



COMMONWEALTH OF VIRGINIA CHAMPIONSHIP

June 30 to July 1, 2017

Norfolk Yacht & Country Club

Norfolk, Virginia, U.S.A

Sailing Instructions

Optimist Red, White, Blue

1. **Rules:**

The CBYRA Sanctioned High Point junior regattas will be governed by the current RRS, CBYRA, International Optimist Dinghy class rules, except as altered by these sailing instructions.

2. **Notice to Competitors:**

Notice to Competitors will be posted on the Official notice board located on the window of the Yachting Center.

3. **Changes to Sailing Instructions:**

Any changes to these SI's will be posted on the Official notice board before 0900 on the day of the change.

4. **Signals Made Ashore:**

Signals made ashore will be at the club's main flag pole. When the flag AP is hoisted ashore, "1 minute" is replaced by "not less than 60 min" in the race signal AP definition

Schedule:

Friday, June 30:

Registration and Breakfast	0800
Skippers' Meeting	930
First Warning Signal	Immediately Following
Last Start NLT	1630

Saturday, July 1:

Skippers' Meeting	0900
First Warning Signal	Immediately Following
Last Start	Prior to 1300
Awards	TBD (NLT 1530)

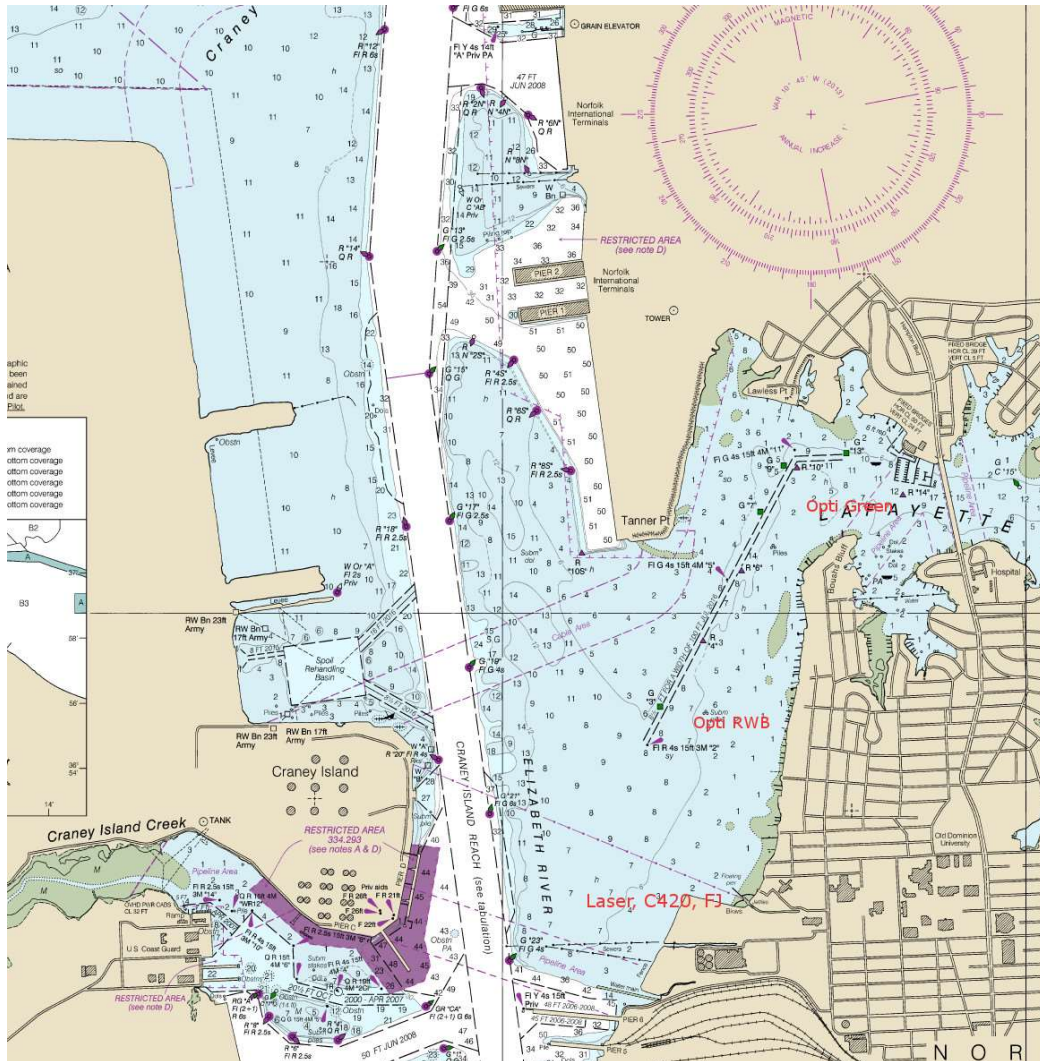
5. **Class Flags:**

Class flags will be class insignia on a white background.

6. **Courses:**

See appendix A for Courses. Courses will be displayed on a white board on the port side of the RC boat.

7. **Race area:**



8. **Marks:**

Start marks will be orange ball type marks. Start/finish marks will be white or yellow.

9. **The Start:**

Races will be started using RRS 26. The starting line will be between the staff displaying an orange flag on the RC committee vessel and the course side of the starting mark.

Individual and general recalls will be according to RRS 29.1 & 29.2. Starting penalties will be according to RRS 30.

The start will combine Red, White, and Blue classes. Class flags will be used in accordance with RRS 26.

10. **Change of the Next Leg of the Course:**

To change the next leg of the course, the RC will lay a new Mark (or remove the finish line) and remove the

original mark as practical as possible. Appropriate flags will be displayed at the start of the changed leg of the course.

11. The Finish:

The finish will be between a staff displaying an orange flag on the RC boat and the course side of the finishing mark.

12. Time Limit:

Time limit for first mark – 20 min

Course time limit - 1 hour

Finishing window – 20 min

Race will be abandoned if the Mark 1 time expires. Boats not finishing within the Finishing window will be scored DNS without a hearing. This changes RRS 35, A4, and A5.

13. Protests:

Protest forms are available on the official notice board (*specify*). Time limit will be posted on the Official notice board, no less than 30 minutes after the RC arrives at the dock.

14. Scoring:

Low point scoring system, RRS Appendix A shall apply.

One race constitutes a series.

Race committee will try to run as many races as possible each day.

If five races completed, the boat's worst score will be excluded.

If 10 races are completed, the boat's worst 2 scores will be excluded.

15. Safety:

All competitors are required to pass astern of the RC signal boat on Starboard tack, hail their number and receive acknowledgement before the start of race 1 each day.

All competitors and support personal will be required to wear a USCG approved type III lifejacket at all times afloat, abet a brief time when changing clothing. Inflatables are not permitted. Competitors from foreign countries must abide by that country's requirements. Failure to comply will be grounds for team/club DSQ of sailors from all races. **RRS 64.4(b) will be in effect without a hearing. This changes RRS 63.1.**(RRS definition of a support person RRS pg 7). Support/parent/coach vessels shall remain outside the course from the time of the Prep flag until all racers have finished the race.

At all times afloat, all coaches should display in a readable manner, a registered CBYRA coach flag, and should be wearing engine kill-cords. All coaches will monitor the prescribed VHF channel for the Race Committee.

All Sailors should be associated with a coach/support boat on that race course. If not, you shall notify RC.

16. Radio/Electronics:

The use of GoPro or like recording cameras are acceptable but the use of any type of tracking device, Velocitec, iPhone, Android, etc. is prohibited.

17. Trash:

Boats will not put trash in the water. All trash aboard the boats will be contained such that in the event of a capsize; trash will not float away. Trash will be placed in appropriate receptacles ashore. Breach of this rule will be grounds for DSQ without a hearing. This changes RRS 55 and 63.1.

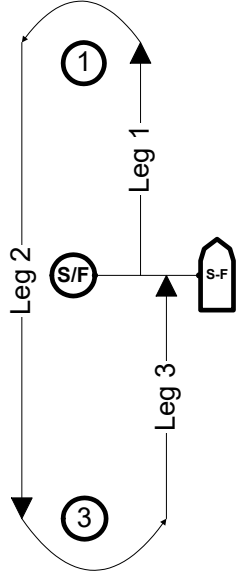
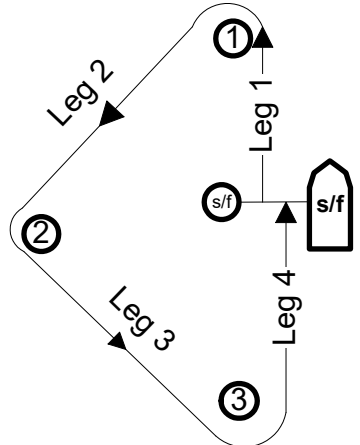
18. Behavior:

Participants are expected to act in a sportsmanlike manner at all times on and off the water throughout the entire event. Participants include but are not limited to all competitors, support personnel and parents. RRS Basic Principles are expected to be followed.

19. Boating Traffic:

The Norfolk sailing areas are very busy with all types of boating traffic, large commercial traffic to jet skis. In the interest of safety, all racing participants are to keep clear of non-racing traffic. If you feel that has effected your standing request redress with the Race Committee. In the Corinthian Spirit of sailing, always be polite and cautious on the water and bring up any issues with the race committee.

Appendix A: Courses

<p>W# (Number of times around) Windward Leeward</p>	<p>T# (Number of times around) Triangle</p>
	
<p style="text-align: center;">C Windward Leeward Gate</p>	<p style="text-align: center;">O Optimist Modified Trapezoid (Mark 3 may be a gate)</p>
