



# GIBSON ISLAND YACHT SQUADRON

Gibson Island, Maryland

Annual Junior Regatta

Midget Qualifier

July 10, 2019

## OPTI GREEN FLEET SAILING INSTRUCTIONS

### 1. RULES

- 1.1 The regatta will be governed by rules as defined by the current Racing Rules of Sailing (RRS), as adopted by US Sailing, and the rules of the Optimist Class, except as any of these are changed by these Sailing Instructions. GIYS is the organizing authority.
- 1.2 Advertising is in accordance with the ISAF Advertising Code, Appendix 1, Regulation 20 and the relevant class rules.
- 1.3 In the event of a conflict between the Sailing Instructions and the Notice of Race, the Sailing Instructions shall govern.

### 2. ENTRIES

Eligible boats may enter by completing registration with the organizing authority. Eligibility requirements for competitors are:

- 2.1 Optimist Class age rules apply.
- 2.2 Membership in the class association is not required.
- 2.3 Chesapeake Bay Yacht Racing Association (CBYRA) membership is not required.

### 3. SAFETY

- 3.1 Competitors shall wear USCG approved Type III Personal Flotation Devices (PFDs) at all times while afloat, except for brief periods while changing.
- 3.2 Coaches shall wear USCG approved PFDs at all times while afloat, except for brief periods while changing.
- 3.3 Failure to comply with 3.1 will be grounds for disqualification from all races sailed in violation of those instructions.
- 3.4 In the case of a coach not complying with 3.2, all sailors associated with his / her club may be subject to a penalty imposed by the protest committee, up to and including disqualification from all races sailed.
- 3.5 Protests concerning potential violations of this Section 3 can only be filed by the race committee or on the water judges.
- 3.6 Competitors and/or coaches shall supply the equipment to meet the requirements of 3.1 and 3.2.
- 3.7 A boat retiring from a race shall notify the Green Fleet signal boat before leaving the course, or, when that is impossible, the Race HQ immediately after arrival ashore.
- 3.8 A boat shall carry all equipment required by her class rules.

### 4. CHECK-IN

Competitors must check in with the Green Fleet signal boat for their course before the warning signal of the first race.

### 5. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board at Race HQ at the Pavilion at "The Point" on Gibson Island.

### 6. CHANGES IN SAILING INSTRUCTIONS

Changes to the sailing instructions will be posted before 10:30 AM on the day it will take effect, except that any change to the schedule of races will be posted by 6:00 PM on the day before it will take effect. In accordance with RRS 90.2 (c), oral changes to sailing instructions may be made on the water.

### 7. SIGNALS MADE ASHORE

- 7.1 Signals made ashore will be in accordance with Race Signals and displayed at the Pavilion at Race HQ at "The Point."
- 7.2 A raised AP Flag with two horns means, "The race is postponed." A lowered AP Flag with one horn means "The warning signal will be made not less than 30 minutes."

### 8. SCHEDULE OF RACES

- 8.1 Races are scheduled as follows:  
1030 – Skipper's Meeting – Pavilion at "The Point"  
Time of First Warning shall be announced at skipper's meeting.

1730 – Awards ceremony

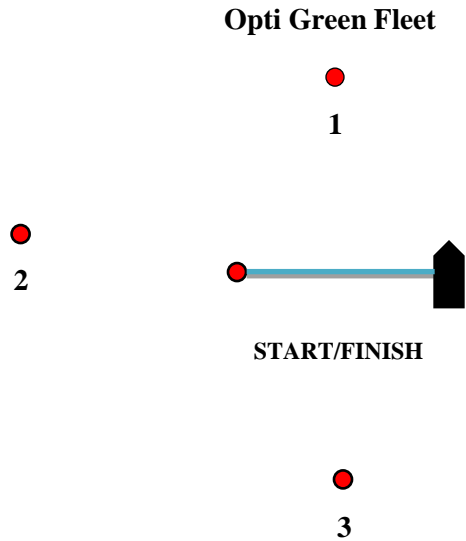
- 8.2 It is the Race Committee’s intent to hold as many as five (5) races as time and weather conditions permit, but one race shall constitute a regatta. However, it is understood by all competitors that the PRO on each course at his/her sole discretion may shorten, abandon, or modify a race in accordance with the RRS. No warning signal will be made after 1600 on any course.

**9. RACING AREA**

The racing area will be approximately as shown in Illustration A, attached. Weather conditions may require modification of these course areas in which case notice shall be posted at the Race HQ at the Pavilion at “The Point,” or by posting the “L” flag on the RC starting boat and proceeding to a new area.

**10. COURSE DIAGRAM**

The identifying letter of the course will be displayed on the race committee signal boat with or before the warning signal of the start.



**T1 Course: Start, 1, 2, 3, Finish**  
**WL Course: Start, 1, 3, Finish (gate closed)**

**11. MARKS**

Unusually shaped inflatables as announced at the Skipper’s meeting.

**12. THE START**

- 12.1 The starting line will extend between the staff from which an orange flag is displayed on the race committee signal boat and the course side of the port-end starting (pin) mark.
- 12.2 Starting Sequence. Races will be started by using the 3-minute sound signal sequences as follows. A series of short signals may be made before the sequence begins in order to attract attention.

<i>Signal</i>	<i>Sound</i>	<i>Time before start</i>
<u>Warning</u>	<u>3 long</u>	<u>3 minutes</u>
<u>Preparatory</u>	<u>2 long</u>	<u>2 minutes</u>
	<u>1 long, 3 short</u>	<u>1 minute, 30 seconds</u>
	<u>1 long</u>	<u>1 minute</u>
	<u>3 short</u>	<u>30 seconds</u>
	<u>2 short</u>	<u>20 seconds</u>
	<u>1 short</u>	<u>10 seconds</u>
	<u>5 short, 1 second apart</u>	<u>5 – 4 – 3 – 2 – 1 seconds</u>
<u>Starting</u>	<u>1 long</u>	<u>0</u>

**13. RECALLS**

The Race Committee intends to hail the sail numbers of OCS (On Course Side) boats after the starting signal. The failure of any boat to hear the hail, an untimely hail of OCS boats, failure to hail any boats, and the order of the boats in the hail shall not be grounds for granting redress. This changes Rules 41 and 62.1.

**15. THE FINISH**

The finishing line will be between a staff displaying an orange flag or shape on the course's RC and the designated finishing mark as illustrated in these SI's. Race finish boat does not necessarily have to be the race start boat.

**16. TIME LIMIT**

- 16.1 The time limit will be 60 minutes. Boats failing to finish within 15 minutes after the first boat finishes or within the time limit, whichever is later, will be scored DNF (Did Not Finish). This provision changes Rule 35.
- 16.2 A last place boat may be given an assured position prior to expiration of the time limit if the RC deems it necessary.

**20. SCORING**

The Low-Point Scoring System, Appendix A of the racing rules, will apply for all classes. A maximum of FIVE races are scheduled, of which one shall be completed to constitute a regatta series. If five races are sailed, a boat's worst score shall be discarded.

**21. DISPOSAL OF TRASH**

Boats observed purposefully discharging trash into the water will either be disqualified from all races the day the infraction is observed or be subject to other suitable disciplinary action, or both.

**22. INSTRUCTIONS FOR COACHES, SUPPORT BOATS AND SPECTATORS**

- 22.1 Support boats shall complete a registration indicating their CBYRA flag number (or "no flag available").  
Coaches shall display coach flag.
- 22.2 Registered coaches will be allowed to coach sailors in the trailing half of the fleet.

**23. PRIZES**

Participation awards will be presented to sailors in the Optimist Green Fleet, and first, second and third place finishers will be announced.

# Illustration A - The Racing Areas

Courses 1, 2, 3 – labeled below, between Dobbins Island and Mountain Point

Courses 4 and 5 – labeled below, on the Bay side, NW of Mountain Point

