



March 1, 2017

Dear 2017 U.S. Junior Women's Singlehanded Championship Competitor and Parents,

On behalf of the USJWSC Organizing Committee and Houston Yacht Club, we are excited to welcome you to Texas! The Organizing Committee has been planning this event for some time, and we hope all of this planning will pay off so that you have a great sailing experience. Below is some important information regarding the event.

IMPORTANT LOCATION INFORMATION:

All MAIL should be sent to: JWSHC, c/o HYC, 3620 Miramar Drive, Shoreacres , Texas 77571 or scanned to Lindamckee@aol.com. Please do not send anything to US Sailing.

Information about Houston Yacht Club (HYC) and the surrounding area is available at:

<http://www.Houstonyachtclub.com>

Daily results and photos will be posted during the event at the Championship website:

<http://www.ussailing.org/racing/championships/youth/jrwomenssinglehanded/>

ON SITE CHECK-IN/REGISTRATION:

On site check-in/registration is on Thursday, July 6, from 1400 to 1800. No early arrivals! The venue does **not** have a food concession. Please plan on stopping for lunch on the way, if you are driving to Houston Yacht Club or at Houston Hobby airport if you are flying to Houston. A light dinner will be provided for the competitors in the evening, so please plan ahead. On site, the registration team will review that all forms have been correctly submitted. Life jackets/personal flotation devices (PFDs) will be inspected at check-in/registration. You will not be allowed to sail unless you have an USCG-approved life jacket as outlined in the Notice of Race (NOR). Please refer to the NOR for requirements. The Race Committee reserves the right to measure your sails and/or boat throughout the event. All equipment and sails must be class legal.

SAILING INSTRUCTIONS:

The final Sailing Instructions will be distributed at check-in/registration. The Sailing Instructions in preliminary form may be available on the Championship website prior to the event.

CHARTERS

Charters are not guaranteed and are arranged privately by the competitors. Do NOT make flight arrangements until you have secured a boat. If you are interested in contacting other sailors in your area to coordinate bringing your own boats to Houston, or have questions, please e-mail--- Laura Dagleish at ---sailing@houstonyachtclub.com

ARRIVAL AND DEPARTURE:

Arrival for all competitors is Thursday, July 6, from 1400 to 1800. Departure for all competitors is Wednesday, July 12 from 0700- 0900. Schedule your flights to arrive at Hobby Airport (HOU)- approximately between 1200 -1600 on July 6, and to depart HOU after 0930 on July 12. Alternatively, sailors may depart on late evening flights leaving HOU on July 11 at 2330 or later if sailors and their families have made private arrangements for airport transportation.



Competitors wishing to leave on July 12 after the Awards Dinner (at approximately 2130) with a parent/guardian must notify US Sailing in advance (see Contact List on the last page). All boats and trailers must be gone from HYC before 1000 on Wednesday, July 12.

You will receive an email from Regatta Network with a link to add your travel plans. It is imperative that you enter your arrival and departure details **no later than May 17, 2017**. You can use this link to update/change your plans at any time prior to this deadline. After June 22, you must email any changes to Lindamckee@aol.com. **Any travel arrangements that deviate from the above guidelines must be requested and approved in advance by the National Chair at jr.womens.champs@gmail.com Any approved changes must be made by June 22. No exceptions!**

AIRPORT INFORMATION:

Do not book your flight until you have secured your plans for a boat. Ground transportation for arriving competitors will be coordinated only between the Houston Hobby Airport (HOU) and Houston Yacht Club. Many major airlines service HOU/Hobby airport. Don't forget to include Houston Yacht Club name and mailing address on your luggage tag in the event your bags are delayed. See Contact List on the last page for Houston Yacht Club address. Regatta volunteers will meet you in the area leading to baggage claim area with a "HYC" sign and will escort you to the transportation to Houston Yacht Club.

UNACCOMPANIED MINORS:

If you are considered an "unaccompanied minor" by your airline, you must enter this in your travel details on Regatta Network. Appropriate arrangements must be made in advance with the airline, specifically contact/pick up information. The Transportation Chair, Georganne Scruggs, will be in contact with you regarding these details once you have entered this status into Regatta Network. There may be an additional charge for the return flight as an unaccompanied minor. You must have enough cash or a credit card to pay this fee at check in for your return flight. Please be prepared.

FOR YOUR OWN SAFETY, DO NOT ACCEPT RIDES OR TRANSPORTATION to or from Houston Hobby airport that has not been arranged through Houston Yacht Club.

TRAVEL QUESTIONS:

We will be tracking the arrival of each person carefully. If there is a flight delay or problem with your itinerary on arrival day, please call the Transportation Hotline at Georganne Scruggs-713-823-4360 immediately. Please program this number into your cell phone.

DRIVING DIRECTIONS and VEHICLE PARKING:

You can obtain directions to Houston Yacht Club on the internet site using the address in the Contact List.

WAIVERS:

Each competitor must send all of the required waivers to the Registrar (see Contact List) by June 6th. There are five waivers/forms/agreements attached to the end of this letter. **All five must be filled out and sent to the Registrar by June 6.** If any medical issues change after that date, it is the responsibility of the parent/competitor to notify the Registrar. **It is strongly suggested that the competitor bring a copy of her medical insurance card.**

HOUSING:

All competitors will be assigned to a host family for the duration of the event. It is a nice gesture to bring a small item to thank your housing hosts. You are guests in their homes so please, no wet towels, clothes all over the floor, or the like. The final night of housing will be Tuesday, July 11.

Competitors will not be informed of the name of the host family until registration. Housing assignments are a moving target until the very last minute. No alternative housing will be permitted, and no local competitor may stay in her own home, regardless of the proximity of her house to the host club unless she is attending the event for the first time and/or is willing to house at least one other competitor.

The host family pick-up time on Thursday, July 6 at HYC is set for 1830. When you arrive at your host family, phone your parents and give them the host family's phone number. Please exchange cell phone #s with your host family to facilitate pick-up times. Transportation to and from Houston Yacht Club will be either by walking or by the host family. **Competitors are NOT permitted to drive at any time during the event.** This is for the safety of all. Competitors are required to attend all events.

MEALS:

Meals for competitors will be provided throughout the regatta. A hot & cold breakfast will be served at the Houston Yacht Club venue each morning. Lunch makings will be provided, and lunches must be made by the sailors themselves in the morning and will be available from a coach boat on the water at midday. There will be a special event on Friday evening, and the sailors will eat with their host family on Monday evening. All other dinners will be at Houston Yacht Club.

WATER:

This event will be certified as a Bronze Level event through [Sailors for the Sea](#). It is recommended that you bring your own favorite water bottle from home. Also, you must bring your own carabineer, duct tape, bungee, or other device to secure your water bottle into your boat.

GUEST ACCOMMODATIONS:

Parents and guests are responsible for their own housing and meals. Please refer to section 15 of the NOR entitled "Coaching" for information about contact with competitors.

BURGEE EXCHANGE

Exchanging burgees from your club with the USJWSC host club has become a wonderful tradition at these events. If you would like to participate in the burgee exchange, please bring a burgee from your home club. There will be a brief ceremony with a Houston Yacht Club Officer to make the exchange.

AWARDS DINNER:

The Awards Dinner on Tuesday July 11, will be a well-attended event. **Attendance by competitors is mandatory and is included in the entry fee.** Competitors will not be allowed to leave before the Awards Dinner without prior approval of the National Chair, and permission will only be granted for extenuating circumstances. The Awards Dinner usually concludes by 2130

Awards Dinner tickets will be \$25 per additional guest. Guest Meal Tickets may be reserved by calling HYC (Amber) 281-471-1255 Please call to reserve seats, no later than the end of registration, Thursday July 6. The banquet will be held at the Houston Yacht Club. Payment will be taken at the door or may be paid in advance with a credit card- deadline for reservation: July 6.

TRAILER STORAGE AND SAIL NUMBERS:

Trailer storage is available. If you have an alternate location to store your trailer, or if you can bring your boat atop your car, that is preferable. Please email the Registrar (contact info below) if you plan on bringing a trailer and will need a place to store it during the event. All boats and trailers may not arrive before July 6, and must be gone before 1000 Wednesday, July 11. Trailers need to be register with HYC Harbormaster – 281-471-1255 or harbormaster@houstonyachtclub.com

Recall numbers will be provided at registration for competitors to attach to their sails for racing.

RACING CLINIC:

There will be a **mandatory** two-day clinic that will be held on Friday and Saturday, July 7th and 8th. The clinic is funded by a generous donation from the Clagett Trust. You are required to be there with your boat rigged and ready to sail, and with a notebook, pen, and current rule book.

PRIVATE COACHES:

Private coaches are not allowed. This is a Grade 2 coaching event. In the event that you have someone coming to watch, be sure to read the rules about support vessels.

<http://www.ussailing.org/racing/championships/coaching-and-support-boat-policy/>

SPECTATOR BOATS:

Parents are welcome to come and watch the sailing, but only on the last day of racing. There will be no spectator boats on clinic days. There may be limited spectator boats available on the final race day. Spectators will be required to sign up beforehand if they would like to go on the water. A Sign- up sheet will be posted near the Notice Board or at the office. Spectators are encouraged to bring their own lunch and drinks. No alcohol will be allowed on the spectator boats. Please bring your own personal flotation device. **NO PRIVATE SPECTATOR BOATS WILL BE PERMITTED IN THE RACING AREA.**

OUTSIDE CONTACT

Remember no outside contact is permitted from the moment you step onto Houston Yacht Club property until the Chief Judge dismisses you at the end of the day. Your parents will not be permitted to talk to you or your friends, help rig or de-rig, pull boats out of the water - **no contact at all.**

These conditions were laid down by C. Thomas Clagett, whose trust covers the coaching at the Championship. We must ask you and your parents to respect this. Violators are subject to protest so please, parents and sailors, take this seriously. Refer to section 15 of the NOR entitled "Coaching" for more information.

SAILING VENUE:

The racing area will be in Upper Galveston Bay, close to Houston Yacht Club (HYC). In July, the air temperature averages 83 during the daytime, and 70s at night. The water temperature is expected to be in the mid-80s.

WEATHER/APPROPRIATE GEAR:

Weather information is available via the internet using the zip code for Houston Yacht Club: 77571 or HYC web site under racing. A detailed weather and local conditions seminar will be given to the competitors during the clinic, and daily weather briefings will be presented and posted on each of the racing days. Please come prepared to sail in any weather conditions – Upper Galveston Bay in July can see any range of conditions, and they can change rapidly. Bring plenty of sunscreen, hat, water bottle, and sun shield clothing.

ALCOHOL AND DRUGS:

Per US Sailing Regulation 10: The use of alcohol, marijuana or any illegal drug by a competitor will not be allowed or tolerated during the event. Offenders will be dealt with strictly as stated in the Notice of Race.

CURFEW:

There will be a 2200 curfew during the event; meaning that ALL competitors must be “home” where they are being housed by 2200 each night. These regulations are in effect from Thursday July 6 through Tuesday, July 11. There will be no exceptions. We are not trying to make the event less fun; we are very concerned for your safety.

TREATING HOUSTON YACHT CLUB (HYC) PROPERLY:

We take our regatta hosting very seriously, and as our guests, please show us that you appreciate the hard work of all of our volunteers. Please be as self-sufficient as possible and help others as needed. We expect that you'll jump in and help without being asked and clean up after yourselves each day!

LOST ITEMS:

Mark all your belongings in advance! Take a few minutes with an indelible marker and put your name on everything you will be bringing. Also, clearly paint or otherwise mark your own spars and other personal boat equipment. If it has your name on it, you are more likely to get it back if lost.

PACKING LIST:

1. Life Jacket/PFD- only USCG approved and the appropriate size for the sailor's weight
2. Appropriate sailing gear and clothing for a range of weather conditions
3. Carabineer, duct tape, bungee, or other device to secure your water bottle into your boat
4. Sunscreen, sunglasses, hat, and towel
5. An appropriately labeled water bottle that you can secure to your boat
6. Tools and parts for personally owned boats
7. Notebook, pen, current rule book
8. Personal entertainment (e.g. books, Frisbee, iPod)
9. Appropriate attire for the awards dinner – nice shirt, dress or nice slacks
10. A small thank you gift for your host family
11. A small burgee from your yacht club or sailing association to trade (optional)
12. Sneakers
13. Swimwear

We look forward to great racing, great food, and a great time here in Texas.

Sincerely,
June Shaw



**DO NOT SEND ANY PAPERWORK TO US SAILING.
All paperwork must be received by June 6th**

JWSHC c/o HYC, 3620 Miramar Drive, Shoreacres, Texas 77571 or Lindamckee@aol.com

CONTACT LIST

Regatta Chair: June Shaw

Cell Phone: 713-502-9148

Email: June.shaw@wfadvisors.com

Registration/Registrar: Linda McKee

Cell Phone: 713-447-6615

Email: Lindamckee@aol.com

Transportation Hotline / Unaccompanied Minor Contact: Georganne Scruggs 713-823-4360

Venue:

Houston Yacht Club (HYC)

3620 Miramar Drive

Shoreacres, Texas 77571

<http://www.Houstonyachtclub.com>

US Sailing: Liz Walker

Email: championships@ussailing.org

Direct line: 401-682-2951

National Chair:

Email: jr.womens.champs@gmail.com

U.S. Junior Women's Championship Website:

<http://www.ussailing.org/racing/championships/youth/jrwomenssinglehanded/>



RELEASE OF LIABILITY

In consideration of the undersigned's participation in the U.S. Junior Women's Singlehanded Championship ("the Regatta") sponsored by Gill North America, Clagett Trust and other local sponsors (collectively, the "Sponsors") and hosted by Houston Yacht Club (the "Host") on 7/6/2017 – 7/11/2017 the undersigned participant ("Participant"), and if such Participant is a minor, the Participant's parent or legal guardian by countersigning below, on behalf of themselves and their respective heirs, executors, administrators, personal representatives and next of kin (collectively with Participant, "Releasors"), hereby forever waive, release and discharge each of the Sponsors, the Host and their respective parents, subsidiaries, affiliates, owners, members, managers, employees, officers, directors, agents, representatives, successors and assigns (each a "Released Party") from any and all claims, demands, damages, judgments, executions, rights of action or causes of action, present or future, whether the same be known, anticipated or unanticipated, which a Releasor may have, or claim to have, against any Released Party resulting from death, personal injury, property damage or other loss Releasor may sustain as a result of participating in the Regatta or other activities related thereto.

THIS RELEASE IS INTENDED TO DISCHARGE EACH RELEASED PARTY FROM ANY AND ALL LIABILITY ARISING OUT OF OR CONNECTED IN ANY WAY WITH RELEASOR'S PARTICIPATION IN THE REGATTA EVEN IF THAT LIABILITY ARISES OUT OF NEGLIGENCE OR CARELESSNESS ON THE PART OF ANY RELEASED PARTY.

Releasors hereby acknowledge that serious accidents occasionally occur during sailing activities and that mortal or serious personal injuries and/or property damage or other loss may result from participation in the Regatta. Releasors knowingly assume all risks of participation in the Regatta, including all risk of personal injury and loss of or damage to the Releasors or their property, including further injury sustained as the result of the efforts of third parties who come to the aid of Releasor(s) if injured as a result of participation in the Regatta, and release all other persons and entities mentioned above who might otherwise be liable to Releasors. Releasors agree to abide by all rules of the Sponsors and the Host in connection with participation in the Regatta and understand that the failure to observe and obey such rules may result in instant revocation of Releasor's(s') right to participate in the Regatta.

Signature of Regatta Participant: _____

Print Name:

PARENT OR GUARDIANS FOR MINORS (UNDER 18 YEARS OF AGE)

The undersigned parent and/or natural or legal guardian does hereby represent that he/she is, in fact, acting in such capacity and agrees to release each and all of the Released Parties referred to above from all liability, loss, cost, claim or damage whatsoever which may be imposed upon said Party(ies) because of any defect in or lack of such capacity to so act and release said Party(ies) on behalf of all Releasors as specified herein.

Signature of Parent/Legal Guardian: _____

Print Name: _____ Date: _____



DEPICTION RELEASE

The signed consent form MUST be on file in order to complete registration. One must be on file for each sailor.

In consideration of the undersigned's participation in the U.S. Junior Women's Singlehanded Championship ("the Regatta") sponsored by Gill North America, Clagett Trust and other local sponsors (collectively, the "Sponsors") and hosted by Houston Yacht Club (the "Host") on 7/6/2017 – 7/11/2017 the undersigned participant ("Participant") and if such Participant is a minor, the Participant's parent or legal guardian by countersigning below ("Parent/ Guardian"), hereby grant to the Sponsors and the Host, perpetually and irrevocably, the unconditional and exclusive right, title and interest throughout the world to use, simulate and portray Participant's name, likeness, voice, personality, personal identification, and personal experiences, incidents, situations and events, whether visual and/or audio, including without limitation photographs, videotape, film and other recordings, electronic or optical-based media, or any other form or medium whatsoever, whether now or hereafter existing, and of every kind and character (collectively "The Images"), which may be taken or taken of Participant while participating in any aspect of the Regatta. Participant and Parent/Guardian understand and agree that one or more of the Sponsors and/or Host will be the owner(s) of any and all right, title and interest in and to the Images, in any derivative works, and in any merchandising, advertising, promotional and publicity rights and materials related thereto in all media of every nature whatsoever, whether now known or hereafter devised. Participant reserves no rights with respect to such uses. Participant and Parent/Guardian acknowledge the Sponsors' and the Host's right, title and interest in and advertisement, promotion, distribution and sale of products or events directly or indirectly related to the Regatta and/or yacht racing. Participant and Parent/Guardian agree that the Sponsors and the Host shall have unlimited right to vary, change, alter, modify, add to, and delete from any depictions of Participant in the Images and to rearrange and/or transpose such depictions as each may determine. Participant and Parent/ Guardian hereby waive any right to inspect, review or approve the Images and their use by the Sponsors and the Host and acknowledge that they are to receive no payment with respect to any matter referred to herein and that any and all of the rights granted herein are freely assignable by Sponsors and/or Host.

PARTICIPANT AND PARENT/GUARDIAN, ON BEHALF OF THEMSELVES AND THEIR RESPECTIVE HEIRS, EXECUTORS, ADMINISTRATORS, PERSONAL REPRESENTATIVES AND NEXT OF KIN (COLLECTIVELY, "RELEASERS"), HEREBY FOREVER WAIVE, RELEASE AND DISCHARGE EACH OF THE SPONSORS, THE HOST AND THEIR RESPECTIVE PARENTS, SUBSIDIARIES, AFFILIATES, OWNERS, MEMBERS, MANAGERS, EMPLOYEES, OFFICERS, DIRECTORS, AGENTS, SUCCESSORS, ASSIGNS AND REPRESENTATIVES (EACH A "RELEASED PARTY") FROM ANY AND ALL CLAIMS, DEMANDS, OR CAUSES OF ACTION THAT RELEASORS MIGHT NOW OR HEREAFTER HAVE FOR LIBEL, DEFAMATION, INVASION OF PRIVACY, RIGHT OF PUBLICITY, INFRINGEMENT OF COPYRIGHT OR TRADEMARK, OR VIOLATION OF ANY OTHER RIGHT ARISING OUT OF OR RELATING TO ANY UTILIZATION OF THE RIGHTS GRANTED UNDER THIS DEPICTION RELEASE.

PARTICIPANT (Signature): _____

NAME (print) _____

DATE

PARENT OR GUARDIANS FOR MINORS (UNDER 18 YEARS OF AGE)

The undersigned parent and/or natural or legal guardian does hereby represent that he/she is, in fact, acting in such capacity and agrees to release each and all of the Released Parties referred to above from all liability, loss, cost, claim or damage whatsoever which may be imposed upon said Party(ies) because of any defect in or lack of such capacity to so act and release said Party(ies) on behalf of all Releasers as specified herein.

PARENT OR GUARDIAN (Signature): _____

PARENT/GUARDIAN NAME (Printed):

DATE:

MEDICAL CONSENT FORM

Each participant must complete and sign a copy of this form. Please fill it out completely. Incomplete forms will not be accepted. ***Mail this form postmarked NO LATER than two (2) weeks before the event.***

NAME OF PARTICIPANT: _____

NAME OF PARENT OR GUARDIAN (if under 18) _____

In the event of accident or injury to myself, my spouse or any child of mine (specifically including my child if named above as the "Participant") or in the event of illness of myself, my spouse or any child of mine while in, on or about the premises of the Houston Yacht Club or while participating in any activity sponsored by or under the auspices of the Houston Yacht Club under circumstances where I am physically unable to consent or am not present:

1. I hereby voluntarily consent to the furnishing to myself, my spouse or any of my said children of such medical care, attention and treatment by any hospital, physician or physicians as such hospital, physician or physicians may deem necessary or advisable.
2. I authorize the Executive Director or any officer or member of the Houston Yacht Club to consent to such medical care, attention or treatment.
3. I agree to pay all costs of such medical care, attention or treatment and to hold free and harmless of and from any and all liability for such cost Houston Yacht Club the United States Sailing Association and the officers and members of each.

I, the undersigned, do hereby authorize and consent to any x-ray examination, anesthetic, medical or surgical diagnosis or procedure rendered under the general or specific supervision of any member of the medical staff or of a dentist licensed by the State of Texas, or of any hospital holding a current operating certificate issued by the State Department of Health. It is understood that this authorization is given in advance of any specific diagnosis, treatment or hospital care being required but is given to provide authority and power to render care which the aforementioned physician in the exercise of his best judgment may deem advisable. It is understood that effort shall be made to contact the undersigned prior to rendering treatment to the patient, but that any of the above treatment will not be withheld if the undersigned cannot be reached.

Signature: _____

Parent/Guardian Signature (if under 18): _____ Date: _____

IN CASE OF EMERGENCY CALL:

NAME	RELATIONSHIP	PHONE NUMBER

PHYSICIAN WHO CONDUCTED YOUR MOST RECENT PHYSICAL EXAMINATION:

NAME	PHONE NUMBER	DATE OF LAST EXAM

HEALTH INSURANCE CARRIER	INSURANCE ID NUMBER

PLEASE FILL OUT THE REVERSE SIDE



MEDICAL AND EMERGENCY INFORMATION

Competitor's name: _____

Address: _____

City/State/Zip: _____

Telephone _____ (home) _____ (Emergency cell) Date of Birth: _____

THE PARTICIPANT AND/OR THEIR PARENT(S) MUST RESPOND TO THE FOLLOWING QUESTIONS AS ACCURATELY AND COMPLETELY AS POSSIBLE:

Please check those that apply: (Provide necessary details below)

CHRONIC AILMENTS:		ALLERGIES:	
ASTHMA, OR OTHER RESPIRATORY PROBLEMS		MEDICATION (please list below)	
DIABETES OR HYPOGLYCEMIA		LATEX	
HEMOPHILIA, OR OTHER BLEEDING PROBLEMS		BEE STINGS/INSECT BITES	
CIRCULATORY OR HEART PROBLEMS		IF YES, DO YOU CARRY AN EPIPEN?	
EPILEPSY/ SEIZURE		FOODS	
OTHER		OTHER	

DATE OF LAST TETANUS/ DIPHTHERIA/ TOXOID SHOT: _____

CURRENT MEDICATIONS AND DOSAGE IF ANY: _____

DETAILS: _____

PLEASE MAKE SURE YOU HAVE FILLED IN ALL THE NECESSARY INFORMATION
If any of the above mentioned information changes before or during the event,
please submit in writing all pertinent information to the regatta chairperson.

Mail this form ***no later than two weeks before the event*** to:

JWSHC @ HYC
 Attn: Linda McKee
 3620 Miramar Drive,
 LaPorte, Texas 77571
 Or scan to
 Lindamckee@aol.com

SCAN & EMAIL to Lindamckee@aol.com or MAIL to: JWSHC c/o HYC, 3620 Miramar Drive, Shoreacres, TX 77571

Introduction

Each competitor in a US Sailing Championship or Qualifier hereby pledges to uphold the spirit of this US Sailing Code of Conduct (Code). This Code is not intended to establish a set of rules that will, by inclusion or exclusion, prescribe the appropriate behavior for competitors in every aspect of their participation in a Championship or Qualifier. Rather, the Code offers general principles to guide the conduct of competitors in situations that have ethical implications.

Elements of the Code

Each competitor in a US Sailing Championship pledges they:

> Will abide by *The Racing Rules of Sailing*, the US Sailing Regulations, all rules related to the Championship selection procedures as specified by US Sailing, the Championship Conditions, the Notice of Race and the Sailing Instructions for the Championship or Qualifier.

Participation

> Are eligible to compete under all US Sailing rules.

Fair Play and Conduct

> Will abide by Rules 2 and 69 of the *Racing Rules of Sailing*.

Drugs & Alcohol

> Will abide by US Sailing Regulation 10.01.C for Prohibited Substances as defined below:

> For adult US Sailing championship events, no competitor shall use, either on or off the water: marijuana or any other controlled substance as defined by state or federal law.

> For Junior and Youth events or for junior or youth competitors in any US Sailing championship, no participant or competitor shall use, either on or off the water, marijuana or any other controlled substance, or alcoholic beverages as defined by state or federal law.

Sexual Abuse & Harassment

Will abide by US Sailing Regulation 13.04 for Sexual Abuse & Harassment.

Physical Abuse & Assault

Will abide by US Sailing Regulation 13.05 for Physical Abuse & Assault

Bullying & Hazing

Will abide by US Sailing Regulation 13.06 for Bullying & Hazing.

Enforcement of the Code

> Compliance with this Code depends primarily upon understanding and voluntary compliance, secondarily upon reinforcement by peers, and, when necessary, upon enforcement through disciplinary action.

> If a competitor has been alleged to have violated this Code, the competitor will be given two options:

A) Voluntarily withdraw from the Championship or Qualifier where the violation occurred. The competitor shall be scored RET in all races sailed and not sailed. A report will be sent to US Sailing. If the offense warrants, further action will be taken pursuant to Rule 69

Or

B) A hearing will be held and if the Code is determined to have been broken, the hearing panel has the authority to remove the athlete from the venue immediately and mark all races as DSQ. Further action may be taken if needed pursuant to Rule 69

C) Before making a decision whether to withdraw from the Championship or Qualifier, or to request a hearing, the competitor will be given the opportunity to consult with an individual of their choice before racing commences, in order to better understand their options and potential outcomes

I have read the above code and agree to abide by it as a condition of my (or if under 18, my child's) participation.

Competitor's Signature

Date

Print Name

If under 18, complete the following:

Parent or Guardian Signature

Date

Print Name