

DYC Midsummer Regatta Sailing Instructions

1. Rules and Safety

- a. The regatta will be governed by the Racing Rules of Sailing – “RRS” the prescriptions of US Sailing, the rules of each class, except as changed by these sailing instructions.
- b. In the event of serious breach of good conduct by a skipper or crew member, the Race Committee may, after a hearing, disqualify from the regatta the yacht with which the offender is associated. A serious act of misconduct includes the failure to comply with a reasonable official request.
- c. Lifejackets – Each competitor shall wear and keep fully secured a US Coast Guard–approved PFD at all times while afloat. Whistles permanently attached to the PFD are required. Sturdy boating shoes must be worn at all times.
- d. Inspection. Each boat will be subject to a safety inspection. In addition to any other safety equipment required by class rules, each boat is required to have appropriate buoyancy devices, and correct numbers located on the sails. Each OPTIMIST shall have a mast preventer to keep the mast from unstepping in the event of a capsize, an 8 meter (26 feet) tow line securely attached to a fixed point on the bow with the bowline loop tied in the end, a bailer tied to the boat, a properly secured daggerboard, and a boom bridle span not exceeding 10 cm (4 inches).

2. Entries

- a. Eligible boats may be entered by completing registration with the Duxbury Yacht Club, www.regattanetworks.com.
- b. Competitors must participate in both race days to remain eligible for prizes.

3. Notices to Competitors

Notices to competitors will be posted on the regatta notice board at the DYC. Notices concerning protests will be posted on the protest notice board at the DYC.

4. Changes in the Sailing Instructions

Any change to the sailing instructions will be approved by the Principal Race Officer and posted prior to the harbor start on the day that it will take effect, except that any change to the schedule of races will be posted by 4:00 pm on the day before it will take effect.

5. Signals Made Ashore

Harbor start will be signaled by the code flag “G” and one sound signal.

6. Schedule of Races

- a. Thursday, July 26th Harbor Start 10:00 am
- b. Friday, July 27th Harbor Start 9:00 am
- c. No race will start after 2:30 pm on either day.
- d. Prior to the starting sequence of the first race of each day, each competitor must sail close by the Race Committee boat on the starboard tack, hail his or her sail number, and be acknowledged by the Race

Committee boat. Boats not complying may not be scored.

7. Racing Area

Duxbury Bay; specific locations will be described at skipper’s meeting.

8. Courses

The courses are described on the course card available at check-in.

9. Marks

- a. Marks for the 420’s will be yellow and orange race marks.
- b. Marks for the Opti Champion line (blue, red, and white fleets) will be yellow race marks.

10. Starting

- a. The starting line will be between a staff on the committee boat displaying a flag and a buoy off the port side of the committee boat.
- b. All races will start with audible signals by horn. The format will be a three minute dinghy start.

11. Recalls

- a. Individual recalls will be hailed by sail number from the committee boat.
- b. After the first general recall, the round the ends rule will be in effect. This means that within one minute of the start, boats that are over the line must sail around one of the ends of the line prior to starting.

12. Finishing

The finish will be between the staff on the Race Committee boat and a nearby mark off the port side of the Committee boat.

13. Time Limits

- a. The first place boat must finish the race in one hour and 30 minutes.
- b. Yachts failing to finish within 30 minutes after the first yacht finishes will be scored a DNF.

14. Protests

- a. Upon finishing a race, a yacht shall attempt to notify the Race Committee boat of her intent to protest and the number of the protested yacht. In doing so the protestor must keep clear of all finishing yachts.
- b. The protest committee will hear protests in approximately the order of receipt as soon as possible.

15. Penalties (720 Rule)

Subject to the provisions of the applicable of the RRS rules, a boat may exonerate herself by making two 360-degree turns, including two tacks and two jibes.

16. Scoring

The low-point scoring system will be used. One race shall constitute a series. Each yacht’s total score will be the sum of her finishes for the entire series. However, if 6 races are sailed, there will be one throw out.

