



**Sailing Instructions**  
**2019 Annual Summer One-Design Regatta**  
**Windmill Mid-Atlantic Districts**  
June 15-16, 2019

Rock Hall Yacht Club  
22759 McKinleyville Road  
Rock Hall, MD 21661

RockHallYachtClub.org

**1. RULES**

1.1 The regatta will be governed by rules as defined in the current Racing Rules of Sailing and the rules of the appropriate class, unless changed by these sailing instructions, addendum to these Sailing Instructions, or by notices to competitors.

**2. ENTRIES**

2.1 Competitors may enter by completing an entry form with the organizing authority by the time and method prescribed in the NOR.

2.2 Eligibility requirement for the helmsperson is current membership in the respective class association unless waived by the class.

**3. NOTICES TO COMPETITORS**

3.1 Notices to competitors will be posted on the official notice board in the RHYC Clubhouse.

3.2 A skipper's meeting will be held at the RHYC clubhouse at the time designated by NOR.

**4. CHANGES IN SAILING INSTRUCTIONS**

4.1 Changes to these sailing instructions made on the first day of a series will be discussed at the skippers meeting and will be posted within 15 minutes after the end of the skipper's meeting.

4.2 Changes to these sailing instructions made on subsequent days of a series will be posted by 0900 on the day it will take effect except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

**5. SIGNALS MADE ASHORE**

5.1 All visual signals made ashore will be flown on the RHYC flagpole.

5.2 Code flag 'AP' with two sounds means 'The race is postponed'. The first race warning signal will be not less than 30 minutes after 'AP' is lowered (with one sound). This changes RRS Signal AP.

5.3 Code flag 'B' hoisted with one sound means 'Protest time has begun'. Yachts filing a protest must do so within one hour of hoisting of 'B'. When 'B' is lowered, it means 'The time to file protests has ended'. This changes RRS Signals and RRS 61.3.

**6. SCHEDULES OF RACES**

6.1 Five or more races are intended for a two-day weekend regatta.

6.2 Either fewer or additional races may be held at the race committee's discretion.

6.3 On Sunday, no warning signal will be made after 1500.

**7. RACING AREAS**

7.1 Racing will take place in the Chester River opposite Langford Creek, see Attachment 2, and as specified during the skipper's meeting.

7.2 The course RCs will ensure that courses A and B are sufficiently separated to minimize interference between mono-hull and multi-hull classes.

**8. THE COURSE**

8.1 The possible courses are shown in Attachment 1. The course will be designated by the RC by black letter(s) and number(s) on a white board onboard the RC boat.

8.2 When an offset mark to be rounded to port is used in conjunction with mark 1, announcement will be made at the skipper's meeting and notice posted.

8.3 For multiclass events, courses and classes will be divided as shown by Addendum A to this SI.

**9. MARKS**

9.1 Marks will be confirmed at the skippers meeting and will be either yellow inflated cylinders, orange tetrahedrons, or pink tetrahedrons.

9.2 Start and finish line pin marks will be small or mid-size orange or yellow spherical or cylindrical marks.

**10. THE START**

10.1 If there are fewer than five boats in a class, the Race Committee may combine the starts of classes with similar ratings.

10.2 Races will be started using rule RRS 26.

10.3 The starting line will be between a staff displaying a red flag on the race committee signal boat and the course side of the pin end mark.

10.4 A boat may not start a race later than 5 minutes after her class starting signal and will be scored 'Did Not Start' for that race. This is in addition to the prescriptions of RRS Appendix A.

10.5 Recalls and penalties will be signaled per RRS 29 and 30. The RC will not hail the numbers of OCS boats, except per Rule 30.3.



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## 11. CHANGE OF THE NEXT LEG OF THE COURSE

- 11.1 To change the next leg of the course, the RC will lay a change mark (or move the finishing line) and remove the original rounding mark as soon as practicable. When in a subsequent change a change mark is replaced, it will be replaced by an original rounding mark.
- 11.2 Except at a gate, boats shall pass between the RC boat signaling the change of the next leg and the nearby mark, leaving the mark to port and the RC boat to starboard. This changes RRS 28.1.
- 11.3 A single gate mark may be moved or adjusted without a signal.

## 12. TIME LIMIT

- 12.1 The time limit for each race will be 90 minutes for the first boat to finish. Boats finishing more than 30 minutes after the first yacht finishes or after the time limit, whichever is later will be scored 'Did Not Finish'. When the order of the remaining finishers in a race is not considered to be in doubt by the RC, boats may be scored in their position at the discretion of the RC. Those boats will be notified of that decision and instructed to return to the starting area by a RC auxiliary boat. This changes RRS 35, A4, and A5.

## 13. THE FINISH

- 13.1 The finishing line will be between a staff displaying a blue flag on a race committee boat and a finishing mark.

## 14. PROTESTS

- 14.1 A boat intending to file a protest shall notify the Race Committee after finishing the race in question. Protest forms are available in the RHYC Clubhouse and must be presented there within one hour after the race committee has hoisted code flag 'B' on shore. This changes RRS 61.1.
- 14.2 Hearings will be held as soon as possible after racing each day.
- 14.3 Protest notices will be posted as soon as possible after the protest time limit to inform competitors where and when there is a hearing in which they may be involved or named as witnesses.
- 14.4 Breaches of instructions 10.4, 17, 18, 19, 20, 22, 23 and 24 will not be grounds for a protest by a boat. This changes rule 60.1(a).

## 15. SCORING

- 15.1 Regattas will be scored in accordance with the Low Point System of RRS Appendix A. Exceptions for a specific class may be made by request.
- 15.2 One race constitutes a regatta.
- 15.3 Windmill Class: if five or more races have been completed, a boat's series score will be the total of her race scores excluding her (1) one worst race score. (WCA By-Law XIII. 14.G.1)

## 16. ALTERNATIVE PENALTIES

- 16.1 A boat may take a One-Turn Penalty as the result of having broken one or more rules of Part 2 in an incident while racing. This modifies RRS 44. Yachts touching any mark including the starting/finishing mark will be required to complete one-turn.

## 17. SAFETY REGULATIONS

- 17.1 A boat shall carry all equipment required by her class rules. At a minimum, she shall carry one USCG approved PFD for each person on board.
- 17.2 All boats shall have available a line at least 25 feet long which can be used for towing.
- 17.3 Appropriate protective clothing shall be worn by competitors at all times that the water temperature is below 60 degrees F. Either wetsuits or dry-suits may be appropriate for this purpose, but skippers are solely responsible for the safety of their crew, their vessel and themselves.
- 17.4 Notwithstanding the above, the race committee may require wearing personal buoyancy equipment by flying flag "Y", and 'DSQ' a yacht whose crew does not comply. This changes RRS A4.1 and A5.

## 18. REPLACEMENT OF CREW OR EQUIPMENT

- 18.1 Substitution of competitors will not be allowed without prior written approval of the Race Committee.
- 18.2 Substitution of damaged or lost equipment will not be allowed unless authorized by the Race Committee. Requests for substitution of equipment shall be made to the Race Committee at the first reasonable opportunity.

## 19. EQUIPMENT AND MEASUREMENT CHECKS



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- 19.1 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a RC equipment inspector or measurer to proceed immediately to a designated area for inspection.

## 20. RADIO COMMUNICATION

- 20.1 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones. This changes RRS 41.

## 21. AWARDS

- 21.1 Awards will be presented at the Awards Ceremony after the conclusion of racing on the last day of the event. The number of trophies in each class will be based on pre-registrations.

## 22. INSURANCE

- 22.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum coverage of \$100,000 (USD) per event or the equivalent.

## 23. SPECIAL NOTES

- 23.1 Any boat receiving 'hands on' assistance from rescue/mark boats will be scored Did Not Finish. This changes RRS rule A5. The RC may decide when a boat or crew needs assistance. This changes RRS 41.
- 23.2 The RC may request redress for competitors who exhibit extraordinary sportsmanship.

## 24. DISCLAIMER OF LIABILITY

- 24.1 Competitors participate in the regatta entirely at their own risk per RRS 4, Decision to Race. It is the personal responsibility of each competitor to determine their level of safety. If wind, wave or water conditions make you doubtful of your ability to handle the conditions safely, it is your decision and your decision only to continue sailing or to retire. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with, prior to, during, or after the regatta.



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## **ADDENDUM A. RHYC One Design Regatta Courses**

### **A-1. Course A Mono-hull classes as identified at the Skipper's Meeting**

#### **A-1.1 MARKS**

Marks will be orange inflated tetrahedrons.

A course change mark will be identified at the Skipper's meeting.

Start and finish line pin marks will be small or mid-size orange spherical or cylindrical marks.

#### **A-1.2 CLASS FLAGS**

Class flags will be used to start each class; these will be displayed at the Skippers Meeting.

#### **A-1.3 SCORING**

If at least 5 races are completed in a class, each boat's worst score will be excluded from its series score. This changes RRS A2.1.

Windmill Class: if five or more races have been completed, a boat's series score will be the total of her race scores excluding her (1) one worst race score. (WCA By-Law XIII. 14.G.1)

### **A-2. Course B Multi-hull classes as identified at the Skipper's Meeting**

#### **A-2.1 MARKS**

Marks will be yellow inflated cylinders.

There also may be a pink and black spherical change mark used.

Start and finish line pin marks will be small orange spherical marks.

#### **A-2.2 CLASS FLAGS**

Class flags will be used to start each class; these will be displayed at the Skippers Meeting.

#### **A-2.3 SCORING**

If at least 4 races are completed in a class, each boat's worst score will be excluded from its series score. This changes RRS A2.1.

#### **A-2.4 REGULATIONS**

Sailing Instruction 17.2 does not apply to the catamaran classes.



# Sailing Instructions

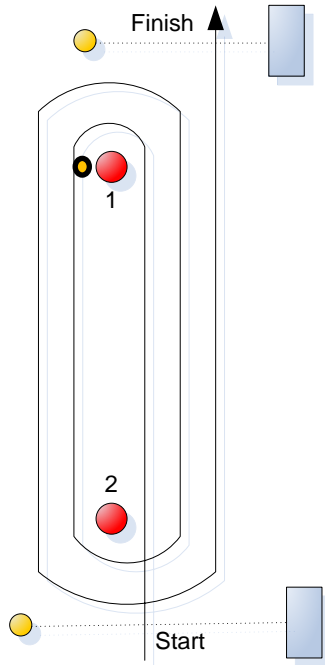
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## ATTACHMENT 1. Mono-Hull Course Diagrams

### Course W (Windward /Leeward/ Windward)

**W1** – Will designate one lap.

**W2** – Will designate two laps.  
(Start-1-2-1-2-Finish)

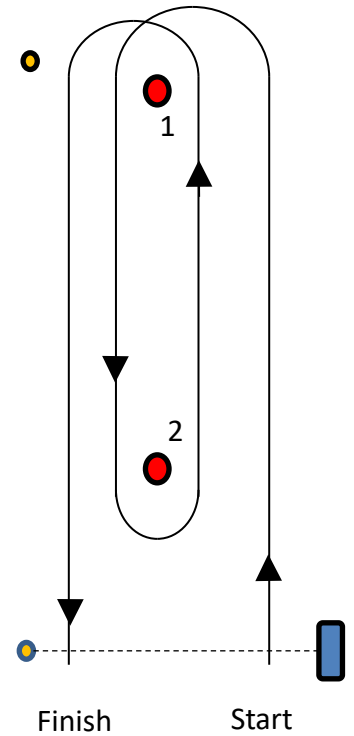


### Course D (Downwind Finish)

**D1** – Will designate one lap.

**D2** – Will designate two laps  
(Start-1-2-1-Finish)

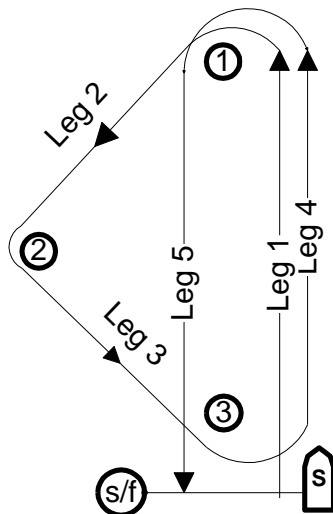
Note: Mark 2 need not be observed on the first leg of each race or on the final leg to finish.



### Course TL2

Order of marks:  
Start-1-2-3-1-Finish

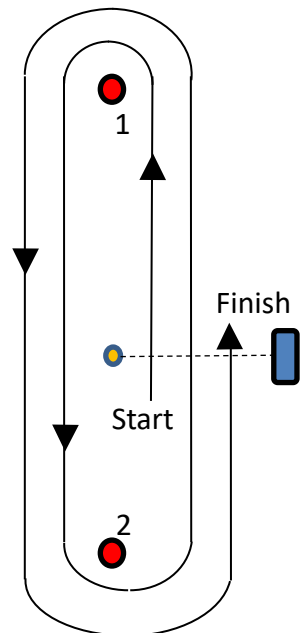
Note: Mark 3 need not be observed on the first leg of each race or on the final leg of the finish.



### Course M (Modified WLW)

**M1** – Will designate one lap.  
**M2** – Will designate two laps. (Shown)

Note: The line is open.





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## ATTACHMENT 1. Multi-Hull Course Diagrams (Continued)

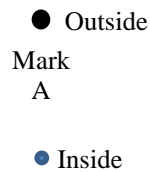
### *IHCA Standard Courses*

No.	Course	Finish	Options
1	(S) A C A (F)	Downwind	1 G
2	(S) A C A C A (F)	Downwind	2 G
5	(S) A C (F)	Upwind	5 G
6	(S) A C A C (F)	Upwind	6 G

S = start, A = weather mark, C = leeward mark, G = gate, F = finish

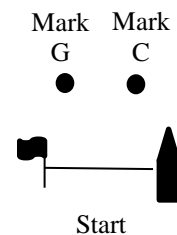
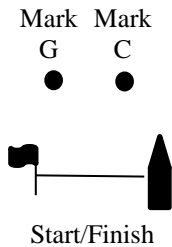
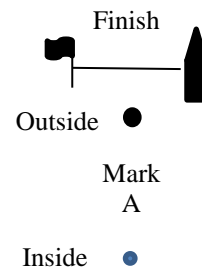
### Course Configuration A

(to be used with course 1 and 2 only)



### Course Configuration B

(to be used with course 5 and 6 only)



*Mark G is an option that may be used by the Race Committee*





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## ATTACHMENT 2. Course Area

