



**Massapoag Yacht Club**  
**2018 Flying Scot New England Districts Sailing Instructions**

**1 RACING RULES**

- 1.1 The regatta will be governed by the rules as defined in the current *Racing Rules of Sailing* (RRS), The Flying Scot Sailing Association (FSSA) and these sailing instructions.
- 1.2 RRS Rules 77 and 78 are not applicable.
- 1.3 Class rules, which prohibit substitution of crews except in case of emergency, are altered to permit crew substitution for any reason with notification to the race committee.

**2 ELIGIBILITY**

- 2.1 Skippers must be members of the Flying Scot Sailing Association – you may apply for membership and pay dues at the time of the regatta
- 2.2 Competitors must have submitted a completed registration form and paid the registration fee prior to the skippers meeting
- 2.3 Competitors must notify the Race Committee of his/her intent to race before the START of the first race on the day of the regatta

**3 NOTICES TO COMPETITORS**

Official notices will be posted on the Bulletin Board on the beach at the Massapoag Yacht Club. It is the responsibility of each yacht to check the board for information.

**4 CHANGES IN SAILING INSTRUCTIONS**

Any change to the sailing instructions will be discussed at the skippers' meeting.

**5 SIGNALS MADE ASHORE**

- 5.1 Signals made ashore will be displayed at the flagstaff on the beach at the Massapoag Yacht Club or on the Committee Boat at the dock.
- 5.2 Flag AP with two horns (one horn when lowered) means "The race is postponed. The warning signal will be made not less than 15 minutes after AP is lowered."

**6 RACE AND SCHEDULE**

6.1 The schedule of events is as follows:

<u>TIME</u>	<u>Saturday</u>
08:00	Breakfast & Registration
09:30	Skipper's Meeting
10:00	Races begin
~12:00	Lunch
(after lunch)	Races Continue
After racing	Barbecue and Awards

No race will be started after 15:30 on the day of racing unless agreed to by all competitors

The race committee has the option of modifying this schedule based on weather conditions.

## 7 RACING AREA

- 7.1 The “ledge” area (bounded by four WHITE “R” marks) is an obstruction. The “taut string”, as described in RRS rule 28.1 must lie outside all these marks.
- 7.2 Fletcher’s Cove is an obstruction. The “taut string”, as described in RRS rule 28.1 must lie outside (to the East) of the white “R” mark.

## 8 THE COURSE

- 8.1 The diagrams in the Appendix A illustrate the courses, including the order in which marks are to be passed. Additional course information will be displayed on the rack of the Race Committee Boat. It is the intention of the Race Committee to start all races in the direction of the windward mark, the first mark of the course.
- 8.2 The Race Committee has the option of using the following variations on the courses shown in Appendix A.
  - The relative positions of the start and finish lines and all marks in the above diagrams are approximate.
  - Start and Finish lines may be located at the windward or leeward marks.
  - The start/finish configurations shown in the diagrams may be simplified to a single start/finish line. The race committee will verbally notify the racers of this change.
  - The offset mark in a windward leeward course may be omitted. The race committee will verbally notify the racers of this change.
  - The race committee has the option of setting a shorter windward leg for any class(s). This course will not have an offset mark. The race committee will verbally notify any fleet that will be using the shorter course, and will describe to them the mark that will be used.
  - The race committee may substitute a leeward gate for a leeward mark. The race committee will verbally notify the racers of this change.
- 8.3 The identifying letter of the chosen course will be displayed on the Race Committee Boat before or with the warning signal. For courses W, WA, and WB a number will be displayed indicating the number of laps
- 8.4 All marks are to be left to PORT, except in the case of leeward gates, which are rounded inside to outside.
- 8.5 When the start/finish line is in the middle of the course, it shall be open (i.e. boats may pass through it while racing).

## 9 MARKS

- 9.1 Marks 1, 2, 3, and 4 will usually be ORANGE colored tomatoes. If a shorter windward leg is set, its mark will be a Yellow ball. If a change of course is required the mark will be a yellow tomato. If a subsequent change of course is needed, the original orange tomato will be used.
- 9.2 The starting mark will be either a starting pin with an ORANGE flag or an ORANGE tomato.
- 9.3 The finishing mark will be the starting pin with an ORANGE flag, an ORANGE tomato, or a YELLOW flag.
- 9.4 A WHITE Ball will be used as an Offset mark on a “W” Course.

## 10 CLASS FLAGS

The RED Flying Scot Flag with the FS insignia will be used to indicate the starting sequence.

## 11 THE START

- 11.1 Races will be started using RRS Appendix S . The table below lists the sound and timing sequence.
- 11.2 Times shall be taken from the sound signals.
- 11.3 The starting line will be between a staff displaying an ORANGE flag on the Committee Boat and a nearby mark or pin.
- 11.4 Boats whose *warning* signal has not been made shall keep clear of the starting area and of all boats whose *warning* signal has been made.

11.5 A boat shall not start later than 10 minutes after her starting signal.

<u>Sequence TIME</u>	<u>ACTION</u>	<u>SOUND SIGNALS</u>	<u>EVENT</u>
		Faint beeping sound	10 second countdown to Start
		5 Short Blasts	Attention-getter for current class
3 Min	Raise Class flag	3 Long Blasts	WARNING for current class
2 Min		2 Long Blasts	PREPARATORY for current class
1:30 Min		1 Long Blast + 3 Short Blasts	
1Minute		1 Long Blast	
30 Sec		3 Short Blasts	
20 Sec		2 Short Blasts	
10 Sec		1 Short Blast	
05 Sec		5 Short Blasts	5, 4, 3, 2, 1 Seconds to Start
START	Lower Class Flag	1 Long Blast	START

## 12 CHANGE OF COURSE AFTER THE START

- 12.1 A change of course after the start will be signaled from the RC boat or a Mark Boat before the leading boat has begun the leg, although the new mark may not then be in position.
- 12.2 Any mark to be rounded after rounding the new mark may be relocated without further signaling to maintain the original course configuration.

## 13 THE FINISH

- 13.1 When the start and finish lines are on opposite sides of the Committee Boat, the finish shall be between a BLUE flag on the Committee Boat and a nearby pin with a BLUE flag.
- 13.2 In all other cases, the finish line will be between a staff displaying an ORANGE flag on the Committee Boat or Finish Line Boat and a nearby mark or pin.
- 13.3 When the Committee Boat is on station, it will be indicated by display of a BLUE flag. Failure of the Committee Boat to display this signal will not be grounds for redress. **This changes rule 62.1(a).**

## 14 TIME LIMIT

The time limit from the Starting Signal to the Finish for the first boat will be one and one half (1½) hours for each class. A boat that did not finish within 45 minutes after the first boat finishes or within the time limit (whichever is later), shall be scored points for the finishing place one more than the number of boats registered in the class.

## 15 PROTESTS

- 15.1 Written Protests shall be submitted to the Race Committee not later than 30 minutes after the Race Committee Boat arrives at the dock following the last race of the day.
- 15.2 A list of the yachts protesting and protested will be posted on the bulletin board and the competitors or their representatives must remain available for a hearing to be held as soon as possible.
- 15.3 A protest committee shall be chosen according to RRS rule 89(a).

## 16 SCORING

- 16.1 The Low Point scoring system, rule A2, will apply. Up to 5 races are scheduled of which 1 must be completed to constitute a series. Each yacht's total score will be the sum of her scores for all races.

## 17 SAFETY

Safety equipment specified by class rules and current applicable U.S.C.G. and Commonwealth of Massachusetts, Registry of Motor Vehicles, Marine Division regulations for each boat category must be carried by all competing yachts.

Current minimum requirements are:

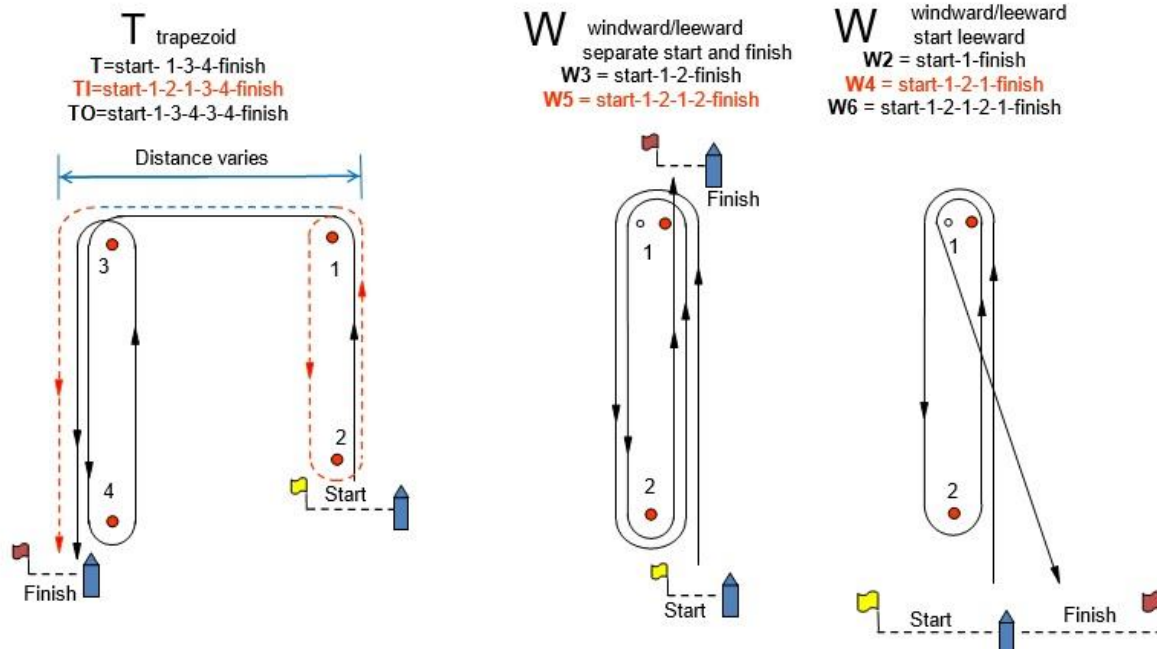
1. One U.S.C.G. approved P.F.D. for each person on board.
2. Horn or whistle
3. Paddle or oar
4. Bailing bucket
5. Suitable anchor with at least 50 ft. of rode.
6. Throwable flotation device

\* Note that FSSA rules also require a bow bag and a transom port on each boat

## 18 ADDENDUM

All yachts are warned that there is a large shallow area immediately to the North/North West of Flat Rock and extending to the east and north. Water-depth in the area ranges from 3 to 10 feet.

## APPENDIX A



- W Windward – Number designations specify the number of legs to be sailed  
T Trapezoid. Windward, reach, leeward, reach. Start 1-2-3-4-finish.  
TI Trapezoid with windward – leeward leg on inside loop only. Start-1-2-1-3-4-finish  
TO Trapezoid with windward – leeward leg on outside loop only. Start-1-3-4-3-4-finish  
TO2 Trapezoid with 2 windward – leeward legs on outside loop. Start-1-3-4-3-4-3-4-finish  
TIO Trapezoid with windward – leeward legs on both loops. Start-1-2-1-3-4-3-4-finish