



SAILING INSTRUCTIONS

Texas Sailing Association Youth Circuit 'SPRING FLING' REGATTA 2019

Hosted by Lake Canyon Yacht Club
180 Yacht Club, Canyon Lake, TX 78133
(210) 590-7100 - office

March 16th & 17th, 2019

1. RULES:

- a. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing (RRS)*.
- b. "The Texas Youth Racing Circuit Conditions" apply and are available on the web site at <http://www.txsail.org/>. In lieu of paper copies, and in keeping with our "Clean-Regatta" goals, all competitors are asked to download a copy from or refer to the TSA web site if they require it. A single reference-copy will also be posted at the regatta site.
- c. The rules for all classes are altered so that membership in a class organization is not required
- d. Racing Rule 49.1 is changed to allow the use of hiking pants.
- e. All boats shall have sail numbers which match the registration form. Sail numbers meeting class standards are required.

2. ELIGIBILITY:

- a. The regatta is open to all boats of the Optimist, Laser (Full, Radial and 4.7) and Double-Handed (Club 420) classes. All classes are "bring your own boat." A minimum of three (3) boats is required to form a class.
- b. The regatta is open to all junior sailors who are less than twenty years old and who do not turn twenty years of age during this calendar year.
- c. Optimists are sailed in four (4) fleets:

Fleet	Class / Age
Green	Open to all novice sailors under age 15 and through 12/31 of the calendar year in which they turn age 15
White	Age 10 and under
Blue	Age 11 – 12
Red	Age 13 – 15

For the White, Blue and Red fleets, the skipper's age on the first day of the regatta determines his or her fleet. Those turning 15 may continue in Red fleet through 12/31 of that year.

3. NOTICES TO COMPETITORS:

Notices to competitors will be posted on the online Regatta Notice Board (https://www.regattanetwork.com/clubmgmt/applet_registration_form.php?regatta_id=18366). A courtesy copy may also be posted at the LCYC Clubhouse.

4. CHANGES IN SAILING INSTRUCTIONS:

- a. Any change to the sailing instructions will be posted on the online Regatta Notice Board (http://www.regattanetwork.com/event/18366#_newsroom) or, in the event the system is unavailable, the on-site Regatta Notice Board at the LCYC Clubhouse at least one hour before the first race of each day.
- b. Oral changes to the Sailing Instructions may only be made by the Race Committee on the water prior to the time of the warning signal of any race upon the raising of signal flag "L" with one sound.

5. SIGNALS MADE ASHORE:

- a. Signals made ashore will be displayed from a pole on the LCYC waterfront (“Super Dock”) or from the Race Committee Boat if docked in the LCYC harbor.
- b. Code Flag “AP” with two sound signals means the race is postponed. DO NOT leave the club area. The warning signal will not be made sooner than 30 minutes from the lowering of “AP”, accompanied by one signal. This modifies “Race Signals”.

6. SCHEDULE OF RACES:

- a. Subject to the decisions of the Race Committee, six or more races are scheduled.
- b. Completion of one (1) race shall constitute a TSA Youth Circuit regatta.
- c. Schedule:

Saturday, March 16th, 2019

0800-0930 Registration at the Clubhouse
 0930 Skippers’ Meeting at the Clubhouse - ATTENDANCE MANDATORY
 1100 Warning Signal for the first race, additional races to follow
 Between Races Lunch will be eaten on the water. Race Committee may, at their discretion, direct Green Fleet to eat lunch at the Clubhouse.

Sunday, March 17th, 2019

1000 Warning Signal for the first race, additional races to follow

- d. No warning signal will be given after 13:30 on Sunday.

7. CLASS FLAGS & ORDER OF START OF FIRST RACE:

For the first race of each day, classes will start in the following order, and the following flags will be used as class flags during the starting sequences:

Racing Area	Class	Class Flag
1	Optimist GREEN	Pennant “1”
2	Optimist RED, WHITE, and BLUE	Pennant “1”
3	Laser Radial	Pennant “1”
	Laser 4.7	Pennant “2”
	Laser Full-Rig	Pennant “3”
	C420/Double-handed	Pennant “4”

8. OPTIMIST FLEET IDENTIFICATION:

- a. Optimists in the WHITE, BLUE, and RED Fleets are not required to display a fleet streamer while racing.
- b. Optimists in the GREEN Fleet shall display a GREEN STREAMER at the top of the sprit pole. A limited number of streamers will be available at the registration check-in. Skippers should make every effort to ensure they have one ahead of time.

9. RACING AREAS:

Three (3) racing areas will be set, one each for Optimist GREEN fleet, Optimist RWB fleet, and Laser/Double-Handed. The location of the racing areas will be announced at the Mandatory Skippers Meeting.

10. CHECK OUT AND RETURN PROCEDURE:

All competitors will receive a scannable QR badge when they check-in at the registration table. For tracking purposes, all competitors will check out at the designated Check-in/out Station prior to launching their boats. At the end of the day's races and within 30 minutes of returning to the dock or shore, competitors will check in at the Check-in/out Station. The location of the Check in/out Station will be announced at the Skippers meeting.

11. CHECK IN ON THE WATER:

Prior to the first warning signal of the competitor's fleet for the day, each competitor shall sail past the stern of the Race Committee Boat on starboard tack, hail its sail number and be acknowledged by the Race Committee. Failure to do so will result in a 20% penalty for the first race of the day.

12. RACE COURSES:

- a. There will be four types of race courses as follows: "W" (windward/leeward) – windward, leeward, windward finish; "T" (triangle) – windward, reach, reach, windward finish; "O" (Olympic) – windward, reach, reach, windward, leeward, windward finish; or "A" (windward/leeward gate) – windward, leeward gate, windward finish. Multiple times around the course will be designated by a number following the "T", "W", or "A". NOTE: Opti GREEN fleet will only sail options "W" and "T".
- b. The following diagrams show the courses to be sailed and the order in which the marks are to be rounded.

Course W – Windward/Leeward, Windward Finish	
<i>Signal</i>	<i>Mark Rounding Order</i>
W	Start – 1* – 2 – Finish
W2	Start – 1* – 2 – 1* – 2 – Finish
W3	Start – 1* – 2 – 1* – 2 – 1* – 2 – Finish
* - if an offset mark (1a) is present, sailors will leave the offset mark to port after rounding the windward mark (1)	

Course T – Triangle, Windward Finish	
<i>Signal</i>	<i>Mark Rounding Order</i>
T	Start – 1 – 2 – 3 – Finish
T2	Start – 1 – 2 – 3 – 1 – 2 – 3 – Finish
T3	Start – 1 – 2 – 3 – 1 – 2 – 3 – 1 – 2 – 3 – Finish

Course O (Olympic) – Triangle, Windward/Leeward, Windward Finish	
<i>Signal</i>	<i>Mark Rounding Order</i>
O	Start – 1 – 2 – 3 – 1 – 3 – Finish

Course A (Windward/Leeward Gate) – Windward/Leeward Gate, Windward Finish	
<i>Signal</i>	<i>Mark Rounding Order</i>
A	Start – 1* – 2s/2p – Finish
A2	Start – 1* – 2s/2p – 1* – 2s/2p – Finish
* - if an offset mark (1a) is present, sailors will leave the offset mark to port after rounding the windward mark (1)	

- c. Unless a race is shortened in accordance with the Rules, the start/finish line will be in the middle of a windward leg.
- d. For the Laser/C420 fleets, during the race, if the Race Committee boat is displaying an orange flag on a staff, the start/finish line will be an obstruction, except to finish. Boats that sail through this obstruction will be scored points equal to DNF, unless they properly unwind.
- e. For the Optimist RED/WHITE/BLUE and Optimist GREEN fleets, the start/finish line is not an obstruction.

14. MARKS:

- a. For the Opti GREEN Fleet, marks will be ORANGE tetrahedrons and cylinders.
- b. For the Opti RED/WHITE/BLUE Fleet, marks will be YELLOW tetrahedrons and cylinders.
- c. For the Laser and C420 Fleets, the marks will be YELLOW tetrahedrons and cylinders.
- d. At the discretion of the Race Committee, start/finish marks may also be ORANGE or WHITE balls.
- e. To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position.

15. THE START:

- a. FOR ALL FLEETS EXCEPT GREEN FLEET, races will be started in accordance with Rule 26. A series of short signals may be made before any starting sequence begins in order to attract attention.
- b. FOR GREEN FLEET, races will be started in accordance with appendix U. This changes Rules 26. A series of short signals may be made before any starting sequence begins in order to attract attention.
- c. The starting line will be between a staff displaying an orange flag on the Race Committee boat and the starting mark.
- d. A boat may not start later than 5 minutes after the starting signal for its class. Boats attempting to start after this time will be scored a DNS. This changes Rule A 4.1.
- e. Boats whose warning signal has not been made shall keep clear of both the start line and all boats whose warning signal has been made.

16. RECALLS:

Recalls will be signaled in accordance with Rule 29. The race committee intends to hail the sail numbers of OCS boats after the starting signal. The failure of any boat to hear the hail, an untimely hail of OCS boats, failure to hail any boats, and the order of the boats in the hail shall not be grounds for granting redress. This changes rules 41 and 62.1

17. THE FINISH:

The finish line shall be between a staff displaying an orange flag on the Race Committee boat and the finish mark.

18. TIME LIMIT:

- a. The time limit for each race will be 60 minutes for the first boat to finish.
- b. Boats failing to finish within 20 minutes after the first boat in their fleet will be scored two (2) points more than the last boat to finish within the time limit but in any case no more than a score of DNF; however, at its discretion, the Race Committee may finish any boat in place and it will be scored based on its position on the race course. This modifies Rules 32 & 35.
- c. A race may be abandoned by the Race Committee if the leading boat has not rounded the first mark within 20 minutes of the start. This modifies Rule 32.

19. PROTESTS AND REQUESTS FOR REDRESS:

- a. A boat intending to file a protest for an incident occurring in the racing area shall inform the race committee finish boat of its intent to protest immediately after finishing.
- b. An Optimist boat intending to protest must fly a protest flag in accordance with 61.1(a). This changes Rule 61.1(a) (2).
- c. Protests shall be in writing. Forms will be made available at the Clubhouse and delivered to the Regatta Chair or their representative there within sixty (60) minutes after the Signal Boat from the Competitors race course docks.
- d. The protest time limit and a list of protests will be posted on the official on-line notice board within thirty (30) minutes of the end of protest time. This posting constitutes the notification required in Rule 61.1(b) and 63.2.
- e. A boat is not permitted to protest another boat for breaking sailing instructions 8, 10, 11, 20, 21, and 22. This changes Rule 60.1(a). In addition, penalties for anything other than RRS Part 2 or 3 may be less than disqualification at the discretion of the protest committee.
- f. Appendix T, Arbitration, will be used. This modifies Rules 63.1 and 63.2.
- g. The person who served as mediator during Arbitration may not serve on the protest committee.

20. SCORING:

- a. The Low Point Scoring System, Appendix A will apply, modified so that each boat's series score will be the total of her race scores with her worst score excluded if five (5) or more, but not ten (10), races are completed; if ten (10) races are completed, her two (2) worst scores will be excluded.
- b. For Optimist RED/BLUE/WHITE fleets, the event shall be scored as a whole with all boats receiving scores according to recorded finish position. "Overall Scoring" shall be used to determine RED, BLUE, and WHITE awards.
- c. For Laser and Double-Handed fleets, the regatta shall be scored as a whole with all boats receiving scores according to recorded finish position, regardless of whether the sailor meets the age requirement of a junior sailor under the Texas Youth Racing Circuit Conditions. "Overall Scoring" shall be used to determine the finish place of each junior aged sailor for purposes of junior awards and junior place finish in the regatta.

21. DISPOSAL OF TRASH:

Boats observed purposefully discharging trash into the water will either be disqualified from all races sailed on the day the infraction is observed, be subject to other suitable disciplinary action, or both.

22. SAFETY:

- a. A U.S. Coast Guard-approved personal buoyancy device will be worn by all competitors while on the water. Wet or Dry suits are not considered adequate buoyancy devices for this purpose. All buoyancy devices shall be worn on the outside of all clothing.
- b. Sailors of Double-Handed fleet boats are encouraged, but not required, to carry an emergency safety line cutter, such as an "S-Cutter" tool or harness webbing cutter.
- c. A competitor who withdraws from a race or does not intend to start a race shall inform the Race Committee, as soon as possible. This may also be accomplished by the competitor returning to the Clubhouse and notifying the Race Committee by radio from the Clubhouse.

23. SUPPORT BOAT RESTRICTIONS:

- a. Team leaders, coaches, parents and other support personnel shall keep at least two-hundred feet (200') away from all competitors and shall not communicate with any racing competitor from the time of the preparatory signal for the first class to start a race until after the competitor has finished or the Race Committee signals a postponement or abandonment. The Race Committee, in its discretion, may deem a violation of this provision to be a violation of Rule 2 and may impose a penalty which will be a scoring penalty per Rule 44.3(c.) applied to the finishes in the next race sailed of all boats associated with the support personnel who have violated this provision.
- b. Support boats shall neither create wakes nor otherwise interfere with competitors.
- c. Optimist GREEN Fleet: Notwithstanding 21(a). above, coaching of GREEN Fleet Optimist skippers while racing is permitted; however, coaching shall be limited to skippers in the bottom half of the fleet in any given race. Coaches shall provide fair and consistent support to all competitors; not just their team or sailor.

24. PRIZES:

Trophies will be awarded to the top three in each class, and an overall first place for the combined Optimist RWB Fleet. At its discretion, the Race Organizers may award additional place trophies for classes with more than 10 boats competing.

Above all, HAVE FUN!