



Laser Masters Inland Championships

(previously the No Coast Championship)

June 9-10, 2018

Britannia Yacht Club

2777 Cassels St, Ottawa, ON, Canada

SAILING INSTRUCTIONS

1. RULES

- 1.1. The regatta will be governed by the Racing Rules of Sailing (RRS), the prescriptions of Sail Canada, the rules of the International Laser Class Association (ILCA) and these Sailing Instructions (Sis), except as any of these are changed by these Sailing Instructions or any appendices to the Sailing Instructions.
- 1.2. The organizing authority is the Britannia Yacht Club. This event will be held at Britannia Yacht Club located at 2777 Cassels St, Ottawa, ON, Canada.
- 1.3. World Sailing, Regulation 20 shall be adhered to at all times.
- 1.4. Laser Class Rule 27(d) is changed by permission of ILCA North America as follows: All entrants shall start and finish together and be scored as a single fleet. Competitors may choose Standard, Radial or 4.7 rigs at their discretion, provided that all rig changes are made on shore and all sails have the same number (Rig-Swapping Rule turned on).

2. ELIGIBILITY AND ENTRY

- 2.1. All competitors must meet the eligibility requirements as stated in the Notice of Race and have filed valid entries in accordance with the Notice of Race.

3. NOTICES TO COMPETITORS

- 3.1. Notices to competitors will be posted on the official notice board located on the windows on the West side of the clubhouse outside the registration room.

4. CHANGES IN SAILING INSTRUCTIONS

- 4.1. Any change in the sailing instructions will be posted before 0900 on the day it will take effect, except that any change in the schedule of races will be posted before 2000 on the day before it will take effect.

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed from the Mast by the harbor entrance.
- 5.2. When Flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes in Race Signal AP.

6. SCHEDULE OF RACES

- 6.1. Racing is scheduled as follows:

Friday June 8	1200 – 2100 1900 - 2100	Check-in & registration Live entertainment
Saturday June 9	0800 - 1000 0900 - 1100 1000 1030 1130 1600 – 1700 1800 - 2000	Breakfast available Check-in & registration Competitors meeting Harbour start First race warning, races to follow Happy hour Dinner & entertainment
Sunday June 10	0730 – 0900 0900 1000 1500 (or as soon as possible after sailing)	Breakfast available Harbour start First Race Warning, races to follow No warning signal will be made after 1400 Awards presentation

- 6.2. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least 5 minutes before a warning signal is made.
- 6.3. 8 races are scheduled for this event. The finish boat will signal when the last race of the day has been completed.
- 6.4. On the final day of the regatta no warning signal will be made after 1400.

7. RACING AREA

- 7.1. The racing area will be Lac Deschenes on the Ottawa River to the West of Britannia Yacht Club.

8. COURSES

- 8.1. The diagrams in Attachment A show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left. The course length will be adjusted to target a race time of 45-60 minutes.
- 8.2. No later than the warning signal, the race committee signal boat will display the approximate compass bearing from the starting line to the first mark.
- 8.3. With the orange start line flag, the course to be sailed will be signaled as follows:
 - “T” over “I” indicating Trapezoid Inner course.
 - “T” over “O” indicating Trapezoid Outer Course.
 - “W” over “2” indicating two lap Windward/Leeward.
 - “W” over “3” indicating three (3) lap Windward/Leeward course.

9. MARKS

- 9.1. Start and finish marks will be poles topped by a colored flag.
- 9.2. Trapezoid Course:
 - Marks 1, 2, 3 & 4 will be large pyramid orange marks.
- 9.3. Windward / Leeward Courses:
 - Marks 1, 2s, 2p will be large pyramid orange marks. Mark 1A will be a small orange mark.
- 9.4. New marks, when used in accordance with instruction 11, Change of Course, will be large pyramid yellow marks. When in a subsequent change of course a new mark is replaced, it will be replaced with an original mark.

10. THE START

- 10.1. Races will be started in accordance with RRS 26.
- 10.2. The Class Flag will be:
 - Laser Standard: White flag with Black Laser Logo
- 10.3. The starting line will be between an orange flag on the signal boat and a pin topped with an orange flag. (see Appendix A).
- 10.4. No race shall be started unless there is a minimum consistent wind speed of 3 knots throughout the racing area.
- 10.5. A boat shall not start later than 5 minutes after her starting signal. Such boat will be scored DNS, this changes RRS A4.1.

11. CHANGE OF COURSE

11.1. A change of course will be signaled in accordance with RRS 33. Any mark to be rounded after rounding the new mark may be relocated to maintain the original course configuration. When in a subsequent change of course a new mark is replaced, it will be replaced by an original mark.

12. THE FINISH

12.1. The finishing line will be between a blue flag on the signal boat and blue flag on a pin (see Appendix A).

13. ABANDONMENT & TIME LIMIT

13.1. The time limit for a race will be 2 hours. Boats failing to finish within 30 minutes after the first boat finishes or within the time limit, will be scored DNF. This changes RRS 35 and A4.1.

13.2. The Race Committee will abandon any race it judges not to be a fair test of sailing skill.

14. MEASUREMENT & EQUIPMENT

14.1. Each competitor is responsible for ensuring their equipment is in compliance with the ILCA rules. Failure to do so may result in disqualification from the regatta. Section 8 of the NOR will be enforced and other measurement and equipment checks may be done at any time during the regatta.

15. PROTESTS

15.1. Competitors intending to protest shall inform the Race Committee immediately after finishing and before communicating with coaches or spectators. Boats should first sail to the non-course side of the Finish Boat and report to the Finish Boat. Boats that do not finish shall report their intent to protest to any Race Committee Boat at the first possible opportunity. This adds to RRS 61.1(a).

15.2. Protests should be lodged in the Registration Room within 45 minutes of the time the Race Committee Finish Boat docks. The Race Committee will post the docking (beginning of protest) time on the official notice board as soon as practical after docking.

15.3. Protests will be heard in the approximate order of receipt. The time and place of protest hearings will be posted within 30 minutes after the end of the protest time. This is the notice required by RRS 63.2.

16. SCORING

16.1. The Low Point Scoring System, Appendix A2, will be used except as modified below.

16.2. A minimum of three races must be completed to constitute a regatta.

16.3. There will be one throwout when six or more races are sailed. When eleven or more races are sailed there will be two throwouts.

16.4. NA Masters handicap system will be in place to determine the overall series winner. For each race counted in the competitor's final score, add the following points: Apprentices, 3 points; Masters, 2 points; Grand Masters, 1 point; Great Grand Masters, 0 points. Results are re-

calculated and competitors ranked from lowest to highest score after handicap points have been added.

17. SAFETY

- 17.1. Life jackets shall be worn at all times while racing, failure to do so will result in disqualification. This changes RRS 40.
- 17.2. A competitor that withdraws from a race or intends not to start a race shall inform the nearest safety or race committee boat as soon as possible.

18. DISCLAIMER OF LIABILITY

- 18.1. Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with, prior to, during, or after the regatta.

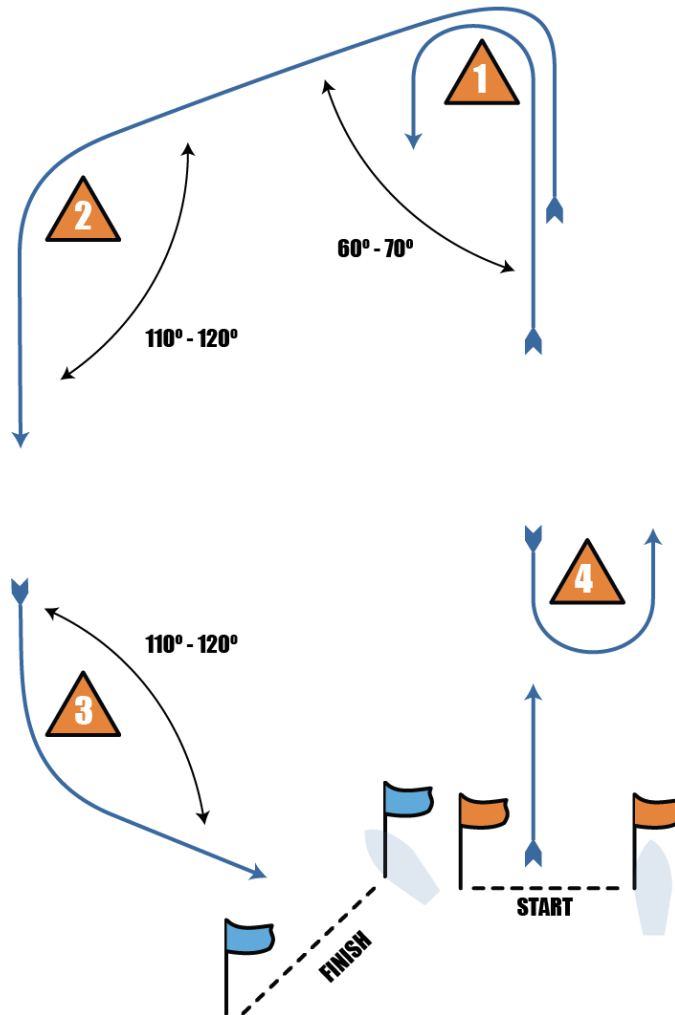
19. TROPHIES

- 19.1. Trophies will be awarded as follows:

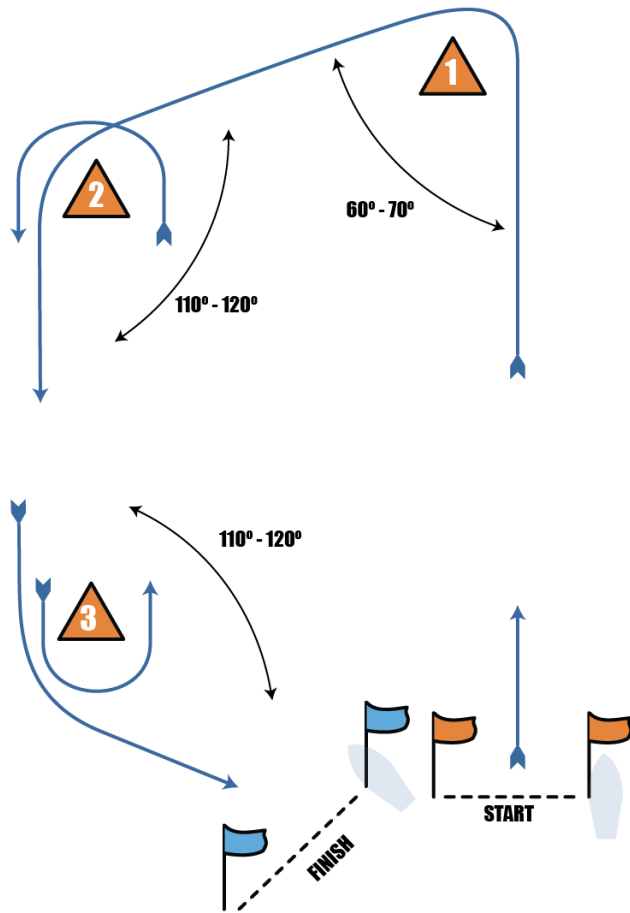
- 1st – 3rd Overall
- 1st-3rd Apprentice Master
- 1st-3rd Master
- 1st-3rd Grand Master
- 1st-3rd Great Grand Master

- 1.2. 1st Female Athlete

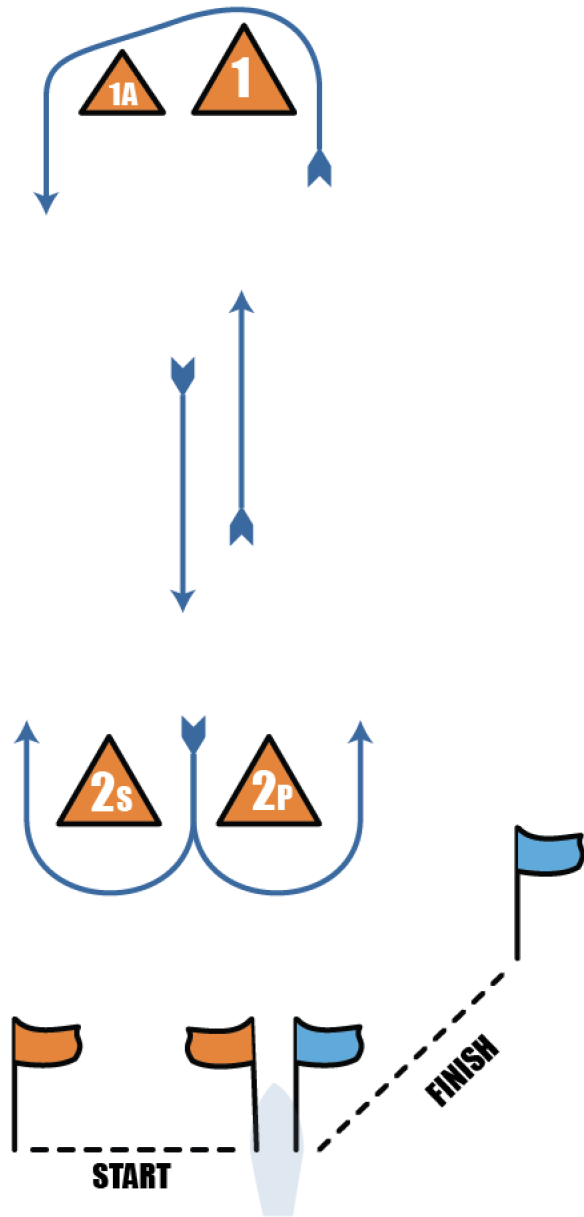
APPENDIX A COURSES



SIGNAL	MARK ROUNDING ORDER
TI	Start - 1 - 4 - 1 - 2 - 3 - Finish

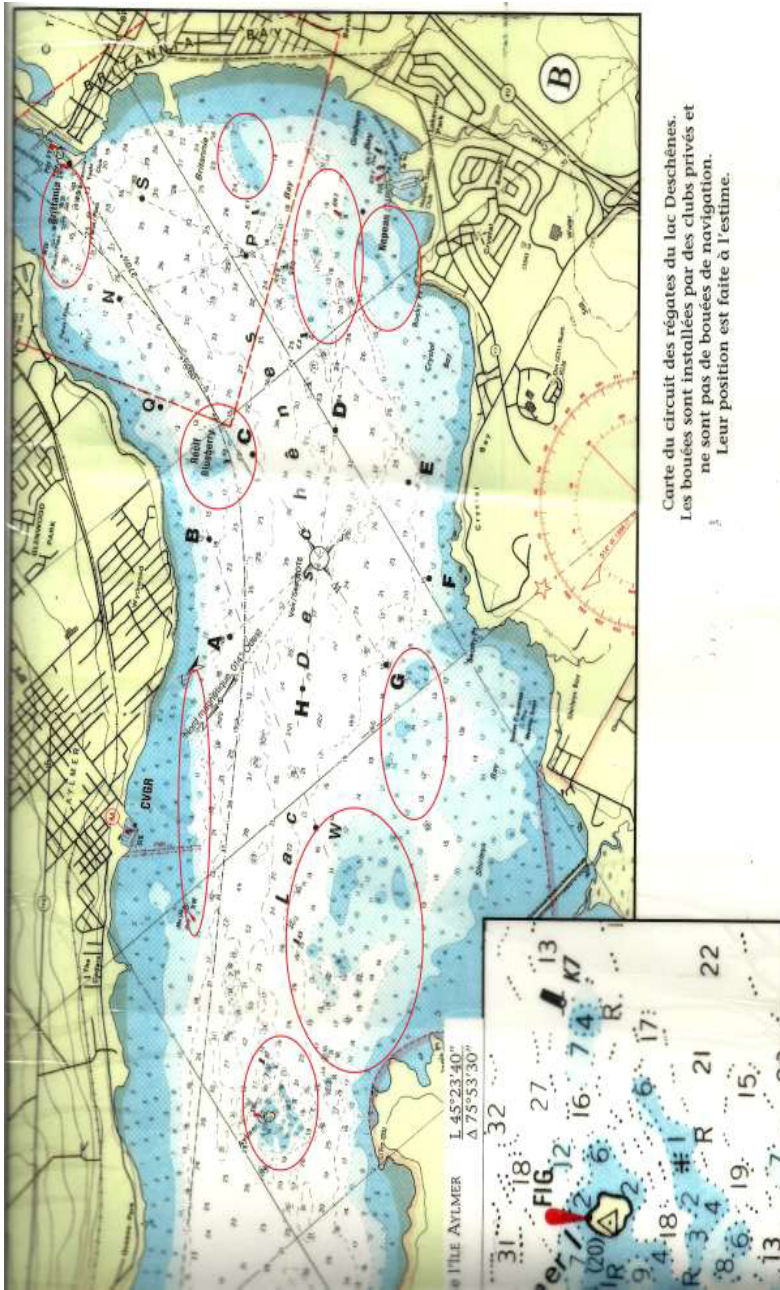


SIGNAL	MARK ROUNDING ORDER
TO	Start - 1 - 2 - 3 - 2 - 3 - Finish



SIGNAL	MARK ROUNDING ORDER
W2	Start - 1 - 1a - 2s/2p - 1 - 1a - Finish
W3	Start - 1 - 1a - 2s/2p - 1 - 1a - 2s/2p - 1 - 1a - Finish

APPENDIX B Course Area



Carte du circuit des régates du lac Deschênes.
Les bouées sont installées par des clubs privés et
ne sont pas de bouées de navigation.
Leur position est faite à l'estime.