



2020 RHYC Junior One-Design Regatta

August 5, 2020

Rock Hall Yacht Club, Rock Hall, MD 21661

SAILING INSTRUCTIONS

1. RULES

The regatta will be governed by rules as defined by the Racing Rules of Sailing (RRS), the rules of the International Laser, Laser Radial, and Club 420 except as any of these are changed by these sailing instructions.

2. ENTRIES

Boats that have completed registration online are eligible to race.

3. SAFETY

- 3.1 Competitors must wear a fully secured Coast Guard-approved Type II or above at all times while afloat, except for brief periods while adding or removing clothing. Whistles permanently attached to the PFDs are recommended. Floatation aids (Zhik, Baltic) are not permitted to be worn by competitors.
- 3.2 Coaches shall wear USCG approved Personal Flotation Devices (PFDs) at all times while afloat, except for brief periods while changing.
- 3.3 Failure to comply with 3.1 will be grounds for disqualification from all races sailed in violation of those instructions.
- 3.4 In the case of a coach not complying with 3.2, all sailors associated with his / her club may be subject to a penalty imposed by the protest committee, up to and including disqualification from all races sailed.
- 3.5 Protests can only be filed by race committee or on the water judges.
- 3.6 Competitors and/or coaches shall supply the equipment to meet the requirements of 3.1 and 3.2.
- 3.7 A boat retiring from a race shall notify a race committee boat before leaving the course, or, when that is impossible, the Regatta Office immediately after arrival ashore.

4. CHECK-IN

Competitors must check in with the race committee signal boat before the warning signal of the first race.

5. SCHEDULE FOR RACING

Wednesday (all times are dependent on racing conditions)

- | | |
|----------------|-----------------------------------|
| 8:30 - 9:30 AM | Arrival and rig |
| 10:25 AM | First Warning signal on the water |
| 4:30 PM | No race will start after |

6. NOTICES TO COMPETITORS

Notices to competitors will be posted on the event website at <https://www.regattanetwork.com/event/21055> by 9:00 AM on race day. Any subsequent notices will be made verbally on the water

7. SIGNALS MADE ASHORE

- 7.1 Signals made ashore will be displayed on the RHYC flag pole.
- 7.2 Flag AP displayed ashore with two sounds (one sound when lowered) means, "Racing is postponed. The competitors should stay ashore. The warning signal will be made not less than 30 minutes after AP is lowered ashore." This changes Race Signals AP.

8. SPECIAL SIGNALS

The display of Flag "H" (white and red vertical bars) at the finish of any race means, "Racing has ended for the day."



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9. CLASS FLAGS

The Race Committee signal boat shall display the class flag of the next class to start no later than its warning signal.

10. RACING AREA

The Radial/Club 420 course will be in the Chester River at the mouth of Langford Creek.

11. VHF RADIO COMMUNICATIONS

VHF channel 69 shall be used for regatta communications

12. THE COURSES

- 12.1 The diagrams in Illustration A show the course(s), the order of rounding, and the side on which each mark is to be rounded or passed.
- 12.2 The Race Committee may change a leg of the course that begins at a rounding mark or at a gate to maintain course configuration relative to the prevailing wind direction by changing the position of the next mark (or the finishing line), provided that the next mark is in place before any boat begins the leg. This modifies RRS 33.

13. MARKS

Marks of the course will be inflatable cylinders. The starting and finishing marks will be a blue flag on the committee boat and the turning mark or pin (orange sphere) mark as designated in Illustration A.

14. THE START

- 14.1 Laser Radial and C420 classes will be started in accordance with the 3 minute Audible Signal Starting Sequence as defined in Appendix U of the RRS.
- 14.2 The starting line will be between the staff from which a blue flag is displayed on the race committee signal boat and the starting pin.
- 14.3 Classes whose warning signal has not been made shall keep clear of the starting area and shall keep clear of all boats whose warning signal has been made.
- 14.4 A boat shall not start later than 3 minutes after her starting signal. Any boat starting later than 3 minutes after the start will be scored DNS.

15. INDIVIDUAL RECALLS

Individual recalls will be in accordance with RRS 29.1. **The RC will not hail individual competitors.**

16. THE FINISH

The finishing line will be between a staff displaying a blue flag on a race committee boat and the course side of the nearby finish mark. All sailors will keep clear of the finish line after completing a race.

17. TIME LIMIT

The time limit will be 60 minutes for all classes. The Race Committee may score boats in their position before the time limit is reached in an effort to expedite the start of the next race. This changes RRS 35.

18. PROTESTS



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- 18.1 There will be no Protest Committee to hear protests or requests for redress except from the Race Committee. This changes RRS 60.
- 18.2 If a boat needs to absolve itself of an infraction, it must perform a 360 degree turn (one tack and one jibe). This changes RRS 44.1.

19. SCORING

- 19.1 RRS Appendix A4, Low Point System, will apply.
- 19.2 One race shall be completed to constitute a regatta.
- 19.3 If 6 or more races are sailed, a boat's worst score shall be discarded.

20. DISPOSAL OF TRASH

Boats observed purposefully discharging trash into the water will either be disqualified from all races the day the infraction is observed or be subject to other suitable disciplinary action, or both.

21. SUPPORT BOATS

- 21.1 Team leaders, coaches and other support personnel shall not be in the racing area from the time of the preparatory signal for the first class to start until all boats have finished or the race committee signals a postponement, general recall or abandonment. The penalty for failing to comply with this requirement may result in **disqualification of** all boats associated with the coach/support personnel who do so.
- 21.3 All support people – race committee, mark and safety boat operators, parents, etc. – are strongly encouraged to wear fully secured PFDs while on the water.
- 21.4 All coach boats and other support boats/support personnel must agree to aid any competitor in distress or requesting assistance of any sort.

22. PRIZES

Awards will be awarded as stated in the NOR.

23. Special Covid-19 Regatta Rules

- 23.1 Social distancing as prescribed by the CDC shall be practiced at all times while on Club property.
- 23.2 Masks covering the nose and mouth shall be worn by all individuals while on Club property.
- 23.3 Current state and local requirements for protection against the transmission of COVID-19 must be practiced throughout the regatta.



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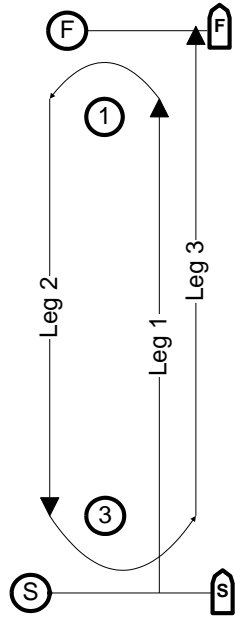
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Illustration A. The Courses

Windward-Leeward (W1 and M1 shown, number of laps designated by R/C boat before the start).
An offset mark may be used at the windward mark.

W1



M1

