



**Doc Gilbert Potomac Cup Regatta**  
May 11-12, 2019  
Hosted by Lightning Fleet 50  
Leesylvania State Park, Leesylvania, VA

**NOTICE OF REGATTA**

**1 RULES**

These races will be governed by the Racing Rules of Sailing.

**2 ELIGIBILITY**

- 2.1 The regatta is open to all boats of the ILCA that conform to class rules.
- 2.2 All competitors must register and pay the entry fee at <http://www.regattanetwork.com/event/18807>. Online registration and payment is required in order to be scored for the regatta.
- 2.3 Competitors are encouraged to register on or before May 7 in order to pay the reduced early registration entry fee.

**3 ENTRY FEES**

- 3.1 Paid on or before May 3: \$125. Paid May 8 or thereafter: \$145
- 3.2 Entry fees include park entry for 1 car & boat (additional cars pay at the ranger station near park entrance), light breakfast on Saturday and Sunday, 3 dinner tickets for appetizers and Saturday dinner, hot dogs after the racing on Sunday, beverages throughout the weekend, and 3 regatta t-shirts. A “make your own PB&J” station will also be available for lunches. Additional dinner tickets for Saturday can be purchased for \$15 (please purchase additional dinner tickets *in advance* via the Regatta Network site so that we can be sure to have sufficient food on hand).

**4 SCHEDULE**

Friday, May 10

Park open until dusk for those wishing to arrive and set up early. To avoid I-95 rush hour, try to get there before 3:30 or after 7:00. Please park/leave your boat in the parking area near the launch cranes. All on shore regatta activities will take place in the pavilion at the end of the parking area near the cranes. Camping from Friday night to Saturday is permitted.

Saturday, May 11

Check in: 830 to 1000 in the pavilion (OJ & bagels will be provided)

competitors meeting: 1030  
First warning signal: 1200  
Dinner: 1800 in the pavilion area (approximate time)

Sunday, May 12

First warning signal: 1000

No warning after: 1400

Appetizers, hot dogs, and awards as soon as possible after the last race.

## 5 SAILING INSTRUCTIONS

Sailing instructions will be posted to the event website:

[http://www.regattanetwork.com/event/18807#\\_docs](http://www.regattanetwork.com/event/18807#_docs)

Hard copies will be available at check-in on Saturday morning.

## 6 VENUE & ACCOMODATIONS

6.1 Leesylvania State Park is located just off I-95 south of Woodbridge, VA. Take exit 156 (approx. 14 miles south of the I-95/495/395 interchange aka the mixing bowl) and follow Route 784 East. Look for small brown signs for Leesylvania State Park. You'll merge onto Rt. 784E/Dale Blvd; go about a mile; turn right (south) onto Rt. 1; go 1 mile; take left onto Neabasco Creek Road; go 1.5 miles; turn right into park. Once in the park and after passing under the railroad bridge, look for the second parking lot with the cranes and just north of the park store. For Google maps or a GPS use 2001 Daniel K Ludwig Drive, Woodbridge, VA 22191.

6.2 Park Entry: the regatta entry fee covers the cost of 1 car and boat for the park. Fees for additional cars should be paid at the ranger station near the park entrance. An area for parking boats and competitor vehicles will be marked off with cones in the parking lot near the launch cranes.

6.3 Accommodations: tent camping is permitted in the area near the pavilion on Friday and Saturday nights. Overnight RV parking near the pavilion is allowed. In addition, Fleet 50 members cordially offer space and breakfast at some nearby homes. For details on staying with a Fleet 50 member please contact Lisa-Marie Lane at 703-209-3653 or [lisamarie\\_lane@me.com](mailto:lisamarie_lane@me.com). Inexpensive motels in the area include the Super8 – Dumfries (703-221-8838) and the Sleep Inn – Dumfries (703-445-0900). <http://tinyurl.com/DocGilbert-NearbyHotels>

## 7 RACING AREA

Racing area: the racing area will in the middle of the Potomac River east of the launch cranes/docks.

## 8 SCORING

8.1 Six races are planned. One race must be completed to constitute a regatta

8.2 If fewer than five races are completed a boat's score will be the total of her race scores. If more 6 races are completed a boat's score will be the total of her racing scores excluding her worst scores. This modifies RRS A2.

## 9 ELECTRONIC COMMUNICATION

The Sailing Instructions will change RRS 41 to permit the use of hand-held VHF radios to receive communications from the Race Committee on a predetermined channel. The Race Committee may use VHF radio to identify OCS (On the Course Side of the starting line) boats after starts and otherwise communicate with the fleet on the water. Failure to receive a hail, for a hail to be made, or the order of hails shall not be grounds for granting redress. No other electronic devices are permitted for this regatta.

## 10 AWARDS

- 10.1 Awards will be given to each member of the winning crews. Depth of awards will be based on the number of registered boats.
- 10.2 The Doc Gilbert Potomac Cup Trophy will be given to the highest placing Fleet 50 boat.
- 10.3 For members of the ILCA Dixie District, this is a Purnell Cup Regatta.

## 11 SUSTAINABILITY

This regatta has been certified as a “green regatta” via the Sailors for the Sea regatta certification and sustainability program. Please be mindful of your use of resources and of waste disposal and recycling while at the regatta. Please bring refillable water bottles to the regatta. In an effort to reduce waste, we will have large water coolers that you can use to refill your reusable water bottles.

## 12 FURTHER INFORMATION

Please contact Regatta Chair Nabeel ([nabeel.alsalam@gmail.com](mailto:nabeel.alsalam@gmail.com)) with questions or visit the regatta website: <http://www.regattanetwork.com/event/18807>