

Plymouth Yacht Club 2019 Junior Regatta

Sailing Instructions

- Authority:** The Plymouth Yacht Club Junior Regatta is organized under the authority of the Plymouth Yacht Club Sailing Committee and will be governed by the *Rules* as defined in The Racing Rules of Sailing, the prescriptions of U.S. Sailing, U.S.O.D.A. Class Rules, Club 420 Class Rules, Optimist Class Rules, the Sailing Instructions, and any other applicable rules.
- Entries:** International Optimist Dinghy: Championship Line (White, Blue & Red Fleets)
Green Line (Novice Optimist Sailors Only)
Club 420
- Limitations:** For 420s, all competitors (skippers and crew) shall not have reached their 19th birthday during the 2019 calendar year.
For Optimist, all competitors shall not have reached their 16th birthday during the 2019 calendar year.
- Notices:** Notices to competitors will be posted on the official notice board located in the PYC Junior Club House.
- Signals:** Signals made ashore will be displayed from the flagpole located adjacent to the PYC launch dock. If a postponement is signaled ashore, the warning signal will be made not less than 30 minutes after AP is lowered.
- Schedule:**
- | | |
|-----------|---|
| 8:00-9:00 | Onsite Check-In/Breakfast Buffet |
| 9:00 | Skippers' Meeting |
| 9:30 | Harbor Start |
| 10:00 | First Warning Gun Snacks/Drinks on the Water |
| 3:00 | BBQ Cookout and Awards |
- Scoring:** The Low-Point Scoring System, RRS Appendix A2 will apply.
One race is required to be completed to constitute a series.
There will be no maximum number of races.
One throw out will be allowed after five races are completed.
- Prizes:** Awards for the first three places in each fleet as well as an overall award for Opti Championship Fleet.
Green Fleet competitors will receive participation awards.
- Coach boats:** All visiting coach and support boats are required to check in before heading out onto the water. Boats can be launched at the Club or the town boat ramp at the head of the harbor. Each coach boat shall have a working VHF radio, an anchor, and a basic first aid kit. No coaching is allowed after the first gun for each race (except for Green Fleet

competitors in the bottom half of any given race).

VHF: The **Opti Green Fleet** Race Committee will be monitoring channel **68**.
The **Opti Champ** Fleet Race Committee will be monitoring channel **69**.
The **420 Fleet** Race Committee will be monitoring channel **70**.

Racing Area: The Optimist fleets will start in open area EAST of the PYC Docks. The first starting area will be the Green Fleet, closest to clyb and the second starting area will be the Championship Fleet, closest to Plymouth Long Beach.

The Club 420s will start in the area NORTH of Plymouth Harbor breakwater and SOUTH of the 16 foot Plymouth Harbor Channel marker "12". Getting to this location requires cross the Plymouth Harbor Channel which often has heavy commercial and recreational traffic. Competitors will cross the channel from buoy markers C "21" and N "22" and must follow directions that may be given by the Plymouth Harbor Master or Safety Boat designated for this purpose.

Courses: The course will be Modified Windward/ Leeward (WL), a Modified Triangle (T), or an Olympic Triangle/Windward/ Leeward (TWL). The course will be designated by black letters written on a white panel aboard the RC start boat. All rounding marks will be orange or yellow inflatable buoys.

Diagrams show the courses, course designations, the marks in order and the rounding direction of each mark will be provided to all competitors.

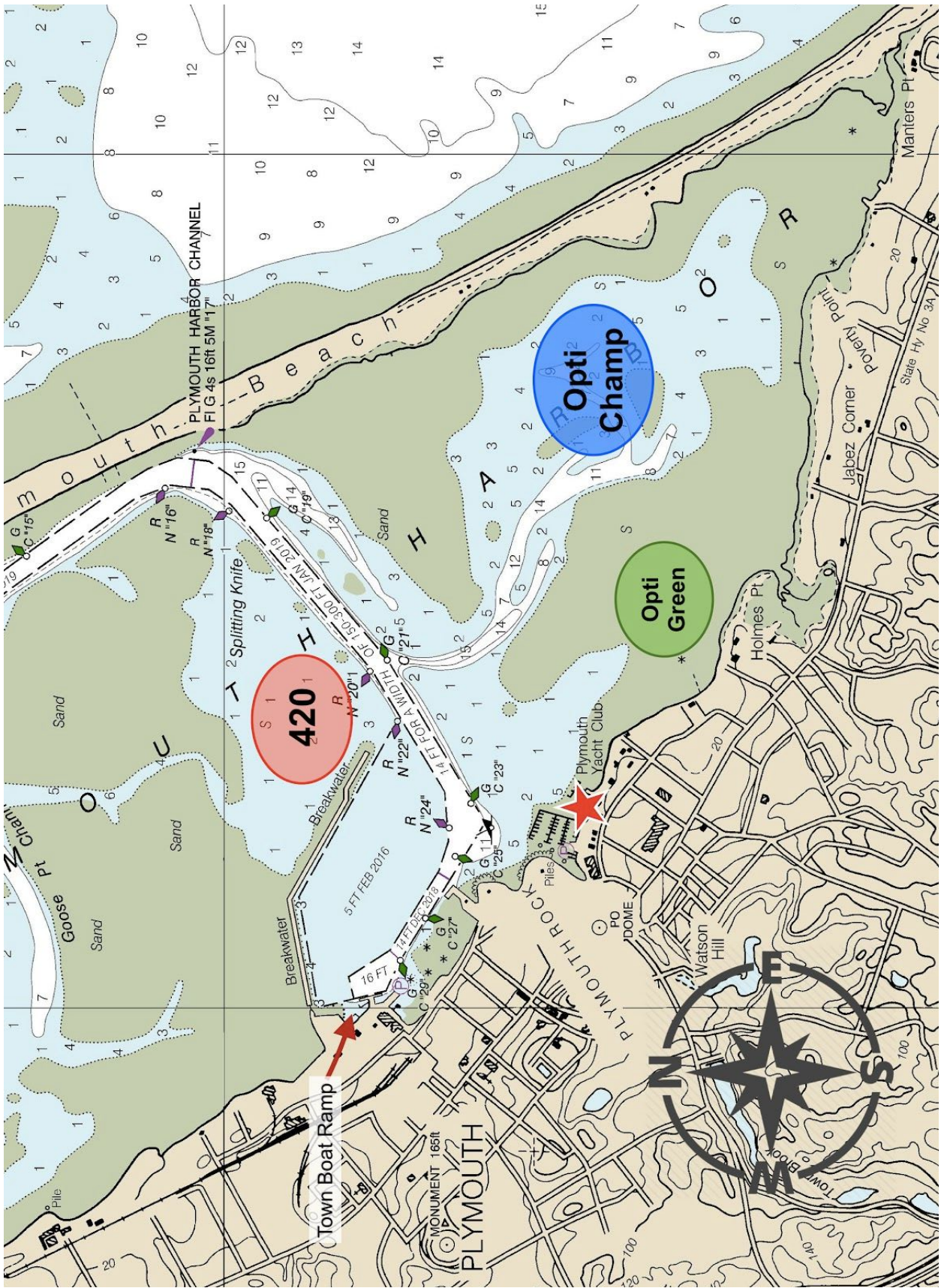
Lines: All starting and finishing lines will be between the fleet flag on the RC starting vessel and the pin mark. The club 420 fleet will be started using Rule 26. The optimist championship and green fleets will start by using rule 3 minute sound singles as found in Appendix "Q" of the RRS.

Time Limit: The time limit for each race will be 1 hour for first boat to finish. Boats finishing more than 30 minutes after the first boat that sails the course finishes will be scored DNF without a hearing. This changes RRS 35, 63.1, A4 and A5

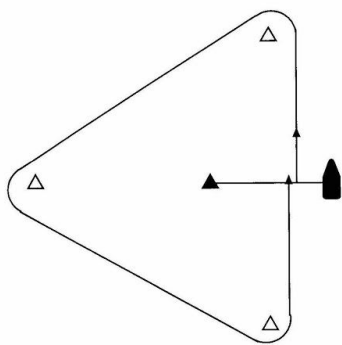
Protests: Protest shall be delivered to the RC table inside the PYC Junior Clubhouse within 30 minutes after the race committee boat docks. The protest time limit and a list of protest received will be posted on the notice board. Hearings will be held as soon as possible after racing in the Junior Clubhouse.

Other: Snacks/Drinks will be provided to competitors on the water. A BBQ cookout will be provided to all participating sailors, coaches and parents after racing.

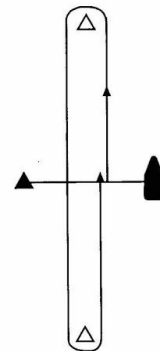
Contact: Race Chairman: Ned Joyce-Tel: (617)304-8010
or email: ejoyce@naglejoycelaw.com



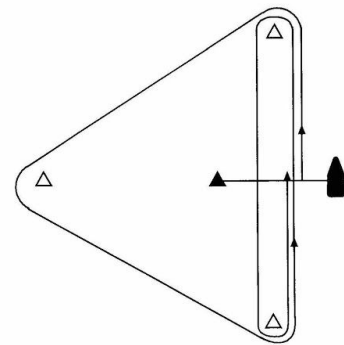
Race Course Diagrams



Triangle



Windward/Leeward



Olympic

Preparatory Signals



↑ • ↓ —

P Preparatory signal.



↑ • ↓ —

I Rule 30.1 is in effect.



↑ • ↓ —

Z Rule 30.2 is in effect.



↑ • ↓ —

Black flag. Rule 30.3 is in effect.

Recall Signals



↑ •

X Individual recall.



↑ • • ↓ •

First Substitute General recall. The warning signal will be made 1 minute after removal.

Shortened Course



↑ • •

S The course has been shortened. Rule 32.2 is in effect.

Other Signals



↑ •

L Ashore: A notice to competitors has been posted. Afloat: Come within hail or follow this boat.



— — — —

M The object displaying this signal replaces a missing mark.



↑ •

Y Wear a personal flotation device.



(no sound)

Blue flag or shape. This race committee boat is in position at the finishing line.