



**Spring Frostbite Series  
Chicago Yacht Club (OA)  
Belmont Harbor, Chicago, IL  
March 31 - May 5, 2019**

## SAILING INSTRUCTIONS

### Abbreviations

**[SP]** Rules for which a standard penalty may be applied by the race committee without a hearing or a discretionary penalty applied by the protest committee with a hearing.

**[DP]** Rules for which the penalties are at the discretion of the protest committee.

### 1 RULES

- 1.1 The series will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 The Club 420 fleet shall sail with jib and main only. This changes Club 420 class rules 1.2.

### 2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located at Chicago YC Belmont Station across the hall from the race committee office.

### 3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted on the official notice board or announced by loudhailer on the water prior to the warning signal of each race.

### 4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the Belmont Station flagstaff.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

### 5 SCHEDULE OF RACE

- 5.1 On-site registration will be held each day of racing from 0830 to 0940.
- 5.2 Racing will be held as shown in the following table:

Date	Laser	V15	Sonar	Club 420	J/70
03/24/19	✗	✗	✗	✗	✗
03/31/19	X	X	X	X	X
04/07/19	X	X	X	X	X
04/14/19	X	X	X	X	X
04/20/19	X	X	X	X	X
04/28/19	X	X	X	X	X
5/5/19	X	X	X	X	X

- 5.3 The scheduled time of the first warning signal for all classes is 1030 each race day and there will be no warning signal after 1300.
- 5.5 The Race Committee will attempt to run as many races as practical..



## 6 CLASS FLAGS

Class flags will be flags bearing the class insignias.

## 7 RACING AREA

7.1 The racing area for the all classes will be in the open waters of Lake Michigan approximately one-half mile east/northeast of Belmont Harbor or in the waters of Belmont Harbor.

## 8 THE COURSES

- 8.1 The diagrams in Addendum A show the Lake Michigan courses, the order in which the marks are to be passed, and the side on which each mark is to be left. For windward/leeward courses (W/L) the course will be displayed as W/L + the number of legs.
- 8.2 For Lake Michigan windward/leeward courses, Mark 2 will be a gate. If the gate is not in place, the single leeward Mark 2 shall be left to port.
- 8.3 For Modified Olympic courses, the course will be displayed on a signboard as follows: **MO** represents Triangle, Windward, Leeward, Windward, Leeward and **O** representing, Triangle, Windward, Leeward, Windward.
- 8.4 Mark 1 may have an offset. If the offset is not in place, the single windward Mark 1 shall be left to port.
- 8.5 The diagram in Addendum B shows the 420 course, the order in which the marks are to be passed, and the side on which each mark is to be left. The number of legs will be posted.
- 8.6 For the Modified Windward-Leeward Course (**Course M**), Race Committee may choose to stipulate whether the start/finish line is “open” or “closed.”  
Open means that competitors may sail through the line on the upwind or downwind.  
Closed means that competitors may not sail through the line on the upwind or downwind.

## 9 MARKS

- 9.1 Original turning marks will be orange shapes.
- 9.2 New marks, as provided in instruction 11.1, will be yellow shapes for the first change. Subsequent changes will alternate orange and yellow shapes.
- 9.3 The starting mark will be an orange shape.
- 9.4 The finishing mark will be an inflatable shape.

## 10 THE START

- 10.1 Races will be started using Appendix U, Sound-Signal Starting System. The starting order will be announced on the water.
- 10.2 The starting line will be between a staff displaying an orange flag on the signal boat at the starboard end and the course side of the port-end starting mark.
- 10.3 A boat whose warning signal has not been made shall keep clear of the starting area, defined as the area extending approximately 50 feet to windward, leeward, and either end of the starting line.
- 10.4 Flag K, if displayed before the warning, means fleets shall sail with jib and main only.

## 11 CHANGE OF THE NEXT LEG OF THE COURSE

- 11.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 11.2 Offset marks will not be set on a changed leg of the course.
- 11.3 The race committee may change the course by five degrees or less without signaling. The changed leg



change will continue to use the active mark. This changes rule 33(a).

## **12 THE FINISH**

- 12.1 The finish line for courses that finish boats on the starboard side of a race committee boat will be between a staff displaying a blue flag on a race committee boat and the course side of the finishing mark.
- 12.2 The finish line for courses that finish boats on the port side of a race committee boat will be between a staff displaying an orange flag on a race committee boat and the course side of the finishing mark.

## **13 PENALTY SYSTEM**

- 13.1 Rule 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty (SI 1.1(a))
- 13.2 A boat that breaks NOR 4.8 will be scored DNE for all races sailed that day. ***This changes rule 90.3(b) and A5.***

## **14 PROTESTS AND REQUESTS FOR REDRESS**

The time limit for protests and requests for redress is 30 minutes after the docking time of the race committee signal boat for the session in which the incident occurred.

## **15 SCORING**

- 15.1 Nine completed races constitute a series.
- 15.2 Once a series has been reached, each boat's series score shall be the total of her race scores excluding 33% of her worst scores.

## **16 SAFETY REGULATIONS [DP]**

- 16.1 U.S. Coast Guard approved PFDs shall be worn properly secured from the time a boat leaves the dock until she returns to the dock. This changes the Part 4 preamble and rule 40.
- 16.2 Unless equipped with an engine, all boats shall have an attached bow line conforming to its class rules. If a class does not have such a rule, the line must be at least 15 feet in length, 1/4 inch in diameter, and properly attached at all times.
- 16.3 Boats equipped with daggerboards shall tether them to the boat.
- 16.4 Competitors shall not leave Belmont Harbor until the safety boats are on the water.
- 16.5 When races are sailed in Belmont Harbor a boat shall not leave Belmont Harbor unless there is no more racing for the day or the boat has withdrawn from racing for the day.
- 16.6 A boat that withdraws from a race shall report promptly to the race committee.

## **17 DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

## **18 PHOTOGRAPHY AND VIDEO RIGHTS**

Competitors give absolute right and permission for any photographs or video footage taken of themselves or their competing boat to be published in any media whatsoever for editorial, commercial purposes, or to be used in press information.

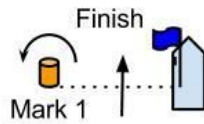


## ADDENDUM A

### LAKE MICHIGAN COURSES

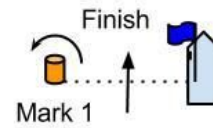
#### W/L Course

Start - 1 - 2 - 1 - Finish (W + 4)  
Start - 1 - 2 - 1 - 2 - Finish (W + 5)  
Start - 1 - 2 - 1 - 2 - 1 - Finish (W + 6)

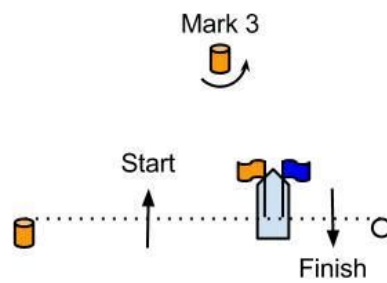
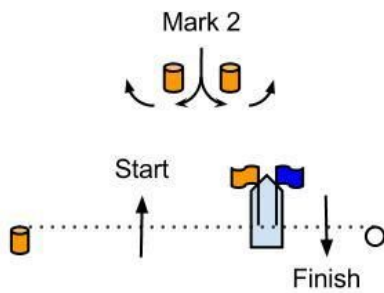


#### Modified Olympic Course

Start - 1 - 2 - 3 - 1 - Finish (Triangle - WL)  
Start - 1 - 2 - 3 - 1 - 3 - 1 - Finish (Triangle - WLWL)



( Mark 2





# ADDENDUM B

## HARBOR COURSES

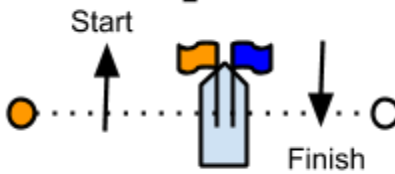
### Course WL

Start - 1 - 2 - 1 - Finish (W + 4)  
Start - 1 - 2 - 1 - 2 - 1 - Finish (W + 6)



### Course WL-OPP

Start - 1 - 2 - 1 - Finish (W + 4)  
Start - 1 - 2 - 1 - 2 - 1 - Finish (W + 6)



### Course M

Start - 1 - 2 - 1 - 2 - Finish (W+5)  
Start - 1 - 2 - 1 - 2 - 1 - Finish (W+6)  
Start - 1 - 2 - 1 - 2 - 1 - 2 - Finish (W+7)

