



2020 Sailing Camp

Since 1992, the USSCMC Junior Sailing Program has provided area youth with the skills to enjoy and explore the waters. From reading winds and tides to knot tying, tacking and the importance of team work, USSCMC instructors not only teach young sailors everything they need to know to sail safely, but they also instill in them a sense of confidence which remains with them for the rest of their lives.

Thousands of youngsters have gone through the USSCMC Summer Sailing Camp over the years, and much of the program's success can be attributed to the skill, enthusiasm and dedication of USSCMC's instructors. Many current instructors began as junior sailors themselves and are now passing their knowledge, experience and passion for sailing on to the next generation. All camp sessions are taught by certified US Sailing Instructors.

Camp Schedule:

Monday through Friday, 9am to 4pm | Little Skippers are scheduled 9am to Noon

Fee for One Week of Sailing Camp: \$300 for members and \$330 for non-members (sunshirt provided)

Discount for multiple weeks will be applied when additional weeks are purchased in bulk

Fee for Little Skippers: \$185

Multiple week discounts do not apply for this course (sunshirt provided)

A sunshirt will be provided for the child's 1st week of camp and every week thereafter with registration purchased at full price.

Additional Purchases (may be purchased online)

- Extended Private Lessons (4 to 5:30pm): \$30 per day/ 1st child, 2nd child no charge for additional children in same household. Registration required 24 hours in advance.
- Sailing helmets will be available for rental. The charge is \$5 per week with a \$50 deposit

PFJ (life jackets) are available for campers at no additional charge. We encourage sailors to bring personal life jackets to camp.

A sunshirt will be provided for the child's 1st week of camp. (Sunshirts will be provided for additional weeks purchased at full price.)

The USSCMC will refund 100% of registration fees if the Sailing Camp is canceled by the USSCMC. cancellation is requested 8 days prior to the first day of camp, less a \$25 cancellation fee. For cancellations after the 8th day and until one day prior to camp, we will refund 50% of the registration fees. After the first day of camp no refunds will be issued. All cancellations must be received via email to office@usscmc.org

Classes may be changed up to one week prior to the first day of camp for no additional fee.

Scholarships and COVID 19 relief are available. Please request an application via email at office@usscmc.org

Registration is online at Clubspot by clicking this link: [Registration](#)

Course Descriptions:

Little Skippers:

Little Skippers is a one-week program that meets in 3 hour classes daily - 9am to noon. Limited to a small group, this hands-on class is geared towards making kids comfortable in and around boats. Lots of games will be intermingled with beginner sailing with the goal of fun!

- Ages 5-7
- Intro into being on the water.
- Instructor/volunteer to student ratio of 1:3. Class is limited to 6
- ½ day from 9-12pm (campers go home for lunch)

Opti Basic:

- Ages 7-12
- First experience on a small sailboat
- Includes swim test/comfort
- Rigging/de-rigging & put away
- Capsize & recover practice
- Steering (being towed) in Oppi
- Dry land sail trim practice
- Intro to wind direction
- Sailing (reaching) two in a boat
- Intro to sailing alone (point to point)
- Intro to upwind and downwind sailing
- Intro to knot tying
- Lunch together. Other activities include games (foosball, volleyball, soccer), Kayaks, Paddleboards, Hobie Cat sailing.

Opti Basic 2:

- Ages 8-12
- Usually 2nd thru (possibly) 4th week on the Oppi; looking to transfer to fiberglass Optimist pram.
- Learning to master upwind & downwind sailing alone
- Beginning to sail around a course
- Beginner adventure trips around the river
- Other activities include games (foosball, volleyball, soccer), Kayaks, Paddleboards, Hobie Cat sailing

Opti Intermediate/Advanced:

- Ages 8-12
- Advanced sailing & racing techniques in fiberglass optimist prams
- Rigging, de-rigging and put away
- Advanced sail trim, body position, boat speed & efficiency techniques

- Intro to course racing, Hi wind sailing, rudderless sailing, etc.
- Some sailing in other craft such as Open Bic, an windsurfing
- Other activities include games (foosball, volleyball, soccer), Kayaks, Paddleboards, Hobie Cat sailing

Dinghy Basic:

- Ages 12-17
- First experience sailing a small sailboat
- Rigging/de-rigging & put away
- Hartley 14's. Double handed (2 people in the boat)
- Capsize & recover practice
- Intro to wind direction
- Sail trim, boat trim, crew and skipper positions
- Steering (being towed)
- Dry land sail trim practice
- Intro to sailing (reaching), intro to sailing point to point, intro to upwind and downwind sailing. Alternating skipper and crew positions. Intro to knot tying. Other activities include games (foosball, volleyball, soccer), Kayaks, Paddleboards, Hobie Cat sailing

Dinghy Intermediate/Advanced:

- Ages 12-17, at least 2nd/3rd week of dinghy sailing experience.
- Rig/De-rig and put away Flying Juniors
- Working on more advanced sailing including skipper & crew skills, responsibilities and positioning. Switching positions throughout the week
- Intro and practice of higher level techniques including racing & possibly team racing
- Other activities include games (foosball, volleyball, soccer), Kayaks, Paddleboards, Hobie Cat sailing