



LASER NO COAST CHAMPIONSHIPS
Laser Standard, Laser Radial & Laser 4.7
Hosted by Crescent Sail Yacht Club (CSYC)
July 30 – August 2, 2020
SAILING INSTRUCTIONS



The notation '[DP]' in a rule in the SI means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

The notation '[NP]' in a rule in the SI means that instruction is not grounds for protest or a request for redress by a boat. This changes rule 60.1.

1 RULES

- 1.1 The regatta is governed by the *rules* as defined in the *Racing Rules of Sailing* (RRS).
- 1.2 The US Sailing prescriptions to RRS 60.3, 63.2 and 63.4 shall not apply. *This changes the NOR.*
- 1.3 If there is a conflict between these Sailing Instructions and any other document governing the event, the Sailing Instructions take precedence. *This changes RRS 63.7.*

2 ELIGIBILITY AND ENTRY

All competitors must meet the eligibility requirements as stated in the Notice of Race and have filed valid entries in accordance with the Notice of Race.

3 NOTICES TO COMPETITORS

Shall be posted on the official notice board located on the window glass next to the south entrance to CSYC.

4 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions shall be posted not less than 60 minutes prior to the first scheduled race on the day it shall take effect, except that any change in the schedule of races shall be posted by 1800 on the day before it shall take effect or by the protest time limit, whichever is later.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore shall be displayed from the club flagpole at CSYC, north of the clubhouse.
- 5.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 30 minutes" in race signal AP. *This changes Race Signals AP.*

6 SCHEDULE OF RACES

- 6.1 Racing is scheduled as follows:

Friday, July 31

0800 – 0900 Late registration & sail measurement
0930 Competitors' meeting
1000 Launch
1055 First warning signal, races to follow

Saturday, August 1

0915 Competitors' meeting
0930 Launch
1025 First warning signal, races to follow

Sunday, August 2

0915 Competitors' meeting
0930 Launch
1025 First warning signal, races to follow

- 6.2 No warning signal will be made after 1500 hrs on Sunday, August 2.

7 RACING AREA

The racing area is the space encompassing the course, the starting area, and the finishing area. It extends 100 yards beyond any racing boat and all marks. Except as permitted by SI 19, only competing boats and official boats (designated as such by the RC) may enter the racing area while boats are racing.

8 THE COURSES

- 8.1 The diagrams in Attachment A show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.2 The course length will be adjusted to target a race time of 45-60 minutes. [NP]
- 8.3 No later than the warning signal, the RC signal boat will display the approximate compass bearing and distance from the starting line to Mark 1.

9 MARKS

- 9.1 Mark 1 (the long weather mark) will be an **orange tetrahedron**.
- 9.2 Mark 4.7 (the short weather mark) will be a **yellow tetrahedron**.
- 9.3 Marks 2S and 2P (the gate) will be **orange** inflatable marks.
- 9.4 The offset mark (1A) will be a **white** "hippity-hop" style mark. Mark 4.7 has no offset mark.
- 9.5 New marks, as provided in instruction 12, will be an **orange** cylinder for the long course and a **yellow** cylinder for the short course.
- 9.6 The starting and finishing marks will be small **yellow** cylinders or a boat displaying a staff and orange flag.

10 THE START

- 10.1 The class flags will be:
 - Laser Full Rig – **red** Laser class logo on a **white** background.
 - Laser Radial – **white** Laser class logo on a **red** background.
 - Laser 4.7 – **red** Laser 4.7 class logo on a **white** background.
- 10.2 The starting line shall be between a staff displaying an orange flag on the signal boat and the course side of the mark or staff as described in instruction 9.6.
- 10.3 A boat starting later than 5 minutes after her starting signal shall be scored Did Not Start without a hearing. *This changes RRS 63.1, A4.1 and A5.*

11 CHANGE OF THE NEXT LEG OF THE COURSE

To change the position of the next mark, the RC shall lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it shall be replaced by an original mark.

12 THE FINISH

The finishing line shall be between a staff displaying a blue flag on the RC signal boat and the course side of the mark as described in instruction 9.6.

13 ABANDONMENT AND TIME LIMIT

- 13.1 The time limit shall be 90 minutes (1.5 hrs). Boats still racing more than 30 minutes after the first boat to sail the course as described in RRS 28 and finishes will be scored DNF without a hearing. *This changes RRS 35, 63.1, A4.1 and A5.*
- 13.2 The Race Committee will abandon any race it judges not to be a fair test of sailing skill. [NP]

14 MEASUREMENT & EQUIPMENT [DP][NP]

Each competitor is responsible for ensuring their equipment is in compliance with the ILCA rules. Failure to do so may result in disqualification from the regatta. Section 4 of the NOR will be enforced and other measurement and equipment checks may be done at any time during the regatta.

15 RRS 42 (PROPULSION)

- 15.1 RRS Appendix P will be in effect; boats which are observed by a member of the Jury infringing RRS 42 may be protested on the water.
- 15.2 The title of RRS P2.1 is changed to "First and Subsequent Penalties." RRS P2.2, P2.3 and P2.4 are deleted.
- 15.3 The Jury boats will be identified by US Sailing Judges flags.

16 PROTESTS AND REQUESTS FOR REDRESS

- 16.1 RRS Appendix V2 (Penalty Taken After a Race) shall be in effect.
- 16.2 For other than RRS 42 infringements the Jury will observe racing. When the Jury sees an infringement, the Jury will make one sound signal. No sail number will be hailed. This means that the Jury has seen a protestable situation and one or more competitors should do penalty turns. If no penalty turns are done the Jury may protest one or more boats.
- 16.3 Protest forms are available at the notice board location. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 16.4 The protest time limit is 45 minutes after the RC boat docks after the last race of the day or 45 minutes after the RC signals "No more racing today," whichever is later. *This changes rules 61.3 and 62.2.*
- 16.5 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held at the location and times posted on the official notice board.
- 16.6 Notices of protests by the race committee, technical committee, or protest committee will be posted to inform boats under RRS 61.1(b).
- 16.7 If the race committee posts a list of boats scored OCS, UFD or BFD on the official notice board before the protest time limit, a request for redress based on such a posted score shall be made no later than one hour after the protest time limit. *This changes RRS 62.2.*

17 SCORING

- 17.1 Three (3) races shall constitute a series.
- 17.2 In accordance with RRS A2, each boat's series score shall be the total of her race scores excluding her worst score after six (6) races have been completed.

18 SAFETY REGULATIONS [DP][NP]

- 18.1 Before the start of the first race of the day, and after any postponement ashore, competitors are requested to sail past the stern of the signal boat on starboard tack and hail their sail numbers to check in.
- 18.2 A boat that retires from a race shall notify a safety boat or the RC as soon as possible.

19 COACH AND SUPPORT PERSON RESTRICTIONS [NP][DP]

- 19.1 Coaches and support persons who are on the water either in support or coach boats are considered coaches for the purpose of SI 19 and NOR 12.
- 19.2 General coach and support boat requirements – refer to NOR 12
- 19.3 No 'team' flags, private signal flags, or any object that might be construed as a signal shall be flown from coach or support boats while racing is underway.
- 19.4 Coach and support boats shall follow the instructions of RC, patrol, safety, PC, and other race management boats at all times.
- 19.5 All coach and support boats shall stay out of the *racing area* (SI 7) while boats are racing and at least 100 yards away from any racing boat, and move slowly and with minimal wake, except where permitted in this instruction.
- 19.6 Certain coach boats may be designated as rescue craft by the PRO or Safety Officer and given permission to enter the racing area for the purposes of rescue operations only.
- 19.7 After the start, coach and support boats may exit the waiting area and proceed slowly with minimal wake to the weather mark, **only on the starboard side of the course.**
- 19.8 Coaches, parents, or support boats that repeatedly and/or intentionally break SI 19 may be subject to disciplinary actions up to and including exclusion from the venue.

20 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority shall not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

21 AWARDS

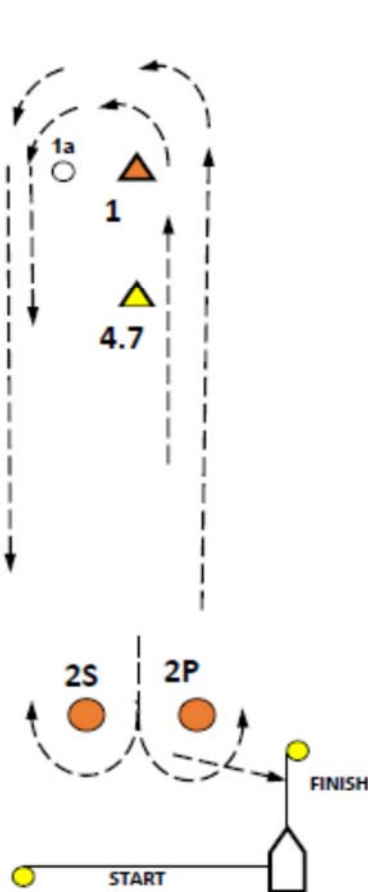
Plaques will be awarded to the sailors of the top three finishing boats in each class. Additional awards may be given based on the number of registered competitors in each class.

ATTACHMENT A
ILLUSTRATING THE COURSES

Course 1 (Not to Scale)

LASER FULL RIG / RADIAL – LONG COURSE
START – 1 – 1a – 2P/2S – 1 – 1a – 2P – FINISH
(2 laps / 4 legs, reaching finish)

LASER 4.7 - SHORT COURSE
START – 4.7 – 2P/2S – 4.7 – 2P – FINISH
(2 laps / 4 legs, reaching finish)



Course 2 (Not to Scale)

LASER FULL RIG / RADIAL – LONG COURSE
START – 1 – 1a – 2P/2S – 1 – 1a – 2P/2S – FINISH
(2½ laps / 5 legs, upwind finish)

LASER 4.7 - SHORT COURSE
START – 4.7 – 2P/2S – 4.7 – 2P/2S – FINISH
(2½ laps / 5 legs, upwind finish)

