



**SIYC OPEN OPTIMIST INVITATIONAL REGATTA - 2017**  
**JSA of LIS Area A Opti Champs Qualifier**  
**Shelter Island Yacht Club**  
**12 Chequit Avenue, Shelter Island Heights, NY 11965**  
**Thursday, July 6 2017**

## SAILING INSTRUCTIONS

Abbreviations:

PC – Protest Committee	RC – Race Committee
OA – Organizing Authority	SI – Sailing Instructions
RRS – Racing Rules of Sailing	JSA – Junior Sailing Association of LIS
NOR – Notice of Race	

### 1 RULES

- 1.1 The regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS).
- 1.2 The current rules of the U.S. Optimist Dinghy Association (USODA) and the current Rules for JSA of LIS (JSA) Events, JSA Code of Conduct and US Sailing [SafeSport Handbook](#) will apply and take precedence in the case of conflict with the Racing Rules of Sailing.
- 1.3 The following RRS optional rules will apply:
  - a) Appendix T, Arbitration will apply.
- 1.4 Racing Rules of Sailing (RRS) listed below are changed as follows.
  - a) RRS 64.4 (b) is changed to require a hearing before any action is taken.
  - b) RRS 61.1(a) is changed so that “A boat intending to protest about an incident that occurs in the racing area shall notify the Race Committee (RC) finish boat of her intention as soon as possible after finishing, without consultation with instructors, coaches or support persons, including (if possible) the boat identification number of the boat(s) being protested.”
  - c) RRS 61.1(a)(2) is deleted so that protest flags are required.

### 2 NOTICES TO COMPETITORS

Notices will be posted on the official regatta notice board located on the Front Lawn near the registration table.

### 3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the SIs will be posted no fewer than 30 minutes before the Harbor Start.

### 4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the club flagpole.
- 4.2 The Harbor Start will be signaled by a single sound.
- 4.3 No boat shall go beyond the North Pier until the Harbor Start has been signaled.
- 4.4 When flag AP is displayed with two sound signals, the first race of the day is postponed. The end

of such postponement will be signaled by a lowering of flag AP and one sound. The warning signal for the first race of the day will be made not less than 60 minutes thereafter.

## 5 SCHEDULE OF RACES

- 5.1 The Race Committee will run as many races as are reasonably possible. One race is required to be completed to constitute a series.
- 5.2 The racing schedule is as follows:

Date	Time	Activity	Location
July 6	8:00am-10:00am	Safety and Equipment Check (SI 17.1) Required to complete Registration	Yard
	8:00am-10:00am	Registration	Front Lawn
	10:00am	Instructors/Safety Boat Meeting	Junior Yacht Club
	10.30am	Skippers' Meeting	Front Lawn
	11:00am	Lunch on Land	North Pier
	11:30am	Harbor Start	North Pier
	After last race	Presentation of Awards	Front lawn

- 5.3 Flag A displayed, with no sound, while boats are finishing means 'No more racing today'.
- 5.4 No warning signal will be made after 5:00pm on July 6, 2017.

## 6 CLASS FLAGS

- 6.1 The class flags will be a red flag for the Red Fleet, a blue flag for the Blue Fleet and a white flag for the White Fleet.
- 6.2 Boats shall display a streamer provided by the Organizing Authority of the appropriate fleet color from the top of their sprit pole at all times while racing.

## 7 RACING AREA

The racing area will be the waters around Shelter Island Yacht Club and Pipes Cove. The exact location will be announced at the Skippers' Meeting. **All participants will be towed to the race area.**

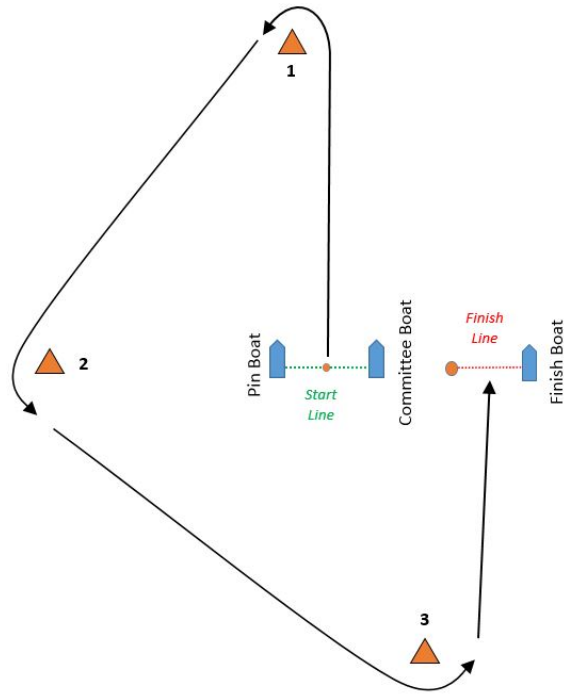
## 8 THE COURSE

- 8.1 The course shall be a modified triangle (Course 1) or modified trapezoid (Course 2) as shown on page 4. All rounding marks shall be left to port. Before the warning signal of each race, the course to be run will be signaled by numeral flag #1 (modified triangle) or #2 (modified trapezoid).

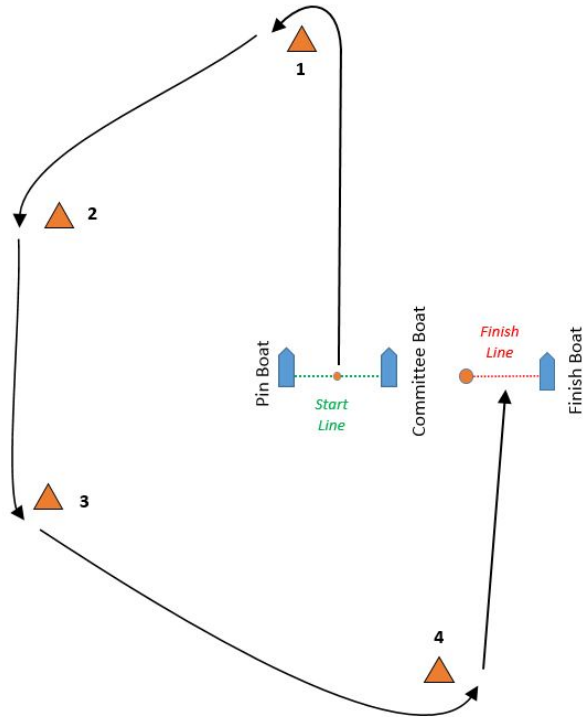
Course 1            Modified Triangle  
Course 2            Modified Trapezoid

- 8.2 Other courses may be used at the discretion of the Race Committee if necessary.

**COURSE 1 – MODIFIED TRIANGLE**



**COURSE 2 – MODIFIED TRAPEZOID**



## 9 MARKS

- 9.1 Rounding marks 1, 2, 3 and 4 will be orange tetrahedrons.
- 9.2 The starting mark will be an orange ball or a Race Committee boat.
- 9.3 The finish mark will be an orange ball or a Race Committee boat.

## 10 THE START

- 10.1 Races will be started using the following signals. Times shall be taken from the visual signals. The absence of a sound signal shall be disregarded.

Signal	Time	Sound	Visual
Warning	5 minutes	1 blast	Class flag(s) hoisted - Red, Blue and/or White
Preparatory	4 minutes	1 blast	P, I, U, Z, or Z with I
One-minute	1 minute	1 long blast	Preparatory flag removed
Start	Zero	1 blast	Class flag(s) lowered

- 10.2 A series of short sounds will be made before each warning signal.
- 10.3 At the warning signal, a colored flag(s) will be flown from the Race Committee boat signifying the next division(s) to start (i.e. Red, Blue and/or White).
- 10.4 Each of the fleets (Red, Blue, White) may be raced in combinations or separately.
- 10.5 The starting line will be between an orange flag on the Race Committee boat and the starting mark or boat on the port side of the Race Committee boat.
- 10.6 Additional races will start soon after each fleet completes its preceding race.
- 10.7 A buoy may be placed in the middle of the starting line for reference only. This buoy is not part of the course.
- 10.8 Paragraph S6 (individual recalls) in Appendix S is deleted and replaced by SI 11 (Recalls of OCS boats).

## 11 RECALLS OF OCS BOATS

- 11.1 When an individual recall is signaled, the RC will attempt to hail the sail numbers of all boats that are OCS. This changes RRS 29.1.
- 11.2 If code flag “U”, “I” and/or “Z” or the black flag has been displayed, the RC will attempt to hail the sail number(s) of boats on the course side of the starting line **during the minute** before her starting signal.
- 11.3 Displaying the “First Substitute” flag and two sound signals will signal a general recall. After a general recall, a new warning signal will be made one minute after the lowering of the “First Substitute” flag.
- 11.4 Failure of the RC’s amplification system, the order of the hails, or failure of a boat to hear her number hailed shall not be grounds for a boat to request redress. This changes RRS 62.1.

## **12 THE FINISH**

The finishing line will be in a separate area from the starting line and will be between an orange staff/flag on the finish boat and an orange mark/or boat on the port side of the finish boat. Finish boat(s) on station will fly a blue flag.

## **13 TIME LIMITS**

- 13.1 Any race in which the leading boat has not rounded the first mark within 30 minutes of the start will be abandoned.
- 13.2 The time limit for the first boat in each class to finish shall be 90 minutes. If no boat in a class finishes a race within 90 minutes, that race shall be abandoned. If one boat finishes within the applicable time limit the race shall stand.

## **14 PENALTIES, PROTESTS AND REQUESTS FOR REDRESS**

- 14.1 The Two-Turns Penalty is in effect for all races.
- 14.2 RRS Rule 60.3 is changed to permit the Protest Committee to protest a boat when, from its own observation or a report received from any source, it believes that a competitor may have committed a breach of sportsmanship or the Rules for JSA Events.
- 14.3 RRS Rule 61 is changed as follows: “Immediately after finishing a race, without consultation with instructors, coaches or spectators, a boat shall notify the Race Committee finish boat of its protest against another boat and (if possible) provide the sail number or skipper’s name of the protested boat.”
- 14.4 For each class, the protest time limit is 60 minutes after the Race Committee signal boat docks, which will be posted promptly on the notice board.
- 14.5 A protesting boat may but is not required to file a written protest. (This changes rule 61.2.).
- 14.6 Protest forms are available at the race office located at SIYC Sailing Center. Protests and requests for redress or reopening shall be delivered to the SIYC Sailing Center within the appropriate time limit.
- 14.7 The first sentence of Rule 62.2 (Redress) is changed as follows: “The request shall be in writing and be delivered to the race office no later than the protest time limit or 60 minutes after the incident, whichever is later, with the following exception: if the Race Committee posts a list of boats scored OCS, ZFP or BFD on the official notice board before the protest time limit, a request for redress based on such a posted score shall be made no later than 60 minutes after the protest time limit.”
- 14.8 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located in the SIYC Sailing Center, as soon as practicable.
- 14.9 Notices of protests by the Race Committee or Protest Committee will be posted before the protest time limit to inform boats under rule 61.1(b).
- 14.10 Protests under sailing instructions 4.3, 6, 16 and 18 may be made only by the Race or Protest Committees.
- 14.11 Redress Hearings: Any competitor who may wish to become a party to a scheduled redress hearing, should: 1) check the “schedule of protest hearings” that the Protest Committee will post on the official notice board describing the nature of the redress request and the time of the hearing; and 2) submit a written request to participate in the hearing to the Protest Committee before it begins.

## **15 PENALTY SYSTEM**

- 15.1 The Two-Turns Penalty is in effect for all races.
- 15.2 A boat may take a Post-Race Penalty by informing the Protest Committee (not the Race Committee) in writing upon coming ashore at the end of a day's racing in accordance with Appendix T Section B. If a protest has been filed regarding the incident for which a boat wants to take a Post-Race Penalty, the Protest Committee will determine if either an arbitration meeting or protest hearing is required before the Post-Race Penalty can be taken. When it is satisfied that the requirements of rule T2.1 are met, then the Protest Committee will assign the appropriate scoring penalty based on submission time and give a report to the scorer.

## **16 SCORING**

- 16.1 The Low Point Scoring System, Appendix A of the Racing Rules of Sailing, will apply, except that a boat's series score shall be the sum of her scores for all races. There will be no throw out.
- 16.2 A boat that does not finish a race shall notify a Race Committee boat before leaving the race area. If this is impossible, the competitor shall notify a regatta representative immediately after arriving ashore.

## **17 SAFETY REGULATIONS**

- 17.1 Each boat shall comply with the JSA Optimist Inspection Checklist. Boats must pass safety check by SIYC Regatta Staff before registration can be completed. Safety checks will begin at 8.00am in the dry sailing area. Further inspection of some or all boats may be carried out at any time.
- 17.2 Each competitor and instructor/coach shall wear a US Coast Guard approved personal flotation device (PFD) while on the water in accordance with JSA Rule 2.1.
- 17.3 **SIYC will not be providing disposable water bottles. All competitors are required to sail with a refillable non-breakable water bottle in their boat.**
- 17.4 Before the first warning signal of the day, all competitors shall check in by being towed through a gate set up by the Safety Boats in Dering Harbor, the location of which will be confirmed at the Skippers' Meeting and posted on the Notice Board.
- 17.5 All boats will be towed to and from the sailing area by a designated coach boat.

## **18 SUPPORT VESSELS**

- 18.1 Coaches, support personnel and spectators shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired, or the Race Committee signals a postponement or abandonment. Coaching is not permitted after a general recall.
- 18.2 Coaches and support personnel are required to monitor the Race Committee VHF channel and follow any safety instructions issued by the Race Committee. The VHF channel to be used will be identified at the Instructors' Meeting.

## 19 TRASH DISPOSAL

Boats shall comply with rule 55. Trash may be placed aboard support and Race Committee boats. Disposable water bottles will not be distributed. Water is available from official boats and support boats, and each contestant is responsible for bringing a refillable container for water.

## 20 RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications of any kind. This restriction also applies to mobile telephones and any other wireless devices.

### Regatta Co-Chairs:

<i>Clora Kelly</i>	<i>646-509-4447</i>	<i>clorakelly100@gmail.com</i>
<i>Jonathan Arnold</i>	<i>917-533-9181</i>	<i>jparnold1@gmail.com</i>

### SIYC Junior Sailing Chair

<i>Julie O'Shea</i>	<i>917-405-6750</i>	<i>JulieOshea@osheapartners.com</i>
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### Principal Race Officer:

<i>Jeff Bresnahan</i>	<i>860-867-6197</i>	<i>jcbre@conncoll.edu</i>
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### SIYC Junior Sailing Center:

<i>Karen Panarella</i>	<i>631-749-1829</i>	<i>programadministrator@siycjunior.com</i>
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# JSA of LIS CODE OF CONDUCT

## Introduction

Each competitor in a Junior Sailing Association of Long Island Sound (JSA) event hereby pledges that he or she agrees to uphold the spirit of this JSA Code of Conduct (Code). This Code is not intended to establish a set of rules that will, by inclusion or exclusion, prescribe the appropriate behavior for competitors in every aspect of their participation in a JSA event. Rather, the Code offers general principles to guide the conduct of competitors in situations that have ethical implications.

The competitor commits to familiarization with this Code and understands that acceptance of its provisions is a condition of participation in a JSA event. Competitors who do not conform to this Code will be subject to the consequences of their actions, as specified below. The competitor has a right to a hearing if charged with a violation of this Code.

## Elements of the Code

Each competitor in a JSA event pledges they agree to abide by the Rules for JSA Events (JSA Rules) and Bylaws of JSA with regard to alleged incidences of misconduct, and abide by the US Sailing SafeSport Handbook. The event is defined as running from on-site registration to departure from the venue at the conclusion of the event.

## Participation

- > Will abide by *The Racing Rules of Sailing (RRS)*, the US Sailing SafeSport Handbook, the JSA Rules and Bylaws, the Notice of Race and the Sailing Instructions for the JSA event.
- > Are eligible to compete under all JSA rules.

## Fair Play and Conduct

- > Will abide by *RRS 2* and *69*, and the US Sailing SafeSport Handbook.

## Drugs & Alcohol

- > Will abide by the US Sailing SafeSport Handbook.
- > For junior competitors in any JSA event, no competitor shall use or possess, either on or off the water:
  1. marijuana or any other substance if possession is illegal under state or federal law; or
  2. any alcoholic beverages.

## Sexual Abuse & Harassment

- > Will abide by the US Sailing SafeSport Handbook.

## Physical Abuse & Assault

- > Will abide by the US Sailing SafeSport Handbook.

## Bullying & Hazing

- > Will abide by the US Sailing SafeSport Handbook.

## Enforcement of the Code

> Compliance with this Code depends primarily upon understanding the Code and voluntary compliance, secondarily upon reinforcement by peers, and, when necessary, upon enforcement through disciplinary action as outlined by the *RRS*, the US Sailing SafeSport Handbook, and the JSA Regulations and Bylaws.

> If an incident is brought to the attention of the Organizing Authority, Host and/or the Protest Committee for the event alleging that a competitor has violated this Code, the Protest Committee shall protest the competitor and conduct a hearing

that meets the requirements of Part 5, Section B of the *RRS*. The competitor has the right and option to voluntarily withdraw from the event rather than proceeding with a hearing. If the Protest Committee decides that the competitor has violated the Code and is not exonerated, it may

- (a) remove some or all of the competitor's event privileges or benefits,
- (b) disqualify the competitor's boat from the race or races sailed nearest in time to that of the incident, or
- (c) disqualify the competitor's boat from all races in the event and exclude the competitor from the event or venue. Further action may be determined by the Protest Committee if warranted including considering calling a hearing under *RRS 69.2(b)*.

## Scoring

When a competitor withdraws from part of an event pursuant to the Code, the scores of all completed races shall stand for the purposes of determining the seeding of subsequent rounds or stages in the event. However, that competitor's boat/team will no longer be eligible to compete in the event, shall be removed from the final event scores, and each boat/team with a worse finishing place in the event shall be moved up one place. The same scoring applies if a boat is disqualified from the remaining races in an event.