



## ***Double-Handed Long-Distance Race***

*June 6, 2020*

Monterey Peninsula Yacht Club  
Monterey, CA

### **SAILING INSTRUCTIONS JUNE 6, 2020 (0900)**

#### **1. SAILING INSTRUCTIONS**

1.1 The 2020 Monterey Peninsula Yacht Club Sailing Instructions will apply as adjusted by the provisions stipulated in this Notice of Race. Additional sailing instruction may be announced at the skippers meeting at 0900 PDT on June 6, 2020.

#### **2. SCHEDULE**

2.1 The race will start at 12:00 PDT on Saturday June 6, 2020.

#### **3. SAFETY REQUIREMENTS AND EQUIPMENT**

3.1. All competing boats shall comply with relevant social distancing requirements, and shall be equipped with face masks for each member of her crew.

3.2. In addition to the safety requirements specified in the 2020 Monterey Peninsula Yacht Club Sailing Instructions, all boats shall be equipped with the following minimum safety equipment:

- 3.2.1. Life lines appropriate for the particular boat design;
- 3.2.2. Jack lines and safety harnesses for both the skipper and crew;
- 3.2.3. Working navigation lights;
- 3.2.4. Two cellular phones with batteries fully charged;
- 3.2.5. A dual-band VHF marine transceiver (or two VHF radio receivers), and a working flashlight with additional batteries.
- 3.2.6. Other safety requirements deemed necessary at the skippers meeting.

3.3. The use of autopilots/helms are permitted.

#### **4. COURSE**

4.1. The 33.9 nautical mile course will start between Monterey Mile buoy and a orange flag flying from a race committee boat, passing both MBARI "M1" and Moss Landing "MLA" to starboard, and finishing between MPYC "F" buoy on Port and the flagpole on the roof of the MPYC club house.

4.2. The start line will be between the Monterey Mile buoy and an orange flag flying from the race committee boat. Instructions on the starting procedure will be announced by the committee boat or the rabbit boat on VHF Channel 68 prior to the starting sequence.

5. **FINISH**

5.1 Finishing boats should take their own time and text their finish time to the race committee (Kate Conway @ 805-570-3063). Failure to check in with the race committee at the time of finish, or soon thereafter may lead to disqualification from the race.

5.2 Boats retiring from the race must inform the race committee of their decision to do so, and inform the race committee once they arrive back at the Monterey Harbor.