



2017 Sail West

Laser District 4 Championships Alumni Cup and Training Regatta

13 - 16 July, 2017

The Organizing Authority (OA) is Sail Canada and Sail Manitoba
Hosted by Royal Lake of the Woods Yacht Club

Notice of Race

1. RULES

The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RSS) and the Sail Canada Code of Conduct. http://www.sailing.ca/files/Code_of_conduct_Board_Approved_July_9_2012final.pdf

2. ADVERTISING

Boats may be required to display advertising chosen and supplied by the OA.

3. ELIGIBILITY AND ENTRY

- 3.1. The regatta will be open to all competitors meeting the requirements as found in Addendum "A".
- 3.2. The regatta is open to Laser, Radial, 4.7, 2.4m, Optimist, Optimist Green, Pram, Bic, Feva, CL-16, Tasar, 420, 29er, 49er, and all other single handed and double handed classes.
- 3.3. Eligible boats may enter by completing the **Online Registration** using the following link:
https://www.regattanetwork.com/clubmgmt/applet_registration_form.php?regatta_id=14116
- 3.4. All boats will sail using the current wind adjusted Portsmouth handicapping system in an Open fleet. The Optimists, Bics and Prams will sail on a separate course.
- 3.5. Competitors in the Optimist Dinghy class shall have been born between 2002 and 2009 and will be assigned to the following fleets:
Optimist White born 2007 or later
Optimist Blue born 2005 – 2006
Optimist Red born 2002 – 2004
Optimist Green born 2002 or later and non-racer
- 3.6. Proof of age is required at registration

4. FEES

Competitors

Prior to or on July 1, 2017 (Early Bird)

| | |
|----------------------|-------|
| Training and Regatta | \$175 |
| Regatta only | \$125 |

After July 1, 2017

| | |
|----------------------|-------|
| Training and Regatta | \$250 |
| Regatta only | \$175 |

All fees are per person

The Training and Regatta fees include: T-shirt, 4 Lunches (Thurs-Sun), 2 Light Suppers (Wed-Thurs), Friday Boat Cruise and Dinner, and Saturday Fish Fry.

The Regatta fees include: T-shirt, 2 Lunches (Sat-Sun), and Saturday Fish Fry.

Wrist bands must be worn at all times.



Coach/Parent/Guardian/Guest Fees

The Training and Regatta fee is \$150 and includes a T-Shirt, 4 Lunches (Thurs-Sun), 2 Light Suppers (Wed-Thurs), Friday Boat Cruise and Dinner, and Saturday Fish Fry.

The Regatta fee is \$100 and includes a T-shirt, 2 Lunches (Sat-Sun), and Saturday Fish Fry, Wrist bands must be worn at all times.

Coach registration is available here:

https://www.regattanetwork.com/clubmgmt/applet_registration_form.php?regatta_id=14117

5. SCHEDULE

| Date | Day | Time | Event |
|---------|-----------|---------|--|
| July 12 | Wednesday | All Day | Competitors Arrival |
| | | 1700 | Registration |
| | | 1800 | Light Supper at RLWYC |
| July 13 | Thursday | 0930 | Coaches Meeting |
| | | 1000 | Competitor's Training |
| | | 1700 | Debrief with Coaches |
| | | 1700 | Registration |
| July 14 | Friday | 1800 | Light Supper at RLWYC |
| | | 0930 | Coaches Meeting |
| | | 1000 | Competitor's Training |
| | | 1400 | Practice Race |
| | | 1730 | Registration |
| | | 1700 | Debrief with Coaches |
| July 15 | Saturday | 1800 | Lake Cruise & Dinner |
| | | 8:00 | Registration |
| | | 0900 | Coaches Meeting |
| | | 0945 | Competitor's Meeting and Photograph |
| | | 1100 | Warning Signal for 1st Race of the Day |
| | | 1700 | Debrief with Coaches |
| July 16 | Sunday | 1800 | Fish Fry at RLWYC |
| | | 0900 | Coaches Meeting |
| | | 1000 | Warning Signal for 1st Race of the Day |
| | | 1600 | Awards & Closing Ceremony |

On July 16 no warning signal will be made after 1500.

6. MEASUREMENTS

6.1. As per the Laser class rules, duplicate sail numbers will not be permitted between the Laser Standard, Laser Radial and Laser 4.7 classes.

7. SAILING INSTRUCTIONS

Sailing Instructions will be available at the Registration Desk after the completion of onsite registration process and on the event website: <http://www.regattanetwork.com/event/14116>

8. VENUE AND RACING AREAS

Addendum "B" shows the venue and racing areas.

9. COURSES

The courses will be windward / leeward configuration and will be described in detail in the Sailing Instructions.



10. PENALTY SYSTEM

- 10.1. Appendix P will apply as changed by instructions 12.2.
- 10.2. RRS P2.3 will not apply and RRS P2.2 is changed so that it will apply to any penalty after the first one.

11. SCORING

- 11.1. Seven races are scheduled.
- 11.2. One race is required to be completed to constitute a series.
- 11.3. When fewer than five races have been completed, a boat's series score will be the total of her race scores.
- 11.4. When five or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

12. SUPPORT BOATS

- 12.1. Team leaders, coaches and other support personnel shall stay outside areas where boats are racing, a minimum of 100 metres outside of any lay line, from the time of the preparatory signal until all boats have finished or the race committee signals a postponement, general recall or abandonment.
- 12.2. 12.1 does not apply to coach boats coaching beginners (Green fleet) on the OPTI course.
- 12.3. Support boats may be requested by the Race Officer to assist with rescue or other race management duties.
- 12.4. No coach boat shall make any wake.

13. BERTHING

Boats shall be kept in their assigned places.

14. SAFETY

All boats are required to have a minimum 10 metre long by 7mm diameter floating line attached to the mast while afloat. Sheets or other rigging may not be substituted for this purpose.

15. PRIZES

Prizes will be given as follows:

Sail West

Sail Canada medallions will be awarded to the top three finishers in all classes.

Sail Canada 15 & Under Western National Sailing Championship Award

Stephen M. Tupper Trophy – Western Intermediate Single Handed Winner

Western Canadian Radial Championship Trophy

18 & under Laser Championship Trophy

Western Canadian 29er Championship Trophy

Other prizes may be awarded

Laser District 4 Championship

The District 4 Championship Trophy will be awarded to the top Laser/Radial sailor according to the overall results of the open fleet.

Medals will be awarded to the top three positions in the Laser and the Radial class.

One prize each for a junior in the Laser and Radial, who shall not have had their 18th birthday before the first day of the regatta.

Alumni Trophy

The Alumni Trophy will be awarded to the first sailor in the overall result of the open fleet, who has been a former sailing team member with the Manitoba Sailing Team.

16. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

17. INSURANCE

Each participating boat shall be insured with valid third party liability insurance.



18. CONTACT INFORMATION

Regatta Chair

Liz Kristjansson
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204-297-9003

Racing or Training

Jim Richardson
jar@jar05.com
204-793-3415

Billeting (First-come, first-served)

Melanie Sifton-Borger
melanie.sifton.borger@gmail.com
204-981-7200

19. RIGHTS TO USE NAME AND LIKENESS

In participating in an event, a competitor automatically grants to the Organizing Authority and the sponsors of the event, the right in perpetuity, to make, use and show, from time to time and at their discretion, any motion pictures, still pictures and live, taped or filmed television and other reproductions of him/her during the period of the competition in these events event in which the competitor participates and in all material related to the events without compensation.



Addendum A

Application of RRS 46 to determine Canadian Sailor Eligibility at Sail Canada Events.

Canadian sailors are required to show proof of Sail Canada membership to ensure eligibility to race. The following forms will be accepted as proof of membership:

- Sail Canada membership card;
- Official letter or document confirming membership from a Sail Canada member club;
- Published membership list from a Sail Canada member club
- Proof of membership with another ISAF member national authority (MNA)*

A sailor who cannot provide proof of membership as above may obtain a Right-to-Race card which will be available at the registration desk for a fee. A Right-to-Race sailor card is valid only until the completion of the said event.

Sail Canada member cards are issued by the Provincial Sailing Associations, who then issue them to Sail Canada member clubs. Directors or managers at the clubs then issue the cards to their members.

Proof of age – as required in NOR 3 the following are valid forms of proof of age:

- Valid passport;
- Provincially issued identification – e.g. drivers' license, health card;
- Municipally issued photo accreditation that includes full name and birth date;
- School- issued photo accreditation that includes full name and birth date.



Addendum B

