

SAILING INSTRUCTIONS
PARKER WHITEHEAD MEMORIAL REGATTA
GOLD/SILVER OPTIMISTS and Collegiate 420

October 2, 2016
Treasure Coast Youth Sailing Foundation
Jaycee Park, Fort Pierce, Florida

1. RULES

This regatta will be governed by *The Racing Rules of Sailing (RRS)*.

2. ELIGIBILITY AND ENTRY

2.1 The regatta is open to all boats of the Optimist class (including wood, plastic and fiberglass hulls) and Collegiate 420. (ie No spinnaker or trapeze.) They will race and be scored in 3 classes; the Optimist Gold class will consist of Optimist sailors with 1.5 years or more of sailing experience, all other Optimist sailors will sail in the Silver class and a 420 class.

2.2 Eligible sailors may be entered by completing an entry form, registering with the organizing authority.

3. REGISTRATION

Entries must be completed by filling out the online registration form through Regatta Network. Link to this regatta by clicking on the link below:

Or Go to RegattaNetwork.com and look in the calendar.

https://www.regattanetwork.com/clubmgmt/applet_registration_form.php?regatta_id=13045

4. NOTICES TO COMPETITORS

4.1 Notices to competitors will be posted on the Official Notice Board located at Regatta Headquarters.

4.2 Each competitor has the responsibility to check this Board for information pertaining to the race.

5. CHANGES IN SAILING INSTRUCTIONS

Any changes in the Sailing Instructions will be posted before 10:00 on the day on which it will take effect.

6. SIGNALS MADE ASHORE

6.1 Signals made ashore will be displayed on the flagpole at the end of the dock at Regatta Headquarters.

6.2 Flag 'AP' (Answering Pennant) with two sounds, means: "The racing is postponed. Do not leave the harbor." The first warning signal will be displayed not less than 30 minutes after 'AP' is lowered (one sound).

7. COMPETITORS' MEETING

The competitors' meeting will be held at 1100 hrs on Sunday, October 2, 2016 at Regatta Headquarters. Attendance is mandatory.

8. SCHEDULE OF EVENTS

Sunday, Oct 2, 2016	1000-1100	Check-in & Late Registration
	1100	Skippers Meeting
	1130	Launch
	1500	No starts after this time
		Recognition Ceremony following racing

9. STARTING SIGNALS

- 9.1 Races for all classes will be started using RRS 26 (Starting System) and 30 (Starting Penalties).
- 9.2 Start line will be between a staff displaying an orange flag on an RC Boat at the starboard end of the line and the port end starting yellow cylinder mark.
- 9.3 A boat starting later than 5 minutes after her starting signal will be scored, 'Did Not Start' (DNS). This changes RRS A4.1 and A5.

10. THE FINISH

- 10.1 The finish line will be between a staff with an orange flag on a RC Boat and the starboard end yellow cylinder finish mark.
- 10.2 If a boat or boats are, as determined by the Race Committee, unreasonably delaying the completion of a race and the start of subsequent races, the Race Committee may award a boat or boats that have not finished and are still racing points equal to the average of the places they would have received had they finished. Fractions are rounded up. This changes RRS 35.

11. SCORING

- 11.1 One race constitutes a regatta.
- 11.2 If six races are completed, each boat's worst score will be excluded from their series score. This changes RRS A2.

12. SAFETY

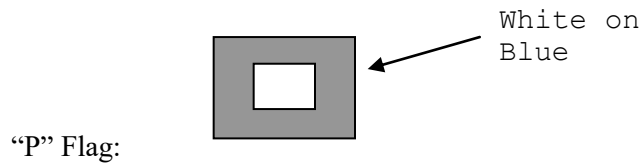
- 12.1 Life jackets must be worn by all competitors while on the water. Failure to do so is only protestable by the RC and may result in disqualification.
- 12.2 If any yachts have finished a race before the onset of foul or threatening weather and the Race Committee determines to clear yachts from the water, the RC signal boat will blow three (3) horns and display Code Flag "H" at which time all remaining yachts racing shall immediately abandon the race and go ashore. The Chief Judge may either score any yachts not finished or order the race abandoned.
- 12.3 Each Optimist must be equipped with a suitable towline and a bailing scoop.
- 12.4 A boat that withdraws or retires for any reason shall inform the RC of their intention for that race and any other scheduled races, or, when that is impossible, immediately upon arriving ashore. Failure to do so may result in disqualification from subsequent races that day.
- 12.5 Each boat shall check-in with the RC boat displaying Code Flag 'L' before the first race of each day.

13. COACH AND SUPPORT BOATS

All coach boats are responsible for the safety of all competitors. Safety is of primary importance. Parents and spectators shall remain 300 feet outside of the race course at all times.

FLAG STARTING SEQUENCE

Time Remaining (min.)	Signal	Meaning
03	Class Flag Up, 3 Long Horn	Warning
02	“P” Flag Up, 2 Long Horn	Preparatory
01	“P” Flag Down, 1 Long Horn	One-Minute
00	Class Flag Down, 1 Long Horn	Start



Horn Start Sequence

A 3-min start consists of the following horn sequence:

- 3 min- Three long blasts
- 2 min- Two long blasts
- 1.5 min- One long blast, 1 short blast
- 1 min- One long blast
- 30 sec- Three short blasts
- 20 sec- Two short blasts
- 10 sec- One short blasts
- 5-4-3-2-1- Separate short blasts for each
- 0- One long blast (Start)

