



**Duxbury  
Bay  
Maritime  
School**

## **SAILING INSTRUCTIONS**

### **2019 USA JUNIOR OLYMPIC SAILING FESTIVAL**

*DBMS Junior Regatta/SMSA Opti Grand Prix Event*

**Saturday, August 3 - Sunday, August 4, 2019**

#### **1. RULES**

The events will be governed by the rules as defined in the Racing Rules of Sailing (RRS). In the event of a conflict between the Sailing Instructions and the Notice of Race (NOR), the Sailing Instructions shall prevail.

#### **2. NOTICES TO COMPETITORS**

Notices to competitors will be posted on the official notice board located on the back deck of the Duxbury Bay Maritime School (DBMS).

#### **3. CHANGES TO SAILING INSTRUCTIONS**

Any change to the Sailing Instructions will be posted before 0930 on the day it will take effect, except that any change to the schedule of races by 2000 on the day before the change will take effect.

#### **4. SIGNALS MADE ASHORE**

Signals made ashore will be displayed at the flagpole on the waterfront side of the DBMS main building. If a postponement is signaled ashore, the warning signal will be made not less than 30 minutes after AP is lowered

#### **5. SCHEDULE**

##### **Friday, August 2:**

1600 Registration closes

##### **Saturday, August 3:**

0730-0930 Mandatory registration & check-in

1000 Competitors meeting

1100 420 & Opti Champ harbor start

1115 Opti Green Fleet harbor start

After racing Cookout at DBMS for competitors

##### **Sunday, August 4:**

1145 420 & Opti Champ harbor start

1200 Opti Green Fleet harbor start

1700 No start after

After racing

Awards

## 6. CLASS FLAGS

**Class:**

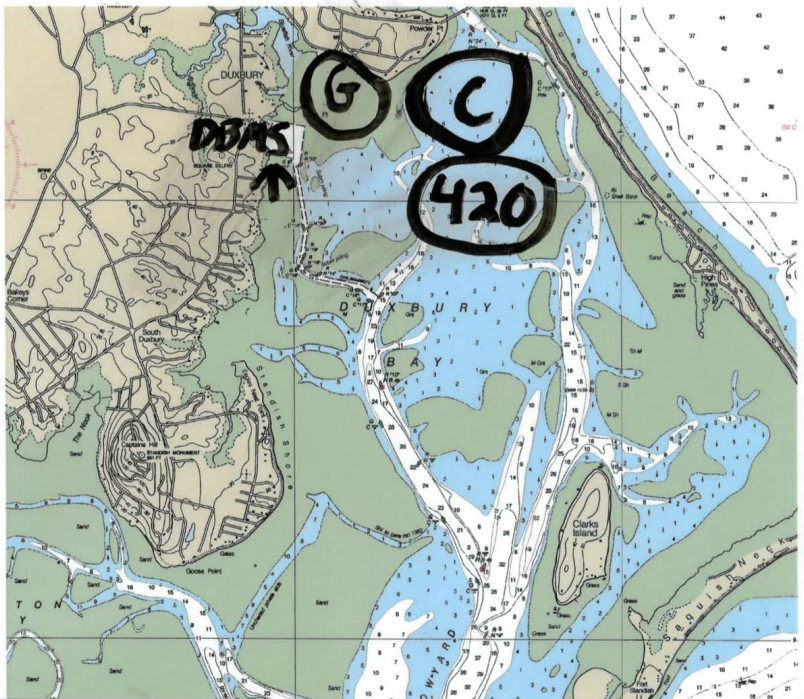
420  
Optimist Champ  
Optimist Green

**Flag:**

White flag with the 420 insignia  
White flag with the Optimist insignia  
Green flag with the Optimist insignia

## 7. RACING AREA

Diagrams of the racing area will be posted on the Official Notice Board.



G = Green Fleet Area

C = Opti champ Area

420 = 420 area

## 8. COURSES

No later than the warning signal for each race, the Race Committee Signal Boat will display the course for such race. Diagrams of the courses will be posted on the Official Notice Board.

## 9. MARKS

**Class:**

420  
Optimist Champ  
Optimist Green

**Marks:**

Yellow tetrahedrons & orange marks  
Orange tetrahedrons & orange marks  
Animal-shaped marks (windward whale, downwind duck, finish flamingo)

## 10. MANDATORY CHECK IN

Each competitor must check in with the Race Committee Signal Boat by sailing past her stern on starboard tack prior to the warning signal for the first race of each day. Failure to check in may result in disqualification at the Race Committee's discretion.

## 11. THE START

<b>Class:</b>	<b>Starting Line:</b>	<b>Starting Sequence:</b>
420	The starting line will be between a staff displaying a <b>blue race committee flag</b> on the Race Committee Signal Boat on one end and an <b>orange mark</b> on the other end.	Races will be started in accordance with RRS Rule 26 with the warning signal made <b>5 minutes</b> before the starting signal.
Optimist Champ	The starting line will be between a staff displaying an <b>orange flag</b> on the Race Committee Signal Boat on one end and an <b>orange mark</b> on the other end.	Races will be started with a <b>3 minute</b> sequence. <i>This changes RRS Rule 26.</i>
Optimist Green	The starting line will be between a staff displaying a <b>blue race committee flag</b> on the Race Committee Signal Boat on one end and a <b>pink inflatable flamingo</b> on the other end.	Races will be started with a <b>3 minute</b> sequence. <i>This changes RRS Rule 26.</i>

## 12. CHANGING THE COURSE AFTER THE START

Changes to the course will be made in accordance with RRS Rule 33.

## 13. THE FINISH

<b><u>Class:</u></b> 420	<b><u>Finish:</u></b> The finish line will be between a staff displaying a <b>blue race committee flag</b> on the Race Committee Signal Boat on one end and an <b>orange marks</b> on the other end.
Optimist Champ	The finish line will be between a staff displaying an <b>orange flag</b> on the Race Committee Signal Boat on one end and an <b>orange marks</b> on the other end.
Optimist Green	The finish line will be between a staff displaying a <b>blue race committee flag</b> on the Race Committee Signal Boat on one end and a <b>pink inflatable flamingo</b> .

## 14. PENALTY SYSTEM

RRS Rule 44.1, shall apply.

## 15. TIME LIMITS

Boats failing to finish within 30 minutes after the first boat sails the course and finishes will be scored Did Not Finish (DNF) without a hearing. This changes RRS Rule 35, A4 and A5.

## 16. PROTESTS AND REQUESTS FOR REDRESS

A boat intending to protest about an incident that occurs in the racing area shall notify the Race Committee Signal Boat of her intention, including the sail number(s) of the boat(s) being protested. This changes RRS 61.1a.

Protest forms are available at the DBMS Office. Protest forms must be completed and filed at the DBMS Office within the protest time limit.

**The protest time limit is 30 minutes after the fleet's respective Race Committee Signal Boat has docked for the day.** The same protest time limit applies to all protests by the Race Committee and requests for redress. This changes RRS Rule 61.3 and RRS Rule 62.2. Notices will be posted within 30 minutes of the end of the protest time limit to inform competitors of hearings they are in or named as witnesses. Hearings will be held in the **Orin's Wheel House Room** located in the DBMS office. Notices of protests by the Race Committee will be posted on the Official Notice Board to inform boats in accordance with RRS Rule 61.1(b).

## **17. SCORING**

The Low Point Scoring System of RRS Appendix A, as changed in this paragraph, will be used. One race shall be completed to constitute a series. If fewer than five races are completed, there will be no discard. There will be one discard for every 5 races completed.

## **18. SAFETY REGULATIONS**

*Medical Emergency, Point of Contact: Calder Stames/781-626-0448*

All competitors and coaches must wear properly fastened USCG approved Type III non inflatable life jacket at all times while on the water, except to quickly change clothing.

A boat that retires from a race shall notify the Race Committee as soon as possible. Boats not leaving land for the day's races shall inform the Race Committee.

When the Code Flag V (red X on a white background) is displayed on the Race Committee Signal Boat, coach boats and support boats shall assist the Race Committee and act as safety boats.

## **19. REPLACEMENT OF CREW OR EQUIPMENT**

After the first race of the Regatta, substitution of competitors will not be allowed without prior written approval of the Race Committee.

After the first race of the Regatta, substitution of damaged or lost equipment will not be allowed unless authorized by the Race Committee. Request for substitution shall be made to the committee at the first reasonable opportunity.

## **20. SUPPORT BOATS**

Except in the instance of a boat in distress and requiring assistance, all support or coach boats shall remain outside the course and at least 50 yards from any boat racing from the time of the warning signal until all boats have finished or the Race Committee signals a postponement, general recall, or abandonment. The penalty for infringing these requirements will be at the discretion of the Race Committee, but may include disqualification of one or all boats associated with the infringing coach or support boat.

## **21. TRASH DISPOSAL**

A boat shall not discharge trash in the water. Trash may be deposited on support boats and the Race Committee Signal Boats.

## **22. RADIO COMMUNICATIONS**

No transmitting equipment or radio receivers shall be carried on board any competing boat. This restriction also applies to mobile telephones.

All coach, support, and spectator boats should monitor the following channels in case communication with the committee is necessary:

<b>Class:</b>	<b>Race Committee Channel:</b>
420	channel 73
Optimist Champ	channel 72
Optimist Green	channel 69

## **23. PRIZES**

Prizes will be awarded to competitors placing first through third. All Green fleet participants will receive an award.

## **24. DECISION TO RACE**

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.