



2019 Twin Island Series – Sailing Instructions

Race Dates: *April 27th* • *July 13th* • *October 5th*

1. RULES

The regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS), the US Sailing Prescriptions, the Notice of Race and these Sailing Instructions.

2. SAFETY

Boats shall not impede the passage of a vessel, which can safely navigate only within a narrow channel or fairway, (see US Dept. of Commerce chart 18649 for designated narrow channels and fairways of SF Bay) or fishing or other vessel with restricted ability to maneuver. Boats identified by sail number who endanger their own safety or that of the commercial or government vessel will be subject to protest by the Race Committee (RC) or a contestant and face possible disqualification. A protest for allegations of the above will be heard by a protest committee whether or not the requirements of RRS 61.1 (a) & (b) have been fulfilled or exclusions referenced in RRS 60.2(a) have been met. A DSQ for a safety violation shall be considered as disqualification not excludable (DNE).

(a) Propulsion: To comply with this section and to avoid impeding such a vessel, a competitor may utilize auxiliary power without being obligated to retire (in accordance with RRS 42.3(h)) for only as long as required to clear a channel expeditiously. In so doing, she shall notify the race committee as soon as possible. She shall then be subjected to a scoring penalty of 2 places worse than she would have received, however she shall not be scored worse than Did Not Finish.

(b) Personal safety is the responsibility of the each individual while racing. While wearing a personal flotation device (PFD) is not a requirement of this regatta, it is encouraged. For any particular race in the Series, the Race Committee may fly the Y Flag which indicates a PFD is required to be worn by all racers.

3. CLASSES

There will be two classes or divisions – Spinnaker and Non-Spinnaker. Once a boat is entered in a division she may not change to the other division.

4. NOTICES TO COMPETITORS

Notices to competitors or changes to the sailing instructions will be posted on the official notice board at the SYC Clubhouse and on the regatta website

<http://www.regattanetwork.com/event/17942>. Notices shall be posted not later than 2000 hrs on the day before it will take effect. Notices to competitors may also be posted on the website, but the official notice board shall prevail.

5. SIGNALS MADE ASHORE

Signals made ashore will be displayed from the flagpole located at the SYC clubhouse. If a postponement is signaled ashore, the warning signal will be made not less than one hour after

the AP is lowered.

6. STARTING AND FINISHING LINES

The starting line will be in the Knox area of SF Bay between the staff displaying an orange flag on the SYC committee boat and an inflatable mark.

The finish line will be between the staff displaying an orange flag on the SYC clubhouse mast and an inflatable mark to the northeast of the club.

7. SCHEDULE and CLASS FLAG

First warning will be at **1200** hrs.

Starts **will not** be rolled.

Races abandoned due to conditions on the race course may be rescheduled utilizing a notice to competitors.

Fleet	Class	Flag
Division A	Spinnaker	A
Division C	Non-spinnaker	C

8. CHECK-IN & RETIRE

a. All boats shall show their sail number to the Race Committee Boat by sailing past the committee boat on a starboard tack prior to the first warning signal.

b. Boats with youths on board (participating crewmembers, 18 years of age or younger on the day of the race) wishing to compete for the 75th Anniversary John Williams Youth Award shall additionally notify the Race Committee Boat prior to the first warning signal that they have youths on board.

Skippers of such boats shall separately submit the names and dates of birth of all youths who were on board for the entire race to the race organizers prior to the awards ceremony for each race.

c. A boat that retires from a race shall notify the race committee as soon as possible.

9. COURSE and MARKS

Boats shall choose from one of the following two courses:

EITHER Start – 15P - Angel Island S – Alcatraz S – 15S – Finish - OR - Start – 15P - Alcatraz P - Angel Island P – 15S – Finish	10.1nm
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Mark Descriptions:

15	Yellow SYC Inflatable mark located off of Yellow Bluff
Alcatraz	Island with conspicuous prison like buildings
Angel Island	Wooded island located north of Alcatraz

10. COMMUNICATIONS

RRS 25 & 60.1(b) are modified to allow for on-the-water radio communications between the Race Committee (R/C) and racing boats on VHF channel 72. The R/C may hail boats that are OCS. The inability of a competitor to hear a hail for OCS or any other information shall not relieve her of her responsibility, nor shall it be grounds for redress.

RRS 90.2(c) is amended to allow oral changes to the Sailing Instructions on the water. In the event the R/C needs to communicate oral changes, they shall raise the "L" flag and attempt to hail competitors on VHF channel 72.

11. RESTRICTED AREAS

For the purpose of RRS 18, 19, 28, the following objects shall be left to shoreward: Anita Rock and any buoy marking same, vertical 'H' beam off Water Quality Control Plant west of StFYC, bell buoy 7 off the west end of Alcatraz, and Point Blunt buoy off Angel Island. Above obstructions are not marks of the course. Any rocks visible at Mean Lower Low water immediately adjacent to Marin County or San Francisco shorelines shall be left to shoreward.

12. TIME LIMIT

The time limit for each race will be 1600 hrs for all boats to finish. Boats finishing after this time will be scored DNF. This modifies RRS 35.

13. PROTESTS

Written protests shall be delivered to the Race Committee Chair within one hour from the earlier of: a) when the last competitor finishes / retires, or b) when the time limit expires. The protests received will be posted on the notice board. Hearings will be held on the Thursday after the event, at 7pm.

14. SCORING

This series shall be scored as a series longer than a regatta. A minimum of one race is required to be completed to constitute a series. All races will be counted in the series score. The "Time on Time" method of scoring will be used. Single race participants will not have their scores counted in the Series totals.

15. AWARDS, PERPETUAL TROPHIES

Prizes for individual races and to declared youth participants will be awarded at the SYC Clubhouse at the conclusion of each race day to those winners in attendance. All prizes will be awarded based on the number of participants in each division. Series prizes, the Twin Island Trophy, the Decker Trophy and the 75th Anniversary John Williams Youth Award will be awarded at the conclusion of the series on October 5th 2019.

Appendix A

(Not part of the Sailing Instructions)

Please join us at the SYC Clubhouse for complimentary light snacks and Ernie's Island Punch!
There will also be live music after the second and third races.