Announcing THE NORTH U MATCH RACING CLINIC - ANNAPOLIS May 19-21, 2017



NOTICE OF CLINIC

This Clinic is designed to introduce sailors to the excitement, skills and tactics of match racing, and to raise the skill level of those who have experience in match racing. It is also an opportunity to learn and improve on the techniques needed to sail a small keelboat, including spinnaker use and sail trim.

The Clinic will be coached by Dave Perry, five-time U.S. National Match Racing champion and two-time Congressional Cup champion, as well as a coach for the 2009-2012 US Women's Olympic Match Racing effort and Chairman of the US Sailing Match Racing Committee.

Dave will coach the tactics and strategies needed to be competitive and successful in match racing on the National level, including the Pre-Start, Upwind and Downwind Tactics, and Killing Penalties. On the water, Dave will run the sailors through all the scenarios, with on-the-spot feedback, and video replay after sailing. In addition, he will give much instruction and feedback on how to sail a keelboat fast and do all the boat handling needed to be successful.

Dave will also explain the significant new rule changes being used in match racing in 2017 (see Appendix C of The Racing Rules of Sailing) which were known as the 2016 Test Rules for Match Racing.

NOTE !!!!

Annapolis Yacht Club is hosting a US Match Racing Championships Qualifier event in June in the same boats and venue as the Clinic. Participating in this Clinic will give participants a huge advantage over their competition.

June 24-25, 2017 - U.S. Match Racing Championships Qualifier

For more information or to request an invitation, go to: ussailing.org > Racing > Championships > US Match Racing Championship

HOST: The Annapolis Yacht Club (fly into the Baltimore Washington International airport - BWI)

BOATS: The boats used will be J/22's.

TARGET SAILORS: The clinic is for sailors of all ages who are interested in learning more about match racing in small keelboats, and in raising their match racing and sailing skill level. No match racing or keelboat sailing experience is needed or expected...and sailors/teams of all levels are welcomed and will learn a lot.

Sailors can register as individuals or in teams of 3 or 4. There will be a cap on the number of participants. Registration will be on a first come-first served basis (with preference to sailors who sail in the Annapolis area until May 1, 2017) until the clinic is filled. Register as soon as possible.

ENTRY FEE: The clinic fee is \$75 per sailor, payable on registration. This includes the coaching, use of the boats, dinner on Friday and Saturday night, *Dave Perry's Match Racing Playbook* and other materials from North U, and much more.

Damage deposit information: Each sailor who wishes to skipper at some point in the Clinic must provide a refundable damage deposit of \$500, which will be done via credit card on registration or at the event.

SCHEDULE:

(note: the Clinic, including all meetings and meals, will be at the Junior Sailing clubhouse.

Friday, May 19: 3:00pm – 5:30pm – on-water coaching for match racing boat handling and boat speed

6:15 – dinner

6:45 - 9:00pm – Welcome to Match Racing (Pre-start tactics)

Saturday, May 20: 8:30am - 8:30pm...... Clinic, Dinner & Video Debrief

Sunday, May 21: 8:30am - 5:00pm...... Clinic, Racing & Wrap-Up

MEALS/WATER: Dinner Friday and Saturday evening is included in the entry fee. Participants are responsible for breakfast, and for bringing their own lunches and water (refillable containers please). Water coolers are available at AYC to refill.

ACCOMMODATION: There are many hotels convenient to the Annapolis Yacht Club. <u>To view local hotels</u>, <u>click here.</u>

TO REGISTER: Click here to Register

For more information contact:

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