



2016-2017 AYC FROSTBITE SERIES

First Series: November 6th - December 11th, 2016

Hangover Bowl: January 1st, 2017

Second Series: February 5th - March 19th, 2017

The Annapolis Yacht Club is the Organizing Authority

Event website: <http://annapolisyc.com/racing>

SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the rules as defined in the **2013-2016** version of *The Racing Rules of Sailing* for the entire event.
- 1.2 Boats may not protest other boats for breaking sailing instructions (SIs) marked [NP] (no protest). This changes RRS 60.1(a). Penalties for breaking SIs marked [DP] (discretionary penalty) or for breaking RRS 55 may be less than disqualification if the protest committee so decides.
- 1.3 If there is a conflict between a rule in the notice of race (NoR) and these sailing instructions (SIs), these sailing instructions will take precedence. This changes RRS 63.7.
- 1.4 [DP] [NP] Each boat shall race with at least three crew (including the skipper) that have a body weight of at least 100 pounds.
- 1.5 [DP] While racing, a boat's crew may not change sails, leave the cockpit, extend body limbs over the lifelines or emerge from a hatch beyond the waist.
- 1.6 [DP] RRS 50.2 (Spinnaker Poles; Whisker Poles) and RRS 50.3(b)(2) (Use of Outriggers) are changed such that no Spinnaker Pole or Whisker Pole shall be used while racing. Any other outrigger type shall comply with RRS 50.3(a).

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board on the event website.

3 CHANGES TO SAILING INSTRUCTIONS

Changes to the SIs will be posted before 1200 hours on the day they will take effect.

4 SIGNALS MADE ASHORE

- 4.1 SI 4 applies *only* to signals made ashore from the yardarm at AYC Junior Sailing Center. SI changes RRS ace Signals.
- 4.2 Flag AP means: Races not started are postponed. The first warning signal will be made no less than 20 minutes after removal. Boats are requested not to leave the harbor until flag AP is removed.
- 4.3 Flag N when flown the day before or day of a race means: All racing is cancelled for that race day.

5 SCHEDULE OF RACES

The regatta will consist of two Series plus the Hangover Bowl.

Skippers' Meeting	November 6th, 2016 at 1100 at AYC Sailing Center tent (550 Severn Avenue)
1st Series Racing Begins	Following Skippers' Meeting. First gun at 1245
1st Series Racing	November 6th through December 11th, 2016 with social activities at the AYC Sailing Center tent (550 Severn Avenue)
Hangover Bowl	January 1st, 2017 following Skippers' Meeting at 1200 at the AYC Clubhouse (12 Dock Street)
2nd Series	February 5th through March 19th, 2017 with social activities at the AYC Clubhouse (12 Dock Street)
Awards Ceremony	April 2nd, 2017 at 1500 at the AYC Clubhouse (12 Dock Street)

6 FLEET FLAGS

See SI Attachment B. A fleet may consist of several classes that start together. Fleet flags shall be displayed prominently at the bow and stern except fleet flags at the bow are not required on class boats with no bow pulpit.

7 THE COURSES

7.1 See SI Attachment A.

7.2 No later than the preparatory signal, the race committee will display the course designation for the next fleet to start. This changes RRS 27.1.

7.3 When the course designation is changed, the race committee will display a lime green flag with multiple short sound signals no later than the preparatory signal for the first fleet to sail the changed course. The lime green flag will be lowered with no sound approximately one minute before the start. These are not timed signals. This changes RRS 27.1.

8 THE START

8.1 See SI Attachment A.

8.2 Races will be started by using RRS 26 (Starting Signals) with the following addition: "An attention signal (flag F) will be displayed by the race committee signal when the committee is on station. Flag F will be removed with multiple sounds one minute before the first warning signal. This changes RRS 27.1.

8.3 [DP] Before a fleet's warning signal, all boats not in that fleet shall avoid the starting area.

9 INDIVIDUAL RECALL

An individual recall will be in accordance with RRS 29.1 (Recalls). The race committee will attempt to announce boats identified as OCS by transmitting sail numbers over VHF Channel 72. Failure to hear or receive such broadcasts, the timeliness of broadcast or the order of sail numbers announced, will not be grounds for redress. This changes RRS 62.1(a) (Redress).

10 GENERAL RECALL

A general recall will be in accordance with RRS 29.2 (General Recall) except the last sentence is deleted and replaced by: "The starting order and timing of subsequent starts will proceed as if there had been no general recall. The recalled fleet will be restarted after the last fleet in the scheduled starting order. If more than one fleet has been recalled, they will restart in the order they were recalled."

11 THE FINISH

11.1 See SI Attachment A.

12 PENALTY SYSTEM

12.1 RRS 44.3, Scoring Penalty, applies as changed below.

12.2 RRS 44.3(c) and RRS/US Appendix T2 are changed such that all percentage penalties will be based on the number of boats that finished in the boat's class.

12.3 At the time of the incident, the penalties will be:

- a) For breaking a rule of Part 2 or RRS 30.2 at the time of the incident, the percentage will be 20%, but not less than 2 places.
- b) For breaking RRS 31 (Touching a Mark) at the time of the incident, the percentage will be 10%, but not less than 1 place.
- c) For penalties after racing, RRS/US Appendix T2 will apply, changed such that the percentage will be 30%, but not less than 3 places.
- d) For a boat that complies with some, but not all of the requirements of 44.3(a) and 44.3(b) the percentage will be 30%, but not less than 3 places.

12.4 RRS 44.3(b) is changed by adding: "A boat taking a Scoring Penalty shall complete a Penalty Acknowledgment Form before 1700 on the day of the incident. This form may be submitted in writing at the front desk of the AYC Clubhouse (12 Dock Street) or electronically in accordance with SI Attachment E.

13 TIME LIMITS

- 13.1 RRS 35 is deleted and replaced with: "If one boat sails the course as required by RRS 28 and finishes within the time limit, all boats that finish **in that class** within the time limit shall be scored according to their finishing places unless the race is abandoned. If no boat in that class finishes within the time limit, the race committee shall abandon the race **for that class**. If at least one boat finishes **in a class** within the time limit, boats still racing in that class after the time limit shall be scored TLE (Time Limit Expired)." This changes A11.
- 13.2 For sequences of races started at or before 1445, the time limit is 2.5 hours from the respective starting time.
- 13.3 For sequences of races started after 1445, the time limit is 1.5 hours from the respective starting time.
- 13.4 Times will be determined by GPS.

14 PROTESTS AND REQUESTS FOR REDRESS

- 14.1 Protests and requests for redress shall be filed by 1800 hours on the day of the incident. They may be filed either in writing at the front desk of the AYC Clubhouse (12 Dock Street) or electronically in accordance with SI Attachment E. Note the club often closes before 6PM.
- 14.2 The protest hearing schedule will be posted by 2000 on the day of a race.
- 14.3 Notices of protests by the race committee or protest committee will be posted to inform boats under RRS 61.1(b).
- 14.4 Hearings will normally be held on the following Sunday beginning PROMPTLY after the last race or abandonment, unless scheduled otherwise. Hearings will be held at the AYC Clubhouse (12 Dock Street).

15 SCORING

- 15.1 12 races are scheduled for the 1st Series, 1 race is scheduled for Hangover Bowl, and 14 races are scheduled for 2nd Series.
- 15.2 1 race is required to be completed to constitute a series.
- 15.3 When 8 or fewer races have been completed, a boat's series score will be the total of her race scores. When 9 to 11 races have been completed, a boat's series score will be the total of her race scores excluding her worst score. When 12 or more races have been completed, a boat's series score will be the total of her race scores excluding her 2 worst scores.
- 15.4 PHRF corrected times will be calculated using PHRF Time-on-Distance scoring.
- 15.5 The first sentence of RRS Appendix A4.2 is deleted and replaced by: "A boat that did not start, did not finish, retired after finishing, was TLE, did not come to the starting area or was disqualified shall be scored points for the finishing place one more than the number of boats that finished."
- 15.6 RRS Appendix A9 (Race Scores Longer than a Regatta) is deleted.

16 [DP] SAFETY REGULATIONS

- 16.1 All boats shall carry a VHF radio capable of communicating on channels 9, 13, 16 and 72.
- 16.2 A boat that retires from a race, or leaves the racing area between races, shall notify the race committee at the first reasonable opportunity.
- 16.3 [NP] A boat may not exercise right of way, cross in proximity to, or interfere with reasonable transit of the race area by commercial ships, tugs, or barges. Boats must take evasive action well in advance of a potentially dangerous situation. The US Coast Guard, ship captains, and bay pilots have been encouraged to report any incident they observe.
- 16.4 Boats shall not enter US Coast Guard "Exclusion Zones". These zones rank as "obstructions".
- 16.5 The race committee or protest committee may protest a boat for breaking SI 16 based on information received from any source. The protest time limit does not apply. This changes RRS 60.2, 60.3, and 61.3.

17 [DP] CONTACT WITH MOORED BOATS

While racing, boats shall not make contact with anchored, moored or docked vessels.

18 [DP] DOCKING

- 18.1 Boats shall not tie up to or touch the docks belonging to the Yacht Basin immediately next to the Yacht Club. Boats that violate this rule will be responsible for all charges to the Yacht Basin and be subject to protest by the race committee.
- 18.2 Boats may tie up to and raft off of docks owned by AYC, but may not extend over the AYC property line.
- 18.3 Boats wishing to tie up and raft off of docks owned by the NSHOF shall complete the dockage form available on the event website. Dockage is subject to availability and limited to the NSHOF North and South Piers and Parkside. Dock as noted on the Dock Layout available on the event website.
- 18.4 Boats shall not dock on the DNR dock located north of the northernmost NSHOF dock. Larger boats and boats with slips at AYC are encouraged to use the AYC docks to leave room for the smaller boats to dock on the NSHOF docks.
- 18.5 Shuttle service will be provided between the AYC parking lots and the AYC Clubhouse (12 Dock Street).

19 [DP] INLAND RULE

The race committee or protest committee may protest a boat based on information that a boat which may have broken a rule of the Inland Rules in an incident with a vessel that is not subject to the RRS. The source of the information may be the other vessel, the USCG, or the Maryland DNR. The protest time limit does not apply. The incident may also be reported to the AYC Disciplinary Committee or to the protest committee for action under RRS 69 (Gross Misconduct). This changes RRS 60.2, 60.3, and 61.3.

20 RADIO COMMUNICATIONS

The race committee may attempt to provide information on VHF Channel 72 as a courtesy. In all cases Race Signals shall govern.

21 PRIZES

The number of prizes awarded will depend on the average number of boats competing in each class for each series. There will be three (3) prizes for five boats, four (4) prizes for six or more boats.

22 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 4, (Decision to Race). The Organizing Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.