# **Sailing Instructions**

FALL 2019 FLORIDA EAST COAST SERIES

Regatta #1

September 29, 2019

US SAILING Center Martin County

#### 1. Rules

The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.

#### 2. Entries

Competitors may enter by delivering a completed entry per the NOR.

## 3. Notices to Competitors

Notices to competitors will be posted on the official notice board located on the upper deck of the sailing center. Changes to the Sailing Instructions may be made orally after sounding a series of 5 or more whistle blasts.

# 4. Signals Made Ashore

Signals made ashore will be displayed from the flagpole located on the dock. If a postponement is signaled ashore, the warning signal will be made not less than 20 minutes after flag AP is lowered.

# 5. Schedule and Class Flags

A competitors' meeting will be held at **1200 on September 29** with the preparatory signal for the first race immediately following. The starting order will be announced verbally from the signal boat. Subsequent races will be held as soon as practical after the end of the previous race. No flags will be used except for the orange line flag. No warning after 1600.

## 6. Racing Area

The racing area will be the Indian River Lagoon, West of the ICW and north of the sailing center.

### 7. Courses and Marks

The course[s] will be designated orally from the signal boat.

### 8. Starting and Finishing Lines

The starting and finishing lines will be between the staff from which an orange flag is displayed and the course side of the nearby mark. [The Sound Signal Starting System in Appendix U of the racing rules will be used.]

### 9. Time Limit

The time limit for each race will be 20 minutes for the first boat to finish. Boats that are delaying the start of a subsequent race will be finished in place and requested to return to the starting area.

#### 10. Protests

Protests will handled using Appendix T Section C. Protests need not be filed in writing.

## 11. Scoring

If five or more races are completed, each boat's series score shall be the total of his/her race scores excluding his/her worst score.