



**The U.S. Adult Sailing Championship**

For the Clifford D. Mallory Trophy

Sponsored by Gill NA, Old Pultney Scotch Whiskey

November 8-12, 2017

St Petersburg YC, St Petersburg, FL

**SAILING INSTRUCTIONS**



**1 RULES**

- 1.1** The regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS) and the US Sailing Championship Conditions, the current US Sailing Adult Championship Conditions for the U.S. Adult Sailing Championship, and its qualifiers and US Sailing Regulations 2, 10, 14 and 15.
- 1.2** **US Sailing Regulation 10:** Competitors shall wear US Coast Guard approved personal flotation devices while racing, except briefly while changing or adjusting clothing or personal equipment. This changes rule 40.
- 1.3** Attachment B (Boat Handling and Equipment Rules) shall apply.
- 1.4** Races will be conducted using modified Umpired Fleet Racing as described in Attachment C
- 1.5** US SAILING Prescriptions to RRS 60, 63.2 and 63.4 will not apply.
- 1.6** J 70 class rules C 3.3 and C 9.3 are in effect.
- 1.7** Rule 63.7 is changed such that if there is a conflict between the Sailing Instructions (SI) and the Notice of Race (NOR), the SI shall govern.

**2 COMMUNICATION WITH COMPETITORS**

- 2.1** Notices to competitors will be posted on the official notice board located in the breezeway at the St Pete Sailing Center (SPSC). Official notices will also be posted on the event website located at [www.regattanetwork.com](http://www.regattanetwork.com).
- 2.2** Race committee communications on the water will take place on VHF channel 63
- 2.3** Changes to the sailing instructions will be posted by 0830 on the day they will take effect, except that any change in the schedule of races (SI 3) will be posted by 2000 on the day before it will take effect.
- 2.4** In accordance with rule 90.2(c), oral changes to the sailing instructions may be made on the water. If the race committee intends to provide oral changes, it shall display the "L" flag and attempt to hail competitors on VHF channel 63 or communicate the change through the umpire team.
- 2.5** Questions regarding the sailing instructions may be submitted in writing to the race committee. Questions and written responses will be posted on the official notice board.
- 2.6** A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile devices.

**3 SCHEDULE**

<u>Day</u>	<u>Time</u>	<u>Activity</u>
Wednesday November 8th	1000-1700	Registration and Weigh-In
	1100-1600	Boats Available for Practice
Thursday November 9th	0900	Competitor's Meeting
	1000	First Warning
Friday November 10th	1000	First Warning
Saturday November 11th	1000	First Warning
Sunday November 12th	1000	First Warning
	1430	No warning signal after this time.

**3.2** One completed Round Robin constitutes a championship.

#### **4 SIGNALS MADE ASHORE**

**4.1** Signals made ashore will be displayed from the flagpole located at the SPSC.

**4.2** When flag "AP" is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in race signal "AP". This changes Race Signal.

#### **5 SPECIAL SIGNALS**

When code flag "Y" is displayed at or before the warning signal, spinnakers may not be used.

#### **6 BORROWED BOATS AND EQUIPMENT**

**6.1** The St Pete YC will provide race-ready J 70's and sails for all teams. Teams shall use the J 70's as provided by the club and shall comply with Attachment B (Boat Handling and Equipment Rules).

**6.2** If a competitor fails to comply with 6.1, the RC or PC may protest the boat, in which case, an assessed penalty may be less than disqualification. This changes rule 64.1.

**6.3** "L" flags "Red" Flags and "Yellow" flags will be supplied to each competitor.

#### **7 RACING AREA**

Racing area will be on the St Petersburg waterfront.

#### **8 COURSES**

**8.1** No later than the warning signal, the RC signal boat will display the course on a white board on her stern.

**8.2** The diagrams in Attachment A show the courses and the order in which the marks are to be passed.

**8.3** Mark 2g will be a gate. In the event a gate mark is missing, the remaining leeward mark will be rounded to port.

#### **9 MARKS**

**9.1** Marks 1 /2G will be orange tetrahedrons. The offset mark 1o will be an orange ball.

**9.2** Change marks will be green tetrahedrons.

#### **10 THE START**

**10.1** Races will start in accordance with RRS Appendix U.

- 10.2** The starting line will be between a staff from which an orange flag is displayed on the RC signal boat and an orange inflatable mark on the pin end.
- 10.3** A boat failing to start within 2 minutes after her starting signal will be scored Did Not Start (DNS). This changes rule A4.1
- 11 RECALLS**
- 11.1** The race committee will attempt to hail the sail number of boats identified on the course side after the start on VHF channel 63. The failure to hail, the timeliness of hails, the failure to hear a hail, and the order of hails shall not be grounds for redress. This changes RRS 41 and 62.1.
- 11.2** After a general recall, the “round the ends rule” provisions of Rule 30.1 will apply. Flag I need not be displayed. This changes RRS 30.1.
- 12 THE FINISH**
- 12.1** The finish line will be between a staff displaying an orange flag on the RC signal boat and an orange ball.
- 13 TIME LIMIT**
- 13.1** The time limit for each race will be thirty minutes for the first boat to sail the course and finish (as defined in rule 28.2).
- 13.2** Boats not finishing within ten (10) minutes after the first boat sails the course and finishes, and not thereafter retiring, being penalized or given redress, will be scored TLE (Time Limit Expired) without a hearing and will be assigned points equal to the number of boats sailing the course and finishing within the time limit, plus two (2) points. This changes rules 35, A4.1, A4.2, A5 and A11.
- 14 BREAKDOWNS**
- A boat experiencing a breakdown shall display flag “L” as soon as practicable, and continue to display it until informed by an on-the-water umpire to remove it. A boat with an alleged breakdown shall make all reasonable attempts to finish its race. A bosun will be available on the course to inspect any breakdown and report to the on-the-water umpire team.
- 15 SCORING**
- 15.1** Refer to Attachment D – Event Format and Scoring for scoring information.
- 16 SAFETY REGULATIONS**
- 16.1** Per US Sailing Regulation 10.01D Competitors in US Sailing championships or qualifiers for US Sailing championships shall wear a U.S. Coast Guard (USCG) approved personal floatation device (PFD) while on the water, other than for brief periods while adding or removing clothing. Competitors from outside the U.S. may wear a PFD approved by their nations’ certification authority to the extent permitted by international treaty. Failure to comply with this rule may result in disqualification as deemed appropriate by the protest committee.
- 16.2** A boat retiring from a race shall attempt to notify a race committee vessel before leaving the course. VHF notification (Channel 63) is acceptable.

- 17 DISCIPLINE 10.03 Prohibited Substances**
- A. For adult US Sailing championship events, no competitor shall use or possess, either on or off the water: marijuana or any other substance if possession is illegal under state or federal law.
- C. An alleged breach of one of these regulations shall not be grounds for a protest. However, when the protest committee believes that a competitor may have breached one of these regulations, it shall follow the process described in the Championships Code of Conduct. If a competitor found to have breached one of the elements within the Code of Conduct, they shall be excluded from the remaining races of the series and, where practicable, removed from the regatta venue and sent home. The competitor's boat shall be disqualified from all races of the Championship.
- 18 BOAT ROTATION**
- 18.1** Refer to Attachment D – Event Format and Scoring for boat rotation information.
- 18.2** Any damage or missing equipment incurred must be immediately reported to the race committee. In addition, if a competitor determines that there is missing equipment or damage to the boat to which they are sailing or rotating into, they shall immediately notify the race committee.
- 19 PRIZES**
- US Sailing medals will be awarded to the skippers and crews finishing in the top three positions as noted in the NOR. Additional trophies and awards will be awarded as stated in the NOR or at the discretion of the OA.
- 20 RACE OFFICIALS**
- Principal Race Officer: Bjorn Hooper (Regional Race Officer)  
Race Management Advisor: Tim Rumptz (National Race Officer)  
Deputy Race Officer: Todd Fedysyzn (Club Race Officer/SPYC Race Director)  
Jury Chair: Phil Pape (National Judge)
- 21 ATTACHMENTS**
- Attachment A – Courses  
Attachment B – Boat Handling and Equipment Rules  
Attachment C – Addendum Q: Modified Umpired Fleet Racing For Keel Boats  
Attachment D - Format and Scoring

ATTACHMENT A - COURSE DESCRIPTIONS

Course 1

Start-1-1o-Finish

Course 2

Start-1-1o-2g-1-1o-Finish



1o



1



2g



Start/Finish

**ATTACHMENT B - BOAT HANDLING AND EQUIPMENT RULES**

**1 Prohibited Items and Actions**

Except in an emergency or in order to prevent damage or injury, or when directed by the OA, RC or an umpire otherwise, the following are prohibited:

- 1.1 Any additions, omissions or alterations to the equipment supplied.
- 1.2 Using any equipment for a purpose other than that intended or specifically permitted.
- 1.3 Replacing any equipment without the sanction of the RC.
- 1.4 Sailing the boat in a manner that it is reasonable to predict that significant further damage would result.
- 1.5 Moving equipment from its normal stowage position except when being used.
- 1.6 Boarding a boat without prior permission.
- 1.7 Taking a boat from its berth or mooring without having permission from the RC, or, on race days, while 'AP' is displayed ashore.
- 1.8 Hauling out a boat or cleaning surfaces below the waterline.
- 1.9 Attaching lines to the fabric of spinnakers.
- 1.10 Perforating sails, even to attach tell tales.
- 1.11 Adjusting or altering the tension of standing rigging, excluding the backstay.
- 1.12 Using a winch to adjust the mainsheet, backstay or boomvang.
- 1.13 Using a reef line as an outhaul.
- 1.14 Using electronic instruments other than a compass and watches.
- 1.15 Marking directly on the hull or deck with permanent ink.
- 1.16 Using the shrouds (including any inner shrouds) above the lower turnbuckle to facilitate tacking or gybing, or to aid the projection of a crewmember outboard.
- 1.17 Adjusting the tension of the battens.
- 1.18 Use of the kelp cutters and at any time.

**2 Permitted Items and Actions**

The following are permitted.

- 2.1 Taking on board the following equipment:
  - (a) basic hand tools;
  - (b) adhesive tape;
  - (c) line (elastic or otherwise of 4 mm diameter or less);
  - (d) marking pencils;
  - (e) tell tale material;
  - (f) watch, timers and hand held compass;
  - (g) shackles and clevis pins;
  - (h) velcro tape;
  - (i) spare flags; and
  - (j) VHF radio.
- 2.2 Using the items in 2.1 to:
  - (a) prevent fouling of lines, sails and sheets;
  - (b) attach tell tales;
  - (c) prevent sails being damaged or falling overboard;
  - (d) mark control settings;
  - (e) make minor repairs and permitted adjustments;
  - (f) make signals as per RRS Appendix C6; and
  - (g) use the VHF to receive instructions from the RC or to contact the RC.
- 2.3 Changing the number of mainsheet purchases.

### **3 Mandatory Items and Actions**

The following are mandatory.

- 3.1 The completion of a written damage report before leaving a boat and submitting it to the RC, even if no damage or loss is recorded. Reports shall include any evidence of matters which could cause damage or disadvantage to the boat in future races.
- 3.2 At the end of each sailing day:
  - (a) rolling, bagging and placement of the sails as directed
  - (b) leaving the boat in the same state of cleanliness as when first boarded that day
  - (c) using backstay control lines under slight tension to secure tiller
- 3.3 At the end of each day, cleaning the boat (cabin and decks), removing all trash and removing all marks and tape except tape applied to turnbuckles and for chafe protection.
- 3.4 Any request to alter, in any way, the equipment on a boat shall be in writing and worded to permit a yes/no answer.

### **4 Equipment List**

The following non-fixed items, provided on the boats, are to be carried on board at all times in their designated place while sailing. Any loss shall be reported on the damage report.

- Sails and sail bags
- Mainsail and set of battens
- Jib
- Spinnaker
- One continuous spinnaker sheet
- One continuous headsail sheet
- Tiller extension
- Jib cars
- Competitor flag set
- Mooring Lines and Fenders (2)

**ATTACHMENT C –  
Modified ADDENDUM Q: UMPIRED FLEET RACING FOR KEEL BOATS**

*PREAMBLE:* The races in this event will be sailed under the Racing Rules of Sailing as changed by this addendum. This addendum changes the following rules: 44; 60; 61; 62; 63; 64.1; 65; 66; Appendix P.

1. *RULES:*

- A. Add new rule 8 to Part 1: LAST POINT OF CERTAINTY  
The umpires will assume that the state of a boat, or her relationship to another boat, has not changed, until they are certain that it has changed.
- B. The word “hail” in rule 20 is defined as follows:
  - i. for “room to tack”, a call out of “room to tack” and repeated arm signals by the helmsman clearly pointing to windward; and
  - ii. for “you tack”, a call out of “you tack” and repeated arms signals by the helmsman clearly pointing at the other boat and waving the arm to windward.
- C. The first sentence of rule 44.1 is replaced with the following: a boat may take a one turn penalty in accordance with rule 44.2 when, in an incident while racing, she may have broken one or more rules of Part 2 [except rule 14 when she has caused injury or damage], rule 31, or rule 42.
  - i. a boat may take a penalty while racing before starting and before finishing
- D. No proceedings of any kind may be taken in relation to any action or non-action by the umpires except as permitted below [this changes rule 60.1(b)]:
  - i. when a boat protests and no boat takes a voluntary penalty and there is no decision signaled by an umpire, the protesting boat is entitled to a hearing if she reports her intention to protest to the Race Committee finish boat as soon as reasonably possible after finishing or retiring from the race. This changes rule 61.
- E. Appendix P1 – P4 will not apply; Appendix P5 will apply.
- F. Rules 60.2[a] and 60.3[a] do not apply to rules for which umpires may impose penalties.
- G. The provisions for exonerating a boat in rule 21 and in rule 64.1[a] may be applied by an umpire without a hearing and this rule takes precedence over any conflicting rule of this addendum. This changes rule 64.1[a].
- H. Rule 65 does not apply to decisions made by umpires.
- I. The time limit in rule 66 for a party to request a reopening of a hearing conducted by a protest committee is changed to 30 minutes after the party is informed of the protest committee’s decision.
- J. A boat may not request redress under RRS 62.1(a). The protest committee may request redress for a boat or call a hearing to consider redress under that rule if it believes that there is a significant reason for doing so. This changes rules 60.1(b), 62.1(a).
- K. Rule 62.1(b) and (d) are deleted for all knock out rounds, if any.



- L. Rule 63.1 is modified to provide as follows: A boat or competitor shall not be penalized without a protest hearing except as provided in rules 30.2, 30.3, 30.4, 64.3(d), 69, 78.2, A5, and in this Umpire Addendum. A decision on redress shall not be made without a hearing except as provided in this Umpire Addendum. The protest committee shall hear all protests and requests for redress that have been delivered to the race office unless it allows a protest or request to be withdrawn.

2. *SIGNALS BY UMPIRES:*

- A. A green and white flag with one long sound means “no penalty”.
- B. A red flag with one long sound means “the identified boat shall take a penalty as soon as reasonably possible”.
- C. A yellow flag with one long sound means “the incident will be reported to the protest committee”.
- D. A black flag displayed with one long sound means the competitor is disqualified and shall leave the race course.

3. *PROTESTS AND REQUESTS FOR REDRESS*

- A. A boat may protest another boat under a rule of Part 2 [except rule 14 unless damage or injury results], 31, and 42 by hailing “protest” and by clearly displaying a yellow flag immediately after an incident in which she was involved; she shall remove her flag as soon as possible after a boat involved in the incident has taken a penalty turn voluntarily, after a decision is displayed by an umpire, or after a reasonable time when there is no penalty taken and no umpire signal. This changes rule 61.1[a].
- B. A boat may protest another boat under any other rule by clearly displaying a red flag as soon as possible after the incident and reporting her intention to protest to the Race Committee finish boat as soon as reasonably possible after finishing or retiring from the race. She shall display the red flag until the Race Committee or an umpire acknowledges it. This changes rule 61.1[a].
- C. A boat intending to request redress because of circumstances that arise before she finishes or retires shall clearly display a red flag as soon as possible after she becomes aware of those circumstances and report her intention to request redress to the Race Committee finish boat as soon as reasonably possible after finishing or retiring from the race. She shall display the red flag until the Race Committee or an umpire acknowledges it. This changes rule 62.2.
- D. The protest committee may take evidence in any way it considers appropriate and may communicate its decision orally. This changes rule 63.6.
- E. If the protest committee decides that a breach of a rule has had no significant effect on the outcome of the race, it may make an arrangement that it decides is equitable, and that may be to impose no penalty. This changes rule 64.1.

4. *UMPIRE DECISIONS & PENALTIES: this changes rule 64.1.*

- A. After a boat protests another boat under 3[A] above, the umpires shall decide whether to penalize any boat and shall signal their decision in compliance with 2 above.
- B. When the umpires decide that a boat has broken a rule of Part 2, or rule 31 or 42, they shall penalize her by signaling in compliance with 2[B] above.
  - i. a boat penalized by an umpire shall take a Two-Turns Penalty except that, when an umpire hails the number of turns, the boat shall take that number of One-Turn Penalties.

- ii. a boat that does not take a penalty signaled by an umpire in accordance with 2[B] above shall be disqualified in the race without a hearing in accordance with 2[D] above.
- C. When the umpires decide that a boat has
- i. gained an advantage by breaking a rule after allowing for a penalty, or deliberately broken a rule, or
  - ii. committed a breach of sportsmanship, or
  - ii. broken rule 31, or
  - iii. broken rule 42,
- they shall penalize her by signaling in compliance with 2[B], 2[C], or both, above.

When the umpires decide that a boat may have broken a rule other than a rule of Part 2, 31, or 42, they may refer the matter to the protest committee for its action by signaling in compliance with 2[C] above.

## Attachment D

### Event Format and Scoring

#### 1 Event Format

- 1.1 Stage 1 will consist of two twelve race round robins with each team sailing in ten races per round for a total of twenty races per team.
- 1.2 At the conclusion of Stage 1, the top six ranked teams will automatically advance to the final round.
- 1.3 The bottom six teams will sail a six-race repechage round where the top four teams will advance to the final round. The bottom two teams will be eliminated.
- 1.4 The final round will consist of the top six teams from the first two round robin series, as well as the top four teams from the repechage round.
- 1.5 At any time during the event this format may be changed.

#### 2 Scoring

- 2.1 Races will be scored using RRS A4, however at no point during a round robin or series of round robins will a race be discarded. This changes RRS A 2.1.
- 2.2 A teams scores for each of the first two round robins will be her cumulative scores for all races in which she has participated. Teams will receive a score of "Zero" for races in which they are not scheduled to compete.
- 2.3 At the conclusion of Stage one, scores for all teams qualifying for the repechage round will be discarded and a fresh six race round robin will be started for those 6 teams. There will be no discards in the repechage round.
- 2.4 At the conclusion of the repechage round, scores for all teams qualifying for the finals will be discarded and a fresh 10 race round robin will be started for the top 10 teams. There will be no discards in the final round.

### 3 Round Robin and Boat Rotation

#### 3.1 Stage One

Boat Assignments & Rotation Round Robin One												
	Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	Race 7	Race 8	Race 9	Race 10	Race 11	Race 12
<b>Boat 1</b>	Team 1	Team 1	Team 1	Team 1	Team 1	Team 1	Team 1	Team 1	Team 1	Team 1	Team 3	Team 3
<b>Boat 2</b>	Team 2	Team 2	Team 2	Team 2	Team 2	Team 2	Team 2	Team 2	Team 2	Team 2	Team 4	Team 4
<b>Boat 3</b>	Team 3	Team 3	Team 3	Team 3	Team 3	Team 3	Team 3	Team 3	Team 3	Team 5	Team 5	Team 5
<b>Boat 4</b>	Team 4	Team 4	Team 4	Team 4	Team 4	Team 4	Team 4	Team 4	Team 6	Team 6	Team 6	Team 6
<b>Boat 5</b>	Team 5	Team 5	Team 5	Team 5	Team 5	Team 5	Team 7	Team 7	Team 7	Team 7	Team 7	Team 7
<b>Boat 6</b>	Team 6	Team 6	Team 6	Team 6	Team 6	Team 8	Team 8	Team 8	Team 8	Team 8	Team 8	Team 8
<b>Boat 7</b>	Team 7	Team 7	Team 7	Team 7	Team 9	Team 9	Team 9	Team 9	Team 9	Team 9	Team 9	Team 9
<b>Boat 8</b>	Team 8	Team 8	Team 8	Team 10	Team 10	Team 10	Team 10	Team 10	Team 10	Team 10	Team 10	Team 10
<b>Boat 9</b>	Team 9	Team 9	Team 11	Team 11	Team 11	Team 11	Team 11	Team 11	Team 11	Team 11	Team 11	Team 11
<b>Boat 10</b>	Team 10	Team 12	Team 12	Team 12	Team 12	Team 12	Team 12	Team 12	Team 12	Team 12	Team 12	Team 2
<b>Trawler</b>	Team 11	Team 10	Team 9	Team 8	Team 7	Team 6	Team 5	Team 4	Team 3	Team 2	Team 1	Team 12
<b>Trawler</b>	Team 12	Team 11	Team 10	Team 9	Team 8	Team 7	Team 6	Team 5	Team 4	Team 3	Team 2	Team 1

Boat Assignments & Rotation Round Robin Two												
	Race 13	Race 14	Race 15	Race 16	Race 17	Race 18	Race 19	Race 20	Race 21	Race 22	Race 23	Race 24
<b>Boat 1</b>	Team 10	Team 10	Team 10	Team 10	Team 10	Team 10	Team 10	Team 10	Team 10	Team 10	Team 8	Team 8
<b>Boat 2</b>	Team 6	Team 6	Team 6	Team 6	Team 6	Team 6	Team 6	Team 6	Team 6	Team 6	Team 12	Team 12
<b>Boat 3</b>	Team 8	Team 8	Team 8	Team 8	Team 8	Team 8	Team 8	Team 8	Team 2	Team 2	Team 2	Team 2
<b>Boat 4</b>	Team 12	Team 12	Team 12	Team 12	Team 12	Team 12	Team 12	Team 4	Team 4	Team 4	Team 4	Team 4
<b>Boat 5</b>	Team 2	Team 2	Team 2	Team 2	Team 2	Team 2	Team 1	Team 1	Team 1	Team 1	Team 1	Team 1
<b>Boat 6</b>	Team 4	Team 4	Team 4	Team 4	Team 4	Team 5	Team 5	Team 5	Team 5	Team 5	Team 5	Team 5
<b>Boat 7</b>	Team 1	Team 1	Team 1	Team 1	Team 9	Team 9	Team 9	Team 9	Team 9	Team 9	Team 9	Team 9
<b>Boat 8</b>	Team 5	Team 5	Team 5	Team 11	Team 11	Team 11	Team 11	Team 11	Team 11	Team 11	Team 11	Team 11
<b>Boat 9</b>	Team 9	Team 9	Team 3	Team 3	Team 3	Team 3	Team 3	Team 3	Team 3	Team 3	Team 3	Team 3
<b>Boat 10</b>	Team 11	Team 7	Team 7	Team 7	Team 7	Team 7	Team 7	Team 7	Team 7	Team 7	Team 7	Team 6
<b>Trawler</b>	Team 3	Team 11	Team 9	Team 5	Team 1	Team 4	Team 2	Team 12	Team 8	Team 6	Team 10	Team 7
<b>Trawler</b>	Team 7	Team 3	Team 11	Team 9	Team 5	Team 1	Team 4	Team 2	Team 12	Team 8	Team 6	Team 10

**3.2** Prior to the start of the repechage round, teams will draw for boats and will remain in the same boat for the entire six race series.

**3.3** Prior to the start of the Final Round, teams will draw for boats and will remain in the same boat for the entire final series.