



2017 SUBWAY Sail East

July 13-16, 2017

Royal Kennebecasis Yacht Club

Organizing Authority: Sail Canada

Note – The Optimist Green fleet will have a different set of sailing instructions for this event.

Sailing Instructions

1. Rules

- 1.1. The regatta will be governed by the Rules as defined in *The Racing Rules of Sailing*.
- 1.2. Appendix P is in effect except that rule P2.3 is deleted and rule P2.2 is changed so that it will apply to any penalty after the first.
- 1.3. For Optimists, Rule 61.1(a)(2) is deleted so that boats will be required to display a red flag.
- 1.4. Should any boat wish to change sail numbers after 0900 July 15, they must receive written permission from the Race Committee.
- 1.5. If there is a conflict between languages the English text will take precedence.

2. Additional Identification

- 2.1. The organizing authority may require leading competitors to wear bibs provided by the organizing authority.
- 2.2. Competitors who have been informed by the organizing authority that they shall wear leader bibs are required to pick up the bibs prior to launch each day at the Registration Desk in the RKYC club house and return leader bibs there immediately after returning to shore each day.
- 2.3. Competitors required to wear a leader bib shall wear their bib from launch until they return to shore.

3. Notices to Competitors

- 3.1. Notices to competitors will be posted on the official notice board located on the wall outside the main door to the RKYC Clubhouse.

4. Changes to the Sailing Instructions

- 4.1. Any change to the Sailing Instructions will be posted before 0900 hrs on the day it will take effect, except that any change to the schedule of races will be posted by 2000 hrs on the day before it will take effect.



Canada





5. Signals Made Ashore

- 5.1. Signals made ashore will be displayed on the flagstaff on the front lawn outside the RKYC Clubhouse.
- 5.2. Signals made ashore over a class flag only apply to that course.
- 5.3. When code flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in race signal AP. This changes race signal AP.
- 5.4. Code flag D with one sound signal means: 'The warning signal will be made not less than 30 minutes after code flag D is displayed'. **Boats shall not launch until this signal is made.** (DP)

6. Schedule

- 6.1. The schedule shall be:

Date	Time	Event
Saturday, July 15	0800-1000hrs	On-Site Regatta Check-in/Registration
	0900 hrs	Coaches Meeting
	0930 hrs	Competitors meeting followed by Green Fleet meeting
	1100 hrs	First Warning Signal, all classes
Sunday, July 16	0900 hrs	Coaches Meeting
	0930 hrs	Green Fleet meeting
	1100 hrs	First Warning Signal, all classes
	1430 hrs	Latest Warning Signal, all classes

- 6.2. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed, with one sound at least five minutes before a warning signal is made.



7. Class Flags

7.1. Class flags shall be:

Class	Racing Area	Class Flag
Laser	Alpha	Red Laser symbol on White
Laser Radial	Alpha	Black Laser symbol on Yellow
Club 420	Alpha	Black 420 symbol on White
Optimist	Bravo	Blue Optimist symbol on White
29er	Bravo	Red 29er on White Flag
Optimist Green	Charlie	Number 9 pennant

8. Racing Areas

8.1. There will be three racing areas designated as Alpha, Bravo and Charlie as shown in Attachment A. Classes will be allocated to racing areas in accordance with Instruction 7.

9. The Courses

9.1. The diagrams in Attachment B show the courses, the order in which marks are to be passed, and the side on which each mark is to be left.

10. Marks

10.1. Marks on Alpha Racing Area will be yellow inflatable tetrahedrons.

10.2. Marks on Bravo Racing Area will be orange inflatable tetrahedrons.

10.3. The starting marks will be the race committee Signal vessel displaying an orange flag and a staff displaying an orange flag at the port end.

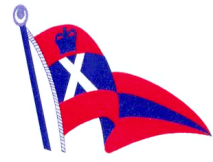
10.4. The finishing marks will be the race committee signal vessel displaying an orange flag and a staff displaying an orange flag.

10.5. New marks, as described in Instruction 12 will be yellow inflatable tetrahedrons labeled with "SUBWAY" on them.

11. The Start

11.1. The starting line will be between a mast or staff displaying an orange flag on the Race Committee Signal vessel at the starboard end and the course side of the port-end starting mark.

11.2. A boat starting later than 4 minutes after her starting signal will be scored Did Not Start, without a hearing. This changes rules A4 and A5.



12. Change of the Next Leg of the Course

12.1. To change the next leg of the course the Race Committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

13. The Finish

13.1. The finishing line will be between a staff displaying an orange flag on a Race Committee vessel and the course side of the finishing mark (in accordance with course diagrams).

14. Penalty System

14.1. Penalties for breaches of Sailing Instructions marked (NP) will not be grounds for a protest by a boat. This changes RRS 60.1(a).

15. Time Limits and Target Times

15.1. Time limits and target times are as follows:

Class	Target Time	Mark 1 Time Limit	Race Time Limit	Finish Window
Optimist	35 minutes	20 minutes	50 minutes	20 minutes
All Other Classes	40 minutes	20 minutes	60 minutes	20 minutes

15.2. If no boat has passed the Mark 1 within the Mark 1 Time Limit the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes Rule 62.1(a).

15.3. Boats failing to finish within the time stated in the Finish Window after the finish time of the first boat to sail the course and finish a race shall be scored "TLE" (Time Limit Expired) without a hearing. A "TLE" score shall be equal to the score for boats scored DNF. This changes RRS 35, A4.1, A4.2, A5 and A11.

15.4. In order to maximize the number of races sailed, the Race Committee may, without a hearing, award a finish on course (abbreviated scoring code FOC, this changes RRS Appendix A11) for up to the 3 final boats in a class. This changes rules A3, A4 and A5.

15.5. The Race Committee will attempt to notify boats, which have been awarded a finish on course.

15.6. Boats awarded a finishing position shall be scored the average points of all boats granted a finish on course. Should any boat be scored TLE due to the time limit, boats granted a finish on course will be scored TLE.





16. Protests and Requests for Redress

- 16.1. Protest forms will be available at the Protest Desk located beside the Registration desk, inside the RKYC Clubhouse. Protests must be filed with the Protest Committee secretary at the protest desk. The protest time limit for each class is 60 minutes after their Race Committee Signal vessel docks or moors.
- 16.2. Protest notices will be posted on the official notice board within 30 minutes of the end of protest time to inform competitors where and when there is a hearing to which they are parties to a protest or named as witnesses. Protests will be heard as quickly as possible and in the approximate order of receipt.
- 16.3. Notices of protests by the Race Committee or Protest Committee will be posted to inform boats under Rule 61.1(b).
- 16.4. On the last scheduled day of racing a request for reopening a hearing shall be delivered within the protest time limit if the requesting party was informed of the decision on the previous day, or no later than 30 minutes after the requesting party was informed of the decision on that day. This changes Rule 66.
- 16.5. On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes Rule 62.2.

17. Scoring

- 17.1. The Low Point System of RRS Appendix A will apply, as modified herein. One race is required to constitute a series.
- 17.2. Laser, Laser Radial and 420 classes: when less than 5 races have been completed, a boat's series score will be the total of her race scores. When at least 5 races have been completed, a boat's series score will be the total of her race scores excluding her worst score. There will be a maximum of 8 races.
- 17.3. Optimist: when less than 5 races have been completed, a boat's series score will be the total of her race scores. When at least 5 races have been completed, a boat's series score will be the total of her race scored excluding her worst score. There will be a maximum of 10 races.
- 17.4. 29er: when less than 5 races have been completed, a boat's series score will be the total of her race scores. When at least 5 races have been completed, a boat's series score will be the total of her race scores excluding her worst score. There will be a maximum of 12 races

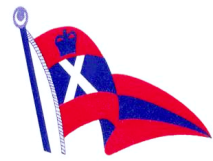


18. Whistle System

- 18.1.** In addition to their role under Appendix P, jury members may blow a whistle when they observe a breach of a rule of Part 2. No sail number shall be hailed. If no penalty turns are done the jury may protest one or more boats.
- 18.2.** Action or non-action by the Protest Committee under Instruction 18.1 shall not be grounds for redress.

19. Safety Regulations (NP)(DP)

- 19.1.** All boats shall be kept at RKYC.
- 19.2.** Boats shall be kept in their assigned spaces in the harbour or boat park.
- 19.3.** When leaving the harbour and again when returning, competitors launching from Millidge Ave will sail within 6m of the marked station on the breakwater, so that the “seagulls” can record the sail numbers of boats departing and returning to harbour. All others will pass through the gate formed by the breakwater and main wharf. If boats are being towed they must be towed within 6m of the station, or through the gate, and must hail their sail numbers if their sails are not hoisted.
- 19.4.** All boats shall check in with their Signal vessel upon arriving at the course by sailing past the stern of the boat on starboard tack, hailing their sail number and being acknowledged.
- 19.5.** A boat that retires from a race shall notify the Race Committee as soon as possible or the Race Office immediately after returning to the shore.
- 19.6.** 29ers, Lasers, Radials and 4.7s must have a towline, of minimum 10 metres length and 7 mm diameter fixed to their mast. Competitors may not use other lines from running rigging for this purpose. Club 420s and Optimist classes are required to have towlines in accordance with their class rules.
- 19.7.** A whistle shall be attached by a lanyard to the PFD. The lanyard shall be long enough to permit the sailor to use the whistle while wearing the PFD.
- 19.8.** Competitors who require assistance should wave one arm with an open hand. If no assistance is required, the arm should be waved with a closed fist.
- 19.9.** If considered necessary, a competitor may be required by a race organization vessel to abandon their boat and board the support vessel.
- 19.10.** In fog, a code flag L may be displayed at the finish line. This means stay close by the finish and wait to be escorted to the harbour by a race committee vessel.



20. Official Boats

- 20.1.** Race Committee Signal vessels shall be identified by a Race Committee Flag.
Race Committee Mark vessels may not carry specific identification.
- 20.2.** Safety vessels will be identified by a yellow flag with a vertical red stripe down the centre.
- 20.3.** Jury boats will display a white flag with a black letter J.
- 20.4.** Failure of a Race Committee boat to fly an identification flag is not grounds for redress.
This changes Rule 60.1(b).

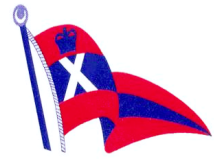
21. Support Boats

- 21.1.** All support boats shall register with the Organizing Authority by completing the Support Boat Registration form and shall carry and display identification as supplied by the Organizing Authority.
- 21.2.** Registered support boats will be allowed to launch and will be assigned a berth or mooring at RKYC for the duration of the regatta. Such a berth or mooring is subject to the terms and conditions of all boats using club-controlled facilities.
- 21.3.** Support boats shall stay outside the racing area from the warning signal of the first fleet to start until all boats have finished or all races have been postponed or abandoned. The racing area is defined as 50 metres to leeward of the start line and 100 meters outside all lay lines.
- 21.4.** A support boat failing to comply with section 21 may be protested by the Race Committee, Jury or Organizing Authority.
- 21.5.** Support boats are requested to monitor the Race Committee working channel. The Race Committee, in support of safety operations, may lift the restrictions of Section 21.3.
- 21.6.** It is recognized that coaches are essential to the safety plan of the regatta and they are required to assist in providing safety to competitors on the water. The Race Committee working channels will be:

Alpha 71
Bravo 72
Charlie 69

22. Radio Communication

- 22.1.** Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile phones and other devices capable of receiving email, text or other electronic forms of communication.



23. Advertising (NP)

23.1. Boats may be required to display advertising chosen and supplied by the Organizing Authority.

24. Right to use Name and Likeness

24.1. In participating in an event, a competitor automatically grants to the Organizing Authority and the sponsors of the event, the right in perpetuity, to make, use and show, from time to time and at their discretion, any motion pictures, still pictures and live, taped or filmed television and other reproductions of him/her during the period of the competition in these events event in which the competitor participates and in all material related to the events without compensation.

25. Disclaimer of Liability

25.1. Competitors participate in the regatta entirely at their own risk. See Rule 4, Decision to Race.

25.2. The Royal Kennebecasis Yacht Club, Sail Canada and all other individuals and entities involved in the organization of this regatta shall accept no liability whatsoever for any injury, damage or loss or claim, whether personal or material, incurred or inflicted to participants before, during or after this regatta.

26. Trash Disposal (NP)(DP)

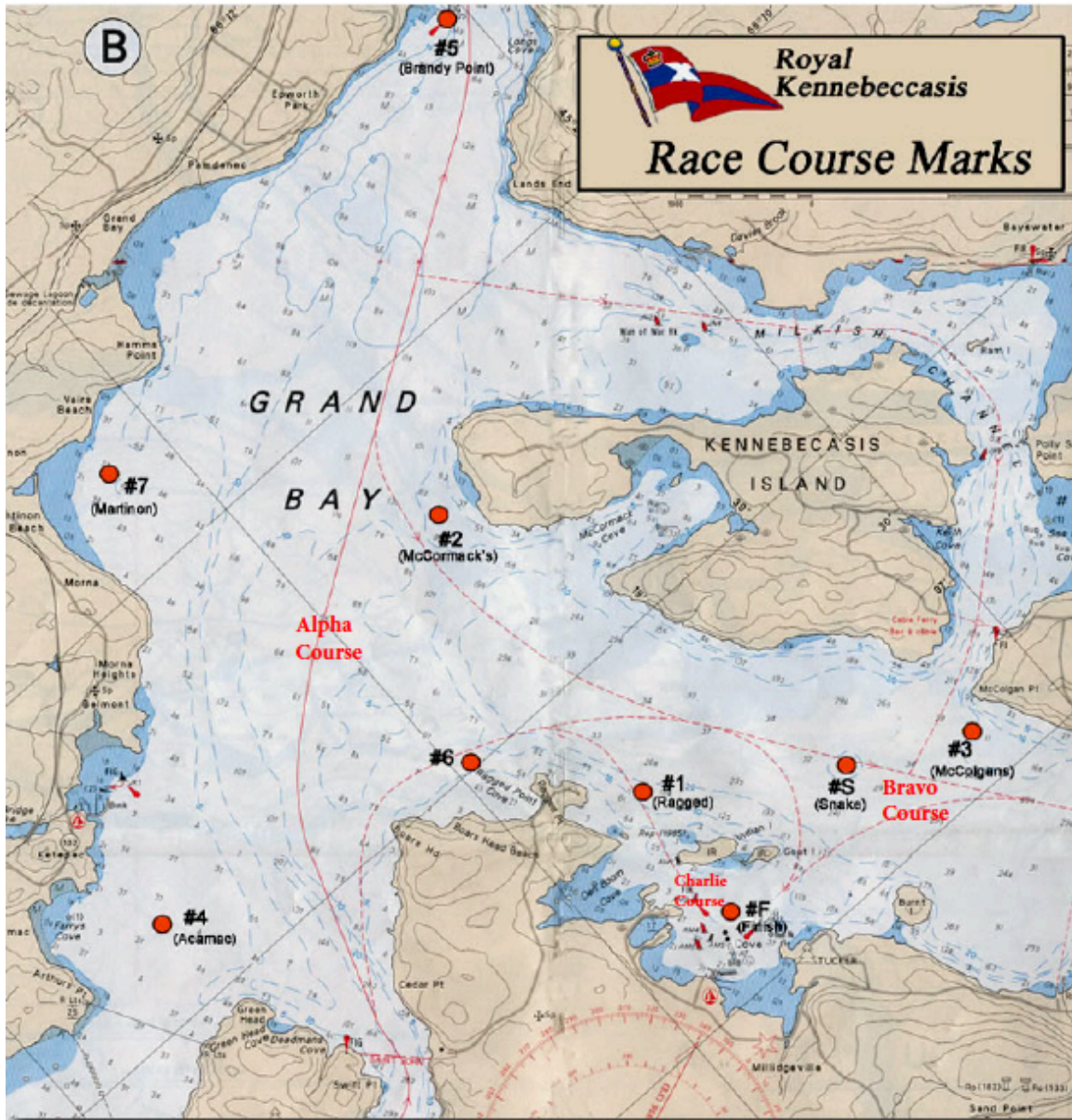
26.1. Boats shall not intentionally put trash in the water. Coach boats, Race Committee vessels and all other support boats will accept trash.

27. Code of Conduct (DP)

27.1. Competitors, coaches and team leaders shall comply with any reasonable request from a regatta official.

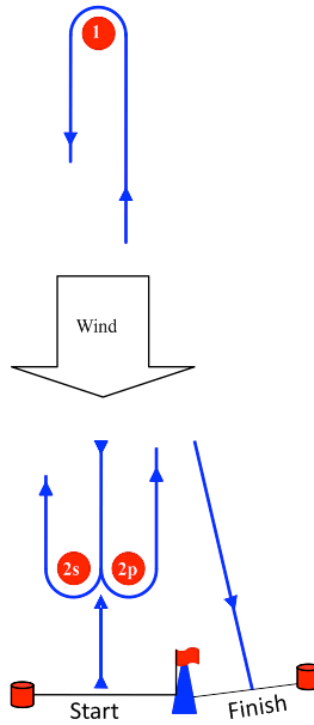


Appendix A – Racing Areas
(Not for Navigation)

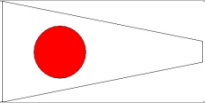
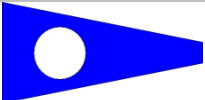




Appendix B – Course Diagram - Alpha Course

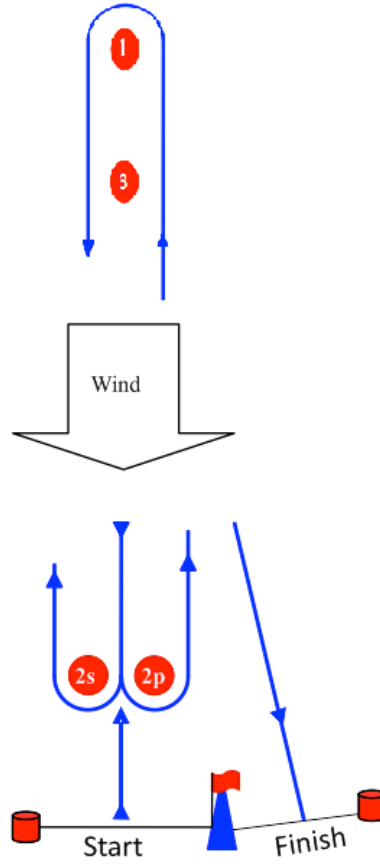


All Marks to Port

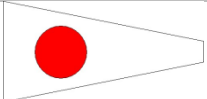
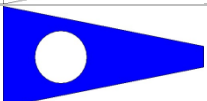
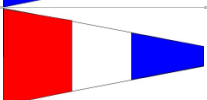
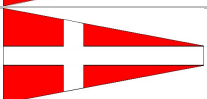
1		START – 1- 2s/2p–1-FINISH
2		START – 1– 2s/2p–1–2s/2p–1 FINISH



Appendix C – Course Diagram - Bravo Course



All Marks to Port

1		START – 3 – FINISH
2		START – 1 – FINISH
3		START – 3 – 2s/2p – 3 – FINISH
4		START – 1 – 2s/2p – 1 - FINISH