

Del Rey Yacht Club - US Sailing International Offshore Safety at Sea Course - First Day

January 12-13, 2019

0800 - 1730

8:00 AM

Topic	Speaker	Start Time	Duration, Minutes	End Time
Registration	DRYC	8:00 AM	0:45	8:45 AM
Welcome and Introduction	Judy Gavin and Bruce Brown	8:45 AM	0:15	9:00 AM
Crew Overboard Prevention and Recovery	Bruce Brown	9:00 AM	0:45	9:45 AM
Lessons Learned	Bruce	9:45 AM	0:45	10:30 AM
Break and Demo - (COB Rescue Devices)	Bruce	10:30 AM	0:45	11:15 AM
Personal Safety Gear	Bruce Brown and Dave Robertson	11:15 AM	0:45	12:00 PM
SAR Organization	USCG	12:00 PM	0:45	12:45 PM
Lunch		12:45 PM	1:00	1:45 PM
Care and Maintenance of Safety Gear	Bruce and Dave	1:45 PM	0:45	2:30 PM
Crew Health (head injuries, dehydration Hypothermia)	Need Suggestion	2:30 PM	0:45	3:15 PM
Break and Demo (Life Raft Deployment)	Bruce and Dave	3:15 PM	0:30	3:45 PM
Marine Weather	John Jourdane	3:45 PM	0:45	4:30 PM
Emergency Communications	Bruce	4:30 PM	0:45	5:15 PM
Giving Assistance to Other Craft	Bruce	5:15 PM	0:30	5:45 PM
Wrap Up and Door Prizes		5:45 PM	0:30	6:15 PM

US Sailing Official Topics

Giving Assistance to Other Craft
Personal Safety Gear
Care and Maintenance of Safety Gear
Fire Precautions
Crew Overboard Prevention and Recovery
Hypothermia and Drowning
Crew Health (head injuries, dehydration)
Marine Weather
Heavy Weather
Storm Sails
Damage Control and Repair/Emergencies
SAR Organization
Pyrotechnics and Signalling Gear
Emergency Communications
Liferafts and Abandon Ship