racing on June 25 and June 26, afternoon refreshments (including lunch for all 3 days), including the Opening Ceremony, and the Closing Ceremony and prizes.

5.4. Registrations received before June 20th will get an official USA Junior Olympic shirt.

6. SCHEDULE OF EVENTS

6.1. Monday, June 20

1700 Discounted entry deadline

6.2. Thursday,

12:00-17:00 Check-in for competitors and coach/support boats:

6.3. Friday, June 24

0830-09:30 Check-in for competitors and coach/support boats:

0930 Coach/Support Boat Briefing

1000 Competitors' Meeting and Start of Friday Clinic

6.4. Saturday, June 25

1000 Warning signal for the first race of the day, subsequent races to start ASAP After racing

Complimentary dinner for competitors (additional tickets available for purchase)

6.5. Sunday June 26

10:00 Warning signal for the first race of the day, subsequent races to start ASAP

1500 No warning signal will be made after this time. After racing Trophy presentation and Closing Ceremony

7. SAILING INSTRUCTIONS The SIs will be provided at the event.

8. VENUE For the all fleets will be off the shore at Lake Forest Sailing.

9. THE COURSES The courses will be described in the SIs.

10. SCORING

10.1. One (1) race must be completed to constitute a regatta.

10.2. When fewer than six races have been completed, a boat's series score will be the total of all her race scores. When six or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

11. COACHING

11.1. All coach/support boats must carry and monitor a VHF radio and check-in with the RC at the starting area via VHF radio. All individuals on such registered boats are required to wear PFDs.

11.2. The SIs will govern the conduct of registered coach/support boats and all other boats, including spectator boats. 12.4. Laser Radial and Club 420 classes

12. SAFETY REQUIREMENTS

12.1. Each competitor shall have a whistle attached to their PFD at all times while on the water.

12.2. Each boat shall have a secure loop in the end its bow line.

12.3. A boat retiring from a race shall notify an RC vessel before leaving the course, or when that is impossible, notify the scoring team immediately after arrival ashore.

13. SAFETY AND ADULT RESPONSIBILITY

13.1. Each competitor (helmsman and crew) under the age of eighteen (18) shall submit a Lake Forest Consent Form, signed by their parent or guardian, which indicates the parent or adult representative ("designated adult") that will be responsible for the competitor throughout the event.

13.2. It is solely the responsibility of the designated adult to decide if the competitor should sail in the weather and sea conditions that might arise during the event. Additionally, the designated adult shall accept full responsibility for all actions of the competitor during any activity related to the event. This includes on-shore activities before, during, and after the regatta.

13.3. Competitors eighteen (18) years or older are responsible for their own actions, and for the decision to sail in weather and sea conditions that might arise during the event.

14. MEDIA RIGHTS By participating in this event, each competitor, or their parent/guardian for those under the age of eighteen (18), grants to the OA and its sponsors the right in perpetuity to make, use and show, from time to time at their discretion, any photographs, motion pictures and live, taped or filmed television and other reproductions of the competitor during the period of the competition without compensation.

15. DISCIPLINE

15.1. Per US Sailing Regulation 5.03 no contestant shall use, either on or off the water, during any US Sailing sanctioned event: marijuana or any other controlled substance (as defined in 21 U.S. Code 802) the possession of which is unlawful under 21 U.S. Code 841, or alcoholic beverages (distilled spirits, wine and beer, each as defined in chapter 51 of the U.S. IRC Code and intended for beverage use). This regulation is in effect from date and time of arrival through date and time of departure from the locale.

15.2. An alleged breach of this requirement shall not be grounds for a protest. However, when the PC believes that a competitor may have breached the above requirement, it shall follow the process described in the US Sailing Championships Code of Conduct.

15.3. All competitors are expected to maintain the highest level of conduct throughout the entire event. When the PC, from its own observation or a report received from any source believes that a competitor may have committed a breach of a rule, good manners, or sportsmanship, or may have brought the sport into disrepute, it may call a hearing. After a proper hearing the penalty may range from a reprimand to dismissal from the regatta and additional action may be taken under RRS 69.

15.4. Hearings will be held generally in accordance with the recommendations of Appendix M5 of the RRS. The officers for hearing a violation will consist of the Chief Judge, acting as chairman of the hearing, the PC and the regatta chair.

16. PRIZES

16.1.1. USA Junior Olympic medals will be presented to competitors who finish first through third place overall in each class.

16.1.2. Additional prizes will be awarded to competitors based on the following:

16.1.2.1.1. first through third overall in classes with fewer than fifteen (15) entries;

16.1.2.1.2. first through fifth overall in classes with fifteen (15) or more entries;

16.1.2.1.3. the youngest competitor in each class; and

16.1.2.1.4. the competitor who travelled the farthest in each class

16.1.2.1.5. Daily first place for each class

17. DISCLAIMER OF LIABILITY Competitors participate in this event entirely at their own risk. See rule 4, Decision to Race. By participating in this event, each competitor agrees to release the race organizers (organizing authority, host yacht club, race committee, protest committee, sponsors, and any others acting in an official capacity for this event) from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

18. FURTHER INFORMATION Regatta Chair. For further information, please contact Morgan Collins: collinsm@cityoflakeforest.com; 847-810-3664

19. Boat Launching & Storage. Competitors are invited to utilize the hoists and dinghy dock at Lake Forest Sailing during the regatta.

20. Green Regatta. This regatta is a Sailors for the Sea "Clean Regatta." As such, all competitors are encouraged to use non-single use water bottles and recycle all appropriate items. Competitors are reminded of rule 55 which states that competitors "shall not intentionally put trash in the water."

DIRECTIONS TO LAKE FOREST SAILING:

To get to Lake Forest:

From North:

Take I-94 East from Milwaukee, WI to Illinois 60 (Townline Road).

Exit and Turn left (East) on Illinois 60. Turn left (north) on Illinois 41. Immediately exit to the right at Deerpath Road. At the end of the ramp, turn right, heading east toward the town and Sailing Center...

From West and Southwest (including from O'Hare Airport):

Take I-294 (the Tri-State Tollway), which becomes I-94, north to Illinois 60 (Town Line Road).

Exit and turn right (east) on Illinois 60 and follow the above directions...

From Chicago:

Take I-94 (Edens Expressway) north toward Waukegan.

When I-94 splits off toward Milwaukee, stay left towards Waukegan/US 41.

Exit at Deerpath Road in Lake Forest and turn right (east) at the end of the ramp...

From Midway Airport:

Take Cicero Avenue north to I-55 North to I-94 West and follow the above directions...

...To Get to the Sailing Center:

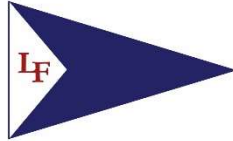
Once in Lake Forest on Deerpath Road, proceed east through the Lake Forest business district and across the railroad tracks.

Continue East on Deerpath road until it dead-ends into Lake Road.

Turn right (south) onto Lake Road.

Follow Lake Road all the way down the hill where it will deposit you into the Sailing Center.

City of Lake Forest Sailing Programs



Participant Liability Waiver And Hold Harmless Agreement

Please read this form carefully and be aware that by registering for and participating in this program or activity, or by registering your minor child/ward for participation in this program or activity, you will be waiving your rights and/or the rights of your minor child/ward to all claims for injuries you or your minor child/ward might sustain arising out of this program or activity and you will be required to indemnify, hold harmless, and defend the Lake Forest Recreation Department and the City of Lake Forest for any claims arising out of participation in said program or activity.

Risk of Injury

“As a participant in the program, or as a parent or legal guardian of a participant under 18 years of age, I recognize and acknowledge that there are certain risks of physical injury, and I agree to assume the full risk of injuries, including death, damages, or loss which I may sustain as a result of participating in any and all activities associated with this program or activity.”

Waiver of Injury Claims

“I agree to waive and relinquish any and all claims I may have arising out of, connected with, or in any way associated with the activities of this program or activity.”

Release from Liability

“I do hereby fully release and discharge the Lake Forest Recreation Department and the City of Lake Forest and its officers, agents, and employees from any and all claims from injuries, including death, damage or loss which I or my minor child/ward may have or which may occur on account of participation in the program or activity.”

Indemnity and Defense

“I further agree to indemnify, hold harmless and defend the Lake Forest Recreation Department and the City of Lake Forest and its officers, agents, and employees from any and all claims from injuries, including death, damages and losses sustained by me or my minor child/ward and arising out of, connected with, or in any way associated with the activities of the program or activity.”

In the event of any emergency, I authorize the Lake Forest Recreation Department to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed reasonable and necessary for my minor child's immediate care and agree that I will be responsible for payment of any and all medical services rendered.

I have read and fully understand and agree to the above Participant Liability Waiver and Hold Harmless Agreement.

Participant's signature _____ Date _____

Parent's signature _____ Date _____