



The Junior Sailors of The Lake George Club cordially invite junior sailors from neighboring clubs to participate in the 2019 Cheeseburger Regatta. This annual regatta, on picturesque Lake George, the "Queen of American Lakes "- in the southern Adirondack Mountains of New York State alternates between The Lake George Club (odd years) and the Northern Lake George Club (even years). It features racing in single-handed Optimist and double handed Flying Junior Dinghies, and has great hospitality, a beautiful setting, lots of competitive racing, and usually favorable winds.

Site: The Lake George Club, 4000 Lake Shore Drive, Diamond Point, New York. The Lake George Club is located five miles north of Lake George Village on Route 9N. Races normally take place in front on the Lake George Club with an excellent view from the Club for spectators.

Rules: This regatta will be governed by The Racing Rules of Sailing, 2017- 2020 (RRS), the United States Sailing Association Prescriptions, this Notice of Race, and the Sailing Instructions.

Eligibility: Open to Optimist ages 15 and under and Flying Junior sailors ages 17 and under (as long as you are not turning 18 before December 31, 2019) from the following clubs: Adirondack Camp, Lake Champlain Community Sailing Center, Lake Champlain YC, The Lake George Club, Mallett's Bay YC, Northern Lake George YC, Saratoga Lake Sailing Club, and Lake Sunapee. Sailors from other regional clubs may be eligible upon application to the Regatta Chairs of the organizing club.

Scoring: The low point scoring system if Appendix A of the RRS will apply (as modified the Sailing Instructions). A yacht's total score will be the sum of her scores for all races. There will be one throw out race per every 6 races completed.

Races: We will have up to twelve races as conditions and time permit, at the discretion of the Race Committee. One race shall constitute a series.

Penalties and Protests: Protests must be filed in writing within the one hour Protest Time

(within one hour of the Committee Boat returning to the dock). See the Sailing Instructions for additional information.

Registration: The following Registration Information is requested by **Wednesday**, **July** 10th, 2019 from participating Clubs:

Name(s), telephone number, and email address of Junior Program Coordinator(s).

Name(s) of sailing instructors accompanying the sailors.

Name(s) of any parents or other chaperones accompanying the sailors. Names, ages, and gender of all attending junior sailors form your club, specify whether they are sailing Opti or a FJ, and if they need housing. We will try to accommodate housing, but cannot guarantee it.

Please specify any special conditions and allergies. Please also remember we only accept cash or check while using our facilities.

Number of Opti and number of FJ boats you are bringing to the club.

Please email complete information to <u>LGCjuniorsailing@gmail.com</u>, or call The Lake George Club at 518-668-3863. Thank You!

Prizes: Trophies will be awarded to the top 5 Opti's, top 3 Opti Green's, and top 5 FJ Skipper and Crew, plus an Overall Sportsmanship award will be presented following lunch on Friday. Individual Race awards will be given to the top 3 in each race.

Prohibited Equipment: FJ - bow sprits and 4 batten mainsails.

Boat Washing: Lake George is clear and clean drinking water, and we are very concerned about the introduction of foreign organisms, particularly Zebra Mussels and Eurasian Milfoil. Before arriving at Lake George, please drain all water and wash your hull, rudder, and centerboard. Be sure your sails are clean and dry. We will have pressure washing facilities at the Club and will require suspect boats to be thoroughly washed before launching (in upper parking lot only, not on the beach). Your understanding and cooperation is very much appreciated!

Schedule (may change slightly- See notice in Junior Club Room upon arrival):

Wednesday, July 24, 2019

Arrive at the Lake George Club @ 1300 - 2000 hrs.

Unload and rig boats

Open Sail

Check in and receive sailing instructions and host family information

(Other's may purchase lunch from the grotto menu)

Host Families will pick up sailors and provide dinner @ 1630 hrs

Thursday, July 25, 2019

Arrive at LGC and complete boat rigging 0830 hrs

Competitors Meeting, main steps of LGC @ 0900 hrs

Harbor Signal, (one long horn) shortly after the meeting

Racing Begins- first Attention signal approx. 25 min. after Harbor Signal

Lunch break at approx. 1230 hrs

Racing Continues following lunch

Cheeseburger Dinner!! @ 1800 hrs

Host Families Pick Up Sailors @ 2000 hrs

Friday, July 26, 2019

Arrive @ 0900 hrs

Harbor Signal, (one long horn) @ 0930 hrs

Racing Begins - first attention Signal approx. 25 min. after Harbor Signal

Lunch @ approx. 1300 hrs

Awards Ceremony @ 1400 hrs

Regatta Chairpersons:

Caroline Patten (201)-919-5080 Joe Favero 518-668-5699

Tracey Gallagher 518-668-5734

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