



2016
South Bay Clubs Standard
Sailing Instructions
Version Date: October 2016

1. RULES.

- 1.1. This regatta will be governed by the Racing Rules of Sailing 2013-2016 (RRS), the prescriptions of the US Sailing, the rules of PHRF San Diego, the rules of the competing classes (except as any of these are altered by these sailing instructions), USCG Navigation Rules Inland, these South Bay Clubs (SBC) Standard Sailing Instructions (SSI), and the host club SBC Regatta Amendment issued by the host club.
- 1.2. An SBC Regatta Amendment (and so named) to this SBC 2016 SSI will be published by the host yacht club and will cite this standard as the governing document. The amendment will only list the SBC SSI paragraphs that have changes made to them and will cite the SBC SSI specific paragraph changed.
- 1.3. The Organizing Authority for the SBC Regatta is the South Bay Clubs collectively. The South Bay Clubs are Chula Vista Yacht Club, Coronado Yacht Club, Coronado Cays Yacht Club, and Navy Yacht Club San Diego.
- 1.4. Yachts will be scored using their current PHRF San Diego Buoy handicap rating. Those without will be assigned an arbitrary handicap based upon similar handicaps issued by PHRF-SD. These will be assigned by the host Race Committee (RC) for this regatta unless previously assigned an arbitrary handicap by the South Bay Combined Committee.
- 1.5. Boats will enter classes using their Random Leg Class (RLC) handicap rating (This is not to be confused with their Buoy rating which will be used for scoring.)
- 1.6. Boats must possess a current PHRF Rating Certificate to also be scored in the annual PHRF San Diego Overall Championship series for PHRF non spinnaker Classes 6 and 7, in each of 3 regattas (spring, summer and fall (Dolan Shipshape).
- 1.7. Racing boats encountering non-racing craft shall conform to USCG "Navigation Rules, International-Inland". No vessel has the right of way over a large ship in the channel. RRS 60.2 and 63.1 are modified to add the RC may disqualify a boat infringing this instruction without a hearing.
- 1.8. NAVAL PROTECTION ZONE: The Naval Protection Zone is a 500 yard regulated area of water surrounding all US Naval Vessels. All boats within 500 yard of a US Naval Vessel shall operate at the minimum speed necessary to maintain a safe course and speed and shall proceed as NAVAL VESSEL. These zones are permanently in effect.
- 1.9. Horn sounds may be substituted for gun blasts.
- 1.10. One single tack and gybe in the same direction replaces the RRS 44.2 two turn penalty. Boats violating a Rule of Part 2 RRS on downwind legs may postpone execution of any penalty turn until first opportunity after clearing the downwind mark.
- 1.11. Boats with no sail numbers must have bow numbers with a 12" numerical identifier. Black electrical tape is acceptable. This modifies RRS 77 and Appendix G.
- 1.12. Boats shall employ on headsail at a time except when changing headsails.

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2. ENTRY.

- 2.1. This is an open event, in which any member in good standing of a yacht club or racing organization recognized by the US Sailing may compete for awards. But only members of one of the South Bay may establish eligibility to compete in the SBC Championship Regatta.
- 2.2. With the exception of the Championship Regatta, this is also a PHRF-SD Non-Spinnaker Series high point event. Qualified PHRF-SD boats will have their results provided to PHRF-SD to count toward the annual PHRF-SD Non-Spinnaker Championship Series. There is no separate class for this event.
- 2.3. Entries are limited to single-hulled boats 20 feet or more in length overall (LOA).
- 2.4. Current San Diego PHRF rating certificate "Buoy handicaps" will be used. Those without will use arbitrary handicaps based on similar handicaps used by PHRF-SD. The host RC may adjust this arbitrary handicap. Boats with no handicap shall submit a request for SBC Provisional Rating by submitting a request to the host club NLT 1600 hrs on the Thursday preceding the first race. This action is necessary to permit the development of a provisional handicap by the host RC.
- 2.5. Offsets shall not be used in computing scoring of non-spinnaker boats.
- 2.6. Regatta entry shall be submitted to the host yacht club per the host club's SBC Regatta amendment. A fee of \$30 shall accompany the official signed entry form. The fee for current US Sailing members is \$25.

3. NOTICE OF RACE

- 3.1. Notices to competitors will be posted on the host yacht club's official regatta bulletin board. It may also be posted on the club's web site.

4. CHANGES TO HOST CLUBS SBC REGATTA AMENDMENT

- 4.1. Changes will be posted on the host's official regatta bulletin board NLT 1000 of the race day. The change will be available from the RC boat.

5. SIGNALS MADE AFLOAT

- 5.1. Changes made to the SBC Sailing instructions or host club SBC Regatta Amendment is in effect when the RC boat displays code flag L over code flag A with one sound signal. Come within hail of the RC boat to receive the change.

6. CHECK-IN

- 6.1. Boats shall check-in with the Race Committee by sailing the stern of the RC boat on starboard tack after the hoist of the L code flag and before the Warning signal. Boats shall report their sail numbers and class.
- 6.2. There is no radio check-in.

7. SCHEDULE OF RACES

- 7.1. With the exception of the Championship Regatta four races are scheduled. Two races are scheduled on each of the two racing dates. There shall be three races scheduled on the date of the Championship Regatta. Warning signal for the first race shall be at 1155. A courtesy sound signal of multiple blasts shall be provided one minute before the Warning. The visual signal is removal of the L code flag or the first repeater code flag if the start has been delayed. The second race will be started after the removal of the first repeater code flag usually after the last class has finished using the courtesy and subsequent signals as in the first race.

8. CLASS BREAKS AND BACKSTAY PENNANTS

- 8.1. Classes are identified to those of the PHRF-SD
- 8.2. Class one will not be raced in SBC regattas.
- 8.3. Class breaks and backstay class pennants are:

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Class Breaks		Backstay Pennant
Class 2	Random Leg Rating of +9 through +69, with the performance factor of 3.0 and greater (sport boats)	Code Flag Two
Class 3	Random Leg Rating of +9 through +69 with performance factor less than 3.0 Random Leg Rating of +72 through +84 Random Leg Rating of +87 through +135 with LOA 42 feet or greater	Code Flag Three
Class 4	Random Leg Rating of +87 through +135 with LOA less than 42 feet	Code Flag Four
Class 5	Random Leg Rating of +138 or greater	Class Flag Five
Class 6	Random Leg Rating of +176 and below	Class Flag Six
Class 7	Random Leg Rating of +177 or greater	Code Flag Seven

8.4. Boats shall fly class pennants on their backstay. Boats lacking backstay may display from any equally visible location.

9. RACING AREA

9.1. The racing shall occur in the area known as the San Diego South Bay.

9.2. Start and Finish area will normally be in the vicinity of San Diego channel buoy 30.

10. THE COURSES

10.1. Windward/leeward, of one mile with occasional reach mark or random leg courses (triangle) may be sailed.

10.2. All marks shall be rounded to Port.

10.3. The approximate magnetic heading to the windward mark shall be displayed by the RC boat by code flags or white board (see host club SBC Regatta amendment).

10.4. See appended chart for courses.

11. MARKS

11.1. Marks shall be tetrahedron inflatable buoys. (See host clubs SBC Regatta amendment for colors).

11.2. Reach mark if used shall be on starboard side of the Windward to Downwind rhumb line forming a 45, 90, 45 degree triangle.

11.3. A buoy or dingy may stream from the Committee boat and be considered part of the Committee boat.

11.4. The Leeward/Downwind mark shall be 100 yards upwind of the committee boat and upon starting may be passed on either side.

12. THE START

12.1. Races will be started using RRS26 with the Warning signal given 5 minutes before the starting signal of each class.

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- 12.2. First start for Class Two is scheduled for 1200 with five minute intervals for subsequent classes. The sound signal for a Start is also the same signal for the next Warning.
- 12.3. The start line shall be between an orange flag on the RC boat on the starboard end and a pin with an orange flag at the port end.
- 12.4. Example of starting order is as follows

TIME	EVENT	CLASS	SOUND	FLAGS
1154	Courtesy Warning	All	Multiple Horn	Lima Flag Down
1155	Warning	Two	Gun	Code Flag Two Up
	Class Two Course Displayed	Two		
1156	Preparation	Two	Horn	Code Flag P Up
1159	One Minute to Go	Two	Long Horn	Code Flag P Down
1200	Start	Two	Gun	Code Flag Two Down
	Warning	Three		Code Flag Three Up
	Class Three Course Displayed	Three		
1201	Preparation	Three	Horn	Code Flag P Up
1204	One Minute to Go	Three	Long Horn	Code Flag P Down
1205	Start	Three	Gun	Code Flag Three Down
	Warning	Four		Code Flag Four Up
	Class Four Course Displayed	Four		
1206	Preparation	Four	Horn	Code Flag P Up
1209	Preparation	Four	Long Horn	Code Flag P Down
1210	Start	Four	Gun	Code Flag Four Down
	Warning	Five		Code Flag Five Up
	Class Five Course Displayed	Five		
1211	Preparation	Five	Horn	Code Flag P Up
1214	Preparation	Five	Long Horn	Code Flag P Down
1215	Start	Five	Gun	Code Flag Five Down
	Warning	Six		Code Flag Six Up
	Class Six Course Displayed	Six		
1216	Preparation	Six	Horn	Code Flag P Up
1219	Preparation	Six	Long Horn	Code Flag P Down
1220	Start	Six	Gun	Code Flag Six Down
	Warning	Seven		Code Flag Seven Up
	Class Seven Course Displayed	Seven		
1221	Preparation	Seven	Horn	Code Flag P Up
1224	Preparation	Seven	Long Horn	Code Flag P Down
1225	Start	Seven	Gun	Code Flag Seven Down

- 12.5. **The Race Committee may combine classes by displaying several Class flags at Warning. Also a class may be skipped if no entries** (See sign board or numerical code flags at Class Warning). **BE AWARE:** If a class flag is skipped or there are two class flags flying simultaneously the times of class sequences move up.
- 12.6. In between races and in the event a start is postponed, the AP pennant will be hoisted with 2 short horn blasts. Multiple short horn blasts will be signaled when lowering the AP pennant. The

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warning signal will be one minute after the AP pennant is lowered. This modifies the RSS Race Signals sound for lowering AP.

- 12.7. Boats not starting within 10 minutes of their class start signal will be scored DNS.

13. RECALLS

- 13.1. Individual recalls will be signaled using RRS 29.1. A horn will be used as the sound signal and XRAY code flag for visual signal. The Race Committee may attempt to hail the sail numbers of premature starters. The XRAY flag will remain displayed until all OCS boats are exonerated or a maximum of four (4) minutes has elapsed.
- 13.2. An alternate Race Committee boat may be stationed near the pin end of the start line and is authorized to identify and hail premature starters.
- 13.3. General recalls will be signaled per RRS 29.2 with two gun sounds (multiple horn short horn blasts may be substituted for gun sounds) and First Substituted code flag. Recalled Classes shall restart at the end of the normal start sequence with the recalled class's Warning signal the same as the last scheduled starting class. If the recalled class is the last scheduled class then their Warning signal shall be one minute after their First Substitute code flag is lowered with a horn. This modifies RRS 29.2 and Race signals.
- 13.4. If India code flag is flying in lieu of Code Flag Papa at prep on the committee boat for the recalled class, then RRS 30.1 is in effect.

14. CHANGING THE COURSE

- 14.1. Generally, the RC will not move a mark in the middle of the race except in extraordinary situations.

15. THE FINISH

- 15.1. The finish line will be between the orange flag on the Committee boat at port end and a pin with an orange flag at the starboard end of the line.

16. TIME LIMITS

- 16.1. If no boat in a class has finished the race in progress by 1700, the race for that class will be abandoned. If a single boat in a class has finished a race by 1700, any boat in that class not finished by 1730 will be scored DNF. This modifies RRS 35.
- 16.2. Any boat in a class not finishing a race within 30 minutes of the first finisher, in that class, will be scored DNF. This modifies RRS 35.

17. PROTESTS

- 17.1. Protests shall be initiated in accordance with RRS 61, except as modified by these sailing instructions.
- 17.2. A boat intending to protest shall report her intention and boat(s) being protested to the Race Committee at the finish as soon as practical after the RC is no longer focused on finishes.
- 17.3. Protests shall be submitted on U.S. Sailing Protest Forms to the host yacht club or their Race Committee within one hour of the RC boat docking. The RC will post this time at the host club as the formal submission time. In the event time and distance makes this difficult, protesting yachts shall have two hours for formal submission if they have provided the RC their intentions within the formal time of the previous sentence. This changes RRS 61.3.
- 17.4. Notice of protests and boats involved shall be posted within 30 minutes after the formal posted deadline for protest submission.
- 17.5. Location of notices, times and location of Protest meeting is as indicated in the host club SBC Regatta Amendment.

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18. PROTEST ARBITRATION

- 18.1. Arbitration hearings may be held prior to the protest hearing for all protests involving violations of Part 2, RSS at the discretion of the Principle Race Official (PRO). This changes RSS 60.1 (b), 63.1, 63.6 and 66.
- 18.2. After protests are turned in, one representative, conforming to RRS 63.3 (a) of each boat may appear before an arbitrator. No witnesses are permitted.
- 18.3. After hearing the testimony of each representative, the arbitrator shall reach one of the following conclusions:
 - (1) There was no breach of a rule. If the representatives agree, the protest is withdrawn and cannot be reopened. If either representative disagrees, the matter goes to a protest hearing.
 - (2) There was a breach of a rule by one or more of the boats involved. The representatives of the offending boat(s) have the option of accepting a 40% alternative penalty (calculated as in RRS reopened or made the subject of a redress request.
 - (3) The matter should go to a protest hearing.

19. WITHDRAWALS

- 19.1. A boat intending to withdraw from racing shall attempt to notify the RC of her withdrawal before leaving the racing area, and if not successful, shall notify the host yacht club within one hour of docking of the RC boat after the final race of the day.

20. SCORING

- 20.1. The Low Point Scoring System, RRS Appendix A, as amended by these instructions will apply.
- 20.2. When four of the races scheduled for the regatta are completed, a boat's worst score is excluded. Otherwise all races are scored. At least one race is required to be completed to constitute a regatta.
- 20.3. The SBC Championship shall be three races with no exclusions.
- 20.4. A boat that finishes and thereafter retires (RET) from a race will be scored points equal to the number of boats started or ranked as starters in that race.
- 20.5. DNF and DSQ will be scored points equal to the number of boats that started or ranked as starters in that class plus one on that day.
- 20.6. DNC and DNS will be scored points equal to the number of boats entered in their class for the regatta plus one.
- 20.7. Each club may use the timing results of this series for computing their own separate race results that may or may not have a throw out.
- 20.8. A boat qualifies for the SBC Championship Regatta by completing at least one SBC race.

21. TROPHIES

- 21.1. Trophies will be awarded as follows:

Boats in Class	Trophies
1-4	1
5-7	2
8-12	3
13-19	4
20+	5

- 21.2. Trophy presentation will be held as soon as possible after the completion of the regatta at CCYC.

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COURSES

Course 1	Start A to Port Finish 2.1	Course 5	Start A to Port C to Port A to Port C to Port A to Port C to Port A to Port C to Port A to Port Finish 10.1	Course 8	Start A to Port C to Port A to Port B to Port A to Port C to Port A to Port Finish 6.6
Course 2	Start A to Port C to Port A to Port Finish 4.1	Course 6	Start A to Port B to Port Finish 2.6		
Course 3	Start A to Port C to Port A to Port C to Port A to Port Finish 6.1	Course 7	Start A to Port B to Port C to Port A to Port Finish 4.6		
Course 4	Start A to Port C to Port A to Port C to Port A to Port C to Port A to Port Finish 8.1				

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COURSE DIAGRAM

A

B

C



R/C

Not to Scale

22. SBC CHAMPIONSHIP SCORING

- (a) Each qualified yacht earns points for its club per race by the following:
- Two points for racing each race
 - Three points for a first place per race
 - Two points for a second place per race
 - One point for a third place per race
 - One point for every qualified yacht beaten per race in their class
- (b) The above are cumulative.
- (c) A yacht qualifies for the SBC Championship Regatta by completing at least one SBC race during the current year.
- (d) The highest total of scores from all competing yachts in a single South Bay Club wins the SBC Trophy for the year.

Example: JABBERWOCK races in the Championship Regatta in a class with 4 yachts.

JABBERWOCK gets a 2nd in race one, a 1st in race two, and a 4th in race three

JABBERWOCK's score is as follows:

Race	Place	Being There	Position pts	Beats other yachts	Race pts
1	2	2	2	2	6
2	1	2	3	3	8
3	4	2	0	0	2
JABBERWOCK's total toward the club trophy				=	16