



# Lake Monroe Sailing Association

## Ladies on the Lake Charity Regatta



### NOTICE OF RACE

**Organizing Authority:** The organizing authority is Lake Monroe Sailing Association (LMSA), and will be held on Lake Monroe in Sanford, Florida. Regatta headquarters is located at the LMSA clubhouse, 531 N. Palmetto Ave, Sanford, FL 32771.

**Rules:** This regatta is governed by the rules as defined in The *Racing Rules of Sailing for 2017-2020*.

#### Divisions:

**Competitive Fleet Division** for Monohulls (Planing, Flying Scot, Sunfish & Displacement boats), Multihulls and a **Fun Fleet Division**.

In the **Competitive Division**, a class with five or more boats may be scored separately based on elapsed time. Scoring shall be the Low Point System as defined in Appendix A of the *RRS*. Rule A2 is changed so that no races will be discarded.

#### Entry and Eligibility:

The **Competitive Division** is open to mono-hull and multihull sailboats with a US Sailing Portsmouth issued rating. These Divisions will race under a standard five-minute start sequence. A female skipper is required. Except for Sunfish, you must also have at least one female crew member and may add one male as active crew. Team colors/costumes are encouraged.

The **Fun Fleet Division** is open to mono-hull and cruising multihull sailboats only with a US Sailing Portsmouth issued rating. This division will not have a standard start sequence, the start sequence will be explained at the skipper's meeting. A female skipper is required. You must have a minimum of one additional female crew member (no limit to other females on board). One token male is permitted to serve drinks and snacks but he cannot participate in running the boat, hoisting sails, etc., though verbal instruction is allowed. If deemed necessary said token male may aide in leaving and returning to the dock/slip. Winning is not based on speed or finishing first, but on creative costumes/team attire and strongly encouraged bribes to the judges.

The **Flying Scot Division** is open to Flying Scots only. This Division will race under a standard five-minute start sequence. Teams are encouraged to sail with at least one female, although not required. This Division will race two days.

**Registration and Fees:** Eligible competitors may register online at Regatta

Network [https://www.regattanetwork.com/clubmgmt/applet\\_registration\\_form.php?regatta\\_id=18470](https://www.regattanetwork.com/clubmgmt/applet_registration_form.php?regatta_id=18470)

or by returning a hard copy registration form and registration fee to:

Lake Monroe Sailing Association,  
PO Box 297  
Sanford, FL 32772.

Hardcopy registration forms are available on the LMSA website (<http://www.flalmsa.org>)

A \$35.00 registration fee for **The Competitive Division, Fun Fleet Division and Flying Scot Division** includes one meal voucher. Additional meal vouchers may be purchased for \$10.00 each (limited amount available). Current paid members of US Sailing are entitled to an additional \$5.00 discount with proof of membership. Late Registration after April 5<sup>th</sup> 2019 online or in person is \$55.00.

Online registration will be closed on April 11th, 2019.

Walk-up late registration will be available 9:00-10:00am April 13, 2019, at Check-in.

**SCHEDULE OF EVENTS:**

**Sunday, March 24, 2019**

**10:00-17:00 U-Sail Women's Sailing Seminar (Contact DJ @ 407.330.0633)**

**Friday, April 12, 2019**

**17:00-21:00 Pub Crawl (locations TBD)**

**Saturday, April 13, 2019**

**9:00am Registration & Continental Breakfast**

**Come prepared for a fun day on the water and an opportunity to help raise awareness and funds for  
The Lifeboat Project**

**10:00am Fun Fleet Competitors Meeting and Knot Tying Contest**

**10:45 Group photo followed by  
Competitors Meeting (all fleets)**

**12:00-12:10 Fun Fleet start**

**12:15 First warning, racing fleets (other races to follow) no race to start after 16:00**

**18:00 Dinner is served with LOL Awards Presentation and Raffle to follow**

**Sunday, April 14, 2019**

**9:55 First warning, Flying Scot fleet only (other races to follow) no race to start after 14:00**

**Flying Scot Awards Presentation**

**Races: Saturday** a total of 3 races are planned for the **Competitive Fleet and the Flying Scot Fleet**, completion of 1 race constitutes a regatta. Saturday, the **"Fun Fleet"** course, consisting of one distance race, will be announced at the competitors' meeting. **Sunday** a total of 2 races are planned for the Flying Scot Fleet. W/L and Triangle courses may be offered.

**Sailing Instructions:** Sailing Instructions with courses will be available at registration and a copy will be posted on the Notice Board.

**DISCLAIMER OF LIABILITY:** Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during or after the regatta. All competitors will be required to sign a waiver of liability as a condition of entry. Parents must sign for competitors under 18.

***For information, boat, crew or skipper inquiries and general help please contact:***

***Ladies On The Lake Charity Regatta Chairpersons:***

Patti Miller: [peppermintpate777@yahoo.com](mailto:peppermintpate777@yahoo.com)

Laura Marriott: [laura.marriott@metriceng.com](mailto:laura.marriott@metriceng.com)

**Bring a boat \* Find a boat \* Get on a boat \* Decorate your boat \* Form your crew  
Plan your outfits \* Bring your snacks and drinks.**

**LET'S GO SAILING LADIES!**