



CLEVELAND YACHTING CLUB
Rocky River, Ohio
Leukemia Cup Regatta

2016 SAILING INSTRUCTIONS—CSA WOMEN'S AND DOUBLE-HANDED RACES
JULY 21, 2016

1. RULES

Races will be governed by the Racing Rules of Sailing (RRS), the prescriptions of U.S. Sailing, the rules of the individual class associations and the rules of the rating associations except as any of these are changed by these Sailing Instructions.

2. ENTRANTS

This regatta is open to yachtsmen from recognized Yacht Clubs. Eligible boats shall be entered by completing registration with the organizing authority, including required fees and certificates, prior to 5:30 PM on Thursday, July 21st. PHRF-LE 2016 handicaps will be used. Any boat without a valid PHRF-LE 2016 Certificate **may** be assigned a temporary rating by the Race Committee, whose decision will be final. Eligibility and placement within divisions shall be determined by the Race Committee, whose decision is final.

3. CHANGES IN SAILING INSTRUCTIONS OR SAIL RACE SCHEDULE

Any change in the Sailing Instructions, Sail Race Schedule, or Notice to Competitors will be posted on the Leukemia Cup Regatta Notice Board located in the Leukemia Cup main tent by 6:00 PM on the day of the race.

4. SIGNALS MADE ASHORE

4.1 Signals made ashore will be displayed from the CYC flagpole.

4.2 Code Flag 'AP' (Answering Pennant) with two sound signals (one sound signal when lowered) means the race is postponed. The warning signal will be made not less than one hour after 'AP' is lowered.

5. RACE ABANDONMENT

One sound signal with the display of Code Flag 'N' signifies all races are abandoned for the day.

6. SCHEDULE OF RACES

First warning signal will be at **6:55 PM**. First start will be at **7:00 PM**.

7. CLASS SIGNALS & COURSES

Placards will be hung from the rear of the Race Committee Boat. The top letter will designate the first mark of the course. The bottom number will designate the course to be sailed. Numeral pennants will designate which class is starting. (See the Class/Pennant Table posted on the Leukemia Cup Regatta Notice Board located in the Center Isle Pool Complex). The first mark of the course, course number, and class signal will be changed in accordance with RRS Rule 26.

7.1 Placards designating the course and direction may be removed with the removal of the Preparatory Flag 'P'.

7.2 Handicap race results are calculated using nautical miles.

7.3 The Race Committee may signal a change of course in accordance with RRS Rule 33, at any rounding mark and before any boat begins the changed leg, by displaying Code Flag 'C', the next mark, and the numeral pennant of the class, or classes, whose course is being changed. If there is no numeral pennant flown, the change is applicable to all classes.

7.4 The race may be shortened at any rounding mark in accordance with RRS Rule 32. In the event of a shortened course, the finish line will be between the mark to be rounded and the staff of the Race Committee Boat displaying the Code Flag 'S'. The race is shortened only for those classes whose numeral pennant is displayed. If no numeral pennants are displayed the race is shortened for all classes.

7.5 All marks shall be rounded to port unless otherwise indicated with a change to these Sailing Instructions. See 15 when using courses 20 or 21.

8. STARTING

8.1 Races will be started in accordance with RRS Rule 26. Approximate start times are listed on the Sail Race Schedule.

8.2 Starting signal flags will be displayed from the mast of the Race Committee Boat. Numeral pennants will be hoisted as the warning signal for each class, and will be lowered at the start of each class. (See the Class/Pennant Table).

8.3 Boats whose preparatory signal has not been made shall keep clear of the starting area and of all boats whose preparatory signal has been made.

9. RECALLS

9.1 Individual recalls will be signaled in accordance with RRS Rule 29.1.

9.2 General recalls will be signaled in accordance with RRS Rule 29.2.

10. FINISHING

Boats finishing shall finish between the Race Committee Boat and the start/finish mark from the direction of the last mark, unless otherwise noted in changes to the Sailing Instructions.

11. PROTESTS

11.1 Protests shall be made as described in RRS Rules 60 and 61. Boats intending to protest shall, after finishing or retiring, notify the Race Committee of their intent to protest and provide the sail numbers of boats protested.

11.2 Protests shall be written on Protest Forms available at the notice board located in the main tent and shall be delivered to the box marked "protests" within one hour after the Race Committee Boat has docked. Protests will be heard in approximately the order received, and as soon as possible.

11.3 Protest notices will be posted on the Leukemia Cup Regatta Notice Board, located in the main tent within 2 hours after Protest Time ends to inform competitors of hearings in which they are parties or named as witnesses.

11.4 Following the protest hearing a copy of the completed protest will be posted on the Leukemia Cup Regatta Notice Board, located in the Center Isle Pool Complex.

12. SCORING

The Low-Point Scoring System, rule A4, will apply. There will be no throw outs. One race will constitute a series.

13. START/FINISH LINE RESTRICTION

Boats shall not cross the start/finish line except for when starting, finishing, or using 'S' mark as a mark of the race course (Courses 3,5,10,12,14,20, and 21). The penalty for violation shall be disqualification.

14. RACING AREAS AND MARKS

The General Sail Race Course includes marks 'A' through 'H' and 'S'. (See illustration). The starting area for this course is located at approximately 350° and 1.2 nautical miles from the Rocky River outer light. The racing marks are vertical marks with alternating red and white stripes capped with the letter of the mark. The Race Committee Boat will display an RC Flag.

15. COURSES 20 & 21

Competitors should be aware of the possibility of a course change or shortening as they approach the start/finish line. Competitors may round either the committee boat to port or the "S" mark to starboard (see diagram). If the Committee boat is not on station competitors shall round "S" mark to starboard. This changes 7.5 for "S" mark for courses 20 and 21 only.

16. RADIO COMMUNICATIONS

Communication between the Race Committee and competitors shall be on VHF radio channel 68 and is considered a courtesy of the event. The Race Committee has no obligation to communicate by marine radio. Any communication between Race Committee personnel or boats, which may be overheard by competitors, shall not be grounds for redress or protest.

17. BOATS RETIRING

Boats that retire from a race for any reason MUST report their action as soon as possible to the Race Committee or CYC Gas Dock attendants. This report may be made either by marine radio (VHF channel 68), by phone, or in person. Failure to inform the Race Committee or Gas Dock attendant after retiring may result in disqualification from the race retired.

18. TIME LIMITS

Time limits are listed in the Course Table.

19. COACHES (Women's Race Only)

19.1 One Coach, either male or female, is allowed on each boat.

19.2 If male, the coach must remain, while the boat is racing, in a "ballast neutral" position.

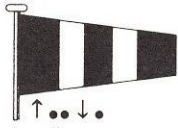
19.3 The male coach may provide verbal coaching, but may not assist the crew physically at any time, except for emergencies, while the boat is racing. **If any physical assistance by a male coach occurs, the boat must retire from the race.**

19.4 If the boat owner and skipper differ on any question, the owner's decision will prevail.

RACE SIGNALS

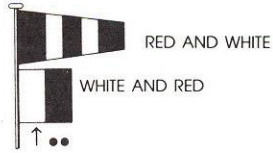
The meanings of visual and sound signals are stated below. An arrow pointing up or down (↑↓) means that a visual signal is displayed or removed. A dot (•) means a sound; dots with dashes (•---•) mean repetitive sounds. When a visual signal is displayed over a class numeral pennant, the signal applies only to that class.

RED AND WHITE

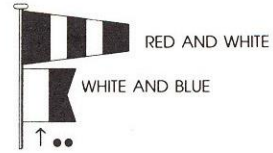


AP Races not started are *postponed*. The warning or other signal will be made 1 minute after removal.


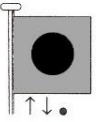
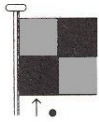

AP over a numeral pennant 1 - 6 *Postponement* of 1-6 hours from the scheduled starting time. (Numeral pennants are shown overleaf).



AP over H Races not started are *postponed*. Further signals ashore.



AP over A Races not started are *postponed*. No more racing today.

<p>BLUE, WHITE, RED, WHITE, BLUE</p>  <p>C The position of the next <i>mark</i> has been changed.</p>	<p>BLACK ON YELLOW</p>  <p>I Rule 30.1 is in effect. Replaces P flag in sequence. Removed with one long sound 1 minute before the starting signal.</p>	<p>BLACK AND YELLOW</p>  <p>L Ashore: A notice to competitors has been posted. Afloat: Come within hail or follow this boat.</p>	<p>WHITE ON BLUE</p>  <p>M The object displaying this signal replaces a missing <i>mark</i>.</p>
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N All races are *abandoned*. Return to the starting area. The warning or other signal will be made 1 minute after removal.

N over H All races are *abandoned*. Further signals ashore.

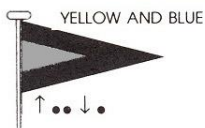
N over A All races are *abandoned*. No more racing today.

S No later than the warning signal: Sail the short course.

At a rounding or finishing *mark*:
Finish between the nearby *mark* and the boat displaying this flag.


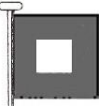
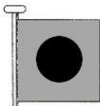



X Individual recall.

Y Wear personal buoyancy.

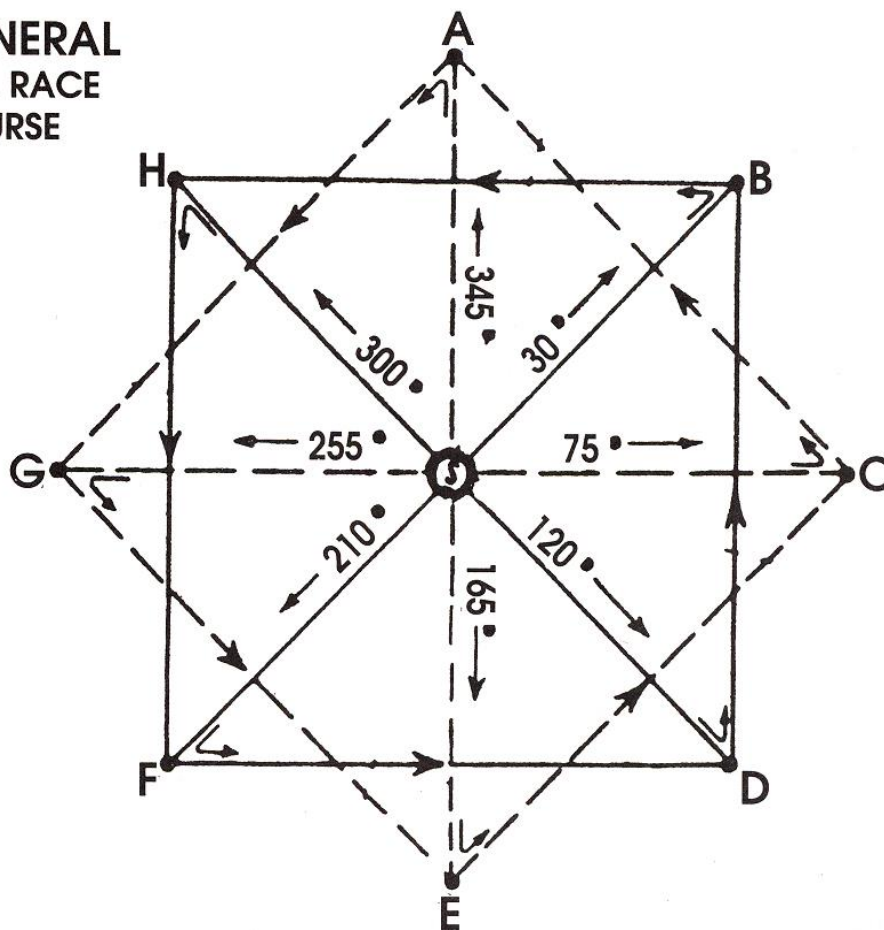


General Recall (First Substitute) The preparatory signal for a new start for the recalled class shall be made one minute after the first substitute is lowered and the starts for any succeeding classes shall follow the new start.

Start Signals

Title	Visual Signal	Sound Signal	Time to Start
Warning	Class Numeral Pennant Displayed		5 minutes
Preparatory Flag	<p>WHITE ON BLUE BLACK ON YELLOW</p>  <p>P Flag</p> <p>OR</p>  <p>I Flag</p>		4 minutes
	Preparatory Flag Removed		1 minute
Start	Class Numeral Pennant Removed		0

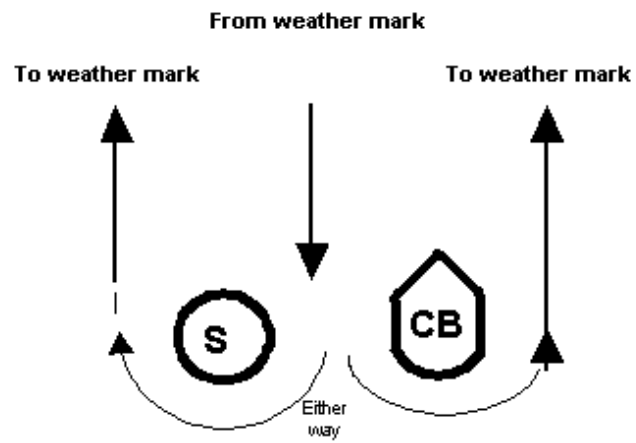
GENERAL SAIL RACE COURSE



MAGNETIC COURSE

COURSES						COURSES					
COURSE NUMBER	1ST ROUND	2ND ROUND	3RD ROUND	NAUTICAL MILES	TIME LIMIT	COURSE NUMBER	1ST ROUND	2ND ROUND	3RD ROUND	NAUTICAL MILES	TIME LIMIT
0		None	None	1.74	2 hrs	11				8.69	4 hrs
1		None	None	3.48	3 hrs	12				9.41	4 hrs
2		None	None	4.20	3 hrs	13				9.41	4 hrs
3			None	5.21	3 hrs	14				10.13	4 hrs
4			None	5.21	3 hrs	15				10.13	4 hrs
5			None	5.94	3 hrs	16				10.43	4 hrs
6			None	5.94	3 hrs	17				11.15	4 hrs
7			None	6.95	4 hrs	18				11.87	4 hrs
8			None	7.67	4 hrs	19				12.59	4 hrs
9			None	8.39	4 hrs	20*			None	3.48	3 hrs
10				8.69	4 hrs	21*				5.21	3 hrs

***Course 20 & 21 Gate Rounding:**



S="S" Mark CB=Committee Boat

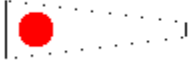
CYC WAYPOINTS 2016 (Approximate)

A MARK	41.31.780	81.51.380
B MARK	41.31.780	81.50.460
C MARK	41.31.300	81.49.830
D MARK	41.30.630	81.49.830
E MARK	41.30.180	81.50.460
F MARK	41.30.180	81.51.380
G MARK	41.30.630	81.52.000
H MARK	41.31.300	81.52.000
S MARK	41.30.960	81.50.920

Class Flags—Start Times

6:55 PM First Warning

Flag Sequence:



(NUMERAL FLAG "1")

Women's

1st Start

(white with red circle)



(NUMERAL FLAG "2")

Double-Handed

2nd Start

(blue with white circle)