



**NOTICE OF RACE**  
**Lady at the Helm**  
**Saturday, September 30, 2017**  
**Co-Sponsored by**  
**Channel Islands Yacht Club and**  
**Channel Islands Women's Sailing Assn**



- 1 RULES:** The race will be governed by the rules as defined in *The Racing Rules of Sailing for 2017-20*, the Sailing Instructions, and PHRF of Southern California. The PHRF Marine Industry Racer (MIR) Rule is not in effect. This modifies PHRF Class Rule 8. Area A Random Leg Course (RLC) ratings will be used. At least one female crew must be onboard, and **a female must be at the helm during the entire race.** Periodic, short breaks are allowed but not at the start, finish, or mark roundings.
- 2 CLASSES:** Spinnaker class is open to all boats with current PHRF ratings; nonspinnaker class is open to any boat whose LOA is at least 22 feet. If a current PHRF rating is not available, the RC may assign a rating for purposes of this race only. Classes will be established at the Skippers Meeting after all entries have been received.
- 3 RACE ENTRY & FEES:** Online race entry ([RegattaNetwork.com](http://RegattaNetwork.com)) and payment of entry fees is encouraged; boat skippers may also enter and/or pay their fees in person at the Skippers Meeting. Entry fees are \$30 for USSA members and \$35 for nonmembers.
- 4 SCHEDULE: Saturday, September 30:**  
**0830** Onsite registration and mandatory Skippers Meeting at CIYC  
**1130** Planned first start
- 5 SAILING INSTRUCTIONS:** The Sailing Instructions (SIs) and courses will be available at the Skippers Meeting and may be posted online ([CIYC.com](http://CIYC.com) and [RegattaNetwork.com](http://RegattaNetwork.com)) in advance. The race will begin near the Mandalay race buoy and finish in Channel Islands Harbor in front of CIYC. The course will be selected from the CIYC Course Chart, which includes course distances between 4.2 and 22.3 nm.
- 6 PRIZES AND TROPHIES:** Individual awards and the perpetual trophy winner will be announced at CIYC after racing. The Lady at the Helm Perpetual Trophy will be engraved with the names of the winning boats and skippers and kept at CIYC.
- 7 HOSPITALITY:** Complimentary breakfast items will be provided at the Skippers Meeting, and a complimentary hot buffet will be provided at CIYC after racing.
- 8 INSURANCE & DISCLAIMER OF LIABILITY:** Each participating boat shall be insured with valid third-party liability insurance. Competitors participate in the race entirely at their own risk. See Rule 4, Decision to Race. The organizing authority will not accept any liability for material damage, personal injury, nor death sustained in conjunction with, prior to, during, or after the regatta.
- 9 ADDITIONAL INFORMATION:** Contact Channel Islands Yacht Club (805.985.2492) or Event Chair, Jane Thomas ([Sunblade@prodigy.net](mailto:Sunblade@prodigy.net)).