

# 2017 RIPPLE Clinic Schedule



## **Tuesday, June 27: Boat Speed**

0900-1000: arrival, check in, registration, pre-rigging  
1000-1030: introductions, venue description, safety  
1030-1100: onshore discussion (physical preparation, hiking exercises, rigging)  
1100-1230: on-the-water drills (trimming, positioning)  
1230-1330: lunch on the beach  
1330-1600: on-the-water drills (boat control techniques)  
1600-1700: de-rig, debrief, and refuel

## **Wednesday, June 28: Boat Handling**

0900-1000: rigging  
1000-1045: onshore discussion (tacks, gybes, mark rounding)  
1045-1230: on-the-water drills (tacks, gybes, mark rounding)  
1230-1300: lunch on the beach  
1300-1600: on-the-water drills: (more boat handling)  
1600-1700: de-rig, debrief, and refuel

## **Thursday, June 29: Starts & Acceleration**

0900-1000: rigging  
1000-1045: onshore discussion (Pick end of a line- pre-start timing and fleet control)  
1045-1230: on-the-water drills (Start acceleration and line control)  
1230-1300: lunch on the beach  
1300-1430: on-the-water drills (Full start drills )  
1600: de-rig, debrief, and refuel

## **Friday, June 30: Strategy & Tactics**

0900-1000: rigging  
1000-1045: onshore discussion (strategy planning)  
1045-1230: on-the-water drills (tactics, starts, strategies)  
1230-1300: lunch on the beach  
1300-1430: on-the-water drills (more winning strategies)  
1600: de-rig, debrief, and refuel

Note: With exception of Tuesday's Check-In, all times will be variable.  
Schedule subject to change at coach's discretion and the fate of the winds...