



20TH ANNUAL LAKE NORMAN HOSPICE REGATTA

September 11-13, 2020

LAKE NORMAN YACHT CLUB (LNYC)



SAILING INSTRUCTIONS DIVISION 5

1. RULES

- 1.1. The Regatta will be governed by the rules as defined in the Racing Rules of Sailing.
- 1.2. The following rules are changed:
 - 1.2.1. RRS A2.1 is modified so that each boat's series score shall be the total of her race scores.
 - 1.2.2. RRS V1 and RRS V2 shall apply.

2. ENTRIES

Eligibility is in accordance with the Lake Norman Hospice Regatta Notice of Race (NOR).

3. NOTICES TO COMPETITORS

Notices to competitors will be posted on the Regatta Network event site:

<https://www.regattanetwork.com/event/20390>.

4. CHANGES IN SAILING INSTRUCTIONS

- 4.1. Any change in the sailing instructions will be posted on the Official Notice Board 2 hours before the scheduled first warning of the day it will take effect.
- 4.2. Oral Instructions are allowed on the water with code flag "L".

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed from the flag mast on the Junior Signal boat.
- 5.2. In the event postponement is signaled on shore, the Race Committee will postpone the scheduled starts in accordance with Sailing Instruction 5.3 and 5.4, thirty minutes prior to the scheduled Warning Signal for all classes.
- 5.3. Flag "AP" (Answering Pennant – red/white stripes), raised with two sound signals means the race is postponed.
- 5.4. Flag "AP" (Answering Pennant – red/white stripes), lowered with one sound signal means the warning signal of the next scheduled race will be made not less than 30 minutes after AP is lowered.

6. SCHEDULE OF RACES

- 6.1. The schedule of races is defined NOR.
- 6.2. There is no limit as to the number of races to be sailed.

7. DIVISION FLAGS

Division flags will be:

<u>Division</u>	<u>Class Flag</u>
Sunfish:	White with red Sunfish class logo
420:	White with blue 420 class logo
Laser full:	White with red class logo
Laser radial:	Red with white class logo
Laser 4.7:	Yellow with red class logo
Opti:	White with blue class logo
O'pen Skiff:	White with black/red class logo

8. CHECK-IN

- 8.1. Each boat shall check in before her first Warning Signal of each day by sailing past the Race Committee Signal Boat on starboard tack and hailing her sail number and skipper's name until acknowledged by the Race Committee.
- 8.2. Failure to check in may result in the skipper not being scored.

9. CLASS/COURSE SIGNALS

- 9.1. A class of three or more boats will constitute a fleet and start in its Division
- 9.2. The signal for each Division's start will be the appropriate Division Flag displayed on the Signal Boat.
- 9.3. Course designations will be displayed near the stern of the Signal boat.
- 9.4. The numeral signal "2" or "3" when posted with the Course designates that the course shall be sailed two or three times around.

10. THE COURSE(S)

- 10.1. The diagrams on the last page illustrate the course(s), including the approximate angles between legs, the order in which marks are to be rounded or passed, and the side each mark is to be left.
- 10.2. The course for a Division not yet started shall be posted near the stern of the Race Committee boat before or with its Warning Signal.
- 10.3. For courses MO, MWL, and MT, the start/finish line shall not be crossed except when starting or finishing.

11. MARKS

- 11.1. Marks "1", "2", and "3" will be **RED** ball mark with the following exception:
- 11.2. Mark "1L" will be a **WHITE** ball mark for the Laser, Sunfish and 420 fleets.
- 11.3. For the MO, MWL and MT courses, the starting/finishing pin will be a **WHITE** ball mark (which may or may not have a staff with an orange flag).
- 11.4. For the WL courses, the starting pin will be a **WHITE** ball mark (which may or may not have a staff with an orange flag). The finishing pin will be **RED** ball mark.

12. THE START

- 12.1. Races will be started in accordance with RRS 26.
- 12.2. The starting line will be between a staff displaying an orange flag on the Signal Boat and the port end starting mark.

- 12.3. Boats whose warning signal has not been made shall keep clear of the starting and finishing areas and of all boats whose warning signal has been made.

13. RECALLS

- 13.1. Individual Recalls will be signaled in accordance with RRS 29.1 using Flag “X” (white with blue cross) with one sound signal. Flag “X” will stay up for a maximum of four minutes after the starting signal.
- 13.2. General Recalls will be signaled in accordance with RRS 29.2 using the “First Substitute” Flag (yellow pennant with blue border) and two sound signals.
- 13.3. Race committee may attempt to notify OCS boats verbally. However, failure to hear a hail will not be grounds for redress.

14. ABANDONMENT

- 14.1. Flag “N” (blue and white check) displayed with three sound signals means all races that have been started are abandoned. Sailors are to return to the starting area.
- 14.2. Flag “N” (blue and white check) lowered with one sound signal means the warning signal will be made one minute after “N” is removed, unless race is abandoned again or postponed.
- 14.3. Flag “N” over “H” (blue and white checked flag over square flag with one red and one white vertical stripe) displayed with three sound signals means all races are abandoned. Further signals will be made on shore.
- 14.4. Flag “N” over “A” (blue and white checked flag over blue and white pennant) displayed with three sound signals means all races are abandoned, no more racing today.

15. THE FINISH

- 15.1. The finishing line will be between a staff displaying an orange flag on the Signal Boat and the port end finishing mark.
- 15.2. The finish will be on the Port Side of the Race Committee Boat for upwind finishes and on the Starboard Side of the Race Committee Boat for downwind finishes.

16. TIME LIMIT

- 16.1. The time limit will be 20 minutes to the first mark for the lead boat of each division and 45 minutes for the lead boat of each division to complete the course.
- 16.2. Any boat that does not finish within 20 minutes of the lead boat in its division may be assigned a finishing position by the Race Committee and may be towed to the starting area.

17. PROTESTS

- 17.1. The protest time limit is 30 minutes and begins when the Signal Boat returns to dock. The Race Committee will sound a signal at the beginning of the 30-minute period.
- 17.2. The protest committee will hear and decide protests as soon as possible.
- 17.3. Protests and requests for redress shall be in writing and be delivered to the Race Management Center within the protest time limit.
- 17.4. Protest forms are available in the Race Management Center, Clubhouse, Pavilion, and on the Signal Boat.

18. PENALTY SYSTEM

- 18.1. A boat that may have broken a rule of Part 2 while racing shall take a penalty as soon after the incident as possible. Her penalty shall be a One or Two Turn Penalty performed in accordance with RRS 44.1 and 44.2.

19. SCORING

- 19.1. The Low Point scoring system as defined by RRS Appendix A2.1 will apply, except that a boat's scores will be the total of her race scores.
- 19.2. One race will constitute a regatta or series for all divisions.

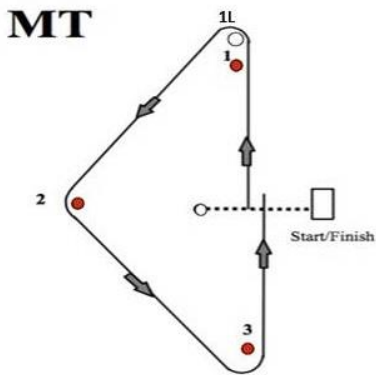
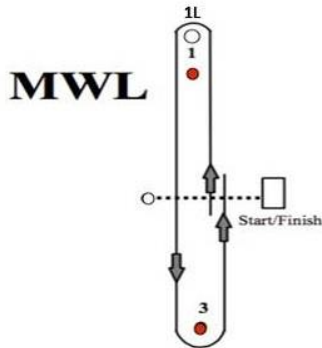
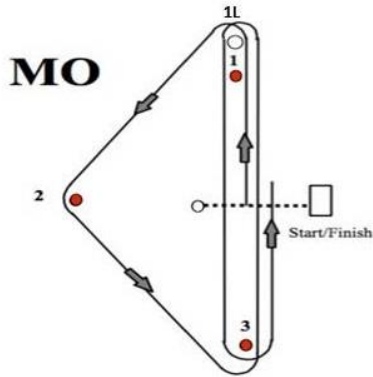
20. PRIZES

Prizes shall be awarded in accordance with the Notice of Race.

21. FUNDAMENTAL RULES AND SAFETY

- 21.1. Each boat is reminded of RRS Part 1 - Fundamental Rules.
- 21.2. All competitors **shall check in** with the Signal Boat for the Junior Race Committee before the first race of each day. Failure to check in may result in disqualification.
- 21.3. In the event a boat retires, **she shall notify** the Junior Race Committee either before leaving the racecourse. Failure to notify the Race Committee **may** result in disqualification.
- 21.4. Each boat shall be equipped with safety gear as required by federal, state, local, class, and fleet regulations.
- 21.5. RRS 40 is changed. **USCG approved life jackets are required from dock to dock at all times.** Flag "Y" will not be displayed.
- 21.6. Support boats shall stay outside the racing area from the time the preparatory signal for the first division is displayed until all boats have finished or the race committee signals a postponement, general recall or abandonment with the following exception:
- 21.7. Coaching in the racing area of Green Optimist Fleet skippers is permitted for boats at the back of the fleet. Those wishing to coach shall coach any Green Fleet sailor and not simply their skipper.
- 21.8. Coach boats shall not create wakes or otherwise interfere with competitors.

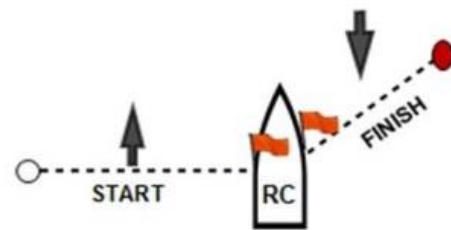
Course Diagrams



MO	S-1(1L)-2-3-1(1L)-3-F (shown)
MWL	S-1(1L)-3-F (shown)
MWL2	S-1(1L)-3-1(1L)-3-F
MWL3	S-1(1L)-3-1(1L)-3-1(1L)-3-F
MT	S-1(1L)-2-3-F (shown)
MT2	S-1(1L)-2-3-1(1L)-2-3-F
MT3	S-1(1L)-2-3-1(1L)-2-3-1(1L)-2-3-F

*White buoy (1L) for Laser, Sunfish and 420 Fleets

WL



WL	S-1(1L)-F
WL2	S-1(1L)-2-1(1L)-F
WL3	S-1(1L)-2-1(1L)-2-1(1L)-F

*White buoy (1L) for Laser, Sunfish and 420 Fleets