



William H. Myers Heritage Regatta
Shields and Star Classes
August 24-25, 2019
Tred Avon Yacht Club
Oxford, MD

SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing, 2017 – 2020* (RRS) and by the rules of the Shields Class Racing Association.
- 1.2 In the event of a conflict between the *Notice of Race* and the *Sailing Instructions*, the *Sailing Instructions* take precedence. This changes RRS 63.7

2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official bulletin board located in the first floor lobby of the Tred Avon Yacht Club (TAYC).
- 2.2 A brief Competitors' Meeting shall be held between the TAYC clubhouse and the main bulkhead at 0845 on each race day.

3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the Sailing Instructions will be posted no later than 0900 on the day they will take effect, except that any change to the schedule of races will be posted no later than 2000 on the day before it will take effect.
- 3.2 Changes to the Sailing Instructions made on the water shall be communicated to all boats, with an acknowledgement by each boat, over VHF Channel 68.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the signal mast on TAYC's upper deck.
- 4.2 When flag "AP" is displayed ashore, "1 minute" is replaced with "not less than 60 minutes" in Race Signal AP.

5 SCHEDULE OF RACES

- 5.1 The Race Committee will attempt to run 5 races over the course of the two days of the regatta.
- 5.2 First warning for the Stars each day is 1025 with a rolling start for Shields, if practical. Conditions and finish times will determine the starting order for subsequent races.
- 5.3 Warning signals for succeeding races will be made as soon as possible after completion of the prior race.
- 5.4 No race shall start after 1430 on Saturday, Aug. 24, and 1330 on Sunday, Aug. 25.

6 CLASS FLAGS

- 6.1 The Race Committee signal boat shall display the class flag of the starting class no later than its warning signal.

7 RACING AREAS

- 7.1 The racing area will be in the Choptank River SW of Choptank River Light or in the Tred Avon River.

8 THE COURSES

- 8.1 The attached diagrams (labelled "Shields Courses") depict courses 2 through 6, showing the number of legs, the order in which marks are to be passed and on which side marks are to be passed.
- 8.2 No later than the warning signal, the Race Committee Signal boat will display the course number, the approximate magnetic bearing and distance in nautical miles to the windward mark (Mark **1**) on a board visible to competitors.
- 8.3 Mark **1** is the windward mark. Mark **1a** is an offset mark which, if set, will be positioned to port approximately 8 boat lengths from Mark **1**. Marks **1** and **1a** shall be rounded to port.
- 8.4 For courses 3, 4, 5 & 6, a leeward mark (Mark **2**) or gate (Marks **2s** and **2p**) may be positioned approximately 50-100 yards to windward of the Race Committee signal boat. In that event, neither the leeward mark nor the gate marks shall be considered marks of the course for the first or final legs.
- 8.5 When there is a single leeward mark (Mark **2**) it shall be rounded to port.
- 8.6 When there is a gate, boats shall sail between the gate marks (**2s** and **2p**) from the direction of the previous mark and round either gate mark.
- 8.7 The Race Committee may designate the start/finish mark as the leeward mark in place of Mark **2** (as shown in attached course diagram) and, in that event, it shall be rounded to port except when finishing.
- 8.8 In the event of a shortened course, the finish line shall be crossed from the direction of the previous mark (this changes RRS 32.2):
 - (a) at a rounding mark, between the mark and a staff displaying code flag "S";
 - (b) at a line the course requires boats to cross (i.e., original start and/or finish line);
 - (c) at a gate, between the gate marks.

9 MARKS

- 9.1 The start/finish mark will be an orange cylinder.
- 9.2 The windward mark (Mark **1**), single leeward mark (Mark **2**) or gate marks (Marks **2s** and **2p**) will be orange tetrahedrons. The offset mark (Mark **1a**), if set, is a small orange sphere.
- 9.3 The Race Committee starting or finishing boat may set a stand-off buoy, which buoy, the line attaching it to the Race Committee boat and the Race Committee boat are all part of the starting or finishing mark.

10 THE START

- 10.1 Races will be started using RRS 26 with the warning signal made 5 minutes before the starting signal. A series of short attention sounds may be used to alert competitors of the Race Committee's intention to sound the warning signal in approximately 1 minute.
- 10.2 The starting line will be between an orange flag on the Race Committee signal boat and an orange cylindrical mark to port.
- 10.3 A boat crossing the starting line later than 10 minutes after her starting signal will be scored "DNS" without a hearing. This changes RRS A4 and A5.
- 10.4 The race committee will attempt to hail OCS boats on VHF channel 68, but the failure to hail, the hail of some but not all OCS boats, the order in which hailed or untimely hailing of boats shall not be grounds for redress. This changes RRS 62.1(a).

11 CHANGE OF THE NEXT LEG OF THE COURSE

- 11.1 A change of the next leg of the course will be accomplished in accordance with RRS 33.

12 THE FINISH

- 12.1 The finishing line for even numbered courses (downwind finish) will be between an orange flag on the Race Committee signal boat and the nearby orange cylindrical mark to port.
- 12.2 The finishing line for odd numbered courses (upwind finish) will be between an orange flag on the Race Committee signal boat and Mark **1** to port.

13 PENALTY SYSTEM

- 13.1 **For Shields Fleet only:** RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty when one or more rules of Part 2 may have been broken while racing.

14 RADIO COMMUNICATIONS

- 14.1 The race committee intends to use Channel 68 to supplement signaled information to all boats.
- 14.3. Except in an emergency, a boat shall neither make nor receive radio or cell phone communications not available to all boats. This restriction does not apply to personal, non-racing related communications.

15 TIME LIMITS

- 15.1 The time limit for the first boat to finish will be 2 hours.
- 15.2 All other boats must finish within 30 minutes of the first boat that sails the course and finishes or be scored "DNF" without a hearing. This changes RRS 35, A4 and A5.

16 PROTEST AND REQUESTS FOR REDRESS

- 16.1 The protesting yacht must satisfy the requirements of RRS 61.1a.
- 16.2 A written protest or request for redress must be filed with the PRO or member of the Protest Committee within one hour after the Race Committee signal boat returns to the dock.
Docking time will be posted on the official bulletin board. Protest forms are available in the clubhouse.
- 16.3 The time and location of protest hearings will be posted on the official bulletin board.

17 SCORING

- 17.1 RRS Appendix A4, Low Point System, will apply.
- 17.2 One race must be completed to constitute the series.
- 17.3 If fewer than five races are completed, a boat's score will be the total of her race scores.
- 17.4 If five or more races are completed, a boat's worst score will be excluded from her total score, subject to RRS 90.3(b).

18 SAFETY REGULATIONS

- 18.1 A boat that retires or leaves the racing area between races shall notify the race committee at the first reasonable opportunity by hail or on channel 68.
- 18.2 Competitors are strongly encouraged to wear a USCG approved PFD while racing and are required to do so whenever the RC signal boat hoists code flag "Y".

19 PRIZES

- 19.1 Trophies will be awarded as stated in the NOR.

20 DISCLAIMER OF LIABILITY

20.1 Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

Shields Courses

