



President's Cup Regatta
Potomac River Sailing Association, Alexandria, VA
Regatta Sailing Instructions -- Lower Course

1. RULES

The series will be governed by the rules as defined in the Racing Rules of Sailing.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted at the official notice board located in the lawn area near the BBQ grill ("the grove").

3. CHANGES TO SAILING INSTRUCTIONS

Any changes to these sailing instructions will be posted 45 minutes before the scheduled start of the first race (just after the conclusion of the skipper's meeting).

4. SIGNALS MADE ASHORE

4.1 Signals made ashore will be displayed from the signal boat at the finger pier of the ramp launch.

4.2 When flag AP is displayed ashore, the warning signal will be made not less than 30 minutes after the AP flag is lowered. This changes Race Signal AP.

5. RACING AREA

5.1 Due to the hydrilla problem, races will be conducted between Gravelly Point and Hains Point. The RC will offer to tow boats to the racing area or boats may choose to launch from Gravelly Point.

5.2 Channel-bound vessels within the racing area are obstructions. Boats that are racing must keep clear of such vessels.

6. PLANNED SCHEDULE & NUMBER OF RACES

6.1 Competitor's meeting: 1000 in the crane area.

6.2 First race for the first class: The warning signal for the 1st race of the day for the first class to start is 1130.

6.3 First race for the other classes: There will be a short time after the start of one class and the warning for the next class (no rolling starts).

6.4 Subsequent races: The RC intends to start subsequent races for some classes before all the classes have finished.

6.5 Number of Races: As many races as time and conditions allow. 1 completed race will constitute

a regatta.

6.6 End of racing: No warning signal will be made after 1600 on Saturday.

7. CLASS FLAGS

<u>Class</u>	<u>Class Flag</u>
Laser	Laser burst on white
Penguin	Penguin logo on yellow
El Toro	El Toro logo on white

8. ORDER OF STARTS

8.1 The order of starts of will be announced at the skippers meeting.

8.2 Subsequent races: The RC intends to start a subsequent race as soon as all competitors in class have finished even if that changes the order of starts for the subsequent race.

9. THE COURSE & MARKS

The Race Committee will hail the designated course prior to the start of the starting sequence for each race.

10. THE START

10.1 The starting sequence will be as described in Appendix U (a U.S. Sailing Prescription, reproduced below) of the RRS (**3 minute starts**).

10.2 A boat shall not start later than 10 minutes after her starting signal.

11. RECALLS

11.1 See Appendix U, parts U4 and U5.

12. TIME LIMIT

12.1 The time limit will be 60 minutes for the first boat to finish in each class. Boats finishing more than 20 minutes after the first boat that sails the course and finishes will be scored TLE: the number of boats finishing within the time limit plus 1 point, not to exceed the score of Did Not Finish. This changes RRS 35.

13. PENALTY SYSTEM

13.1 RRS/US Appendix V1, (Penalty at the Time of an Incident) will apply.

13.2 The first two sentences of RRS 44.1 are changed to: 'A boat may take a One-Turn Penalty when she may have broken a rule of Part 2 or RRS 31 while racing. However, when she may have broken a rule of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty.'

13.3 Penalty taken after racing: RRS/US Appendix V2 will apply.

14. PROTESTS

14.1 Protest Forms are available from the Regatta Chairman. Protests shall be delivered to the Race Committee within one hour after the official docking of the designated (RC ensign) Race Committee Boat. The Time of docking will be posted on the official Notice Board.

14.2 Protests will be heard in approximately the order of receipt as soon as possible.

14.3 Protest notices will be posted within approximately 30 minutes of the protest time limit to inform competitors where and when there is a hearing in which they are parties to a hearing or named as witnesses.

14.4 Rule 66 is changed by adding this sentence: "On the last day of racing, a party to the hearing may ask for a reopening no later than 30 minutes after being informed of the decision."

15. ARBITRATION

If an arbitrator is present, Arbitration will be held in accordance with Appendix T of the 2017-2020 RRS.

16. SCORING

If there are 5 or fewer races, no scores will be excluded. Otherwise, a competitor's worse score will be excluded. This changes RRS Appendix A2.

17. PRIZES

Trophies will be awarded at the post-race picnic. Depth of awards will be based on the number of registered boats in each class.

APPENDIX U: AUDIBLE-SIGNAL RACING SYSTEM

US Sailing prescribes that, when the sailing instructions so state the Audible-Signal Racing System described below shall be used. It is recommended primarily for small-boat racing or when race committee resources are limited. Rules in this appendix replace rule 26 and permit changes to Race Signals and the corresponding rules in Part 3.

U1 Any Race Signal may be made by hailing, in which case the corresponding visual signal may also be used, but not its designated sound signal.

U2 A series of short sounds may be made at any time to call attention to a hail or a visual signal.

U3 The starting sequence shall consist of the following sound signals made at the indicated times. These signals shall be timed from their commencement and shall govern, even if visual signals are also used.

<u>Signal</u>	<u>Sound</u>	<u>Time before start</u>
Attention	Series of short sounds	Before the warning
Warning	3 long	3 minutes
Preparatory	2 long	2 minutes
	1 long, 3 short	1 minute, 30 seconds
	1 long	1 minute
	3 short	30 seconds
	2 short	20 seconds
Starting	1 short	10 seconds
	5 short, 1 second apart	5 – 4 – 3 – 2 – 1 seconds
	1 long	0

U4 Individual recalls shall be signalled by hailing the sail number (or other distinguishing feature) of each recalled boat. Flag X need not be displayed.

U5 Failure to hear an adequate hail or sound signal shall not be grounds for redress. This changes rule 62.1.