



Arden Regatta
PHRF 2, 3, 4 & 5 Classes
South Bay Class
San Diego, California
Saturday, June 30th, 2018

SAILING INSTRUCTIONS

Regatta Chair	Carolyn Sherman	cmaidn@yahoo.com
Principal Race Officer	Colleen Cooke	sailorcookie@cox.net
Protest Chair	Summer Greene	protests@southwesternyc.org

1. RULES

- 1.1. The Regatta will be governed by the rules as defined in *The Racing Rules of Sailing (RRS) for 2017-2020*, including US Sailing Prescriptions, except US Sailing Prescriptions to Rules 63.2 and 63.4 will not apply, and as modified by these Sailing Instructions.
- 1.2. In the event of a conflict between the Notice of Race and the Sailing Instructions, the Sailing Instructions will apply. This changes RRS 63.7.
- 1.3. **NAVAL PROTECTION ZONE:** The Naval Protection Zone is a 500 yard regulated area of water surrounding all US Naval Vessels which are greater than 100 feet in length. All vessels within 500 yards of a US Naval Vessel greater than 100 feet in length shall operate at the minimum speed necessary to maintain safe course and speed and shall proceed as directed by any official patrol. **NO VESSEL IS ALLOWED WITHIN 100 YARDS OF A LARGE US NAVAL VESSEL.** These zones are permanently in effect. (33 C.F.R. 165.2030)
- 1.4. RRS rule 55 is changed by adding the following sentence to the rule: "However, discarding biodegradable bands when setting a sail is permitted." Racers remain responsible for compliance with all applicable state and federal laws.

2. NOTICE TO COMPETITORS

- 2.1. Notices to competitors will be posted on the SWYC web page and RC Bulletin Board adjacent to the SWYC office no later than 0900 on the day of the event.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1. Ashore: Any change in the Sailing Instructions will be posted on the above bulletin board and on the SWYC web site prior to 0900 on the day of the event.
- 3.2. Afloat: Any change in the Sailing Instructions made afloat will be communicated via VHF Channel 68 and/or loud hailer.
- 3.3. The Race Committee will monitor and communicate on VHF Channel 68 when on station.

4. RESERVED

5. SCHEDULE OF RACES

- 5.1. The races are scheduled as follows.

<u>RACE</u>	<u>TIME OF FIRST WARNING</u>
1	1155 for the first class
2	Immediately following Race 1

3 Immediately following Race 2

6. CLASS FLAGS, STARTING ORDER and CHECK-IN

6.1. The following list is for class, class pennant and starting order. Numeral pennants designating class will be displayed from the yacht’s backstay. Yachts without a backstay shall display their pennants in a prominent manner on the stern. The race will be started in accordance with RRC 26. If a class has no competitors, subsequent class fleets will move up in the starting order.

<u>CLASS</u>	<u>NUMERAL PENNANT</u>
PHRF 2	Pennant 2
PHRF 3	Pennant 3
PHRF 4	Pennant 4
PHRF 5	Pennant 5
South Bay	Pennant 0

6.2. Eligible yachts complete their entry by checking in with the RC boat prior to the first warning signal. Yachts checking in shall pass the RC boat to starboard and hail with sail number and class. Check-in will be complete only when RC boat responds with that information. **THERE WILL BE NO RADIO CHECK-IN.**

7. RACING AREA

7.1. The racing area for Races #1 and Race #2 will be in South San Diego Bay near Navigational buoys 28 and 30.
7.2. The racing area for Race #3 will be from South San Diego Bay to Navigational Buoy 17.

8. THE COURSES

8.1. Race #1 and Race #2 shall be windward-leeward courses and will be selected from the course diagrams listed in Attachment A. The windward mark shall be rounded to port. A leeward gate shall be used.
8.2. The course number, approximate compass bearing, and approximate distance between Mark 1 and the leeward gate will be displayed from the signal boat by placard as illustrated in Attachment A.
8.3. Race #3 will start in South San Diego Bay and continue to Navigational Buoy 17 as described in Attachment B and below.

Start (near Race #1 and Race #2 starting area)
Leave Turning Mark (Orange Tetrahedron) to Starboard
Leave Navigational Buoy 28 to Port
Leave Navigational Buoy 26 to Port
Leave FM19 to Port
Leave Navigational Buoy 19 to Port
Finish (between Buoy 17 and the RC boat)
NOTE 1: Distance for handicap purposes is 7.0 nautical miles.

9. MARKS

9.1. The Windward Mark for Race #1 and Race #2 shall be an orange tetrahedron buoy located on the approximate compass bearing displayed from the RC boat. See Attachment A.
9.2. Race #1 and Race #2 shall employ a gate consisting of two orange buoys located downwind from the starting line. See Attachment A.

- 9.3. The start and finish mark for Race #1 and Race #2 shall be a yellow tetrahedron. See Attachment A.
- 9.4. Marks for Race #3 are as follows. See Attachment B.

MARKS

Turning Mark (Orange Tetrahedron)

Navigational Buoy 28

Navigational Buoy 26

FM19

Navigational Buoy 19

Navigational Buoy 17

10. RESERVED

11. THE START

- 11.1. The starting line will be approximately equidistant from the windward mark and leeward gate, between a staff displaying an orange flag on the RC boat at the starboard end and the course side of the yellow tetrahedron mark at the port end.
- 11.2. A distance buoy may be streamed aft of the RC boat and if present shall be considered part of the RC boat.
- 11.3. Yachts whose warning signal has not been made shall avoid the starting area.
- 11.4. An attention sound signal (horn) shall be sounded to alert all yachts that a starting sequence will begin in approximately one (1) minute.
- 11.5. A yacht which does not start within four (4) minutes after her starting signal will be scored Did Not Start without a hearing. This alters RRS A4 and A5.
- 11.6. **The RC may eliminate or combine starts without prior notice, depending on entries. Class pennants will indicate combined starts. The RC may announce any such changes on VHF Channel 68.**

12. RECALLS

- 12.1. General and Individual recalls shall be signaled in accordance with RRS 29.1. The RC may attempt to notify premature starters either by loud hailer or VHF Channel 68. Failure of a yacht to hear a hail OR failure of the RC to hail shall not be grounds for redress. This modifies RRS 62.1(a). It is the responsibility of each yacht to start properly.

13. FINISH

- 13.1. For Race #1 and Race #2, the finish line will be between a yellow tetrahedron buoy and a staff displaying an orange flag on the RC boat on station at the finish line, leaving the RC boat to starboard. Should the buoy not be present, yachts are to pass close (within 30 yards) to the RC boat leaving the RC boat to starboard.
- 13.2. For Race #3, the finish shall be between Navigational Buoy 17 and a staff displaying an orange flag on the RC boat, leaving the RC boat to starboard. If the Race Committee boat is absent when a yacht finishes, she should report her finishing time, and her position in relation to nearby boats, to the Race Committee at the first reasonable opportunity. In this case, the finish line is a line through Buoy 17, at a 90° angle to the last leg and of the shortest practicable length.

14. PENALTY SYSTEM

- 14.1. For all classes, RRS V1, Penalty at the Time of an Incident, and V2, Penalty Taken After Race, shall apply.

15. TIME LIMIT

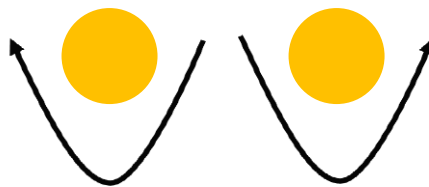
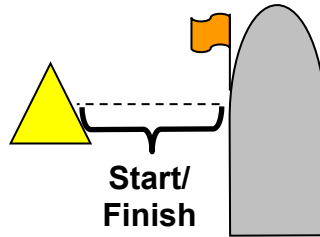
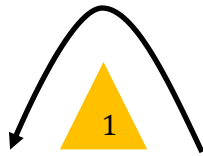
- 15.1. The time limit for the first yacht to finish from each class will be two (2) hours for each race.
 - 15.2. Yachts failing to finish within 30 minutes after the first yacht of their class finishes will be scored "Did Not Finish" (DNF). This modifies RRS 35.
 - 15.3. The time limit is 1730 for the last race. Any boat not finished by 1730 will be scored DNF for that race. This modifies RRS 35.
 - 15.4. A yacht that retires from the series **must hail and notify the RC on VHF Channel 68** before leaving the course or notify the RC Principal Race Officer at the email address provided above. Failure to do so shall result in disqualification from this series and possible rejection of entry for subsequent races.
16. PROTESTS
- 16.1. Protests shall be initiated in compliance with RRS 61, except as amended by these Sailing Instructions.
 - 16.2. Protest flags shall be displayed from the backstay. On yachts that have no backstays, the protest flag shall be displayed in a prominent position on the stern.
 - 16.3. RRS 61 is modified to add the additional requirement: A yacht intending to protest shall report her intentions and the yacht(s) being protested to the RC boat on station upon finishing or retiring and **shall obtain RC acknowledgement**. A yacht that does not finish and intends to protest shall report her intentions and the yacht(s) being protested to the RC Boat via VHF Channel 68, and **shall obtain RC acknowledgement**.
 - 16.4. Protests must be in writing, photographed, and emailed to "**protests@southwesternyc.org**" no later than 60 minutes after the RC boat docks.
 - 16.5. Notice of protest and yachts involved including names of witnesses, if known, and the schedule of hearings will be posted on the RC Bulletin Board adjacent to the SWYC office within 30 minutes of the expiration of the protest time.
 - 16.6. Protests will be heard in the approximate order of receipt as soon as possible after the day's racing is complete, or at a later date, at the option of the Protest Committee.
 - 16.7. Arbitration will be available according to Appendix T for breaches of the rules of Part 2 where there is no damage or injury. Protests not resolved through arbitration or Request for Redress will be referred to the Protest Committee for a hearing.
17. SCORING
- 17.1. This is a PHRF San Diego Annual Championship Series event.
 - 17.2. The PHRF San Diego Fleet shall be handicapped according to their "Buoy" ratings for Race #1 and Race #2.
 - 17.3. The PHRF San Diego Fleet shall be handicapped according to their "RLC" ratings for Race #3.
 - 17.4. One race is required to be completed to constitute a series.
 - 17.5. For PHRF classes 2, 3, 4, and 5, each yacht's score shall be the total of all race scores. This modifies RRS Appendix A2.1.
 - 17.6. For South Bay Class, RRS Appendix A2.1 shall be in effect.
18. SAFETY REGULATIONS
- 18.1. The safety of a yacht and her crew is the sole and inescapable responsibility of the "person in charge," as per RRS 46, who shall ensure that the yacht is seaworthy and sailed by an experienced crew with sufficient ability and

experience to face bad weather. The person in charge shall be satisfied as to the soundness of hull, spars, rigging, sails, and all gear. The person in charge shall ensure that all safety equipment is at all times properly maintained and safely stowed and that the crew knows where it is kept and how it is used.

- 18.2. The US Sailing's Safety at Sea Committee describes the gear requirements to be used on sailboats when racing. See **US Sailing Nearshore Safety Equipment Requirements** for required gear: : https://www.ussailing.org/wp-content/uploads/2018/03/US_SER_2018.0-1.xlsx
19. PRIZES
 - 19.1. The Award Ceremony will be held after the races on Saturday, June 30th, 2018, at SWYC.
 - 19.2. SWYC invites all participants to enjoy the facilities and hospitality of the club at the Award Ceremony following the racing.
20. DISCLAIMER OF LIABILITY
 - 20.1. Sailing is an activity that has an inherent risk of damage and injury. Participants in this event take part entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage to any yacht or other property or the injury to any participant, including death, sustained as a result of participation prior to, during or after the regatta.

Attachment A

<i>Course</i>	<i>Marks</i>
W1	Start, 1, Gate, Finish
W2	Start, 1, Gate, 1, Gate, Finish
W3	Start, 1, Gate, 1, Gate, 1, Gate, Finish
W4	Start, 1, Gate, 1, Gate, 1, Gate, 1, Gate, Finish



Course, Heading, & Distance Placard Illustration

Course	W 270	Magnetic
Designation		4 1.00
		Distance

Attachment B

